Letter to the Editor

Context matters: T_H2 polarization resulting from pollen composition and not from protein-intrinsic allergenicity

To the Editor:

Birch (*Betula verrucosa*) pollen is the main cause of spring pollinosis in the temperate climate zone of the Northern Hemisphere. Approximately 95% of birch pollen–allergic patients are sensitized to Bet v 1, the major birch pollen allergen. However, it is not known whether sensitization toward Bet v 1 results from its own intrinsic properties or from immunomodulatory pollen compounds codelivered with the allergen. Therefore, we investigated whether Bet v 1 or the pollen matrix is responsible for the activation of antigen-presenting cells and the subsequent $T_{\rm H}2$ polarization, relevant in the process of allergic sensitization.

Because dendritic cells (DCs) are the most potent activators of adaptive immune responses, we sought to investigate their role in the process of allergic sensitization toward Bet v 1. For this purpose, the activation of murine bone marrow-derived dendritic cells (mBMDCs) as well as the maturation of human monocytederived dendritic cells was monitored in vitro. Concerning the latter, PBMCs were isolated either from healthy, nonatopic donors or from atopic patients. Cells were stimulated either with recombinant Bet v 1.0101 (rBet v 1) produced in E coli or with an aqueous birch pollen extract (BPE). We analyzed whether DC activation is triggered by the costimulation of Toll-like receptor (TLR) 4 by LPS contaminations found in BPE, termed nLPS. Furthermore, we investigated the capacity of rBet v 1 and BPE to induce T_H2 polarization using an in vivo sensitization model. The methodology can be found in this article's Online Repository at www.jacionline.org.

The upregulation of maturation markers (CD40 and CD86) expressed on CD11c⁺ mBMDCs was monitored over 24 hours (Fig 1, A). The nLPS concentration was determined by using a nuclear factor kappa B reporter gene assay (see Fig E1 in this article's Online Repository at www.jacionline.org). Here, 0.4 ng/ mL of LPS had an equivalent capacity of 1 μg/mL of total soluble BPE protein to activate TLR4 and TLR2. As positive control, cells were incubated with LPS at a concentration of 100 ng/mL, 250-fold higher than nLPS. Compared with the basal activation of uninduced cells (Fig 1, A, dashed line), BPE induced a timedependent upregulation of CD86 and CD40. Stimulation with rBet v 1, even in the presence of nLPS, was not sufficient to mimic this effect. Because rBet v 1 represents just one of many isoforms found in BPEs, we investigated whether the activation of mBMDCs differs on stimulation with a natural Bet v 1 isoform mixture (nBet v 1) purified from BPE (Fig 1, B). No differences were observed between both natural and recombinant Bet v 1.

Furthermore, we analyzed the maturation (CD40, HLA-DR, CD80, CD83, and CD86) and secretion of the cytokines CCL17, IL-1 β , IL-10, IL-6, IL-12 β 70, and IL-23 of human moDCs on stimulation with the major allergen. In parallel, the maturation-inducing effects of BPE were determined and compared with nLPS alone. The concentration of nBet v 1 in BPE was

determined by ELISA and rBet v 1 was used in equivalent amounts. No maturation was induced by rBet v 1 (see Fig E2, A and B, in this article's Online Repository at www.jacionline. org). In contrast, BPE induced an upregulation of maturation markers and IL-6 secretion in comparison to the unstimulated and/or nLPS-stimulated control (Fig 1, C). Surprisingly, in moDCs derived from nonatopic donors, the maturation effect was less pronounced, and a significant upregulation of IL-10 was observable. Without LPS costimulation secretion of neither IL-12p70 nor IL-23 by BPE-stimulated moDCs was observable (data not shown).

The finding that BPE but not rBet v 1 is able to effectively activate DCs raised the question whether pollen-derived compounds possess adjuvant properties and thus contribute to the allergenicity of Bet v 1 in vivo. Therefore, we examined the capacity of BPEs and rBet v 1 to promote T_H2 polarization. We used IL-4/GFP-enhanced transcript (4get) mice for monitoring the expression of the T_H2 cytokine IL-4 in skin-draining inguinal lymphocytes (Fig 2, A). Strikingly, rBet v 1 did not cause T_H2 polarization; however, BPE strongly induced IL-4 activation (Fig 2, B). Because the involvement of the allergen itself as part of BPE in T_H2 polarization was unclear, we addressed this question by immunizing 4get mice with a Bet v 1-depleted BPE (nBet v 1-depleted extract; Fig 2, D; see Fig E3, A-D, in this article's Online Repository at www.jacionline. org) and a rBet v 1-reconstituted version (rBet v 1-replaced extract). Indeed, the T_H2-promoting effect of the BPE remained even after the depletion (Fig 2, C), indicating that T_H2 polarization is induced via an allergen-independent costimulus. In addition, the *in vitro* activation of mBMDCs from 4get mice was analyzed (see Fig E4 in this article's Online Repository at www.jacionline.org).

To analyze potential direct effects of BPE on naive CD4 $^+$ T cells, we activated T cells by treatment with α CD3/ α CD28 and BPE. Although the expression of α CD3/ α CD28-stimulated T $_{\rm H}$ 2-specific cytokines IL-5 and IL-13 was enhanced on additional stimulation with BPE (0.1%), BPE treatment did not affect the expression of the T $_{\rm H}$ 1-related cytokines IL-2 and TNF- α .

Summarizing, we found that BPE efficiently activates murine and human DCs *in vitro* and is able to induce T_H2 polarization *in vivo* and *in vitro*, whereas Bet v 1 lacks this property. These observations strongly support a role for the pollen context. Noteworthy, T_H2 polarization upon immunization with BPE occurred independently of Bet v 1, indicating that the protein itself is not the sensitization-driving force.

Equivalent amounts of LPS (nLPS) in BPE are not capable of inducing DC maturation compared with the whole BPE, suggesting that the observed activation cannot be attributed to LPS contaminations. However, LPS may not be the effective TLR-activating factor present in BPE because other contaminants are also present in pollen extracts. Previous studies demonstrating that pollen extracts promote maturation of TLR4-deficient DCs and that recognition of allergens is largely independent of TLR correlates with our observation.²⁻⁴ Hence, allergenicity may be explained by recognition of functional features of antigens.⁵⁻⁷ BPE-stimulated moDCs derived from nonatopic donors showed a significant reduction in maturation that may arise because of an increase in the anti-inflammatory cytokine, IL-10, which has

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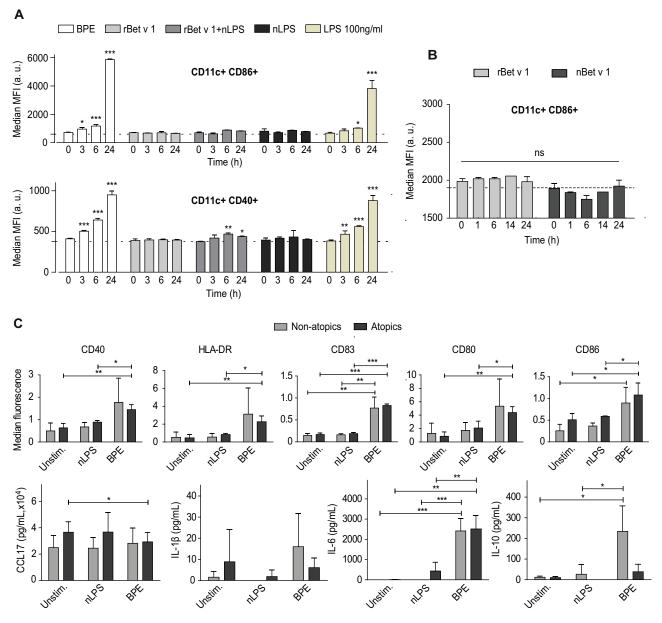


FIG 1. A, Time-dependent activation of murine BMDCs stimulated with BPE or rBet v 1 \pm nLPS. B, Comparison of activation signal induced by rBet v 1 or nBet v 1. Expression of maturation markers (**C**) and cytokine profile of human moDCs stimulated with BPE. *a.u.*, Arbitrary units of fluorescence; *MFI*, mean fluorescence intensity; *Unstim*, unstimulated. Error bars indicate mean and SEM (* $P \le .05$; ** $P \le .01$; *** $P \le .001$).

been previously associated with downregulation of maturation activity.⁸

Remarkably, Bet v 1–depleted BPE was still able to induce T_H2 polarization. Therefore, we propose that Bet v 1 sensitization occurs as a result of additional immune interactions elicited by pollen-derived components that are not necessarily associated with the major allergen itself. Whether allergic sensitization toward Bet v 1 arises as a secondary effect of a preprimed T_H2 environment³ and/or due to the high levels of Bet v 1 in BPEs remains to be determined in future studies. In this respect, the identification of T_H2-polarizing compounds in pollen will be of utmost importance to understand the mechanisms of host-allergen source interactions and for the development of allergy prophylaxis.

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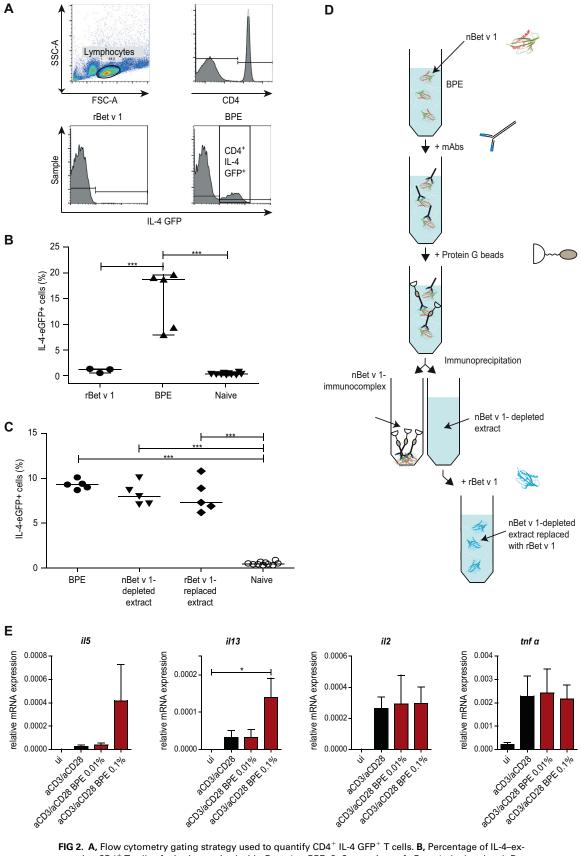


FIG 2. A, Flow cytometry gating strategy used to quantify CD4 $^+$ IL-4 GFP $^+$ T cells. **B,** Percentage of IL-4–expressing CD4 $^+$ T cells of mice immunized with rBet v 1 or BPE. **C,** Comparison of nBet v 1–depleted and rBet v 1–replaced extracts with untreated BPE; * $P \le .05$; ** $P \le .01$; *** $P \le .001$. **D,** Schematic overview of nBet v 1 depletion of BPE using immunoprecipitation. **E,** mRNA expression of *in vitro*–stimulated human naive CD4 $^+$ T cells with BPE. *FSC-A,* Forward scatter-area; *SSC-A,* side scatter-area.

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METHODS

Recombinant protein expression, purification, and characterization of Bet v 1

The expression and purification of rBet v 1 was performed as previously described. E1 In brief, rBet v 1 was expressed in *Escherichia coli* BL21 Star (DE3) cells (Invitrogen, Carlsbad, Calif) and purified by protein precipitation with 200 mM sodium chloride, followed by low-pressure chromatography using 10 mL of Phenyl Sepharose and a DEAE Sepharose column (GE Healthcare Biosciences, Little Chalfont, UK). The levels of endotoxin contamination were determined by EndoZyme recombinant Factor C assay (Hyglos GmbH, Bernried am Starnberger See, Germany). The endotoxin amounts did not exceed 0.3 ng/mL. The recombinant protein was physicochemically characterized and stored lyophilized at $-20^{\circ}\mathrm{C}$.

Aqueous BPE

A total of 5 mg of *Betula pendula* (Allergon AB, Ängelholm, Sweden) pollen was dissolved in PBS and shaken for 24 hours at 4°C. The suspension was centrifuged 3 times for 5 minutes each at 12,000g at 4°C. The supernatant was collected and filtered through a 0.2-μm pore-size sterile filter (Merck Millipore, Merck KGaA, Darmstadt, Germany).

Purification of natural Bet v 1

For the purification of natural Bet v 1 (nBet v 1), an extract of 5 mg of Betula pendula (Allergon AB, Ängelholm, Sweden) pollen, prepared in a buffer consisting of 50 mL of endotoxin-free H₂0 and 0.5 mol NaCl, was shaken for 5 minutes at room temperature at 1400 rpm and then centrifuged for 5 minutes at 12,000g at 4°C; the resulting supernatant was filtered (0.45- μ m filter, GE Healthcare Biosciences). Natural Bet v 1 was purified by a combination of hydrophobic chromatography using a Superdex 75 10/300 GL column (both from GE Healthcare Biosciences). The purified protein was physicochemically characterized and stored at -20° C. The nBet v 1 preparation represented a heterogeneous mixture of the following isoforms, as determined by mass spectrometry: Bet v 1a (MS score, 492.42; coverage, 93.13), Bet v 1f (MS score, 507.42; coverage, 73.75), Bet v 1g (MS score, 401.48; coverage, 70.63), Bet v 1m (MS score, 454.27; coverage, 67.50), and several other Bet v 1–derived fragments.

Determination of LPS level in BPE

To assess the amount of nLPS in BPEs, TLR4- and TLR2-specific nuclear factor kappa B (NF-kB) reporter gene assays were performed (as described elsewhere E2). A total of 400 ng of NF-kB-luciferase reporter plasmid (kindly provided by Min Li-Weber and cloned into pGL3Neo in the laboratory of J. Horejs-Hoeck) was transfected into HEK293 cells alongside a TLR4 receptor mix (with a TLR4:MD2:CD14 ratio of 3:1:1) or a TLR2 receptor mix (with a TLR2:CD14 ratio of 1:1) using Lipofectamine 2000 (Invitrogen, Thermo Fisher Scientific, Waltham, Mass) according to the manufacturer's protocol. TLR4, TLR2, CD14, and MD-2 were kind gifts from Andrei Medvedev and Douglas Golenbock. To estimate the LPS concentration, NF-κB activation in response to BPE was compared with the NF-kB activation induced by an LPS standard (starting from 10 pg/mL to 100 ng/mL). LPS from E coli O111:B4 was purchased from Sigma-Aldrich, Inc (St Louis, Mo). For the data analysis, a representative value present on both logarithmic trend lines (Fig E1, C) in the parallel area (red line) was chosen for the calculation of the amount of LPS in BPE. Based on the LPS standard curve, the amount of LPS in BPE was determined as 0.4 ng/mL LPS per 1 µg/mL BPE. For the calculation of the amount of LPS, the TLR4/CD14/MD2 data were used. The assay was performed and quantified in triplicates.

In vitro maturation of mBMDCs

The isolation of BMDCs from C57BL/6 mouse bone marrow was performed as described previously. $^{\rm E3}$ In brief, bone marrow cells were

extracted from female mouse femora and cultured in RPMI 1640 medium supplemented with 5% FCS, 2 mM L-glutamine, 1% penicillin-streptomycin, 20% GM-CSF supernatant, and 200 μM β-mercaptoethanol (mBMDC medium). After 10 days of culture, the cells were either frozen or used fresh for in vitro DC stimulation experiments. BMDCs were treated over a certain period of time (24, 14, 6, 3, 1, or 0 hours) with 0.5 µg of rBet v 1 or nBet v 1 per 2×10^5 cells. As a reference, nLPS without the protein was dissolved in mBMDC medium and incubated similarly. The nLPS samples contained 400 pg/mL of LPS per 1 μg/mL rBet v 1. Cells were stained with allophycocyanin (APC)-conjugated antimouse CD11c antibody (clone N418; eBioscience, Inc, San Diego, Calif), fluorescein isothiocyanate (FITC)conjugated anti-mouse CD86 antibody (clone GL-1; BioLegend, San Diego, Calif), PerCP/Cy5.5 anti-mouse CD40 antibody (clone 3/23; BioLegend), or BV421 anti-mouse CD80 antibody (16-10A1; BioLegend) and analyzed via flow cytometry. Measurements were performed on a FACSCanto II instrument (BD Biosciences, San Jose, Calif). Dead cells were excluded on staining with the fixable viability stain 450 (BD Biosciences), and granulocytes and monocytes with the V450 Rat anti-Mouse LY-6G and LY-6C (BD Biosciences). For compensation and data analysis, BD FACSDiva software (BD Biosciences) was used. Unstimulated cells were treated only with BMDC medium. As a positive control, 100 ng/mL LPS was used. The aqueous BPE was used at the same concentration of total protein as rBet v 1 $(0.5 \mu g/2 \times 10^5 \text{ cells})$. Statistical analysis was performed using ANOVA with a Bonferroni posttest. The data represent the mean of duplicate experiments. *P < .05, **P < .01, and ***P < .001 indicate significantly different values versus the unstimulated cells. The data are derived from at least 2 independent experiments.

Stimulation of human moDCs and analysis of cytokine profile

MoDCs were isolated from PBMCs of healthy, nonatopic donors as well as of atopic patients and cultured as previously described. E4 Immature moDCs $(1 \times 10^6 \text{ cells/mL})$ were checked for viability with Aqua dye (Invitrogen, Carlsbad, Calif), expression of CD1a (eBioscience, Inc), and loss of CD14 (BD Biosciences) expression by flow cytometry. Cells were stimulated for 24 hours with 1000 ng/mL of rBet v 1. As a control, moDCs were treated with medium (unstimulated control). In another experiment, the stimulation effect of 30 µg/mL of BPE on moDCs was compared with the naturally occurring amount of LPS (nLPS) in the extract. By using a Bet v 1-specific sandwich ELISA (see section: Bet v 1 depletion by immunoprecipitation), the concentration of BPE was calculated to obtain amounts of nBet v 1 equivalent to 1000 ng/mL of rBet v 1. The assay was performed without LPS costimulation. The maturation markers CD40 (eBioscience), HLA-DR, CD80, CD83, and CD86 (BD Biosciences) were analyzed by FACS analysis on a Navios flow cytometer (Beckman Coulter, Brea, Calif). The supernatant of the stimulated cells was collected and analyzed for cytokine expression, including CCL17, IL-1β, IL-10 (BD Biosciences), IL-6, IL-12p70, and IL-23 (eBioscience). Statistical analysis was performed using 1-way ANOVA with a Bonferroni posttest to compare all groups. All statistical calculations were performed using GraphPad Prism 5 software. The study was approved by the ethics committee of the medical faculty of Technical University of Munich.

In vitro stimulation of human naive CD4⁺ T cells and analysis of mRNA expression

Naive CD4 $^+$ T cells were isolated from PBMCs of healthy and anonymous blood donors by magnetic cell separation according to manufacturer's instructions (Naive CD4 $^+$ T-cell Isolation Kit II, Miltenyi Biotec, Bergisch Gladbach, Germany). The blood samples were provided by the university hospital for blood group serology and transfusion medicine in Salzburg. T cells were seeded in 48-well plates at a density of 2×10^6 cells per milliliter in Iscove's Modified Dulbecco's Medium (PAA Laboratories GmbH, Pasching, Austria) supplemented with 5% FCS i.a. (PAA), 2 mM L-glutamine, 100 U/mL penicillin (Sigma-Aldrich, Inc, St Louis, Mo), and $100 \text{ }\mu\text{g/mL}$

streptomycin (Sigma) and stimulated with 0.1 μg/mL αCD3 (Anti-Human CD3 Functional Grade Purified, Clone: OKT3, eBioscience), 2.5 µg/mL αCD28 (Purified NA/LE Mouse Anti-Human CD28, BD Biosciences, San Jose, Calif), and 0.01% and 0.1% of BPE. After 7 days, cells were restimulated for another 6 hours and T-cell cytokine mRNA expression was measured by quantitative PCR. Total RNA was isolated by using TRI Reagent (Sigma) and reverse-transcribed into cDNA with RevertAid H Minus Reverse Transcriptase (Thermo Fisher Scientific). mRNA expression was analyzed relatively to the large ribosomal protein P0 (RPLP0) by quantitative real-time PCR (Rotor-Gene Q, Rotor-Gene Q Series Software, Quiagen, Hilden, Germany) with iQ SYBR Green Supermix (Bio-Rad, Hercules, Calif) and the following primers: RPLP0: forward 5'-GGCACCATTGAAATCCTGAG TGATGTG-3', reverse 5'-TTGCGGACACCCTCCAGGAAG-3', IL-5: forward 5'-CCTTGGCACTGCTTTCTACTCATCG-3', reverse 5'-GGT TTACTCTCCGTCTTTCTTCTCCACA-3', IL-13: forward 5'-TGTG CCTCCCTCTACAGCCCTCAG-3', reverse 5'-TCAGCATCCTCTGGGT CTTCTCG-3', IL-2: forward 5'-TCCCAAACTCACCAGGATGCTCAC-3', reverse 5'-AATGTTGTTTCAGATCCCTTTAGTTCCAGA-3', TNF-α: forward 5'-CAAGCCTGTAGCCCATGTTG-3', reverse 5'-GAGGTTGA CCTTGGTCTGGTA-3'. Statistical significance was determined by 1-way ANOVA, Tukey posttest (*P < .05, **P < .01, ***P < .001).

According to the Austrian national regulations, informed consent in the case of anonymous blood cells discarded after plasmapheresis (buffy coats) is not required. Thus, there is no requirement for additional approval by the local ethics committee.

Bet v 1 depletion by immunoprecipitation

Depletion was performed by immunoprecipitation using mouse monoclonal anti-Bet v 1.0101 antibodies, which were generated by hybridoma technology and purified using Bet v 1.0101-coupled NHS Sepharose 4 Fast Flow (GE Healthcare Biosciences) material. A total of 1 mL of Protein G Sepharose 4 Fast Flow (also GE Healthcare Biosciences) was preincubated with PBS containing 0.1% BSA to saturate the nonspecific binding sites of the Protein G Sepharose material. A total of 0.5 mL of BPE (1 mg/mL) was incubated with 250 μg of the anti–Bet v 1.0101 antibody and shaken overnight at 4°C. The suspension was incubated with 1 mL of the Protein G Sepharose slurry over 30 to 60 minutes at room temperature. The suspension was centrifuged for 15 minutes at 14,000g, and the supernatant containing the Bet v 1-depleted extract was collected. The concentration of the depleted extract was determined by Bradford assay. The depleted extract was analyzed by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and immunoblotting. For the immunoblot assay, the same monoclonal anti-Bet v 1.0101 antibody was used as a primary antibody. As a secondary antibody, an alkaline phosphatase-conjugated rabbit anti-mouse IgG + IgM antibody (Jackson ImmunoResearch Europe Ltd, Oaks Drive Newmarket, Suffolk,

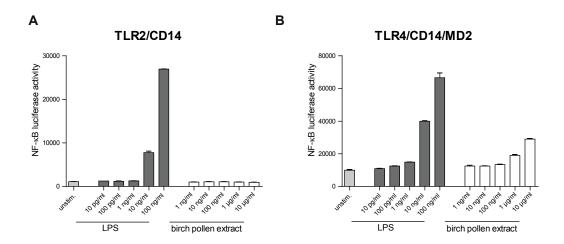
UK) was used at a concentration of 1 μ g/mL. The amount of Bet v 1 within the depleted extract was determined by sandwich ELISA using the mouse monoclonal anti–Bet v 1.0101 antibody in combination with an affinity-purified polyclonal rabbit anti–Bet v 1.0101 antibody (1 μ g/mL). The detection antibody was an alkaline phosphatase-conjugated goat anti-rabbit antibody (1 μ g/mL). The depleted extract was compared with the untreated extract and an rBet v 1 standard. For the rBet v 1–replaced extract sample, the exact amount of rBet v 1 was added to restore the level to 12.5%, which was the level of Bet v 1 in the original, untreated extract. Furthermore, the depleted extract was analyzed using mass spectrometry with a Q-Exactive Orbitrap Mass Spectrometer (Thermo Fisher Scientific, Waltham, Mass) with nanoelectrospray and nano-HPLC (Dionex Ultimate 3000, Thermo Fisher Scientific).

Immunization of 4get mice

4get mice (Jackson laboratory, Bar Harbor, Me) were immunized with either BPE (n = 5) or rBet v 1 (n = 3) in PBS, without added adjuvants. For the immunizations, 65 µg of BPE was injected, and the amount of injectable rBet v 1 was calculated according to the total Bet v 1 quantified within the BPE. Skin-draining inguinal lymph nodes of immunized mice, as well as of naive mice, were collected. Lymphocytes were stained with an APC-conjugated anti-mouse CD4 antibody and analyzed for IL-4/eGFP expression using flow cytometry (BD Biosciences). In a second experiment, a different batch of BPE (n = 5) was used and compared with a Bet v 1-depleted version of this extract (nBet v 1-depleted extract, n = 5) as well as a reconstituted version of the depleted extract (rBet v 1–replaced extract, n = 5). The results were compared with those of naive 4get mice. Statistical analysis was performed using 1-way ANOVA with a Bonferroni posttest to compare all groups (* $P \le .05$; ** $P \le .01$; *** $P \le .001$). All in vivo experiments were performed according to national guidelines approved by the Austrian Federal Ministry (BMWF-66.012/ 0010-II/3b/2013).

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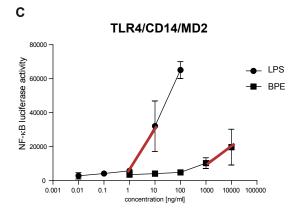


FIG E1. TLR2- (A) and TLR4-specific (B) NF-κB activation was induced either by a BPE or by LPS. Either the TLR2 or the TLR4 receptor complex was overexpressed in HEK293 cells. Cells were stimulated either with different concentrations of LPS or the BPE, starting from 10 pg/mL to 100 ng/mL. By comparing the activation signals obtained by LPS, the level of LPS in the BPE was quantified by using linear regression. For the calculation of the amount of LPS, the standard curve of the TLR4/CD14/MD2 data was used (C). The assay was performed and quantified in triplicates. NF-kB, Nuclear factor kappa B; unstim, unstimulated.

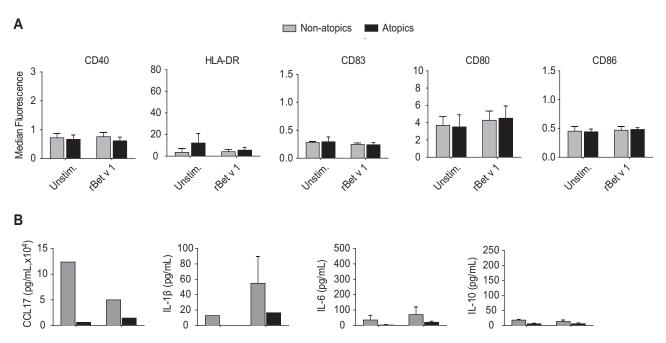
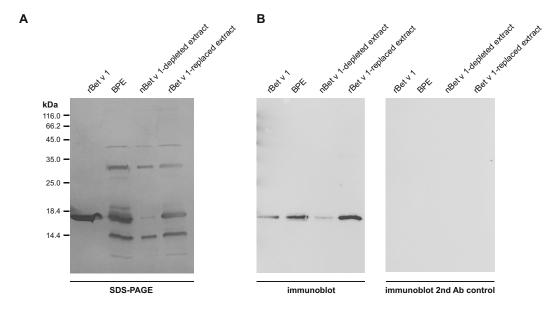
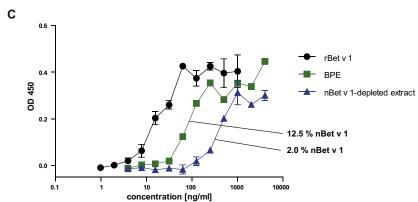


FIG E2. Activation **(A)** and cytokine expression **(B)** of human moDCs induced by rBet v 1. *Unstim.*, Unstimulated. Error bars indicate mean and SEM (* $P \le .05$; ** $P \le .01$; *** $P \le .001$).





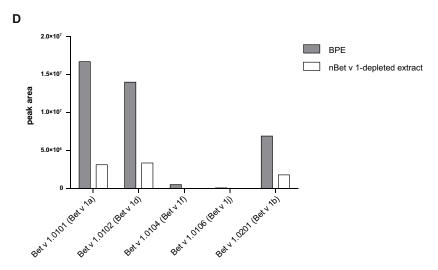


FIG E3. Depletion of nBet v 1 from BPE and replacement with rBet v 1. The BPE was depleted of Bet v 1 by immunoprecipitation using allergen-specific mAbs. With this procedure, it was possible to reduce the amount of nBet v 1 measured within the extract from 12.5% to 2%. SDS-PAGE analysis of the samples used in the 4get experiment (Fig 2, B): rBet v 1, birch pollen extract, nBet v 1-depleted extract, and rBet v 1-replaced extract (A). Immunoblot of SDS-PAGE samples using a monoclonal mouse anti-Bet v 1 antibody as the primary antibody (B). The reduction of nBet v 1 within the nBet v 1-depleted extract was quantified by sandwich ELISA (C). The rBet v 1-replaced extract was reconstituted equivalently to the 12.5% of nBet v 1 found in the original extract. The question whether or not all nBet v 1 isoforms were reduced by immuno-precipitation was addressed by mass spectrometry (D). For this purpose, the control proteins Bet v 2 and Bet v 7 were used to normalize the mass spectrometry data. All the isoforms found in the BPE (Bet v 1.0101, Bet v 1.0102, Bet v 1.0104, Bet v 1.0106, and Bet v 1.0201) were markedly reduced after the immunoprecipitation.

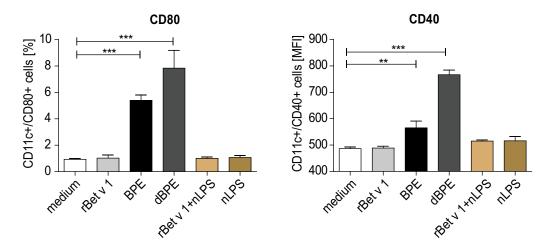


FIG E4. Activation of CD11c $^+$ mBMDCs isolated from 4get mice on stimulation with BPE, nBet v 1–depleted BPE (dBPE), or rBet v 1 \pm nLPS for 24 hours. The expression of the surface activation markers CD80 and CD40 was analyzed.