

1 **Cutaneous barriers and skin immunity – differentiating a connected network**

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17

18 **Abstract**

19 The skin is the outermost barrier of the organism that ensures protection from external  
20 harm. Lately our view of the skin evolved from an inert mechanical barrier to an active  
21 organ that can sense danger signals and to mount perfectly adapted defense measures  
22 in response to invading pathogens. This review highlights the different levels of the  
23 cutaneous barrier – the microbiome-, the chemical-, the physical-, and the *immune*  
24 *barrier* - their characteristics, and their functional, highly interconnected network of cells  
25 and mediators that allow balanced defense measures to protect the body and to maintain  
26 barrier integrity.

27 The skin, with roughly two square meters, is our largest organ, and gives our organism  
28 integrity and identity. It further allows exchange with our environment, but at the same  
29 time mediates protection from it. The skin balances body temperature, protects from UV  
30 light, transmits sensations and represents a tight barrier against myriads of microbes,  
31 toxins, and other dangers. Historically, the skin was seen as an organ consisting of an  
32 outermost layer, the epidermis, and an subjacent connective tissue, the dermis. Whereas  
33 the epidermis consists of different stages of differentiated keratinocytes building up a layer  
34 of cornified cells, the stratum corneum (SC), that creates a mechanical barrier against  
35 potentially harmful invaders, the dermis is rich of collagen fibres, fibroblasts and nerve  
36 endings. Today, we know four functional levels of the cutaneous barrier that are carefully  
37 orchestrated: the **microbiome barrier**, the **chemical barrier**, the **physical barrier**, and  
38 the **immune barrier**. These developed during evolution and are functional to both stabilize  
39 or restore cutaneous homeostasis and to mount measures of defense when needed.  
40 Alterations in each component of the skin barrier can cause pathogenic conditions, such  
41 as skin infections, sterile skin inflammation, allergic sensitization, or cutaneous tumor  
42 development. Consequently, the best possible understanding of the functioning of the  
43 different parts of the cutaneous barrier is a prerequisite to develop strategies to conserve  
44 the integrity of the skin and to support the recovery of disturbed barriers. This review will  
45 highlight the peculiarities of each barrier compartment, their interconnection and  
46 summarizes recent insights into dysregulation and disease development based on skin  
47 barrier dysfunction.

#### 48 **The cutaneous barrier: its levels and basic functions**

49 The **microbiome barrier** is the outermost layer of the cutaneous barriers (Figure 1). It  
50 consists of diverse microbial communities, which cover all surface areas of the skin. The  
51 composition of these microbial communities includes bacteria, fungi and viruses and is  
52 fairly stable. Culture independent genomic approaches have shown that, in contrast to the  
53 gut microbiome, the skin microbiota is dominated by Actinobacteriae with an abundance  
54 of Gram-positive bacteria such as the Staphylococcus family, Propionibacterium – and  
55 Corynebacterium species. Stability is preserved through a multitude of communication  
56 pathways and several checks and balances that exist between the microbes, their  
57 communities and skin cells [1]. Several studies addressed how commensal bacteria within

58 these communities control potentially pathogenic bacteria. For example, the serine  
59 protease Esp secreted by *Staphylococcus (S.) epidermidis* inhibits colonization with *S.*  
60 *aureus* and blocks the formation of *S. aureus* biofilms [2]. Some *S. epidermidis* or *S.*  
61 *lugdunensis* strains furthermore produce antibiotics to specifically control *S. aureus*  
62 survival [3, 4]. In human keratinocytes, *S. epidermidis* induces expression of antimicrobial  
63 peptides/proteins (AMPs) and activates pathways distinct from *S. aureus* resulting in *S.*  
64 *epidermidis* orchestrated innate immune alertness [5].

65 The microbial communities on the skin also constitute a living and ideal first response  
66 barrier to environmental factors. They act as a border post and transmit external signals  
67 to the skin's functional, immune network. The outcome of this threefold crosstalk between  
68 skin cells, skin immune system and skin microbiota determines functionality of the  
69 **microbiome barrier** [6].

70 The definition of the **chemical barrier** of the skin is less sharp compared to other parts of  
71 the cutaneous barrier and is tightly connected to the **physical barrier** (see next  
72 paragraph). Commonly, **chemical barrier** comprises factors that contribute to the acidic  
73 surface pH and compounds that together make up the `natural moisturizing factor` (NMF)  
74 (Figure 1). Schade and Marchionini coined the term "Säuremantel" of the skin explaining  
75 the safety belt of acidity covering the skin [7]. The NMF collectively refers to these  
76 hygroscopic compounds and represents about 20-30% of the corneocytes' dry weight [8].  
77 Much of the NMF is composed by amino acids and their derivatives (pyrrolidone carboxylic  
78 acid and urocanic acid), derived from the proteolysis of epidermal filaggrin (FLG) [9, 10].  
79 Changes in the NMF are thought to also alter the SC pH and the SC lipids, indicating an  
80 interdependence between the **chemical** and the **physical barrier** functions [11]. Other  
81 components of the NMF found within but also external to the corneocytes include lactates,  
82 urea, and electrolytes. Lactate and potassium also play an important role in maintaining  
83 the state of hydration and physical properties of the SC such as the pH [8, 12].

84 Important parts of the **physical barrier** are the SC and the system of tight junctions (TJ)  
85 and their regulation (Figure 1). Forming the SC is the consequence of keratinocytes  
86 maturing, moving up the epidermal layers to finally become corneocytes by terminal  
87 differentiation. These corneocytes are flattened and denucleated keratinocytes and their  
88 membranes are replaced by the `cornified envelope` [13]. Keratinocytes of one layer

89 below the SC, the stratum granulosum, contain i) granules with important proteins such  
90 as FLG, loricrin and keratin filaments and ii) lamellar bodies (LB) with lipids,  
91 corneodesmosins and kallikreins [10, 14]. The contents of those fill the intercellular space  
92 of the SC, which is often referred to as ‘mortar between bricks’ [15]. Many of the proteins  
93 that contribute to the ‘mortar’ were understood once monogenetic diseases such as  
94 peeling skin syndrome, skin fragility syndromes or ichthyosis were unraveled [14].  
95 Adjacent keratinocytes of the stratum granulosum are further connected by so-called tight  
96 junction (TJ) proteins to form a barrier especially against water and solutes [14]. TJ  
97 proteins are mostly transmembraneous and examples are the claudins, occludin, and the  
98 zona occludens (ZO) proteins. TJ protein claudin-1 null mutations lead to neonatal  
99 ichthyosis sclerosing cholangitis (NISCH) syndrome demonstrating its crucial role for the  
100 **physical barrier** of the skin [16] and the suppression of claudin-1 expression is also  
101 involved in inflammatory skin diseases [17]. Claudin-1, claudin-4, occluding, and ZO-1 are  
102 highly effective in regulating the transport of intermediate sized and large molecules as  
103 well as ions from inside to outside as these are stopped at the TJ level of the stratum  
104 granulosum following dermal injection [18, 19]. It is believed that this holds also true for  
105 the outside-to-inside transport, but evidence is less firm in this respect.

106 Cells of the physical barrier further contribute to chemical barrier function by production of  
107 epidermal lipids. Here, keratinocytes deliver mainly triglycerides and cholesterol, whereas  
108 sebaceous glands secrete triglycerides, wax esters and squalene containing  
109 sebum into the upper part of the hair follicle and thereby deliver it directly onto the SC.  
110 Bacteria and yeasts then hydrolyze triglycerides into free fatty acids and thereby  
111 contribute to acidification (see also prior paragraph) of the skin [20]. These intercellular  
112 lipids provide a tight and effective barrier also regulating the trans-epidermal water loss  
113 (TEWL). However, most of the water in the SC is inside the corneocytes and there is no  
114 free water between the lamellae.

115 The **immune barrier** represents the final part of the cutaneous barrier and is composed  
116 of a variety of resident immune cells populating the epidermis and dermis (Figure 1). The  
117 cellular composition of the **immune barrier** consists of innate sentinels such as several  
118 types of resident antigen presenting cells, innate lymphoid cells, innate-like cells,  
119 keratinocytes and adaptive derived tissue resident memory cells that all work hand in

120 hand to maintain barrier integrity. This immune armada efficiently senses microbial danger  
121 signals via PAMPs and DAMPs and initiates an adequate immune response, subsequent  
122 tissue inflammation by recruitment of circulating counterparts and further barrier disruption  
123 to clear the invasion. Besides this necessary but harmful action, resident immune cells  
124 further contribute to barrier repair and homeostasis. As cells of the **immune barrier** are  
125 distributed over all parts of the skin, it is highly interconnected with the other levels of the  
126 cutaneous barrier, e.g. responds to signals derived of epithelial cells and secretes signals  
127 that orchestrate epithelial behavior. Components of the **immune barrier** sense microbial  
128 signals of the **microbiome barrier**, are shaped by the condition of the **physical barrier**,  
129 directly respond to parts of the **chemical barrier** and can orchestrate these by disturbing,  
130 but also by supporting the regeneration and recovery of the previous levels of the  
131 cutaneous barrier (Figure 2).

132

### 133 *Crosstalk of the microbiome barrier and other barrier elements*

134 The cutaneous microbial communities evolved together with the skin and their  
135 composition and functional interdependence is essential to the overall function of the skin  
136 and its barriers. Breakdown of the cutaneous microbial communities is associated with  
137 skin diseases as shown for atopic dermatitis dominated by *S. aureus* [21] and contributes  
138 to disease persistence [22]. On the other hand, recovery of the cutaneous microbiome  
139 indicates resolution of disease [21]. The breakdown of these well balanced microbial  
140 communities is often referred to as dysbiosis. Dysbiosis may either be a consequence of  
141 the dysfunction of other parts of the cutaneous barrier or even its cause. While the ‘hen  
142 and egg’ problem in atopic dermatitis is not solved regarding dysbiosis and cutaneous  
143 inflammation, recent studies identified that *S. aureus* expansion precedes detectable skin  
144 inflammation [23] and that *S. epidermidis* strain diversity associates with less severe  
145 disease whereas clonal *S. aureus* strains are found in more severely affected patients  
146 [24], suggesting that dysbiosis is one of the initiating event in this case. Experimental  
147 models showed that missing skin microbiome in full germ free mice results in impaired  
148 anti-infectious IL-17 responses. These anti-infectious immune responses are mediated by  
149 CD8<sup>+</sup> T cells (Tc17) and were shown to be effective against *Candida albicans* or

150 Leishmaniasis [25]. In addition, a defect in or complete loss of the cutaneous barrier  
151 integrity also allows invasion of bacteria into deeper layers of the skin [26]. On the other  
152 hand, components of the cutaneous microbiome also shape pathways and players of  
153 regulatory immune responses and immune tolerance as shown for early in life exposure  
154 to skin commensals and the marked expansion and influx of Tregs into the skin (Figure 3)  
155 [27].

156 The “control” of the microbial composition on the skin is also maintained by the upper most  
157 cellular layer of the skin, the keratinocytes and their products. Following the encounter of  
158 danger signals or immune triggers, keratinocytes produce antimicrobial peptides such as  
159 human  $\beta$ -defensins, cathelicidins, and RNAses to co-regulate the composition of the  
160 microbial communities (Figure 1). In addition, these signals upregulate pattern recognition  
161 receptors like Toll-like receptors to allow keratinocytes to mount adequate responses to  
162 microbial signals [28-30]. Conversely, *S. aureus* was shown *in vitro* and in porcine models  
163 to decrease density and expression of tight junction (TJ) proteins such as claudin-1, Zona  
164 occludens (ZO) ZO-1 (TJP-1), ZO-2 (TJP-2), occludin and adherens junction (AJ) protein  
165 E-cadherin, demonstrating that the composition of the microbial communities or its  
166 dysbiosis co-determine the setup of the **physical barrier** [31, 32].

167 Barrier disruption at different levels results in microbial dysbiosis with expanding  
168 pathogenic bacteria causing inflammation and inflammation derived signals from the skin  
169 causing further barrier disruption, which sustains the growth of pathogenic bacteria –  
170 especially *S. aureus* [33]. This is also mirrored by monogenic diseases such as the  
171 Netherton syndrome evolving from mutations in SPINK5 that encodes for a serine  
172 peptidase inhibitor and whose loss of function results in defects of the physical and  
173 **chemical barriers**. Netherton syndrome and hyper IgE syndrome can also cause skin  
174 barrier disruption at the level of the **immune barrier**, with STAT1/STAT3 mutations  
175 resulting in defects of the type 17 immune response and leading to chronic skin  
176 inflammation that includes eczema and shift in the microbiota towards *S. aureus* and  
177 *Acinetobacter* species [34-36]. This shift further enhances impaired immune response as  
178 *Acinetobacter* actively represses the cytokine production (TNF- $\alpha$ , IFN- $\gamma$ , IL-22) upon *C.*  
179 *albicans* or *S. aureus* stimulation in T cells and thereby further reduces the antimicrobial  
180 tissue defense [36]. Commensal bacteria seem to furthermore directly shape adaptive

181 immune responses. Here, *S. epidermidis* has been shown in mouse models to secrete  
182 peptides that are presented on non-classical MHCI molecules to induce *S. epidermidis*  
183 specific Tc1 and Tc17 cells [37]. These Tc17 cells express markers of tissue residency  
184 and a specific signature that allows induction of tissue repair after wounding. Thereby,  
185 commensal bacteria do not only prevent colonization with pathogenic bacteria by  
186 secretion of antibiotics, but also regulate adaptive immune surveillance. (Further recent  
187 publications and reviews focusing on the interaction between microbiome and immune  
188 system can be found in Table 1)

189 ADAM17 (A disintegrin and metalloproteinase 17)-deficiency also leads to eczematous  
190 dermatitis and pustular lesions with *S. aureus* infections [38]. ADAM17 is a  
191 transmembrane protease that cleaves a variety of membrane-bound proteins to release  
192 their soluble forms and plays a major role in the shedding of TNF $\alpha$  and epidermal growth  
193 factor receptor (EGFR) that is involved in these signaling pathways [39]. In concordance  
194 with this, a mouse model with ADAM17 deficiency manifested a phenotype similar to the  
195 human monogenic disease, with the development of atopic dermatitis associated with  
196 barrier impairment and chronic inflammatory skin disease. Importantly, microbiome  
197 analysis of eczematous dermatitis of these ADAM17 deficient mice showed *S. aureus*  
198 dominated dysbiosis [33]. Of note, a common side effect of the treatment of cancer  
199 patients with EGFR inhibitors is the development of skin rashes with pustules [40], from  
200 which *S. aureus* can be isolated [41, 42].

201 The **microbiome barrier** is therefore to be interpreted as an integrated part of the  
202 cutaneous barriers (Figure 2). The diversity of the components of the cutaneous barriers,  
203 their plasticity and flexibility, together with their enormous potential to regenerate, partly  
204 relies on a well-functioning **microbiome barrier**. Precise orchestration of cutaneous  
205 barrier functioning through regulation of the microbial composition is a promising mission  
206 to also intervene with disease development.

207

### 208 *Crosstalk of the chemical barrier and other barrier elements*

209 The acidic skin pH (4-6) plays a central role in the functioning of the SC and the cutaneous  
210 barrier, because proteases and enzymes involved in the generation of SC lipids function  
211 in a pH dependent manner and e.g. the formation of the lamellae requires an acidic pH

212 [43-45]. Neutralization of the SC pH alone results in aberrant permeability of the barrier  
213 and decreased **physical barrier** integrity [46]. Acidity of the SC and the sweat is also  
214 important for anti-microbial activity. The diverse composition of the cutaneous microbiome  
215 is maintained by an acidic pH, because pathogens like *S. aureus* are inhibited, which  
216 favors coagulase-negative staphylococci and corynebacteria [47, 48]. Furthermore,  
217 efficacy of anti-microbial peptides depends on the acidic pH of the skin. This is shown e.g.  
218 for Dermcidin, an anti-microbial peptide derived from sweat. It functions optimally at pH  
219 5.5 while activity is down to 60% already at pH 6.5 [49]. This highlights the strong  
220 dependence of a healthy **microbiome barrier** on the maintenance of the **chemical**  
221 **barrier** (Figure 2).

222

### 223 *Crosstalk of the physical barrier and other barrier elements*

224 Proteins of the TJ undergo regulations upon contact to microbes both during homeostatic  
225 colonization and infection. While low microbial loads strengthens TJ function partly by  
226 triggering pathogen recognition receptors (PRR), e.g. TLR2 on keratinocytes [50], more  
227 intense contact with microbes, such as during infection or in highly colonized and inflamed  
228 skin, results in downregulation of TJ proteins as shown in atopic dermatitis for claudin 1  
229 [51]. Importantly, infection and inflammation regulate TJ proteins, but TJ proteins also  
230 determine inflammation as shown for dose-dependent regulation of claudin 1 featuring  
231 atopic dermatitis in animal models [17]. Furthermore, keratinocyte and sebocyte derived  
232 lipids do not only have moisturizing function, but actively influence immune reactions as  
233 they drive the differentiation of alternatively activated macrophages [52] and contribute to  
234 the survival of memory T cells in the skin [53]. Furthermore, proteases and protease  
235 inhibitors contribute to the shaping of the ideal lipid composition and functioning forming  
236 the unique organization of lipid lamellae [54].

237 These interactions with the microbiome and the **immune barrier** furthermore highlight the  
238 role of keratinocytes derived constituents and corneocytes for the functioning of the skin  
239 barrier and demonstrate how sensing and appropriately reacting to alterations in the local  
240 microenvironment contribute to its proper composition (Figure 2).

241

242 *Cutaneous innate immune sensing: handing over information outside in and inside out.*

243 Innate immune pathways such as the NF $\kappa$ B pathway, the inflammasome, or other cytokine  
244 activated signal transduction can be operative in keratinocytes, epidermal immune cells  
245 such as Langerhans Cells or  $\gamma\delta$  T cells as well as in dermal resident innate immune cells  
246 (different dendritic cells (DC) subtypes, mast cells, macrophages, ILCs), resident adaptive  
247 immune cells (resident T cells) or recruited innate and adaptive immune cells.  
248 Keratinocytes have recently been appreciated to participate in immune responses and to  
249 represent an innate immune cell capable of initiating cascades of immune events relevant  
250 for e.g. inflammatory disease development such as in atopic dermatitis, microbial defense,  
251 and wound healing [55-60]. Innate immune receptors constantly encountering signals  
252 from the outside are among others the pathogen recognition receptors (PRR) such as the  
253 toll like receptor (TLR) family, the NOD-like receptors (NLR) or the C-type lectin receptors  
254 (CLR). Importantly, the expression of these receptors is tightly regulated, especially in the  
255 cells of the outermost layer of the skin [61-64]. In addition, the engagement of more than  
256 one innate immune receptor may be necessary for activation, thus ensuring proper  
257 regulation of responses [64, 65]. For example in keratinocytes, a pro-inflammatory  
258 conditioning such as through TNF or IL-6 may be necessary to establish responsiveness  
259 to TLR ligands [66]. Consequently, this safety lock stays closed in response to commensal  
260 bacteria or mechanical stress, but once it opens, relevant mediators are produced, among  
261 them inflammation-amplifying cytokines such as TNF or IL-6 and anti-microbial peptides  
262 regulating bacterial colonization (and more). Recruited immune cells downstream of  
263 innate induced keratinocyte activation and TNF, IL-6 and IL-17C production further amplify  
264 inflammation, as seen in psoriasiform and atopic dermatitis-like cutaneous inflammation  
265 [67, 68]. In the latter situation, we have shown that innate signals active through TLR2-6  
266 upregulate cutaneous IL-6 by about 400-fold leading to systemic recognition of  
267 inflammation and accumulation of Gr1+CD11b+ myeloid derived suppressor cells (MDSC)  
268 that suppress T-cell mediated immune responses in the skin [68]. The recruitment of  
269 MDSC into the skin may contribute to the resolution of inflammation, but in case of  
270 exacerbated skin inflammation relevant cutaneous immune suppression is established  
271 [68]. Another important immune function of keratinocytes is their production of immune  
272 mediators such as TSLP, IL-25 or IL-33, that are critical orchestrators of type 2 cutaneous

273 immune responses through the conditioning of DCs [55, 56]. Accordingly, NF $\kappa$ B and  
274 inflammasome activation in the skin tend to drive type 17 immune responses, as regularly  
275 found in psoriasis. Direct PAMP sensing in innate immune cells such as DC may lead to  
276 pro- and anti-inflammatory immune responses depending on the co-stimulation [64, 69].  
277 TLR2 sensing amplifies modulatory IL-10 active in sensing non-pathogenic bacteria,  
278 however, in the presence of type 2 immune cytokines such as IL-4, this IL-10 is shut off  
279 leading to persistent inflammation. As the cutaneous cytokine profile may translate into T  
280 cell profiles, the cascade of immune events may produce also stable immune phenotypes  
281 [22, 70]. Many examples demonstrate that innate immune cells such as mast cells [71,  
282 72], macrophages [73] and ILCs [74, 75] in the cutaneous microenvironment can govern  
283 the decisions between resistance to or amplification of inflammation. These influences are  
284 critical to balance local homeostasis and health with immune defense or inflammatory  
285 disease, the latter possibly with systemic consequences.

#### 286 *Physical barrier disruption as activator of skin immune sentinels*

287 Epithelial barrier integrity is a prerequisite to prevent penetration of potential harmful  
288 substances from the surrounding environment. Skin resident immune cells are fine-tuned  
289 sensors of barrier breaches as they are either activated or induced to migrate by barrier  
290 disruption and altered lipid composition, potentially leading to the initiation of immune  
291 responses also in the draining lymph nodes. One essential molecule in this scenario is E-  
292 Cadherin expressed on epithelial cells, as it inhibits the activation of ILC2 cells [76]. Upon  
293 barrier disruption, E-Cadherin is downregulated and cytokines such as TSLP, IL-33 and  
294 IL-25 are released. These mediators consecutively activate ILC2 cells to secrete IL-4, IL-  
295 5, IL-13 and amphiregulin, in turn leading to a plethora of downstream functions involved  
296 in defense and allergic responses. Another important but less well understood indicator of  
297 tissue disruption is the local composition of lipids. Invariant natural killer cells (iNKT) that  
298 express an invariant TCR $\alpha$  chain (V $\alpha$ 24-J $\alpha$ 18) combined with a TCR $\beta$  chain with limited  
299 specificity are activated by glycolipids presented by CD1d molecules [77]. iNKT cells not  
300 only recognize lipids of bacterial origin, but also can also be activated in response to  
301 changes in the lipid composition of the skin upon barrier disruption. Like Th cells and ILCs,  
302 iNKT cells come in different flavors [78] and ensure efficient and relevant cytokine  
303 responses to defend against the infecting pathogen or restore barrier integrity.

304 The skin is not only populated by cells of the innate branch of immunity, but also by cells  
305 belonging to adaptive immunity. Indeed, the skin contains  $1 \times 10^6$  resident memory T cells  
306 (Trm)/ $m^2$  – representing  $2 \times 10^{10}$  cells in total reside in human skin, twice as much as  
307 circulate in blood [79, 80]. Trm persist in the skin for long periods of time, probably  
308 throughout life, and are present in both the dermis and epidermis. Whereas CD69  
309 expression and its interaction with E-Selectin blocks the egress of Trm cells from the  
310 dermis and epidermis by sequestering the sphingosine-1-phosphate-receptor (S1PR)  
311 [81], epidermal Trm co-express CD103 that binds to E-Cadherin on keratinocytes and  
312 further keeps them in place at the outermost barrier. Trm cells however, do not only sense  
313 **physical barrier** disruption, but also recognize changes in the **microbiome barrier**.  
314 Various studies using infection models could prove that the residency of T cells  
315 establishes after an initial infection and remains highest at the site of first encounter of the  
316 pathogen. In skin, Trm cells specific for herpes simplex [82], varicella zoster [83] and  
317 vaccinia virus [84] as well as *Leishmania* [85] were identified, highlighting that Trm cells  
318 in skin protect the barrier from pathogens that are commonly encountered in this organ.  
319 Interestingly, the newly developed memory is not only skin specific, but spreads to other  
320 barrier organs to provide an overall surface protection (Figure 3). The potential of Trm  
321 cells to provide lifelong protection is addressed for example in vaccines' development, but  
322 the mechanisms behind this longevity are not well understood. Pan Y et al. recently  
323 showed that also the **chemical barrier** impacts on the immune memory in skin. Here, free  
324 fatty acids (FFA) have been shown to not only support the functionality of Trm, but also to  
325 prolong their survival and therefore provide tissue-specific signals that are critical for  
326 maintaining protection [53]. How the lipid composition during barrier disruption is altered  
327 and how this could potentially influence vaccination strategies aiming at efficient induction  
328 of long-term memory should be investigated further.

### 329 *Immune cells and the restoration of barrier integrity*

330 Inflammatory processes are beneficial for the host in terms of eradicating pathogens, but  
331 almost always go along with tissue damage and temporary loss of tissue functionality. To  
332 restore barrier integrity, two prerequisites have to be fulfilled – initiation of tissue healing  
333 and restoration of the **microbiome barrier**. Wound healing processes in skin are  
334 mediated by various cells of innate and adaptive origin that work hand in hand to repair

335 barrier breaches (Figure 2). For instance, Notch1 is activated in epithelial cells via its  
336 ligands, Jagged 1 and 2, leading to the induction of TNF- $\alpha$  and chemokines and in turn to  
337 the recruitment of IL-17F and IL-22 producing Ror $\gamma$ t+ ILC3 [86]. IL-22 in turn leads to  
338 wound healing by induction of proliferation and migration of keratinocytes [87, 88],  
339 myofibroblast differentiation and extracellular matrix deposition [89]. The role of IL-17F in  
340 this scenario is not well understood and it is thought that it is not involved directly in wound  
341 closure, but instead keeps the local microbiota in check via the induction of anti-microbial  
342 peptides in keratinocytes. Another important mediator of tissue repair is IL-33, that is  
343 induced upon barrier disruption in epithelial cells. IL-33 activates resident ILC2 cells by  
344 binding to the ST2 receptor to induce the secretion of IL-13, IL-5 and amphiregulin that  
345 enhance the differentiation of M2 macrophages [90] and the proliferation of epithelial cells  
346 via the interaction with the epidermal growth factor receptor (EGFR) [91], respectively.  
347 Whereas wound healing responses are largely well understood, the restoration of the  
348 **microbiome barrier** is currently under intensive investigation. Interaction between the  
349 immunological barrier (IL-17 and IL-22) and the **physical barrier** (keratinocytes) lead to  
350 the induction of anti-microbial peptides (AMPs) and the eradication of pathogenic bacteria,  
351 viruses and fungi. However, how these AMPs can selectively affect pathogenic invaders  
352 and not the commensal flora has been not elucidated yet. It is assumed that commensal  
353 bacteria are resistant to the effects of host AMPs [92] and that they furthermore produce  
354 their own set of bacterial AMPs to defend against pathogens and to create an advantage  
355 for commensals to colonize microbial niches on the skin [3].

356

### 357 **Concluding remarks**

358 A well balanced cutaneous barrier is a prerequisite to maintain body integrity and health.  
359 We now know that the cutaneous barrier is a multi-faceted structure consisting of four  
360 different functional barrier compartments - the **microbiome-**, the **chemical-**, the  
361 **physical-**, and the **immune barrier**. Despite having their own characteristics and  
362 compositions, all parts of the cutaneous barrier are highly interconnected. This complex  
363 network is instrumental in the skin's ability to fulfil its major tasks: the maintenance of the  
364 body's integrity that includes protection from external harm, and rapid restoration of the  
365 barrier and immune homeostasis in case of disturbances. However, if one barrier

366 compartment is dysbalanced this might lead to a vicious circle of inflammation and  
367 consecutively the development of skin disease. Challenge for future treatment  
368 approaches will be to understand the interdependence of all parts of the cutaneous barrier  
369 and to apply specific regimens that re-balance the cutaneous barrier.

370

371

372

373 **Figure legends**

374

375 **Figure 1:** Levels and components of the cutaneous barrier.

376 FAA: free fatty acids; ILC: innate lymphoid cell; iNKT: invariant natural killer cell; Trm:  
377 tissue resident memory cell

378

379 **Figure 2:** Homeostasis and dysbiosis – a delicate balance between microbial diversity,  
380 inflammation and barrier repair

381 Under homeostatic condition, commensals, epithelial cells, chemical barrier components  
382 and immune cells quietly work hand in hand to maintain barrier integrity. In case of  
383 dysbiosis, inflammatory pathways are activated that lead to barrier disruption and a vicious  
384 circle of inflammation and consecutively enhanced dysbiosis. This vicious circle can be  
385 stopped, however, by immune cells themselves as they induce antimicrobial peptides in  
386 epithelial cells and activate M2 macrophages and EGFR signaling that in turn mediate  
387 barrier repair.

388 AMPs: antimicrobial peptides; CLR: C-type lectin receptor; EGFR: epidermal growth factor  
389 receptor; IL: interleukin; ILC: innate lymphoid cell; iNKT: invariant natural killer cell; NLR:  
390 Nod-like receptor; Th: T helper cell; TLR: Toll-like receptor; Trm: tissue resident memory  
391 cell

392

393 **Figure 3:** A well balanced cutaneous microbiome with its commensal bacteria has the  
394 potential to shape immune responses by setting up i) T<sub>reg</sub> cells and their immigration into  
395 the skin already by 'early in life' exposure and ii) IL-17 producing CD4<sup>+</sup> and CD8<sup>+</sup> T cells  
396 (Th/Tc17) assuring effective immune defense against pathogens.

397 DC: dendritic cell; Tc: cytotoxic T cell; Th: T helper cell

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