

Residential greenness is differentially associated with childhood allergic rhinitis and aeroallergen sensitization in seven birth cohorts

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Keywords

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Abstract

Background: The prevalence of allergic rhinitis is high, but the role of environmental factors remains unclear. We examined cohort-specific and combined associations of residential greenness with allergic rhinitis and aeroallergen sensitization based on individual data from Swedish (BAMSE), Australian (MACS), Dutch (PIAMA), Canadian (CAPPS and SAGE), and German (GINI-plus and LISaplus) birth cohorts ($n = 13\ 016$).

Methods: Allergic rhinitis (doctor diagnosis/symptoms) and aeroallergen sensitization were assessed in children aged 6–8 years in six cohorts and 10–12 years in five cohorts. Residential greenness was defined as the mean Normalized Difference Vegetation Index (NDVI) in a 500-m buffer around the home address at the time of health assessment. Cohort-specific associations per 0.2 unit increase in NDVI were assessed using logistic regression models and combined in a random-effects meta-analysis.

Results: Greenness in a 500-m buffer was positively associated with allergic rhinitis at 6–8 years in BAMSE (odds ratio = 1.42, 95% confidence interval [1.13, 1.79]) and GINI/LISA South (1.69 [1.19, 2.41]) but inversely associated in GINI/LISA North (0.61 [0.36, 1.01]) and PIAMA (0.67 [0.47, 0.95]). Effect estimates in CAPPS and SAGE were also conflicting but not significant (0.63 [0.32, 1.24]) and

1.31 [0.81, 2.12], respectively). All meta-analyses were nonsignificant. Results were similar for aeroallergen sensitization at 6–8 years and both outcomes at 10–12 years. Stratification by NO₂ concentrations, population density, an urban vs rural marker, and moving did not reveal consistent trends within subgroups.

Conclusion: Although residential greenness appears to be associated with childhood allergic rhinitis and aeroallergen sensitization, the effect direction varies by location.

Green environments are thought to impart beneficial effects on health by increasing physical activity and stress relief and by facilitating social interactions. They are also associated with reduced noise, air pollution, and heat exposures (1). However, surrounding greenness may play a more complex role on allergic health outcomes. Although a causal relationship remains to be established, studies suggest that children who spend more time in outdoor green environments during early-life may benefit from exposure to a greater number and diversity of beneficial microbes (2, 3). A similar protective effect has also been documented between sensitization and a diverse early-life exposure to indoor allergens and microbes (4). However, among those sensitized, exposure to pollen-releasing plants and outdoor fungi may exacerbate allergic symptoms in later childhood (5).

The few epidemiological studies that have examined associations between residing in/near green places and allergic health outcomes have yielded inconsistent results. Studies report increased (6), no (7), protective (2, 8), or conflicting (9) effects, and a recent study concluded that associations appear to depend on the type of greenness evaluated [for example, parks vs forests (10)]. These studies differ with respect to their designs, outcomes, populations, and green exposure assessment strategies, which may in part explain some of these discrepant findings. For example, the aforementioned studies defined vegetation level using data on tree canopy cover (6), vegetation or land-use types (2, 8), the Normalized Difference Vegetation Index (NDVI) (7, 9), or several of these measures (10). It is currently unclear which of these exposure metrics may be best. While some more specific measures are able to classify large green areas into land-use types (such as the CORINE land-use European data), they are not commonly available on a global scale and do not include small green areas. Further, it is possible that different metrics may be more or less relevant to specific pathways. For example, land-use data may be very useful for studying physical activity levels, but this is unlikely to represent the main pathway by which greenness might affect allergic diseases.

As a general measure of vegetation presence, the NDVI captures vegetation of all sizes using a globally harmonized method, and we chose to use this index to examine cross-sectional associations between residential greenness and allergic rhinitis and aeroallergen sensitization during childhood and early adolescence in seven birth cohorts from Australia, Canada, Germany, the Netherlands, and Sweden. As suggestive evidence exists that air pollutants and urbanization may

act as confounders or effect modifiers in greenness–health relationships (11, 12), we tested interactions between nitrogen dioxide (NO₂) concentrations, population density, and a rural/urban indicator with residential greenness, and in subsequent models, also adjusted for these factors.

Methods

Data sources

Seven birth cohorts participated: BAMSE (13), CAPPS (14), GINIplus (15), LISApplus (16, 17), MACS (18), PIAMA (19), and SAGE (20). Data on several health outcomes, environmental exposures, and covariates from all cohorts except MACS had already been harmonized as part of the traffic, asthma, and genetics study (21) and European Study of Cohorts for Air Pollution Effects (22) collaborations. MACS is here included as this Australian birth cohort adds additional vegetation and geography heterogeneity. Each cohort received ethical approval from their local authorized Institutional Review Boards.

Outcome assessment

We focused on health outcomes during childhood (6–8 years) and early adolescence (10–12 years). Information on the cohort-specific study designs and outcome definitions, which varied slightly by cohort, is provided in the Table S1. Allergic rhinitis was defined based on a diagnosis during a physician assessment at a follow-up visit in CAPPS and SAGE, parental report of a doctor's diagnosis in GINIplus and LISApplus, parental symptom report in PIAMA and BAMSE, and parental symptom or treatment report in MACS.

Sensitization was assessed by skin prick testing for CAPPS, MACS, and SAGE, with a positive reaction defined as having a wheal diameter of ≥ 3 mm. For all other cohorts, sensitization was assessed by measuring allergen-specific IgE levels, with a positive reaction defined as any value ≥ 0.35 kU/l, the lower detection limit of the assay. Birch, *Dactylis*, mugwort, ragweed, rye, timothy grass, trees, and weeds were considered as outdoor aeroallergens. *Alternaria alternata*, cats, *Cladosporium herbarum*, cockroaches, dogs, feathers, house dust mites, and molds were considered as indoor aeroallergens. All available aeroallergens were included in the sensitization analyses. Not all cohorts had information on all aeroallergens or health data at both time points (Table S1).

Greenness assessment

The NDVI, a green biomass density indicator, was used as a surrogate for surrounding greenness. Its calculation is based on the difference of surface reflectance in visible (0.4–0.7 μm) and near-infrared (0.7–1.1 μm) wavelengths. Values range from negative one (water) through zero (rock, sand, and snow) to positive one (dense green vegetation) (23). The assignment of NDVI to the home addresses of all cohort participants was performed using a harmonized method previously described (24). First, to achieve maximum exposure contrasts, cloud-free satellite images corresponding as close as possible to the spring and summer months during the year of birth of the participants were centrally selected for all cohorts and used to calculate NDVI maps. Negative NDVI pixels were set to zero (replication of analyses with negative NDVI values left as is or set to missing yielded the same results). Second, these images were used to calculate mean greenness in 500-m and 1000-m circular buffers around the home addresses of participants at 6–8 and 10–12 years of age in order to assess current greenness exposure effects. The 500-m buffer was *a priori* selected as the main buffer as it is a proximal measure of a child's neighborhood, may be less prone to exposure misclassification, and has been used in previous studies on children [e.g., (25, 26)]. The 1000-m buffer captures a larger area around an individual's neighborhood and was used as a sensitivity analysis.

The NDVI values used in all main analyses were derived from satellite maps taken at the time of birth of the participants and assigned to their 6–8 and 10–12 year addresses under the assumption that the spatial distribution of greenness would remain stable between these time points. To test this assumption, a second set of NDVI values was created based on satellite maps selected approximately a decade after the birth of the participants and assigned to these same 6–8 and 10–12 year addresses. All main analyses were replicated with this second set of NDVI values. Details of the months and years used for the NDVI assignments for each cohort are provided in the Table S1.

Statistical analysis

Cohort-specific associations were analyzed using logistic regression. Odds ratios are reported per 0.2 unit increase in NDVI (approximately two times the standard deviation in the total population) with corresponding 95% confidence intervals. The GINIplus and LISApplus cohorts were pooled as the study designs are nearly identical and associations are presented per geographical area instead (the rural GINI/LISA North area and GINI/LISA South, which covers the urban city of Munich and its surroundings). Random-effects meta-analysis was used to calculate combined estimates to allow for potential within- and between-cohort heterogeneity (27). The I^2 statistic was used to examine the statistical heterogeneity among cohort-specific effect estimates and can be interpreted as the percentage of the variability in effect sizes attributable to the between-study variability rather than sampling error (28). I^2 values between 50–90% and 75–100%

represent substantial and considerable heterogeneity, respectively (29). Cochran's Q test was used to test for significant heterogeneity. Analyses for CAPPS, GINI/LISA North, GINI/LISA South, PIAMA, SAGE, and the combined meta-analyses [using package 'meta' (30)] were conducted centrally using the statistical program R, version 3.1.1 (31). Analyses for BAMSE and MACS were performed locally using STATA, version 13 and 13.1 (32), respectively, following the same analysis plan.

Minimally adjusted models were adjusted for sex and age. Main models were additionally adjusted for parental atopy (not included for MACS as 97% of participants had a history of parental atopy), older siblings, maternal smoking during pregnancy, secondhand smoke exposure concomitant with the time of health outcome assessment (not available for MACS), socioeconomic status (defined as the highest education attained by either parent for BASME, GINI/LISA North, GINI/LISA South, MACS and PIAMA, and maternal age at birth for CAPPS and SAGE), group (intervention for CAPPS, GINI/LISA North, GINI/LISA South, PIAMA and MACS), region (CAPPS and PIAMA only), and cohort (GINI/LISA North and GINI/LISA South only). The influence of additional adjustments for birth weight and exposure to furry pets and mold/dampness in the home at the time of health outcome assessment was examined in sensitivity analyses (MACS not included as these data were generally not available). Covariates were defined as similarly as possible across cohorts using questionnaire-derived information and their selection is based on previous combined analyses of these cohorts with regard to allergic rhinitis and sensitization (9, 22, 33).

Effect modification

To assess effect modification by sex, regression analyses were run including an interaction term between NDVI and sex. In a separate analysis, regression analyses were also run separately for males and females. Effect modification by cohort-specific tertiles of NO_2 concentrations and population density in a 1000-m buffer around the home address was also assessed, and models were run stratified by whether participants lived in urban or rural surroundings (data sources and methodology described in the Appendix S1). Models were also stratified by whether a child had moved between one) birth and 6–8 years when considering the childhood health outcomes and between two) birth and 10–12 years when considering the adolescent health outcomes (CAPPS and SAGE not included as data on moving behavior were unavailable).

Results

Study population

In total, 13016 children had available information on NDVI exposure and at least one outcome of interest at one time point. The included cohorts varied in size from 3339 children in PIAMA to 327 children in MACS (Table 1). Of those with available data, 9.8% (1182/12007) had allergic rhinitis and

Table 1 Summary statistics of the study population

	BAMSE N _{total} = 3304		CAPPS N _{total} = 357		GINI/LISA North N _{total} = 2152		GINI/LISA South N _{total} = 2855		MACS N _{total} = 327		PIAMA N _{total} = 3339		SAGE N _{total} = 682	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Outcomes														
Childhood (6–8 years)														
Allergic rhinitis	422	13.4	105	29.4	96	4.8	174	6.3	–	–	211	6.6	174	33.2
Aeroallergen sensitization	623	28.5	154	44.8	256	26.1	481	31.1	–	–	543	32.5	189	27.9
Indoor aeroallergen sensitization	413	20.9	126	36.6	174	17.8	276	17.9	–	–	432	25.8	127	18.7
Outdoor aeroallergen sensitization	503	24.3	73	21.3	183	18.7	338	21.9	–	–	305	18.3	125	18.4
Early adolescence (10–12 years)														
Allergic rhinitis	587	19.2	–	–	132	8.0	249	10.9	118	37.0	260	10.1	–	–
Aeroallergen sensitization	–	–	–	–	300	34.8	626	43.0	180	55.1	544	42.6	–	–
Indoor aeroallergen sensitization	–	–	–	–	211	24.5	407	28.0	166	50.8	437	34.2	–	–
Outdoor aeroallergen sensitization	–	–	–	–	223	25.9	478	32.8	116	35.5	356	27.9	–	–
Covariates														
Age at childhood*	8.2	(0.5)	7.2	(0.2)	6.1	(0.3)	6.0	(0.1)	–	–	8.1	(0.2)	9.1	(0.5)
Age at early adolescence*	13.0	(0.8)	–	–	10.1	(0.2)	10.1	(0.2)	11.2	(2.1)	11.4	(0.3)	–	–
Male sex	1668	50.5	194	54.3	1094	50.8	1469	51.5	172	52.6	1720	51.5	379	55.6
Birth weight (grams)*	3528.7	(557.3)	3482.1	(650.6)	3536.8	(478.4)	3415.1	(433.7)	–	–	3521.3	(540)	3378.9	(636.7)
Parental atopy	1007	30.8	331	92.7	1005	47.0	1875	66.1	309	94.8	1666	49.9	395	58.7
Older siblings	1602	48.5	198	55.5	1174	54.8	1231	43.2	204	62.4	1680	50.3	433	73.3
Maternal smoking during pregnancy	415	12.6	29	8.2	321	15.1	375	13.4	13	4.0	537	16.2	131	20.0
Parental education †														
Low	64	2.0	–	–	272	12.7	144	5.1	83	25.4	400	12.0	–	–
Med	1410	43.9	–	–	875	40.8	513	18.0	–	–	1210	36.4	–	–
High	1740	54.1	–	–	999	46.6	2188	76.9	244	74.6	1716	51.6	–	–
Maternal age (years)*	30.8	(4.5)	31.9	(5.0)	30.8	(3.8)	32.4	(4.1)	32.2	(4.1)	30.5	(3.8)	28.9	(5.3)
Intervention														
Active	–	–	167	46.8	727	33.8	852	29.8	109	33.3	309	9.3	–	–
Placebo	–	–	–	–	–	–	–	–	–	–	272	8.1	–	–
Childhood (6–8 years)														
Tobacco smoke at home	579	18.6	67	18.8	795	38.4	545	19.8	–	–	494	15.6	182	27.5
Furry pets at home	828	26.2	34	9.5	583	28.1	673	24.0	–	–	1697	54.5	424	62.9
Mold/dampness at home	250	7.9	175	49.0	306	15.0	590	21.9	–	–	913	29.0	475	69.9
NO ₂ concentration* (µg/m ³)	11.9	(5.0)	19.5	(11.3)	23.5	(3.1)	20.1	(5.3)	–	–	22.0	(6.1)	8.1	(2.1)
Population density ‡ (1000–m buffer)	9341	(15602)	–	–	1218	(1678)	2829	(3389)	–	–	7359	(8395)	–	–
Living in an urban surrounding§	1117	33.8	–	–	24	1.1	1452	51.1	–	–	661	20.9	–	–
Moved since birth	2161	66.7	–	–	713	34.1	1378	48.5	–	–	1611	50.8	–	–
Early adolescence (10–12 years)														
Tobacco smoke at home	435	16.1	–	–	464	27.8	309	13.2	–	–	299	11.6	–	–

Table 1 (continued)

	BAMSE N _{total} = 3304		CAPPS N _{total} = 357		GINI/LISA North N _{total} = 2152		GINI/LISA South N _{total} = 2855		MACS N _{total} = 327		PIAMA N _{total} = 3339		SAGE N _{total} = 682	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Furry pets at home	709	22.9	-	-	596	36.0	822	35.5	-	-	1541	59.8	-	-
Mold/dampness at home	261	9.9	-	-	317	19.6	504	22.3	-	-	841	32.6	-	-
NO ₂ concentration* (µg/m ³)	11.5	(5.6)	-	-	23.7	(3.4)	19.8	(5.2)	242 [¶]	(293 [¶])	21.8	(6.1)	-	-
Population density [‡] (1000-m buffer)	8315	(12778)	-	-	1309	(1852)	2673	(3258)	5131	(5488)	7076	(8677)	-	-
Living in an urban surrounding [§]	893	27.0	-	-	26	1.2	1333	48.8	-	-	515	19.9	-	-
Moved since birth	2680	82.3	-	-	811	47.2	1546	64.1	173	53.0	1559	60.2	-	-

-, not available/not applicable.

* Mean (standard deviation).

[‡] Defined as the highest education attained by either parent.

[‡] Medium (interquartile range) reported.

[§] Defined as ≥25% of sealed soil in a 5000-m buffer around the home address for BAMSE, GINI/LISA North, GINI/LISA South, and PIAMA. Data only available for the European cohorts.

[¶] Minimum distance to a major road in meters (medium (interquartile range)) reported instead as NO₂ concentration data were not available for MACS.

30.3% (2246/7408) were sensitized to at least one aeroallergen at the age of 6–8 years (13.6% (1346/9885), and 42.1% (1650/3922) are the respective values for 10–12 years). Allergic rhinitis prevalence was lowest in GINI/LISA North and highest among cohorts recruited on the basis of family history (MACS and CAPPS) and SAGE.

Distribution of NDVI values

The mean and range of NDVI values in a 500-m buffer were similar across cohorts (Fig. 1). NDVI estimates in a 500-m buffer were highly correlated with those in a 1000-m buffer (Pearson's $r > 0.88$). NDVI estimates in the 500-m buffer assessed to the childhood and early adolescence addresses were weak to moderately correlated across cohorts for those who moved between these two time points (range of $r = 0.26$ in PIAMA to $r = 0.55$ in BAMSE). NDVI estimates derived using satellite maps obtained for the year of birth and approximately 10 years later ($r > 0.73$) were highly correlated. As it was not possible to obtain cloud-free images for the same months for all cohorts and given that months have different meanings in the different cohorts (for example, when contrasting European and Australian seasons), comparing NDVI distributions across cohorts is not appropriate. Cohort locations and the distribution of NDVI values per cohort are depicted in the Fig. S1.

Associations between health outcomes and NDVI

The adjusted cohort-specific associations per 0.2 increase in NDVI for the main models are presented in Figs 2 and 3 for outcomes assessed during childhood (6–8 years) and early adolescence (10–12 years), respectively (results per cohort-specific interquartile range increase in NDVI presented in the Fig. S2). The minimally adjusted models (for age and sex only) were similar (not shown). Greenness in a 500-m buffer was positively associated with allergic rhinitis at 6–8 years in BAMSE (1.42 [1.13, 1.79]) and GINI/LISA South (1.69, [1.19, 2.41]) but inversely associated in GINI/LISA North (0.61 [0.36, 1.01]) and PIAMA (0.67 [0.47, 0.95]). The effect estimates in the Canadian cohorts were also conflicting but not significant (0.63 [0.32, 1.24] and 1.31 [0.81, 2.12] for CAPPS and SAGE, respectively). The pattern of associations within each cohort for aeroallergen sensitization was similar to those with allergic rhinitis. The pattern also did not differ when associations were stratified into categories of indoor and outdoor allergens, with the exception of SAGE for which the direction of effect estimates varied across outcomes. This suggests that the observed associations with aeroallergen sensitization are not attributable to a single allergen.

Similar results were obtained for both health outcomes at 10–12 years for the four cohorts with available data at both time points. Associations in the seventh cohort MACS, for which health data were only available at this latter age, were nonsignificant for allergic rhinitis (0.96 [0.59, 1.57]) and inverse for aeroallergen sensitization (0.57 [0.34, 0.96]).

Effect estimates were consistent when NDVI was assessed in a 1000-m buffer and when models were further adjusted

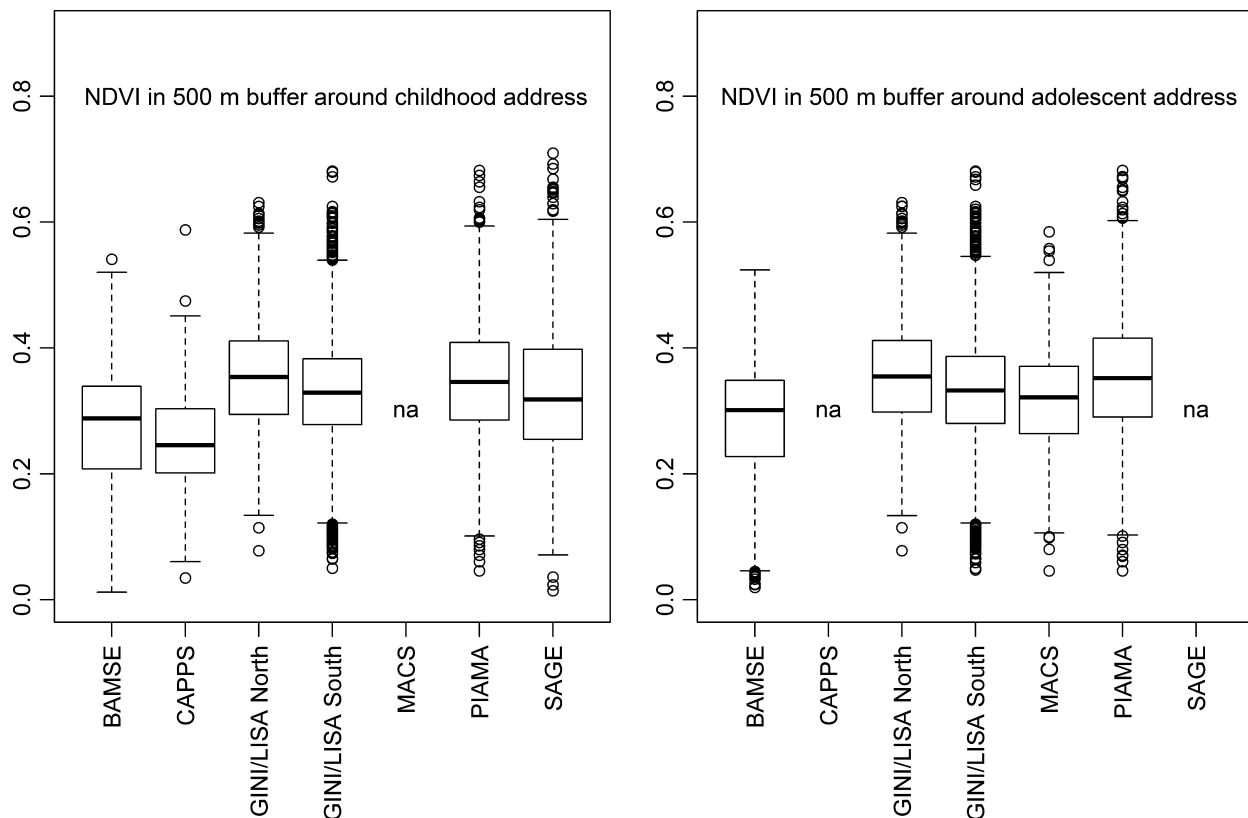


Figure 1 Cohort-specific distribution of mean normalized difference vegetation index in a 500-m buffer around the home addresses in childhood (6–8 years) and early adolescence (10–

12 years). Comparisons across cohorts are not appropriate as it was not possible to obtain cloud-free images at the same time for all cohorts. na = not available.

for birth weight and exposure to furry pets and mold/dampness at the time of health outcome assessment (not shown). There was no good indication of nonlinearity between NDVI exposures and the health outcomes when associations were examined using generalized additive models, suggesting that at least for these outcomes, a threshold value for NDVI was not apparent.

Given the substantial/considerable heterogeneity between the cohort-specific associations ($I^2 > 0.7$ for seven of the eight adjusted associations), all meta-analytic results were non-significant (Table S2).

Effect modification

Although at least one interaction term between NDVI in a 500-m buffer and each potential effect modifier considered was significant for at least one cohort, results were not consistent across cohorts and all interaction terms in the combined analyses were nonsignificant (Table S3). In line with this, associations stratified by sex (Fig. S3) as well as NO_2 (Fig. S4) and population density (Fig. S5) tertiles did not reveal consistent patterns within or between cohorts. Stratification by whether participants' lived in urban or rural surroundings yielded weak evidence for stronger positive

effects in urban settings in the cohorts for which greenness was positively associated with the health outcomes (BAMSE and GINI/LISA South; Fig. S6), but confidence intervals overlapped. Independently adjusting the main models for NO_2 , population density and urban vs rural categorical variables did not change the results, although the effect estimates for BAMSE were attenuated after adjustment for population density and urban vs rural surroundings (for example, 1.18 [0.81, 1.72] and 1.10 [0.78, 1.54], respectively, compared to 1.42 [1.13, 1.79], for the association between childhood allergic rhinitis and NDVI in a 500-m buffer). Finally, models stratified by moving behavior did not yield consistent differences between groups (Fig. S7).

Discussion

Mean NDVI in a 500-m buffer was differentially associated with allergic rhinitis and aeroallergen sensitization in this analysis of seven birth cohorts, resulting in an overall non-significant combined finding. Evaluating sex, NO_2 exposure, population density, and an urban/rural marker as effect modifiers did not clarify these trends. Confounding by an unknown factor that varies between study areas or by several

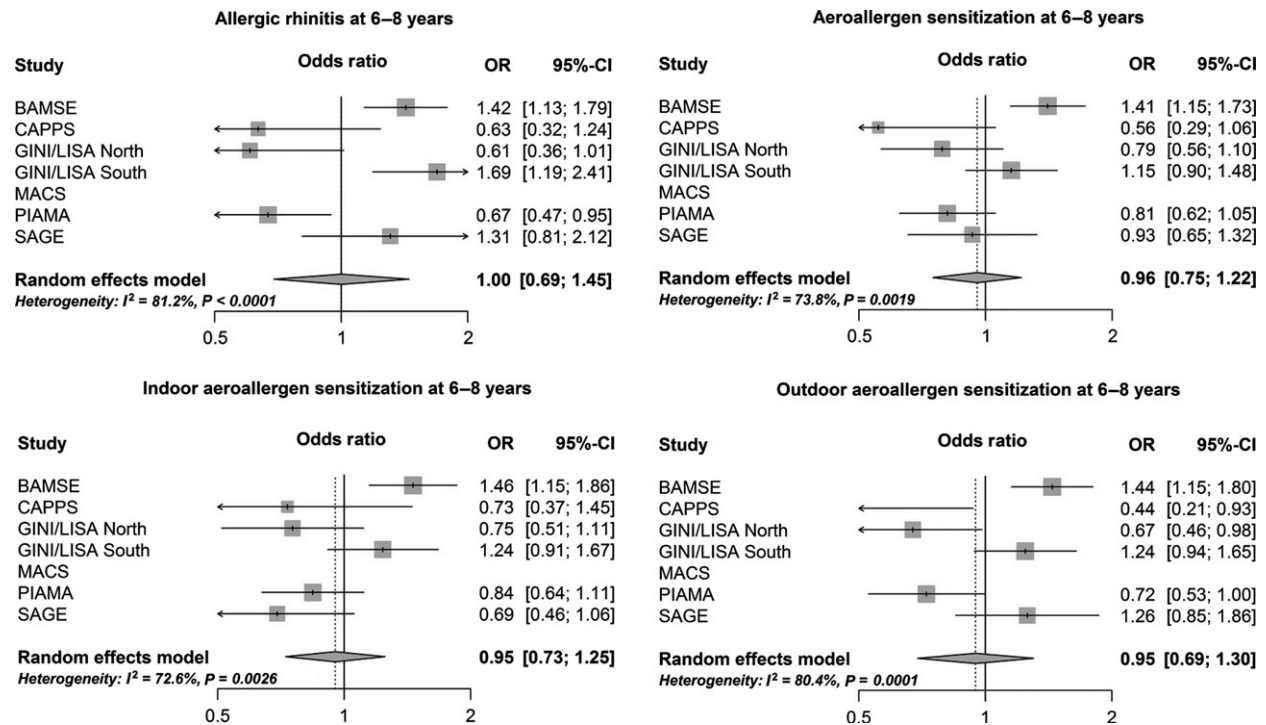


Figure 2 Adjusted associations between allergic rhinitis and overall, indoor, and outdoor aeroallergen sensitization assessed during

childhood (6–8 years) with mean normalized difference vegetation index in a 500-m buffer.

region-specific confounders may be a possible explanation. Alternatively, our results may be simply driven by chance.

It may be worth asking whether a combined meta-analysis is appropriate in this study, given the considerable/substantial heterogeneity observed in the cohort-specific results. We chose to present the meta-analytic results as they answer our original research question. However, the most important lesson from this study may not lie in the direction of the effect estimates but rather upon the use of the NDVI in allergic health research. Although the NDVI is able to capture small-scale greenness in a standardized and objective manner, it does not allow particular types of vegetation to be distinguished, nor are we able to derive individual-level measures of exposure to pollen or other allergenic tree species. The duration and character of potential exposures can also not be assessed. For example, the extent to which NDVI serves as a proxy for exposure to pollen or microbial diversity, or an indicator of areas conducive to physical activity or social interactions, or a proxy for visual impacts related to stress reduction is unclear. We are thus not able to identify which, if any, particular vegetation types, exposure pathway(s) or duration of exposures may drive the observed associations. Consequently, although the use of the NDVI to assess vegetation may be well justified for the evaluation of potential pathways related to stress and for certain health outcomes (for example, birth weight, physical activity, and mental health), it appears to be too general of a measure to completely capture the full structure and potential role of the

green environment with respect to allergic diseases. We thus caution against its further use in the allergic field and rather recommend that future studies use more detailed data on local tree and herbaceous species and on interactions between people and various measures of vegetation when exploring the role of the residential green environment and the overall living environment on allergic health outcomes. Such measures naturally are more focused on pathways related to pollen dispersion and microbial diversity.

The current study nevertheless has several strengths. It is the largest analysis of residential greenness on childhood allergic health outcomes to date and the first to include individual-level data from more than one continent. The majority of the health and covariate data had been previously harmonized for these cohorts (21, 22), although the allergic rhinitis definitions differed slightly as did the number of objectively measured aeroallergens tested. Also, two cohorts were high allergy-risk by design (MACS and SAGE). These factors could have affected the cohort-specific outcome prevalences, but not necessarily the associations. The high outcome prevalences for some of the cohorts may also have resulted in odd ratios that overestimate the true relative risks, although the overall conclusions of this study would not be affected (34). Several covariates were adjusted for in this analysis, but residual confounding is always possible in observational studies. For example, although models were adjusted for a marker of individual-level socioeconomic status and consistent evidence of effect modification by this factor was not

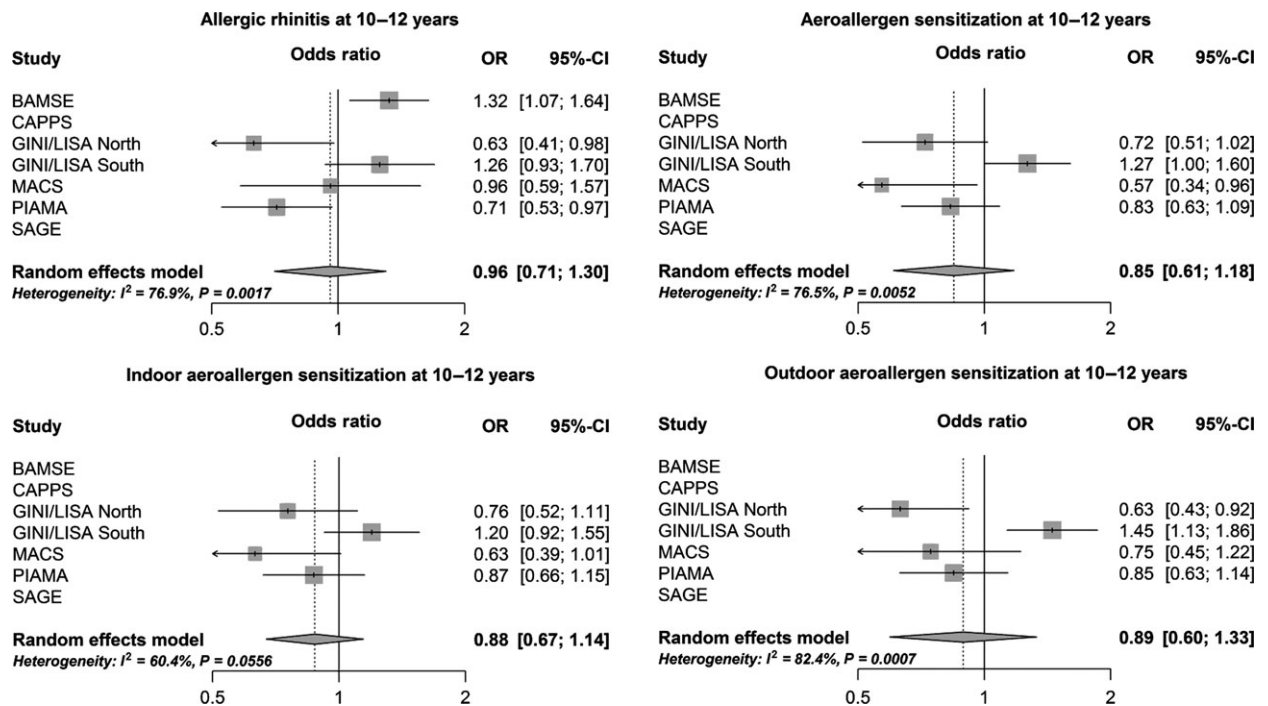


Figure 3 Adjusted associations between allergic rhinitis and overall, indoor and outdoor aeroallergen sensitization

assessed during early adolescence (10–12 years) with mean normalized difference vegetation index in a 500-m buffer.

detected (not shown), our measures of individual-level socioeconomic status may not be optimal. It is also possible that area-level factors may play a role.

Data were prospectively collected for all cohorts except SAGE. Thus, we anticipate that recall bias should be minimal, but remains possible, as does selection bias due to loss of follow-up. Given the cross-sectional design of the analyses, bias related to moving or the effect of timing of exposures (current *vs* early) was not directly assessed. Findings from a previous study indicate that the green environment around the home at birth may be more strongly associated with allergies later in life than the current home green environment for children that have moved (8). In our study, models stratified by whether a child had moved between birth and the time of outcome assessment did not yield consistent trends. Further, it is unlikely that any bias related to the length of residence at the current address would differentially affect the results across cohorts.

The harmonized greenness assignment across studies is also an important strength of this study, but is not without limitations. First, it was not possible to obtain cloud-free images for the same months and years for all cohorts. NDVI estimates were derived from images as close in time as possible during spring and summer months to achieve maximum exposure contrasts between areas of low and high greenness. Second, we related NDVI values derived from maps taken at the time of birth to health outcomes 6–12 years later assuming that the spatial variability in greenness exposures would not have changed during this time, an approach often used

in air pollution research (22). This assumption is supported by the fact that a second set of NDVI values derived from satellite images taken ten years after the birth of the participants were highly correlated with the main NDVI estimates and yielded no differences in the results. This finding suggests that the spatial distribution of residential greenness was temporally stable during the time frame covered in this study (early/mid 1990s to middle/late 2000s) in the areas investigated. Further studies are needed to confirm whether this finding is also valid in other parts of the world, particularly in developing countries where land-use patterns might change more rapidly. Third, our decision to assess associations with greenness in 500 m and 1000-m buffers around the home address did not allow the study of the effect of greenness on a very small (in a 100-m buffer) or large scale (for example, 3000-m buffer or even at the city-level). The 500-m buffer around the home address was *a priori* selected as the main buffer of interest as it is a proximal measure of a child's neighborhood and is likely to incorporate less exposure misclassification than larger buffers, although it is well-known that pollen can travel much larger distances (35). The optimal buffer size to use when studying similar associations remains to be determined. Fourth, we chose to limit our analysis to vegetation levels around the home address and did not assess associations with types of green space or land-use classifications (e.g., presence or percentage of parks, forest and agriculture) as standard data of this type (e.g., the CORINE data) were only available for the European cohorts and, like the NDVI, do not provide information on vegetation types.

Although the evidence supporting a beneficial effect of greenness on several health measures is increasing, studies on allergic health outcomes remain inconsistent. In this harmonized analysis of seven birth cohorts from three continents, the direction of the association between mean NDVI in a 500-m buffer and allergic rhinitis and aeroallergen sensitization varied by region, resulting in a nonsignificant combined finding. Our results thus suggest that using the NDVI as a marker for residential greenness may only have local interpretations. Alternatively, it is possible that there is no real association between residential greenness and allergic health and that the observed effects are driven by chance or unknown confounding (region-specific) factors.

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Conflict of interest

All co-authors declared that they have no conflicts of interest.

Author contributions

EF, IM, and JH designed the study. EF wrote the initial draft and had final responsibility for the decision to submit for publication. EF, GB, and OG conducted the statistical analyses. IM, GB, MK, UG, DS, MB, and CC contributed to the greenness exposure assignment. ABecker, DB, AvB, ABergström, BB, IB, MC-Y, SCD, UG, BH, CK, GHK, AK, IK, CL, AL, EM, GP, MS, and AW contributed to the collection and/or provided the health and covariate data. All authors provided substantial contributions to the conception or design of the work, or the acquisition, analysis, or interpretation of data for the work, revised the manuscript for important intellectual content, approved the final version, and agreed to be accountable for all aspects of the work.

Supporting Information

Additional Supporting Information may be found in the online version of this article:

Appendix S1 Data sources and methodology for NO₂, population density and urban/rural classification

Table S1 Cohort characteristics and outcome definitions

Table S2 Combined meta-analytic (random effects) adjusted odd ratios and corresponding 95% confidence intervals for the associations between allergic rhinitis and aeroallergen sensitization with mean NDVI in a 500 m buffer

Table S3 Statistical significance (*P*-values) of the tested interaction terms between mean NDVI in a 500 m buffer and child sex, NO₂ and population density tertiles, and an urban/

rural indicator, in the combined meta-analytic and cohort-specific models

Figure S1 Cohort and participant locations at the 6–8 year addresses (10–12 years for MACS) among children with available health data. Mean NDVI in a 500 m buffer is categorized into cohort-specific tertiles.

Figure S2 Associations between allergic rhinitis and overall, indoor and outdoor aeroallergen sensitization assessed during childhood (6–8 years; left graphs) and early adolescence (10–12 years; right graphs) with mean NDVI in a 500 m buffer, presented per interquartile range increase in NDVI.

Figure S3 Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6–8 years) and early adolescence (10–12 years) with mean NDVI in a 500 m buffer stratified by sex (left graphs: females, right graphs: males).

Figure S4 Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6–8 years) and early adolescence (10–12 years) with mean NDVI in a 500 m buffer stratified by NO₂ concentration

tertiles (left graphs: low NO₂, middle graphs: middle NO₂, right graphs: high NO₂).

Figure S5 Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6–8 years) and early adolescence (10–12 years) with mean NDVI in a 500 m buffer stratified by population density tertiles (left graphs: low population density, middle graphs: middle population density, right graphs: high population density).

Figure S6 Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6–8 years) and early adolescence (10–12 years) with mean NDVI in a 500 m buffer stratified into participants living in urban and rural surroundings (left graphs: rural, right graphs: urban).

Figure S7 Adjusted associations between allergic rhinitis and aeroallergen sensitization assessed during childhood (6–8 years) and early adolescence (10–12 years) with mean NDVI in a 500 m buffer stratified by moving (left graphs: participants did not move between birth and the time of health outcome assessment, right graphs: participants moved between birth and time of health outcome assessment).

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