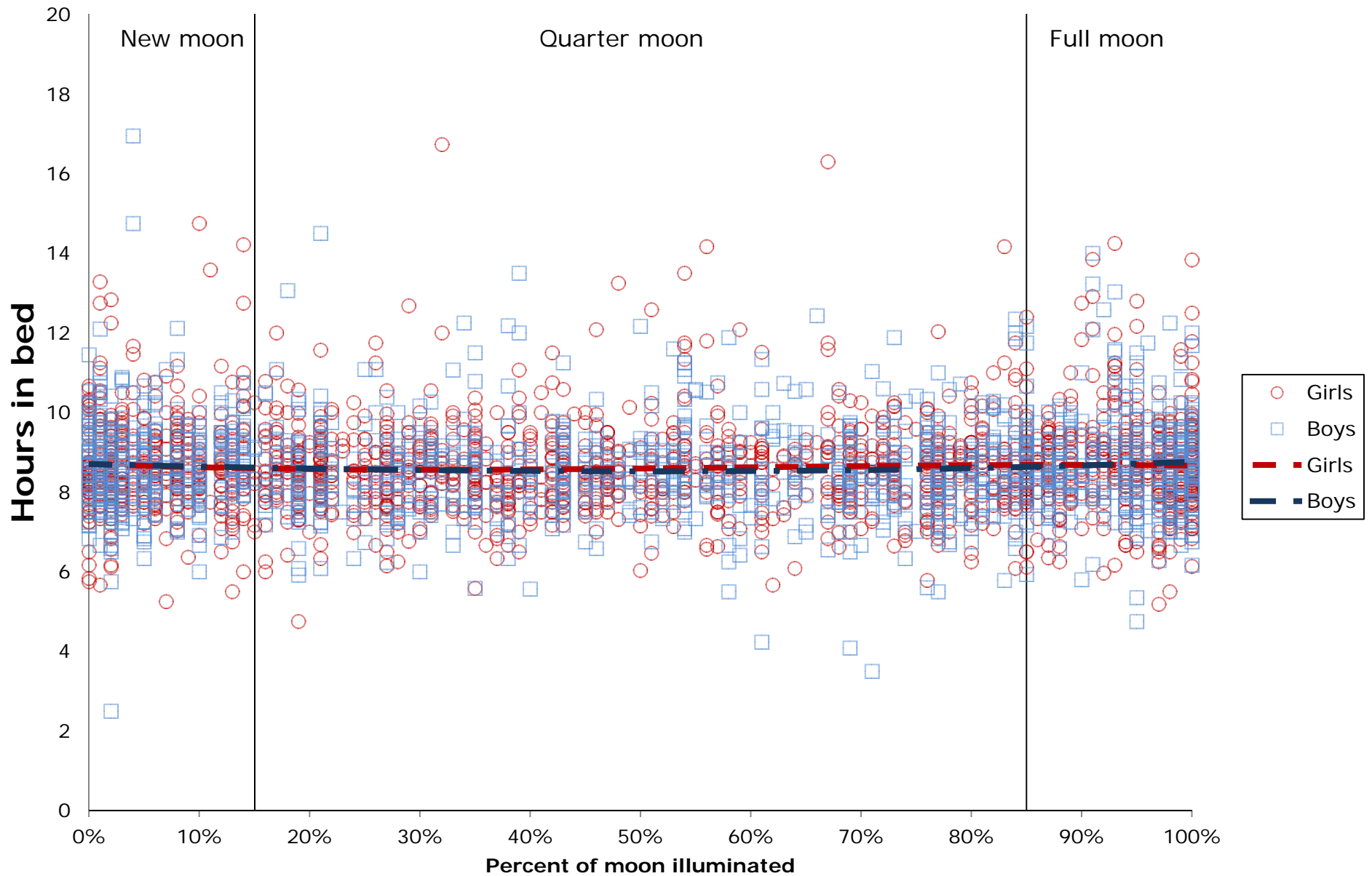
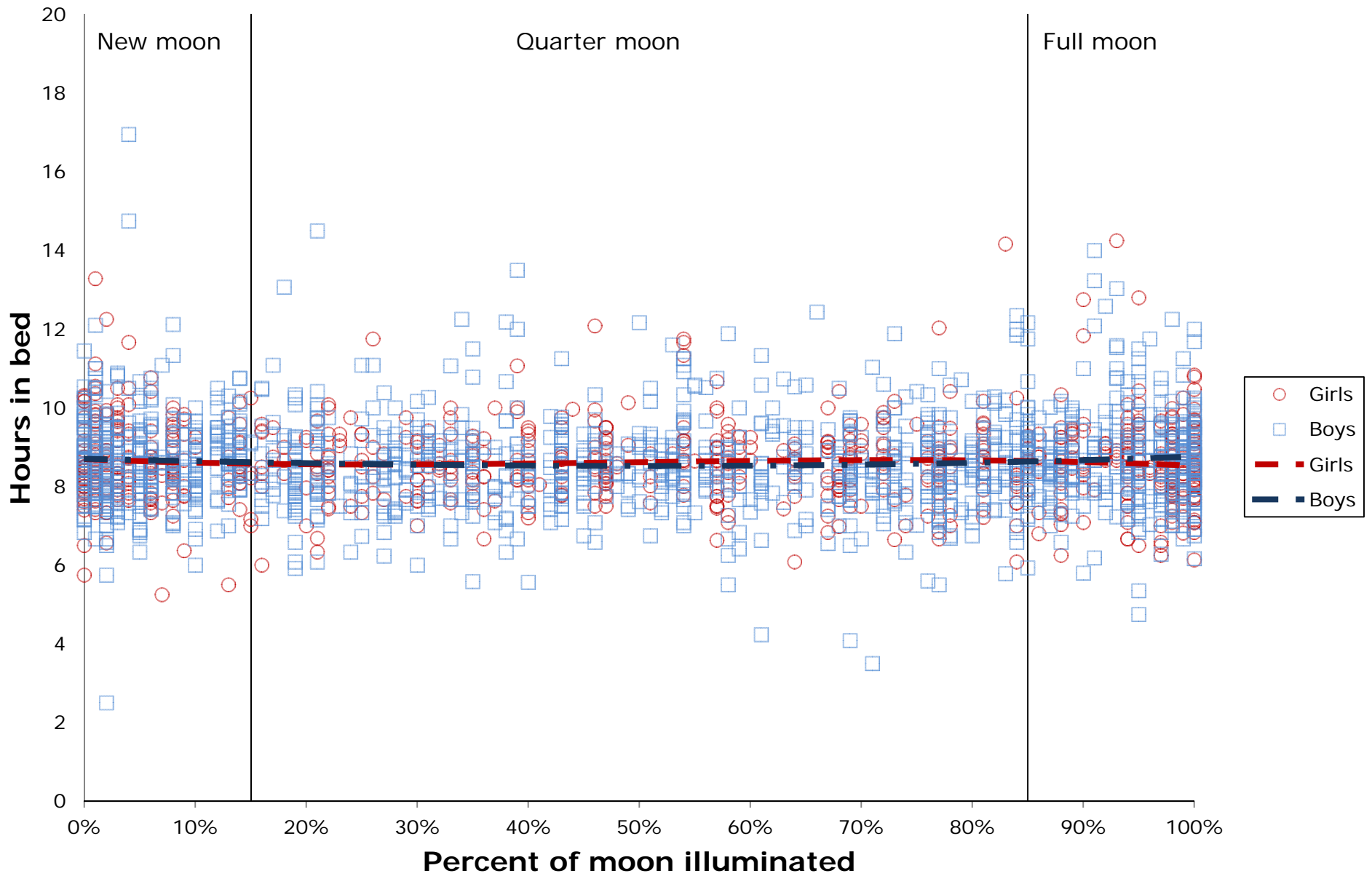


Fig. s1a: Time in bed does not vary with lunar phase

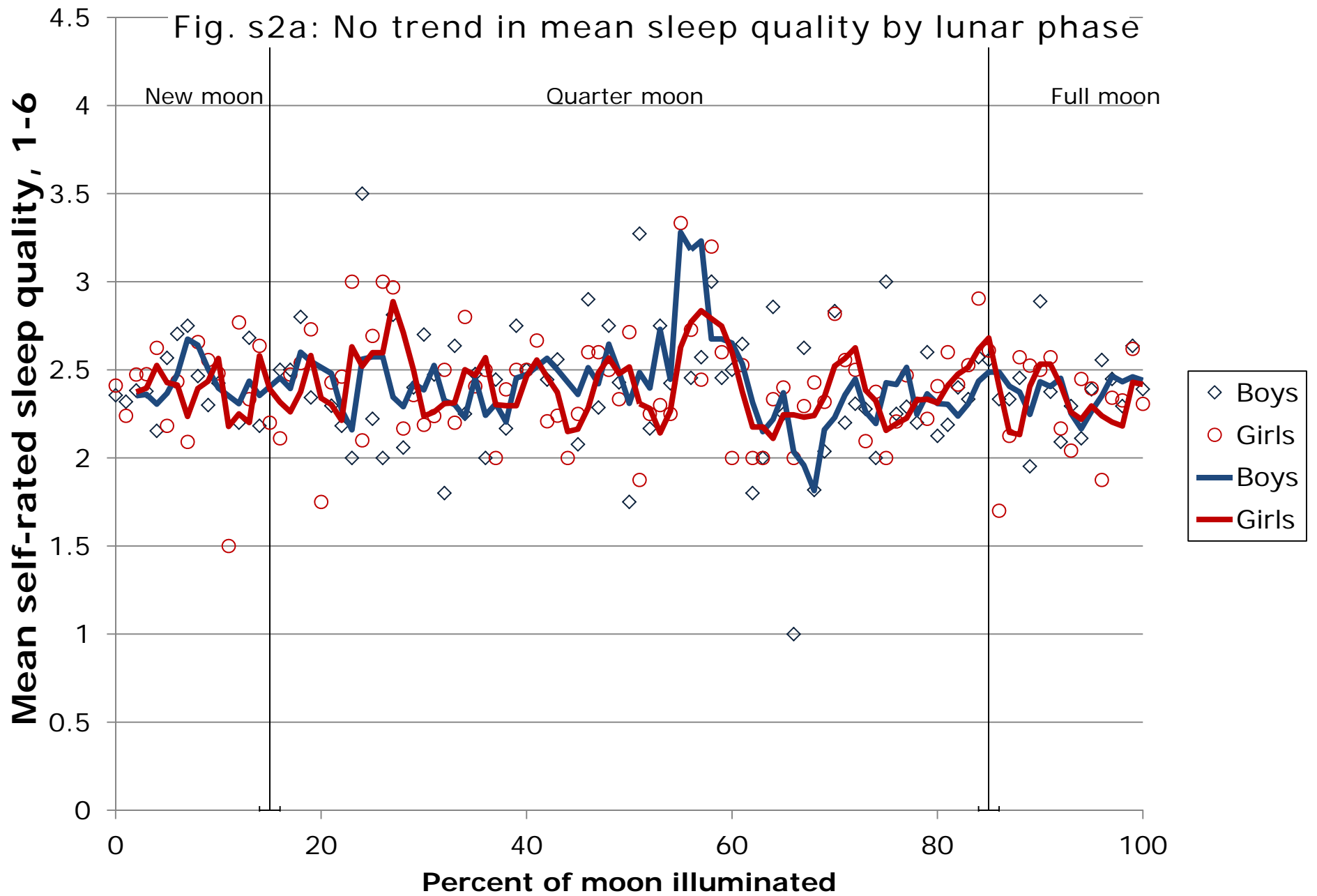


Hours in bed by moon phase, diariied at bedtime and waking time by 1411 Germans age 14-17, weekdays only

Fig. s1b: Time in bed does not vary with lunar phase; winter

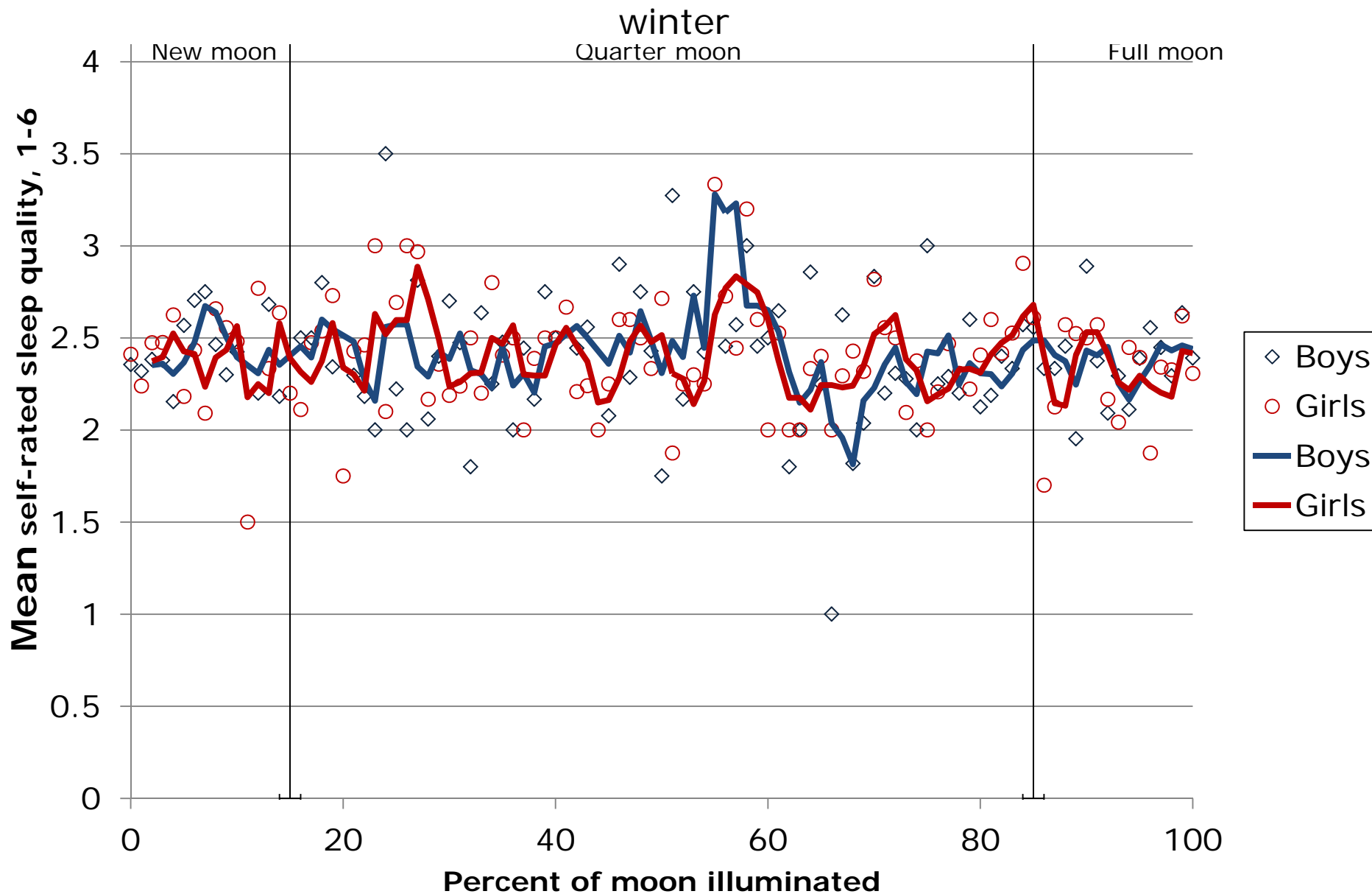


Hours in bed by moon phase, diariied at bedtime and waking time by 569 Germans ages 14-17, weekdays only, during winter (November-February)



Mean self-rated sleep quality by moon phase, diariied at waking time by 1372 Germans (age 14-17), weekdays only

4.5 Fig. s26: No trend in mean sleep quality by moon phase:



Mean self-rated sleep quality by moon phase, diaried at waking time by 549 Germans (age 14-17), weekdays only, during winter (November-February)