Articles in PresS. Am J Physiol Renal Physiol (April 26, 2017). doi:10.1152/ajprenal.00703.2016

- 1 Sodium Storage in Human Tissues is Mediated by Glycosaminoglycan Expression
- 2 Michael Fischereder¹, Bernhard Michalke², Elisa Schmöckel³, Antje Habicht⁴, Raphael Kunisch¹, Ivana
- 3 Pavelic¹, Bernadette Szabados⁵, Ulf Schönermarck¹, Peter J. Nelson¹, Manfred Stangl⁶
- ¹ Medizinische Klinik und Poliklinik IV, Renal Division, Klinikum der LMU Munich, Germany
- ² Research Unit Analytical Biochemistry, Helmholtz Zentrum München-German research center for
- 6 Environmental Health GmbH, Neuherberg, Germany
- 7 ³Institut für Pathologie, Klinikum der LMU Munich, Germany
- 8 ⁴ Transplantationszentrum, Klinikum der LMU Munich, Germany
- 9 ⁵ Urologische Klinik, Klinikum der LMU Munich, Germany
- 10 ⁶ Chirurgische Klinik Klinikum der LMU Munich, Germany
- 11 Contribution: M.F., P.J.N and M.S. participated in research design, B.M. performed sodium
- 12 sprectroscopv, E.S. performed blinded pathological tissue analysis, A.H., R.K., I.P. B.S. and U.S.
- 13 performed patient management, data extraction and specimen processing, P.J.N. performed gene
- 14 expression analysis. All authors contributed to data analysis and writing of the manuscript.
- 15 Running head: Sodium storage in human tissues
- 16 Corresponding author:
- 17 Prof. Dr. med. Michael Fischereder
- 18 Klinikum der LMU, Medizinische Klinik und Poliklinik IV, Renal Division
- 19 Marchioninistrasse 15, D-81377 Munich, Germany
- 20 Phone: ++ 49 89 4400 72212; Fax: ++ 49 89 4400 72363
- 21 Michael.fischereder@med.uni-muenchen.de

Copyright © 2017 by the American Physiological Society.

22 Abstract:

41

43 **Introduction**

66 expression of XYLT-1, the enzyme initiating glycosaminoglycan synthesis.

68 **Materials and Methods**

69 *Patients*

88 *Measurement of tissue sodium concentrations*

- 89 $[Na]_T$ was determined from frozen specimens by inductively coupled plasma-optical emission
- 90 spectroscopy. The samples (100 mg) were properly weighed into quartz vessels. Subsequently, 1 mL

112 dehydrating through alcohol and xylol.

113 The intensity of Alcian Blue staining was scored semiquantitatively by a pathologist blinded to patient 114 identification and tissue sodium concentrations.

116 *XYLT1 expression*

117 In order to examine regulation of glycosaminoglycan synthesis, XYLT1-expression was analyzed in 118 aliquots of the respective biopsies by RT-PCR. RNA isolation was performed as described previously 119 (2). Of the total RNA, 1 μg was used for cDNA synthesis by Superscript I/II reverse transcriptase 120 (Invitrogen, Karlsruhe, Germany) with hexanucleotides as primers (Roche, Mannheim, Germany). RT-121 PCR products from 25 arteries and 31 muscle biopsies were obtained. qPCR was performed by an 122 ABIPrism7000 Sequence detection system (Applied Biosystems, Darmstadt, Germany) (20).

123

124 *In vitro induction of XYLT1-expression*

136

137 *Statistical analysis*

138 Descriptive statistics were used to summarize the baseline characteristics of donors and recipients 139 and were compared using univariate ANOVA. Data are reported as mean \pm standard deviation. [Na]_T

- 140 between various tissues were compared with a two-sided t-test. Pearson's correlation was used to
- 141 determine relationship between tissue sodium concentrations in various tissues, glycosaminoglycan
- 142 staining and XYLT-expression and to determine relationship between clinical parameters and arterial
- 143 XYLT-1 expression. For in vitro experiments, unpaired *t* test was used to analyze data between 2
- 144 groups. All analyses were performed with IBM SPSS Statistical Software Version 22. p < 0.05 was
- 145 considered significant.
- 146

147 *Study approval*

- 148 The study protocol was approved by the institutional ethics committee and all human participants
- 149 gave written informed consent.
- 150
- 151 **Results**
- 152 *Demographic data*
- 153 Descriptive demographic data are given for dialysis patients and healthy controls in Table 1. Patients
- 154 and living kidney donors were well matched with respect to age, weight and BMI. As expected,
- 155 dialysis patients were more likely to be male and exhibited significantly higher systolic blood pressure
- 156 on both office and 24-hour measurements as well as higher pulse pressure. Dialysis patients also
- 157 received significantly more antihypertensive medications.
- 158 Serum-creatinine, urea, potassium, phosphate, calculated serum-osmolality and iPTH were
- 159 significantly higher in dialysis patients whereas hemoglobin was significantly lower. Serum
- 160 concentrations for sodium, glucose, CRP and bicarbonate were not different between the groups
- 161 (Table 1).
- 162

163 *Tissue specific sodium concentrations*

- 164 Adequate samples for analysis were available from skin in 48 patients, muscle in 47 patients and 165 artery in 32 patients.
- 166 [Na]_T exhibited substantial interindividual variability, ranging between 0.9 and 9.8 g/kg wet weight
- 167 for arteries, 0.6 and 7.1 g/kg wet weight for muscle and 1.0 and 14 g/kg wet weight for skin. There
- 168 was an 11- fold to 14-fold increase in $[Na]_T$ between lowest and highest measurements. Also, mean
- 169 measured [Na]_T were significantly lower in muscle with 2.0 (\pm 1.4) g/kg than in skin biopsies with 3.2
- 170 $\left(\frac{1}{2}$ 2.3) g/kg (p<0.001). Highest mean [Na]_T of 4.5 (\pm 1.8) g/kg wet weight were measured in arterial
- 171 tissue (fig. 1; p<0.001 vs. muscle; p=0.038 vs. skin).
- 172 [Na] $_T$ were not different between dialysis patients or healthy controls (p=0.723 for arteries; p=0.804</sub>
- 173 for skin). However, $[Na]_T$ were significantly correlated intraindividually between skin and arteries
- 174 (r=0.440, p=0.012; fig. 2).

175

176 The respective $[Na]_T$ concentrations in mmol/g dry weight were for skin 0.295 + 0.159 mmol / g DW

177 (donors: 0.287 + 0.176 mmol/ g DW; dialysis patients 0.308 + 0.146 mmol/ g DW, p=0.526), for

178 arteries 0.402 + 0.250 mmol / g DW (donors: 0.378 + 0.213 mmol/ g DW; dialysis patients 0.412 +

- 179 0.269 mmol/ g DW, p=0.723), for muscle 0.200 + 0.108 mmol / g DW (donors: 0.195 + 0.127 mmol/ g
- 180 DW; dialysis patients 0.204 + 0.92 mmol/ g DW, p=0.790).
- 181

182 *Tissue specific potassium concentrations*

- 183 Tissue specific potassium concentrations $[K]_T$ in mmol/g dry weight were for skin 0.045 + 0.028 mmol
- 184 / g DW (donors: 0.039 + 0.031 mmol/ g DW; dialysis patients 0.049 + 0.025 mmol/ g DW, p=0.821),
- 185 for arteries 0.119 + 0.081 mmol / g DW (donors: 0.107 + 0.063 mmol/ g DW; dialysis patients 0.125 +
- 186 0.089 mmol/ g DW, p=0.997), for muscle 0.194 + 0.251 mmol / g DW (donors: 0.136 + 0.167 mmol/ g
- 187 DW; dialysis patients 0.241 + 0.297 mmol/ g DW, p=0.415).
- 188 Intraindividually, $[K]_T$ exhibited a strong positive correlation with $[Na]_T$ for arteries (r=0.730, p<0.001;
- 189 fig. 3a) and skin (r=0.877, p<0.001; fig. 3b). In contrast, for muscle $[K]_T$ and $[Na]_T$ were inversely
- 190 correlated (r=-0.492, p<0.001; fig. 3c).

191

192

- 193 *Alcian Blue-PAS staining*
- 194 When intensity of Alcian Blue-PAS staining was scored semiquantitatively by a pathologist blinded to
- 195 the results of $[Na]_T$ again substantial variations were observed. Representative micrographs are
- 196 shown for an artery with a low tissue sodium concentration of 2.1 g/kg wet weight (fig. 4a) and an
- 197 artery with a high $[Na]_T$ of 6.2 g/kg wet weight (fig. 4a).
- 198 As shown in figure 4c, measured $[Na]_T$ were higher in specimens with higher intensity of Alcian-PAS 199 staining (r=0.588; p=0.004).

200

201 *XYLT1 expression*

- 202 Also XYLT1 expression relative to 18S RNA varied greatly between the samples studied, ranging from
- 203 2.9 x 10⁻⁶ to 4.4 x 10⁻⁵ in arteries and < 1 x 10⁻⁹ to 1.2 x 10⁻⁵ in muscles. As with intensity of
- 204 glycosaminoglycan staining on histopathological analysis, higher $[Na]$ _T were observed in samples with

205 increasing XYLT1 expression (fig. 5, r=0.392; p=0.003).

- 206 In vivo, arterial XYLT1 expression was correlated to calculated osmolality (r=0.558, p=0.004), serum
- 207 bicarbonate (r= -0.523, p=0.031) and serum phosphate (r=0.664, p=0.001). In vitro, XYLT1 expression
- 208 was induced 12-fold compared to baseline by incubation with TGF-ß (6.1 x 10^{-6} + 4.8 x 10^{-6} vs. 7.2 x

209 10^{-5} + 4.0 x 10⁻⁵; p=0.030; fig. 6). Medium with hypertonic sodium or elevated extracellular phosphate 210 concentration was without significant effect on XYLT1 expression.

211

212 **Discussion**

231 Aside from water-free sodium storage osmotically neutral sodium potassium exchange also has to be 232 considered as an explanation for our observations. However, in our patients $[K]_T$ and $[Na]_T$ showed a 233 highly significant positive correlation in skin and artery. As glycosaminoglycans may incorporate both 234 cations, sodium and potassium, into their tertiary structure, this observation adds further to the

235 assumption of intraindividually different glycosaminoglycan expression.

236 This raises the question if glycosaminoglycan expression and $[Na]_T$ as a consequence thereof reflect 237 an individual constant or a process of active regulation. The latter appears likely, as one previous 238 study in rats demonstrated significant increases in glycosaminoglycan expression on western blot of 239 the skin along with increased [Na]_T in rats exposed to sodium loading (6, 19). Our results extend this 240 observation in various aspects. We show such an effect in human tissue, namely arteries, and 241 furthermore demonstrate variable amounts of glycosaminoglycans in the respective tissues which 242 were again closely correlated to tissue sodium concentrations. Furthermore, we studied the 243 expression of XYLT1, the enzyme initiating glycosaminoglycan synthesis in arteries and muscle and 244 could show increased $[Na]_T$ in biopsies with higher XYLT1 expression. This leaves the question, which 245 mechanisms trigger glycosaminoglycan synthesis, namely XYLT1 expression. In our clinical database, 246 arterial XYLT1 expression was correlated with calculated serum osmolality and serum phosphate. 247 While extracellular osmolality has been shown in chondrocytes to induce glycosaminoglycan 248 synthesis (17), we could not reproduce this in our in vitro experiment with human dermal fibroblasts 249 exposed to similar concentrations of extracellular sodium. Likewise, we could not induce XYLT1 250 expression with increased extracellular phosphate concentrations. As most our patients had a CRP 251 within the normal range and were normotensive, we have too little information to study the impact 252 of systemic inflammation or hyperaldosteronism on $[Na]_T$. However addition of TGF-ß to the culture 253 medium resulted in a 12-fold increase in XYLT1 expression. XYLT1 expression has been stimulated by 254 TGF-ß in cardiac fibroblasts and increased XYLT1 expression has also been reported in cardiac tissue 255 (3). As increased TGF-ß expression has been reported in renal failure, such TGF-ß expression may 256 represent the link between altered renal phosphate handling, increased $[Na]_T$ and cutaneous 257 inflammation and also form a pathophysiologic basis for renocardial syndrome (22). 258 Our observations support the relevance of glycosaminoglycan expression. Glycosaminoglycans are

259 known to serve as scaffolds which bind lipoproteins, cytokines and glycosaminoglycan

260 overproduction has experimentally been linked to increased aortic calcification (8, 12, 13). Hence a 261 number of potential sequelae of such increased glycosaminoglycan synthesis may be suspected in 262 the long-term follow-up of the patients included in our study.

263 In contrast to previous studies, we could not find any difference between patients with impaired 264 sodium excretion and healthy humans. This observation is supported by the work of Dahlmann et al. 265 in which there was no significant difference in non-invasively measured tissue sodium concentrations 266 in skin and muscle between dialysis patients and healthy controls (4). Possibly due to the rather 267 narrow age range of our patients and a preponderance of post-menopausal women, we were not 268 able to detect any effect of age or gender on sodium tissue concentrations (4). Instead, we detected 269 a strong intraindividual correlation of $[Na]_T$ throughout tissues examined. This suggests, that sodium 270 storage may reflect rather an individual physiological response than necessarily a consequence of 271 disease.

272 Our observations of highly variable arterial tissue sodium concentrations offer another interesting 273 explanation to most recent work in which non-invasively measured skin sodium concentrations were 274 found to predict left ventricular hypertrophy in patients with mild to moderate chronic kidney 275 disease (15). Assuming a similar correlation of tissue sodium concentrations measured in skin with 276 arteries for that cohort, one might assume that patients with high skin sodium concentrations also 277 have increased arteriolar glycosaminoglycan synthesis and sodium storage resulting in vascular 278 stiffening, arterial hypertension and left ventricular hypertrophy.

279

280 Conclusion

281 In summary we provide human data to support a pathophysiological role of glycosaminoglycan

282 synthesis in water-free sodium storage. [Na] $_T$ are highly variable in humans, vary between muscle,</sub>

283 skin and arterial tissue and correlate with glycosaminoglycan as visualized on Alcian-staining. In vivo,

284 expression of XYLT1, the enzyme initiating glycosaminoglycan synthesis correlates to calculated

- 285 osmolality and serum-phosphate levels while in vitro only TGF-ß induced XYLT1 expression. Further
- 286 analysis of these mechanisms may enhance the understanding of sodium handling and complications
- 287 associated therewith.

288

289 **Disclosures**

290 Non conflicts of interest to disclose.

- 316 9. **Kopp C, Linz P, Wachsmuth L, Dahlmann A, Horbach T, Schöfl C, Renz W, Santoro D, Niendorf**
- 317 **T, Müller DN, Neininger M, Cavallaro A, Eckardt KU, Schmieder RE, Luft FC, Uder M, Titze J.**
- 318 (23)Na magnetic resonance imaging of tissue sodium. *Hypertension 59*: 167-172, 2012.
- 319 10.**Kotchen TA, Cowley AW Jr, Frohlich ED.** Salt in health and disease--a delicate balance. *N Engl J* 320 *Med 368*: 2531-2532, 2013.
- 321 11.**Mobasheri A.** Correlation between [Na+], [Glycosaminoglycan] and Na+/K+ pump density in the 322 extracellular matrix of bovine articular cartilage. *Physiol Res 47*: 47-52, 1998.
- 323 12.**Mortier A, Van Damme J, Proost P.** Overview of the mechanisms regulating chemokine activity 324 and availability. *Immunol Lett 145*: 2-9, 2012.
- 325 13.**Purnomo E, Emoto N, Nugrahaningsih DA, Nakayama K, Yagi K, Heiden S, Nadanaka S,**
- 326 **Kitagawa H, Hirata K.** Glycosaminoglycan overproduction in the aorta increases aortic
- 327 calcification in murine chronic kidney disease. *J Am Heart Assoc 2*: e000405, 2013.
- 328 14.**Rakova N, Jüttner K, Dahlmann A, Schröder A, Linz P, Kopp C, Rauh M, Goller U, Beck L,**
- 329 **Agureev A, Vassilieva G, Lenkova L, Johannes B, Wabel P, Moissl U, Vienken J, Gerzer R,**
- 330 **Eckardt KU, Müller DN, Kirsch K, Morukov B, Luft FC, Titze J.** Long-term space flight simulation
- 331 reveals infradian rhythmicity in human Na(+) balance. *Cell Metab 17*: 125-131, 2013.
- 332 15.**Schneider MP, Raff U, Kopp C, Scheppach JB, Toncar S, Wanner C, Schlieper G, Saritas T, Floege**
- 333 **J, Schmid M, Birukov A, Dahlmann A, Linz P, Janka R, Uder M, Schmieder RE, Titze JM, Eckardt**
- 334 **KU.** Skin Sodium Concentration Correlates with Left Ventricular Hypertrophy in CKD. *J Am Soc*
- 335 *Nephrol* doi: 10.1681/ASN.2016060662, 2017.
- 336 16.**Streeten DH, Rapoport A, Conn JW.** Existence of a slowly exchangeable pool of body sodium in
- 337 normal subjects and its diminuition in patients with primary aldosteronism. *J Clin Endocrinol*
- 338 *Metab 23*: 928-937, 1963.
- 339 17.**Takeno K, Kobayashi S, Negoro K, Uchida K, Miyazaki T, Yayama T, Shimada S, Baba H.** Physical
- 340 limitations to tissue engineering of intervertebral disc cells: effect of extracellular osmotic
- 341 change on glycosaminoglycan production and cell metabolism. Laboratory investigation. *J*
- 342 *Neurosurg Spine 7*: 637-644, 2007.
- 343 18.**Titze J, Bauer K, Schafflhuber M, Dietsch P, Lang R, Schwind KH, Luft FC, Eckardt KU, Hilgers KF.**
- 344 Internal sodium balance in DOCA-salt rats: a body composition study. *Am J Physiol Renal Physiol*
- 345 *289*: F793-F802, 2005.
- 346 19.**Titze J, Shakibaei M, Schafflhuber M, Schulze-Tanzil G, Porst M, Schwind KH, Dietsch P, Hilgers**
- 347 **KF.** Glycosaminoglycan polymerization may enable osmotically inactive Na+ storage in the skin.
- 348 *Am J Physiol Heart Circ Physiol 287*: H203-H208, 2004.
- 349 20.**von Toerne C, Schmidt C, Adams J, Kiss E, Bedke J, Porubsky S, Gretz N, Lindenmeyer MT,**
- 350 **Cohen CD, Gröne HJ, Nelson PJ.** Wnt pathway regulation in chronic renal allograft damage. *Am J*
- 351 *Transplant 9*: 2223-2239, 2009.
- 352 21.**Winter WT, Smith PJC, Arnott S.** Hyaluronic Acid: Structure of a Fully Extended 3-fold Helical
- 353 Sodium Salt and Comparison with the Less Extended 4-fold Helical Forms. *J Mol Biol 99*: 219-
- 354 235, 1975.
- 355 22.**Wong MG, Perkovic V, Woodward M, Chalmers J, Li Q, Hillis GS, Yaghobian Azari D, Jun M,**
- 356 **Poulter N, Hamet P, Williams B, Neal B, Mancia G, Cooper M, Pollock CA.** Circulating bone
- 357 morphogenetic protein-7 and transforming growth factor-β1 are better predictors of renal end
- 358 points in patients with type 2 diabetes mellitus. *Kidney Int 83*: 278-84, 2013.
- 359

360

362 Captations:

363 Fig. 1: Tissue sodium concentrations measured in muscle biopsies were significantly lower than in 364 skin and arteries (p< 0.001). The highest tissue sodium concentrations were determined in arterial 365 samples (p = 0.038 compared to skin biopsies; skin $n = 48$, muscle $n = 47$, artery $n = 32$). 366 Fig. 2: Tissue sodium concentrations in skin and arterial biopsies. Tissue concentrations determined 367 in skin and arterial biopsies are plotted for each individual $(r = 0.440; p = 0.012, n = 32)$. 368 Fig. 3: Tissue potassium concentrations and tissue sodium concentrations in the respective tissue are 369 positively correlated when measured in arteries (n= 25; r=0.877, p<0.001; fig. 3a) and inversely 370 correlated when measured in muscle (n=31; r=-0.492, p<0.001; fig. 3c). The measured tissue 371 concentrations are reported in g/kg wet weight. 372 Fig. 4: Glycosaminoglycan staining of one representative arterial biopsy specimens for patients 373 with low (a) or high (b) tissue sodium concentrations. The measured tissue sodium concentrations 374 are reported in g/kg wet weight. (c) Results of measured tissue sodium concentrations according 375 to the intensity of Alcian-PAS staining in skin (n=6), muscle (n=10) and arteries (n=6) per blinded 376 scoring of biopsy specimens (n=22; r=0.588; p=0.004). 377 Fig. 5: Tissue sodium concentrations measured in muscles (n=31) and arteries (n=25) are 378 correlated to XYLT1-expression of the respective biopsy sample (r=0.392; p=0.03). 379 Figure 6: Relative induction in XYLT1 expression compared to control. XYLT1 expression was 380 determined by RT-PCR from human skin fibroblasts, incubated with medium, or medium with 381 either 200 mmol sodium, addition of 8 mmol phosphate or 10 ng/ml TGF-ß. The data for control 382 (n=16) and incubation with TGF-ß (n=14) represent results from four sets of independent 383 experiments. Exposure to hyperosmolar medium (n=7) and increased phosphate concentration 384 (n=7) represent results from two independent experiments. (Data shown as mean + standard 385 deviation)

- 387 Table 1: Demographic data of dialysis patients and healthy kidney donors. Data are reported as mean
- 388 \pm standard deviation, units are reported in [].

Figure 2

 $r = 0.440$; $p = 0.012$

Skin Tissue Sodium Concentration (g/kg wet weight)

$r = 0.730$; $p \le 0.001$

$r = 0.877$; $p \le 0.001$

$r = -0.492$; $p < 0.001$

$30,00 -$ Tissue Sodium Concentration \circ $25,00 \circ$ (g/kg dry weight) $20,00 \circ$ \circ 15,00- \circ \circ δ \circ $10,00 \circ$ \circ \circ \circ \circ \circ ௸ 8000 \circ \circ 。。 $5,00 \circ$ δ 0 Θ 0.60 $,00 1 \times 10^{-5}$ 2×10^{-5} 3×10^{-5} 4×10^{-5} 5×10^{-5} $\overline{0}$

XYLT1-Expression

$r = 0.392$; $p = 0.003$

