

1 microRNAs of Epstein-Barr virus control innate and adaptive anti-viral
2 immunity

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19 Abstract

20 More than 90% of humanity is infected with Epstein-Barr virus (EBV) lifelong. While infection is
21 usually controlled by the immune system, the human host fails to completely eliminate the
22 pathogen. Several herpesviral proteins are known that act as immunoevasins preventing or reducing
23 recognition of EBV-infected cells. Only recently, microRNAs of EBV were identified to reduce
24 immune recognition further. This Gem summarizes what we know about immunomodulatory
25 miRNAs of herpesviruses.

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27 Keywords

28 Immune surveillance, immune evasion, herpesvirus, microRNA, cancer

29

30 Introduction

31 Epstein-Barr Virus (EBV) is a successful human herpesvirus that infects about 90% of the
32 human population. Upon infection, EBV reprograms resting, quiescent B lymphocytes, the main
33 reservoir of this virus, to become activated, antigen-presenting cells, which are detected by various
34 immune cells and become targets of the host's immune surveillance. EBV nonetheless can establish
35 a latent, life-long infection in the memory B cell compartment, in part, through its virally encoded
36 immunoevasins, i.e. proteins that fend off both the innate and adaptive immune responses of its
37 human host (1).

38 MicroRNAs (miRNAs) are small regulatory RNAs of 19-22 nucleotides in length. They usually
39 bind to 3'UTRs of targeted mRNAs affecting their stability. Down-regulation is often modest (<50%)
40 and miRNAs are thought, therefore, to 'fine-tune' gene expression (2). Single miRNAs can
41 potentially target hundreds of different mRNAs because the minimal requirement to bind the target
42 mRNAs is the 6 nt-long "seed" sequence. Similarly, single mRNAs can be bound and regulated by
43 multiple miRNAs forming a complicated regulatory network. Human miRNAs are involved in a wide
44 range of physiological functions such as development, growth, differentiation, apoptosis, stress
45 response, and immune regulation (2, 3).

46 EBV was the first virus found to encode miRNAs (4, 5) and is the largest reservoir of miRNAs
47 among human herpesviruses known to date. EBV encodes at least 44 miRNAs, which can potentially
48 regulate hundreds of genes, but their identity is just beginning to emerge. EBV's miRNAs are
49 expressed in all phases of its complicated life cycle as well as in EBV-associated tumors (6).
50 Accumulating evidence so far has shown that EBV's miRNAs promote survival and proliferation of
51 infected B cells early during infection as well as in tumor cells (7-10), but viral miRNAs have also
52 been found to modulate immune evasion (11, 12). Viral miRNAs in different herpesviruses are rarely
53 conserved (13), but some regulate the same targets (14, 15).

54 In this brief review, we focus on miRNAs of EBV and other human herpesviruses and their
55 recently identified functions in regulating innate and adaptive immune responses, which lead to

56 these viruses' immune evasion (Fig 1). We shall also discuss the potential roles of circulating viral
57 miRNAs and their possible implications in clinical practice.

58

59 Viral miRNAs and innate immunity

60 Innate immune responses form the first line of defense against infectious agents;
61 accordingly, viral miRNAs target several cellular transcripts in this pathway to escape immediate
62 detection (Fig 1). Type-I interferons (IFN), secreted in response to viral infection, play a central role
63 in antiviral immunity and activate STAT transcription factors, which in turn induce the transcription
64 of IFN-stimulated genes (ISG) in infected and neighboring cells leading to multiple, antiviral
65 functions. Diverse herpesviral miRNAs target components of the Type-I IFN signaling pathway
66 including STATs (16, 17) limiting the antiviral effects of ISGs.

67 Another important arm of innate immunity are natural killer (NK) cells, which sense different
68 activating and inhibitory molecules on the surface of stressed or virally infected cells. When induced
69 upon stress the MICB surface molecule activates NK cells by binding to its receptor NKG2D (18).
70 Several miRNAs of human herpesviruses including EBV, Kaposi-sarcoma associated herpesvirus
71 (KSHV), and human cytomegalovirus (HCMV) have been reported to control the *MICB* transcript
72 reducing NK cell recognition and killing of virally infected cells (14, 19).

73 The regulation of inflammation is a common goal of viral miRNAs. Cytokine synthesis is
74 regulated by EBV miRNAs upon infectious stimuli in nasopharyngeal cancers (NPC) (20) as well as by
75 KSHV miRNAs in lymphomas (21). Human miR-155 can have positive and negative consequences for
76 the immune response (22), but miR-155 negatively regulates Toll-like receptor signaling pathways
77 presumably reducing the pro-inflammatory responses to an invading pathogen (3). Interestingly,
78 KSHV miR-K12-11 mimics this human miRNA (15) and EBV also induces miR-155, because the latent
79 membrane protein 1 (LMP1) of EBV activates its expression (23). Conversely, LMP1 itself is a direct
80 target of several EBV miRNAs (24, 25) suggesting that they reduce or limit LMP1 signaling and may
81 thus fine-tune innate immune responses directed against EBV.

82

83 **Viral miRNAs and adaptive immunity**

84 Among the main components of the adaptive immune response are T cells and antigen-
85 presenting cells (APCs). Antigen presentation of viral peptides by APCs, i.e. EBV-infected B cells, is a
86 multistep process and viral EBV's miRNAs interfere with these steps to reduce the immunogenicity
87 of infected cells. Cytokines and chemokines enhance adaptive immune responses and herpesviruses
88 appear to use their miRNAs to reduce the inflammatory microenvironment of infected cells as well
89 (Fig 1).

90 **Levels of viral antigens.** Controlling the abundant expression of viral genes can be a
91 strategy of viral miRNAs thus limiting levels of viral antigen. As a first example, SV40-encoded
92 miRNAs were found to reduce SV40's T antigen expression, protecting infected cells from T cell
93 recognition (26). Similarly, EBV's miRNAs have been reported to target several viral genes
94 downregulating them. Viral miRNAs limit the expression of the EBV proteins EBNA1 (25), LMP1 (27),
95 and LMP2A/B (28) in infected B cells early after infection (Fig 2). EBNA1 is required to maintain the
96 viral genome in infected cells and to distribute genomes equally to daughter cells in mitosis. This
97 protein is commonly expressed during latent infection and has the intrinsic ability to prevent
98 processing and presentation of its epitopes on MHC class I molecules (29). Nevertheless, EBNA1 is a
99 target of effector T cells, but viral miRNAs also limit EBNA1's immunogenicity reducing its protein
100 levels (25). These findings suggest that viral miRNAs can act as immunoevasins not only in lytic but
101 also in latent infection.

102 **Antigen processing and presentation.** Recently, herpesvirus miRNAs were found to
103 regulate cellular genes involved in antigen processing and presentation. HCMV miRNA miR-US4-1
104 was reported to control MHC class I antigen presentation by targeting ERAP1 (30), but this finding is
105 controversial (31). ERAP1 is an aminopeptidase that optimizes peptide-MHC class I binding and its
106 downregulation leads to a reduced killing of infected cells by virus-specific T cells (30). We reported
107 that EBV miRNAs also regulate antigen processing and epitope transport in infected primary human

108 B cells (25, 27) down-regulating the TAP complex and lysosomal enzymes affecting MHC class I and
109 class II-mediated epitope presentation, respectively (Fig 2).

110 EBV miRNAs not only reduce the processing but interfere with the presentation of viral
111 antigens. We observed that cell surface MHCs and co-stimulatory molecules, necessary components
112 for effective antigen presentation, are decreased by viral miRNAs. MHC and co-stimulatory
113 molecules do not seem to be direct targets of viral miRNAs (25, 27) (Fig 2), but these surface
114 molecules might be under control of LMP1, which is limited by several EBV miRNAs. LMP1 mimics
115 CD40 signals in B cells and thus induces MHCs and co-stimulatory molecules, LMP1's down-
116 regulation by viral miRNAs will reduce the immunogenicity of EBV-infected cells. It thus appears
117 that several viral miRNAs balance or even diminish LMP1 expression during latent infection in B cells.

118 **Controlling chemokines and cytokines.** Several chemokines and cytokines which regulate
119 antiviral inflammatory responses are targets of multiple viral miRNAs. EBV's miR-BHRF1-3 targets
120 *CXCL11* (32), a chemoattractant of T cells, and thus may reduce local inflammation and T cell
121 recruitment (Fig 2). After EBV infection, primary B cells secrete various inflammatory cytokines
122 including IL-6 and IL-12. We found reduced levels of these cytokines in B cells expressing EBV's
123 miRNAs early in infection. At least five viral miRNAs directly target IL-12p40, hence reducing the
124 secretion of IL-12 and IL-23, both being members of the IL-12 family, from infected B cells. IL-12's
125 best known function is promoting the differentiation of naive CD4⁺ T cells to anti-viral Th1 cells, a
126 function inhibited by EBV's miRNAs (27) (Fig 2).

127 In the lytic phase during *de novo* virus synthesis multiple viral proteins are expressed that act
128 as immunoevasins to protect the cells from virus-specific effector T cells. During the early days of
129 infection in the pre-latent phase, comparatively few viral immunomodulatory proteins are expressed
130 (33). During this early phase and presumably also during latency, EBV uses its many non-
131 immunogenic miRNAs as alternative immunoevasins to protect the virus-infected cells from
132 adaptive immune responses.

133

134 Circulating viral miRNAs

135 Extracellular, circulating miRNAs in the bloodstream are considered as potential biomarkers
136 as a result of their disease-specific expression patterns. Circulating miRNAs of EBV have been
137 proposed to serve as diagnostic markers in patients with nasopharyngeal carcinoma, for example
138 (34).

139 The biological functions of circulating viral miRNAs are currently under investigation. EBV
140 miRNAs contained within extracellular vesicles (EVs) were reported to be released constantly from
141 lymphoblastoid B cell lines (35, 36). EVs can be taken up by different cell types, including monocytes
142 and monocyte-derived dendritic cells (35), plasmacytoid dendritic cells (37), and epithelial cells,
143 mainly via caveola-dependent endocytosis (38). Transfer of viral miRNAs to cells can lead to the
144 repression of target genes (35); for example, miR-BART15 represses the inflammasome protein
145 NLRP3 in a monocytic cell line (39). The putative functions of EV-contained miRNAs are
146 controversial, because their abundance in EVs is low (40). Interestingly, infectious EBV particles also
147 contain miRNAs (41) suggesting that they can be passively delivered, i.e. transduced during
148 infection to exert so far unknown but, perhaps, immunoevasive functions in recipient cells.

149

150 Outlook

151 EBV expresses viral miRNAs in the pre-latent phase immediately after infection, during
152 latency, and in the lytic, productive phase. Particularly in the pre-latent and latent phases, when the
153 expression of viral immune evasion proteins is limited, the many viral miRNAs are likely to have
154 important immunoevasive functions. Viral miRNAs are non-immunogenic and are transcribed and
155 processed like miRNAs of the cellular host. EBV and other herpesviruses (except beta herpesviruses
156 such as cytomegalovirus) encode miRNAs in gene clusters insuring their simultaneous expression
157 and potential, co-operative functioning. The IL-12 and the STAT1 signalling pathways, which are
158 targeted by multiple miRNAs encoded by EBV or KSHV, respectively, are revealing examples of the

159 potential of viral miRNAs to repress single genes or pathways, a function that goes well beyond fine-
160 tuning of single genes.

161 In this light, it is remarkable to learn that miRNAs of different members of the herpesvirus
162 family are distinct, sharing little sequence conservation, with few exceptions (15, 42). Lack of
163 sequence conservation imposes a general difficulty for researchers because conservation across
164 species is one of the best parameters to predict the targets of miRNAs. Instead, each herpesvirus
165 has evolved its own set of miRNAs probably to adapt to the RNA synthetic networks in the different
166 cell types human herpesviruses infect. miRNAs of different herpesviruses rarely target the identical
167 transcripts in the different host cells but rather alter the same global functions such as anti-viral
168 immunity.

169 During infection, herpesviruses use their miRNAs to evade immune surveillance by the host.
170 EBV-associated tumor cells also express viral miRNAs (6), and it seems plausible that they also
171 reduce the anti-tumor response of infiltrating immune cells. Several strategies have been developed
172 recently to block miRNA functions directed at indications other than EBV-associated diseases and
173 some have reached the phase of clinical studies (43). If successful, similar blocking of viral miRNAs in
174 EBV-associated tumors may restore functional anti-tumor immunity, and thereby benefit patients
175 with these tumors.

176

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326 Figure legends

327 **FIG 1 Immunoevasive functions of herpesviral miRNAs.** miRNAs of the human herpesviruses EBV,
328 KSHV, and CMV target cellular and viral genes regulating the anti-viral responses of innate and
329 adaptive immunity. Shown are key genes down-regulated by viral miRNAs.

330

331 **FIG 2 EBV's miRNAs globally control anti-viral adaptive immune responses in infected cells.**

332 Upon infection, the viral DNA genome circularizes and viral coding and non-coding RNAs are
333 expressed immediately. EBV miRNAs support the evasion of adaptive immunity at several levels: (1)
334 viral miRNAs down-regulate viral transcripts to limit viral antigen synthesis: miR-BART22 controls
335 LMP2A/B, several BART miRNAs control LMP1, and EBNA1 is controlled by unidentified viral
336 miRNAs. (2) Reduced levels of LMP1 may lead to lower levels of antigen presentation, because
337 LMP1 activates co-receptors and MHCs expression. (3) Viral miRNAs control antigen processing for
338 MHC class I-mediated presentation regulating the expression of TAP2, a target of miR-BHRF1-3 and
339 -BART17. (4) miR-BART1 and -BART2 control the expression of the lysosomal enzymes IFI30 and
340 LGMN, respectively; a third lysosomal enzyme, CTSB, is controlled by both miR-BART2 and -BHRF1-
341 2, reducing the capacity to present antigenic epitopes on MHC class II molecules to CD4⁺ T cells. (5)
342 Secretion of the NK cell ligand CXCL-11 is reduced by miR-BHRF1-3 while the mRNA encoding
343 inflammatory cytokine IL-12 (and two additional cytokines, IL-12B and IL-23) is directly bound by
344 five EBV miRNAs resulting in suppressed Th1 differentiation. Other inflammatory cytokines such as
345 IL-6 are also reduced by viral miRNAs.

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