

Bibliotheksexemplar

///Knowledge and attitudes towards hypertension control and
management among physicians in major cities in the Federal
Republic of Germany.//

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///Summary//

In 1988 a survey was conducted among all general practitioners and internists in the cities of Bochum and Dortmund to assess their knowledge and attitudes towards hypertension control and management. The response to a mailed questionnaire was 71 %. The results were to be compared with those of the Stuttgart (8) and Munich (7) inquiries, where the same questionnaire was applied. There were no differences between the Bochum and Dortmund, and the Stuttgart survey. There were a few differences between the Bochum and Dortmund, and the Munich survey.//

Observing the single items regarding the process of BP measurement, the proportion of answers, which match the recommendations of the German League Against High Blood Pressure, varies between less than 20 % and almost 90 %.//

Forty-four percent to 47 % of the physicians always start antihypertensive medication (AHM) at levels of sustained DBP elevation in the range of 100-104 mmHg. Ten percent of the physicians indicate to start AHM always at even higher levels of DBP.//

The choice of drug for the treatment of hypertension depends on the age of the patient for almost 90 % of the physicians in each study area.//

The present data show, that the current knowledge and attitudes of physicians towards hypertension control and management are quite similar in the Federal Republic of Germany, at least in the major cities, and that there are deficits regarding several aspects of hypertension control and management, which should be overcome by major educational efforts.//