|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | | | | | | | |
|  | N | Mean±SD | Min | 5th percentile | 25th percentile | Median | 75th percentile | 95th percentile | Max |
| **Average per subject** |  |  |  |  |  |  |  |  |  |
| rMSSD, ms | 76 | 76.9±28.6 | 30.4 | 40.2 | 55.9 | 74.8 | 89.3 | 133.9 | 180.4 |
| SDNN, ms | 76 | 130.3±37.3 | 61.7 | 79.3 | 102.1 | 123.9 | 151.1 | 200.7 | 255.0 |
| T-wave complexity (%) | 75 | 0.067±0.069 | 0.015 | 0.016 | 0.027 | 0.041 | 0.083 | 0.203 | 0.363 |
| SBP, mmHg | 76 | 112.6±9.24 | 96 | 99 | 105.9 | 111.3 | 118.0 | 130.4 | 136.5 |
| CRP, mg/L | 73 | 0.83±0.80 | 0.04 | 0.12 | 0.32 | 0.64 | 1.09 | 2.28 | 4.80 |
| Fibrinogen, g/L | 73 | 3.61±0.73 | 2.21 | 2.57 | 3.09 | 3.53 | 4.04 | 4.85 | 6.22 |

**Supplementary Table 1**. Distribution of each outcome measured across the study period