

Glucagon-receptor signaling regulates energy metabolism via hepatic Farnesoid X Receptor and Fibroblast Growth Factor 21

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Abstract

Glucagon, an essential regulator of glucose and lipid metabolism, also promotes weight loss, in part through potentiation of fibroblast-growth factor 21 (FGF21) secretion. However, FGF21 is only a partial mediator of metabolic actions ensuing from GcgR-activation, prompting us to search for additional pathways. Intriguingly, chronic GcgR agonism increases plasma bile acid levels. We hypothesized that GcgR agonism regulates energy metabolism, at least in part, through farnesoid X receptor (FXR). To test this hypothesis, we studied whole body and liver-specific FXR knockout ($Fxr^{\Delta\text{liver}}$) mice. Chronic GcgR agonist (IUB288) administration in diet-induced obese (DIO) $Gcgr$, $Fgf21$ and Fxr whole body or liver-specific knockout (Δ^{liver}) mice failed to reduce body weight (BW) when compared to wildtype (WT) mice. IUB288 increased energy expenditure and respiration in DIO WT mice, but not $FXR^{\Delta\text{liver}}$ mice. GcgR agonism increased [^{14}C]-palmitate oxidation in hepatocytes isolated from WT mice in a dose-dependent manner, an effect blunted in hepatocytes from $Fxr^{\Delta\text{liver}}$ mice. Our data clearly demonstrate that control of whole body energy expenditure by GcgR agonism requires intact FXR signaling in the liver. This heretofore-unappreciated aspect of glucagon biology has implications for the use of GcgR agonism in the therapy of metabolic disorders.

Introduction

Glucagon is secreted from pancreatic α -cells in response to hypoglycemia and is the primary counterregulatory hormone to insulin action, increasing glycogenolysis and gluconeogenesis, while simultaneously inhibiting glycogen synthesis(1). These actions, while beneficial in the context of hypoglycemia, may contribute to pathophysiological hyperglycemia in the setting of diabetes (2). GcgR agonism also modulates bile acid metabolism, stimulates fatty acid utilization, and reduces dyslipidemia, characteristics clearly desirable in anti-obesity therapeutics(1). It is now accepted that GcgR agonism, when coupled with glucagon-like peptide-1 (GLP-1) agonism, offers potential opportunities for the therapy of metabolic syndrome (3; 4).

We have reported that FGF21, secreted in response to GcgR agonism, mediates many glucagon actions, including the prevention of diet-induced obesity (5). Like glucagon, FGF21 regulates cholesterol and bile acid (BA) metabolism (6; 7). Similarly, the BA nuclear receptor FXR is a regulator of energy metabolism, mitochondrial function, and FGF21 gene expression (8). In this study, we investigated the roles of hepatic GCGR, FGF21, and FXR in the anti-obesity effects of the GcgR agonist IUB288.

Materials & Methods

Animal models. All studies were approved by and performed according to the guidelines of the Institutional Animal Care and Use Committee of the University of Alabama at Birmingham or the University of Cincinnati. Mice were single or group-housed on a 12:12-h light-dark cycle at 22°C and constant humidity with free access to food and water, except as noted. *Gcgr*- and *Fxr*-floxed mice were obtained from the original investigators (9; 10) while *Fgf21*- floxed and *Albumin*-Cre mice obtained from Jackson Labs (Bar Harbor, ME). All models were validated for tissue-specific, target gene knockout (Figure S1a-e). All mice maintained in our facilities are on a C57Bl/6J background. Mice were fed a standard chow (Teklad LM-485, 5.8% fat) for colony maintenance and high fat diet (HFD, 58.0 kcal% fat; D12331 Research Diets, New Brunswick NJ) for diet-induced obesity studies. For sacrifice, isoflurane anesthesia was used and torso blood was collected and plasma was collected by centrifugation of whole blood at 3,000 xg 10 minutes.

Peptides. IUB288 was synthesized as previously described (5) and native glucagon obtained from American Peptide Co.

Body composition and Indirect calorimetry. Body weight and food intake measurements were collected twice a week. Body composition was measured using magnetic resonance spectroscopy (EchoMRI, Echo Medical Systems). Combined indirect calorimetry was conducted as previously described (Comprehensive Laboratory Animal Monitoring System; Columbus Instruments)(11).

Glucose tolerance test. Intraperitoneal (IP) glucose (1.5 g/kg, 20% wt/vol d-glucose in 0.9% wt/vol saline, Sigma-Aldrich Corp., St. Louis, MO) tolerance tests were conducted in 5 h fasted mice as previously published (12). Tail vein blood glucose was assessed using a glucometer (TheraSense Freestyle glucometer, Abbott Laboratories, Abbott Park, IL).

Plasma & tissue analyses. Lipids in plasma and tissue samples from 2hr fasted mice were determined using InfinityTM Triglycerides (Thermo Scientific #TR22421), InfinityTM Cholesterol (Thermo Scientific #TR13421), Total Bile Acids Assay Kit (Crystal Chem. #80259), and β -Hydroxybutyrate (Ketone Body) Colorimetric Assay Kit (Cayman Chemicals. #700190). Bile acid profiling: Plasma aliquots (50 μ l) were extracted to recover bile acids (see Supplemental Methods). Diluted extracts (1.25 μ l plasma equivalent) were resolved by reverse-phase gradient liquid chromatography and analyzed by negative electrospray ionization mass spectrometry using multiple reaction monitoring. Bile acids peak areas were analyzed by MultiQuantTM 3.0.1 (SCIEX) and compared to peak-area-concentration standard curves of individual bile acids. Plasma hormones from 2 h fasted mice were determined by Bio-Plex Pro Mouse Diabetes 8-Plex Assay (Bio-Rad Laboratories) in plasma samples collected in the presence of protease and phosphatase Inhibitors (Halt, ThermoFisher).

Quantitative real-time PCR and RNA-Sequence analysis. Liver RNA was isolated from 2h fasted mice using the RNeasy Lipid Mini-Kit (Qiagen, Valencia, CA) and cDNA was synthesized by reverse transcription PCR using SuperScriptIII, DNase treatment, and anti-RNase treatment according to the manufacturer's instructions (Invitrogen, Carlsbad, CA). Single gene qPCR was performed as previously described (11). Data

were normalized to housekeeping genes *Hprt*, *Rps18*, or *Ppia* using the $\Delta\Delta\text{Ct}$ calculation. See Supplemental Table 1 for list of primer sets. High-throughput RNA sequencing was performed in the Heflin Genomics Core at the UAB. Gene network associations and differentially expressed genes (DEGs) identified via unpaired two-tailed and Bonferroni-adjusted P values (Q value) < 0.05, respectively. Sequencing data have been deposited within the Gene Expression Omnibus repository (<https://www.ncbi.nlm.nih.gov/geo>). Gene set enrichment analysis (GSEA), functional and network analyses, and candidate upstream regulators identified via QIAGEN's Ingenuity Pathway Analysis (IPA[®], QIAGEN Redwood City, www.qiagen.com/ingenuity) where Fold-Change > 1.5, P < 0.05, FPKM > 2.

Primary Hepatocyte Isolation. Primary hepatocytes were prepared from anesthetized mice as previously described(13). Perfusion (Krebs Ringer with glucose and 0.1 mM EGTA) followed by digestion buffer (Krebs Ringer with glucose, 1.4 mM CaCl₂, 50 µg/mL liberase [Roche, 05401119001]) was infused into the vena cava via peristaltic pump. Viable hepatocytes were recovered by Percoll gradient centrifugation (350xg 5 min) followed by washing (50xg 3 min, 3 times) and seeded on rat tail type 1 collagen-coated plates in DMEM (10% FBS, 1% Penicillin/Streptomycin) with all experiments conducted <24h post-isolation.

Statistics. All data are represented as mean and SEM. Statistical significance was determined using unpaired Student's *t*-tests or, where appropriate, one- and two-way analysis of variance (ANOVA) with multiple comparisons Tukey and Sidak post-test, respectively. Statistics were completed using GraphPad Prism version 7.0 for Macintosh

and Windows (GraphPad Software, San Diego, CA). Statistical significance was assigned when $P < 0.05$.

Results

Glucagon Promotes Body and Fat Mass Loss via Hepatic GcgRs.

We have previously reported that GcgR agonism reduces body and fat mass in diet-induced obese (DIO) mice (5). Considering the high level of GcgR expression in liver tissue, we reasoned that the anti-obesity signal may be hepatic in origin and tested this hypothesis utilizing mice deficient for hepatic *Gcgr* (*Gcgr*^{Δliver}) (9). 6-8 week old male, *Gcgr*^{Δliver} mice and their littermate controls were placed on high-fat diet for 10 w to induce obesity. High fat feeding stimulated similar food intake and accumulation of body weight in both genotypes (Figure 1a-b). *Gcgr*^{Δliver} mice exhibited slightly less fat mass and a trend for more lean mass (Figure 1c), with profoundly enhanced glucose tolerance as compared to their high-fat fed littermate controls (Figure 1d). Following high fat feeding, mice were matched for body weight and fat mass within each genotype and treated for 17d with vehicle (saline) or IUB288 (10 nmol/kg/day). *Gcgr*^{Δliver} mice were protected from hyperglycemia following GcgR-agonism (Figure 2a). Chronic GcgR agonism significantly reduced body weight (Figures 2b and S1f) in WT mice, an effect mainly driven by fat mass loss with a modest decrease in lean mass (Figure 2c). In contrast, BW, fat, and lean mass, were preserved in IUB288-treated *Gcgr*^{Δliver} mice (Figure 2b-c). IUB288 treatment reduced food intake in both genotypes, yet food consumption was not different between *Gcgr*^{Δliver} mice and their littermate controls (Figure 2d).

We next examined the impact of GcgR agonism on circulating lipids. Chronic GcgR agonism significantly reduced circulating cholesterol (CHL) in WT, but not in *Gcgr*^{Δliver} mice, with no effect on circulating TG (Figure 2e). Conversely, chronic GcgR agonism

significantly reduced hepatic TG levels in WT but not *Gcgr*^{Δliver} mice, while liver CHL were unaffected by either genotype or treatment (Figure 2f). Altogether, these data demonstrate the regulatory role of hepatic GcgR in whole body energy balance, glucose, and lipid metabolism.

FGF21 and GcgR-stimulated Obesity Reversal.

We and others have reported that glucagon stimulates FGF21 secretion in hepatocytes(5; 14). To address the role of FGF21, obesity was induced via 16 weeks of high-fat feeding in 20 week old male, liver specific-*Fgf21* deficient (*Fgf21*^{Δliver}) and WT mice. Mice from each genotype were matched for body weight and fat mass and treated for 16d with vehicle (saline) or IUB288 (10 nmol/kg/day). Chronic GcgR agonism reduced BW (Figures 3a and S1g), food intake, fat, and lean mass in WT mice (Figure 3b-c). However, BW reduction in *Fgf21*^{Δliver} mice was significantly blunted and GcgR-stimulated effects on body composition and food intake did not reach statistical significance (Figure 3a-c). Consistent with our prior findings(5), these data suggest that FGF21-dependent and -independent mechanisms mediate body and fat mass loss following GcgR agonism.

FXR Mediates GcgR-induced Body Weight Loss.

Glucagon regulates bile acid metabolism (1) and bile acids are known metabolic modulators (15). We sought to determine the contribution of bile acid metabolism in the effect of glucagon on BW. Circulating BAs are suppressed in DIO mice (P<0.01) yet rescued following chronic GcgR agonism (Figure 4a); regulation that is absent in

Gcgr^{Δliver} mice (Figure S1h). IUB288 likewise reduced mRNA expression of bile acid regulators *Slc10a1*, *Cyp27a1*, *Hmgcr*, and *Cyp7a1* (Figure 4b)(16) and elevated total and cholic bile acids while decreasing taurodeoxycholic acids in DIO mice (Figure 4c).

Bile acids are ligands of the farnesoid X receptor (FXR/Nr1h4) (15), leading us to investigate FXR signaling in glucagon action. Because both Gcgr signaling (5) and FXR (8) are known to regulate *Fgf21* expression, we assessed hepatic *Fgf21* mRNA expression in response to Gcgr agonist in WT and FXR-deficient (*Fxr*^{-/-}) mice.

Intriguingly, hepatic gene expression and circulating levels of FGF21 were similarly up-regulated in *Fxr*^{-/-} and in WT control mice (Figure S2a-b, 2-way ANOVA, main effect of treatment, $P < 0.01$), suggesting Gcgr agonism independently stimulates *Fxr* and *Fgf21* expression.

6-8 w old male WT and *FXR*^{-/-} mice were treated for 25 d with IUB288 concomitant with HF-feeding to assess the role of FXR in Gcgr-mediated prevention of HFD-induced metabolic defects. Gcgr activation prevented HFD-induced BW and fat mass gain in WT but not in FXR-deficient mice (Figure S2c-f), whereas lean mass and food intake remained unaffected in this study (Figure S2g-h). These results indicate that FXR action is a necessary mediator of the Gcgr signaling on BW.

Hepatic FXR Mediates Gcgr-stimulated Reduction in Obesity.

Since our findings demonstrate that chronic glucagon action reduces BW via the liver, we generated liver-specific *Fxr* knockout mice (*Fxr*^{ΔLiver}) to test the organ-specific contribution of FXR signaling. 6-8 w old WT and *Fxr*^{ΔLiver} mice exhibited similar BW and

body composition while fed with standard chow (Figure S3a). However, *Fxr*^{ΔLiver} mice were DIO-resistant compared to WT mice (Figure S3b), despite similar caloric intake (Figure S3c). After the 10-week HF-feeding period, BW-matched mice from each genotype (WT 38.3 ± 1.2 g; *Fxr*^{ΔLiver} 35.3 ± 1.3 g) received daily injections of vehicle or the GcgR agonist. IUB288-treated WT mice lost 17% of their original BW (P<0.001, Figures 4d and S3d), including reductions of fat and lean mass (Figure 4e-f). GcgR agonism increased intestinal, but not liver, *Gpbar1* mRNA expression in control, but not *Fxr*^{ΔLiver} mice (Figure S3e). Although GPBAR1/TGR5 signaling induces *Fgf21*(17) and *Glp-1*(i.e. *Gcg*)(18), neither was differentially regulated in *Fxr*^{ΔLiver} mice (Table 1 and Figure S1a,b,d). IUB288 efficacy was blunted in *Fxr*^{ΔLiver} mice, which lost significantly less BW when compared to IUB288-treated WT controls (Figures 4d and S3d). Furthermore, we failed to detect significant changes in either fat or lean mass in IUB288-treated *Fxr*^{ΔLiver} mice compared to vehicle counterparts (Figure 4e). Notably, WT IUB288-treated mice displayed a small (16%) reduction in food intake over the treatment period that was not observed in *Fxr*^{ΔLiver} mice (Figure 4f). The anti-obesity effects of GcgR agonism were also associated with reduced epididymal and inguinal adipocyte size, as well as decreased lipid infiltration in BAT (Figure S4).

We assessed plasma samples from these mice to identify systems/pathways that were altered by GcgR agonism in an FXR-dependent manner (Table 1). Plasma GLP-1, insulin, PAI-1, and glucagon levels were not altered by GcgR agonism. However, IUB288 treatment significantly decreased GIP, Leptin, and TSH levels in WT mice (P<0.05), but not *Fxr*^{ΔLiver} mice. Resistin and ghrelin levels were significantly decreased while T4 (but not T3) levels were significantly increased in both genotypes upon IUB288

treatment. Unlike WT mice, $Fxr^{\Delta\text{Liver}}$ mice exhibit plasma bile acids accumulation as described(19), and were resistant to IUB288-induced regulation of bile acids (Figure S3f). Together, these data highlight hepatic FXR as a critical mediator of glucagon's anti-obesity action.

Hepatic FXR Mediates GcgR-Stimulated Increases in Energy Expenditure.

To address mechanisms underlying the differential effects GcgR agonism, we conducted indirect calorimetry in IUB288-treated $Fxr^{\Delta\text{Liver}}$ and WT mice. Food intake was not significantly reduced by this short-term GcgR agonism (Figure S5e-f). Nonetheless, and consistent with our prior reports (5), BW reduction following GcgR agonism in DIO WT mice associated with an increase in light- and dark-phase EE (Figures 5a-b,e and S5a). In contrast, IUB288 had no effect on EE in mice lacking hepatic FXR (Figures 5c-e, and S5b). Likewise, GcgR agonism reduced respiratory quotient (RQ) in WT but not $Fxr^{\Delta\text{Liver}}$ mice (Figures 5f-g and S5c-d), particularly during the light-phase (Figure 5h). Although EE was elevated in IUB288-treated WT mice, locomotor activity was not augmented by GcgR agonism in either genotype (Figure S5g-h). Altogether, these data suggest that GcgR agonism stimulates EE and fatty acid oxidation (FAOx), and this regulation is dependent upon hepatic FXR.

Hepatic FXR mediates GcgR Regulation of Hepatic Lipid Content and Oxidative Capacity.

Plasma triglycerides trended higher after IUB288 treatment in both WT and $Fxr^{\Delta\text{Liver}}$ mice (Figure 6a). Conversely, plasma cholesterol was considerably reduced and

plasma β -Hydroxybutyrate was elevated by IUB288 treatment in both genotypes (Figure 6b-c). As in previous studies (Figure 2 and (5)), IUB288-treated WT mice exhibited significantly reduced hepatosteatosis, whereas this effect was blunted in $Fxr^{\Delta\text{Liver}}$ mice (Figures 6d and S4). Consistent with a greater reduction in hepatic triglyceride content, we also observed increased hepatic *Ppargc1a* expression concomitant with decreased *Ppara*, *Scd1*, and *Srebp1c* expression in WT mice, but not $Fxr^{\Delta\text{Liver}}$ mice (Figure 6e).

To elucidate potential pathways that may mediate the anti-obesity action of the GcgR-FXR signaling axis we conducted RNA-Sequence analysis on liver samples from IUB288-treated WT and $Fxr^{\Delta\text{Liver}}$ mice. This uncovered 953 genes differentially regulated by IUB288 treatment in an FXR-dependent manner, as well as 12 genes whose regulation was inverted in *Fxr* deficiency (Figure S6a-b). Top gene ontology enriched pathways included oxidative phosphorylation, Eif2, p70S6K, Sirtuin, and mTOR signaling (Figure 7a). Chip-Sequencing Enrichment Analysis (20) of our dataset identified RXR, LXR, and PPAR α as likely upstream regulators (Figure 7b). This analysis uncovered that genes related to bile acid (e.g. *Cyp7b1*, *Fgfr4*, *Nr1h3*) and fatty acid metabolism (e.g. *Nr1h2*, *Fasn*, *Apoa4*) were significantly regulated by GcgR activation (Figure 7c). Consistent with a cell autonomous FXR-dependent regulation, IUB288 or glucagon treatment stimulated fatty-acid oxidation in WT primary hepatocytes, but this activation was blunted in hepatocytes from $Fxr^{\Delta\text{Liver}}$ mice (Figure 6f and S6c). Likewise, liver homogenates from WT mice previously treated with IUB288 displayed enhanced FAOx when compared to vehicle treated controls, whereas this effect is lost in liver homogenates from IUB288-treated $Fxr^{\Delta\text{Liver}}$ mice (Figure 6g).

Discussion

Glucagon, and by extension GcgR signaling, is a potent regulator of energy balance, glucose and lipid metabolism (1). Attempts to antagonize this critical metabolic pathway and thus reverse hyperglycemia have resulted in unexpected dyslipidemia, questioning whether attenuating or enhancing glucagon action is the appropriate therapeutic approach (21; 22). Thus, an important and emerging question revolves around the identification of downstream mechanisms mediating GcgR action and potential segregation of GcgR-induced hyperglycemia from its anti-obesity actions. In this study, we have investigated the thermogenic and anti-obesity effects of GcgR signaling utilizing IUB288 (5). We identified liver as the tissue of origin for these effects, demonstrating a role for FGF21 as a downstream regulator, and uncovered FXR signaling as an additional pathway that mediates some of the anti-obesity actions of GcgR agonism. We likewise identified increased hepatocyte FAOx as a downstream action stimulated by GcgR agonism in an FXR-dependent manner. We further investigated the contributions of GcgR-mediated regulation of bile acid metabolism, a crucial regulator of whole-body energy balance.

A Hepatic Anti-obesity Signal

Whole body germline disruption (23) or tamoxifen-induced conditional whole-body loss of GcgR(24) function results in protection from DIO upon HFD feeding. Interestingly, our data demonstrate that mice with congenital loss of hepatic *Gcgr* expression were not protected from DIO. Nonetheless, our results demonstrate that IUB288-stimulated BW loss in HFD-fed mice requires intact hepatic *Gcgr* expression. While it is possible that

hypothalamic, GcgR-dependent inhibition of food intake(25), or secondary effects of hepatic factors in other tissues, such as brown and white adipose tissue could be contributing to the weight loss, our observations suggest that GcgR-increased energy expenditure is predominantly due to a hepatic effect.

As with its anti-obesity effects, the beneficial effects of GcgR-signaling on dyslipidemia are well known (1); however, our studies clearly identify hepatic GcgRs as the drivers of reduced plasma cholesterol and liver TGs. It is important to note that lack of hepatic GcgR signaling is sufficient to drive increased hepatic TG accumulation and is consistent with increased dyslipidemia following GcgR antagonism (26). This data highlights both the potential for GcgR agonists as anti-NAFLD therapeutics as well as cautioning against GcgR antagonism.

FGF21 as a Downstream Mediator of GcgRs Anti-obesity Effect.

We previously identified the hepatokine FGF21 as a crucial factor in GcgR-mediated energy metabolism (5). FGF21 null mice fail to respond to GcgR-stimulated prevention of DIO (5). However, in this study high-fat feeding was initiated concurrent with GcgR agonism, and thus, FGF21 was only tested in the context of obesity prevention. In this paradigm, FGF21 was responsible for the entirety of GcgR-mediated energy balance. However, when these studies were moved to an obesity treatment paradigm, a more complex regulatory network emerged. These new studies in an obese model of liver FGF21-deficiency clearly show a blunted body-weight response to chronic GcgR agonism. It is possible that in pre-existing obesity, GcgR agonism stimulates FGF21 secretion from extra-hepatic tissues. However, our findings in GcgR^{Δliver} mice support

reports suggesting that the vast majority of circulating FGF21 is hepatically derived (27). Thus, we can surmise that if FGF21 is an important downstream regulator of GcgR action, it must be hepatic in origin. Although FGF21 is a potent anti-obesity signal, it is clear that in the context of GcgR signaling there are both FGF21-dependent and -independent pathways engaged and we must look beyond the FGF21 signaling pathway.

FXR as a parallel GcgR signaling pathway.

Glucagon, via PKA-dependent regulation of HNF4 α , modulates hepatocyte *Cyp7a1* expression, the rate-limiting enzyme in bile acid synthesis (28). While this would predictably result in suppression of bile acid synthesis, we also observed suppression of *Slc10a* in IUB288-treated mice. Thus, it is possible that the elevated levels of bile acids observed in circulation are the result, at least in part, of reduced hepatocyte transport at the basolateral membrane(29). Interruption of GcgR signaling (genetic or pharmacological) elevates primary and secondary plasma BAs (9; 26; 30; 31). As compensatory effects of either genetic ablation or pharmacology could underlie these effects, our strategy to combine genetic and pharmacological interventions may provide a more complete view of these GcgR effects. Moreover, fasting which was not controlled for in the cited reports(9; 26; 30; 31), has a profound effect on BA levels.

We observed an elevation in the CA species of bile acids after GcgR agonism. This species is a potent activator of FXR (32) and suggests that glucagon signaling may regulate FXR signaling via BA metabolism. The interplay between BAs and FXR in the regulation of energy expenditure have yet to be fully elucidated. BAs increase energy

expenditure in humans and rodent models of obesity(33-36), but these effects are often attributed to GPBAR1/TGR5, not FXR(37). Of interest, we observed an FXR-dependent increase in intestinal *Gpbar1* expression following GcgR agonism, providing a line of future focus. Conversely, BA-binding resins reduce serum BAs and are effective to prevent and treat diet-induced obesity(38). Likewise, FXR^{-/-} mice are resistant to diet-induced obesity(39). Consistent with this observation, chronic treatment with a synthetic FXR agonist GW4063 accentuated DIO(40), while FXR inhibition via tauro-β-muricholic acid (T-β-MCA)(41) or glycine-β-muricholic acid (Gly-MCA)(42) correlates with improved metabolic function. Thus, the role of BAs, FXR, and GPBAR1/TGR5 signaling in metabolic regulation warrants continued investigation.

Both GcgR (5) and FXR signaling (8) regulate the expression of FGF21. Here we report similar *Fgf21* expression and circulating FGF21 levels in *Fxr*^{-/-}, *Fxr*^{ΔLiver}, and WT control mice, demonstrating that FXR signaling is dispensable for GcgR-induced FGF21. Therefore, it is plausible that the intermediate effect on body weight observed in both *Fgf21*^{ΔLiver} and *Fxr*^{ΔLiver} mice, as compared to their appropriate controls, are reciprocal components of the GcgR effect. Although not directly tested here, studies are underway to assess the combined contributions of these two pathways. We also assayed endocrine pathways known to regulate energy balance (i.e. ghrelin, GIP, leptin, resistin, TSH, T3, and T4). However, all of these factors were regulated in a similar manner between WT and *Fxr*^{ΔLiver} mice. This suggests that the liver is largely responsible for the FXR-dependent metabolic actions observed during GcgR agonism. Beyond FXR, GcgR activation may increase whole body energy expenditure in part via thyroid hormone. Moreover, increased T4 levels are likely suppressing TSH in these mice. The

suppressed ghrelin observed was a bit unexpected as glucagon administration on isolated rat stomach has been reported to increase ghrelin secretion (43). Whether the observed decrease in ghrelin levels contributes to IUB288-induced BW loss cannot be completely discarded based on our experiments.

Hepatic FXR as a Regulator of Whole-body and Hepatic Energetics.

Glucagon increases oxygen consumption, body temperature, and energy expenditure in rodents (5; 43), and likewise increases energy expenditure and fat oxidation in humans (44; 45). Similarly, FXR regulates energy expenditure (46) and mitochondrial function (47). Our studies suggest that at least a portion of glucagon's anti-obesity action is mediated via hepatic FXR and involves an increase in energy expenditure. Consistent with accumulation of circulating IUB288 (an acylated peptide), EE increased with each subsequent dose and was most evident in final days of indirect calorimetry. DIO $Fxr^{\Delta Liver}$ mice were unresponsive to GcgR agonism, even after 5 d of treatment. Moreover, increased EE was independent of changes in locomotor activity, suggesting that GcgR agonism stimulates basal metabolic rate in an FXR-dependent manner. Substrate preference (RQ) was also altered by GcgR agonism. RQ in all mice was suppressed (near 0.74) and indicative of the high-fat feeding. However, GcgR agonism was sufficient to further reduce RQ in WT, but not $Fxr^{\Delta Liver}$ mice, suggesting that GcgR signaling stimulates FAOx in an FXR-dependent manner. This, along with the potent reduction in fat mass observed after IUB288 treatment, also suggests that the energetic demands induced by GcgR agonism are met via increased FAOx. Lipolysis may represent one of the main effects of GcgR activation (i.e. to fuel fat utilization). The

amount of free fatty acid released from BAT by glucagon treatment is 10 times higher than that of WAT (48). Therefore, it is plausible that BAT intracellular lipid provides the first source for glucagon-stimulated FAOx, while WAT may represent a later source. Studies are currently underway to address these questions; however, the results described herein confirm prior reports that GcgR agonism stimulates hepatocyte FAOx (49). Regarding the mechanism(s) underlying this elevated oxidative state, we observed an increase in expression of hepatic oxidative phosphorylation genes, and specifically *Ppargc1a*. Of note, overexpression of hepatic PGC-1 α is sufficient to increase hepatic mitochondrial respiration and whole-body fat oxidation (50), suggesting that this critical transcriptional co-regulator may also contribute to FAOx and fat mass loss in our system. Likewise, elevated cAMP (as in GcgR signaling) and *Ppargc1a* overexpression both induce *Fxr*(51). Furthermore, PGC-1 α interacts with the FXR DNA-binding domain to enhance subsequent FXR-target gene induction (51). Thus, future studies will focus on the interaction of these crucial transcriptional regulators in the context of GcgR signaling.

In conclusion, we report that hepatic *Fxr* is a critical regulator of glucagon's anti-obesity effects. The metabolic benefits of IUB288 appear to be liver cell autonomous, GcgR-dependent, and mediated through parallel FGF21 and FXR pathways (Figure 7d). These discoveries serve to further highlight the emerging value of fasting-hormone pathways as superior target pathways for the treatment of metabolic disease. Additional dissection of the detailed molecular interactions connecting GcgR activation with FXR

signaling and FGF21 induction may provide novel drug targets for the treatment of metabolic diseases.

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Author Involvement:

TK and KMH were responsible for study conception and design, data analyses and interpretation, and drafting the article; TK, SN, and CS generated experimental data; MP and AW were responsible for RNA-seq analyses; MY, DJD, RD, DP-T, and MHT advised study concept and critical revision of the article. KMH is the guarantor of this work and, as such, had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

Table 1. Hormone profile in plasma samples. N=7 - 10 per group, Mean \pm SEM, * P< 0.05, ** P<0.01, **** P< 0.001 within genotype, # P< 0.05 between WT and $Fxr^{\Delta Liver}$ in the same treatment.

	WT Vehicle	WT IUB288	$Fxr^{\Delta Liver}$ Vehicle	$Fxr^{\Delta Liver}$ IUB288
Ghrelin (ng/mL)	30 \pm 3.9	15 \pm 1.4 *	28 \pm 3.4	15 \pm 1.7 **
GIP (pg/mL)	384 \pm 62	183 \pm 18 *	314.7 \pm 31.8	264 \pm 37
GLP-1 (pg/mL)	38 \pm 13	42.1 \pm 14	48 \pm 17	38 \pm 13
PAI-1 (pg/mL)	809 \pm 105	493 \pm 22.5	856 \pm 30.4	739 \pm 136
Insulin (ng/mL)	5.4 \pm 0.7	4.4 \pm 0.5	4.5 \pm 0.3	3.8 \pm 0.3
Leptin (ng/mL)	12 \pm 3	3.6 \pm 0.9 *	10.6 \pm 1.5	3.0 \pm 0.6
Glucagon (pg/mL)	272 \pm 27	219 \pm 20	303 \pm 31	287 \pm 19.5
Resistin (ng/mL)	109 \pm 14	64 \pm 8 *	104 \pm 6.5	62 \pm 8.5 *
TSH (ng/mL)	1.5 \pm 0.1	0.8 \pm 0.06 *	1.5 \pm 0.2	1.0 \pm 0.1
T4 (ng/mL)	884 \pm 59	1,520 \pm 24 ****	607 \pm 57 ###	1,320 \pm 43 ****, #
T3 (ng/mL)	34 \pm 1.8	40 \pm 1	23 \pm 1.3 ###	33 \pm 2.1 *** #

Figure Legends

Figure 1: DIO in $Gcgr^{\Delta Liver}$ mice. Total food intake (a) and absolute body weight accrual (b) during 70 d of high-fat (HF) feeding in male, WT and $Gcgr^{\Delta Liver}$ mice. Fat and lean (c) mass of mice before (t=0 d) and after (t=70 d) HF-feeding. Glucose tolerance (d) of WT and $Gcgr^{\Delta Liver}$ mice following 65d of HF-feeding. All data are represented as mean \pm SEM (n=17-23 mice/group). *P< 0.05, **P< 0.01, ***P< 0.001, **** P< 0.0001, as compared to littermate controls; and ##### p< 0.0001 as compared to baseline within genotype.

Figure 2: Gcgr agonism in $Gcgr^{\Delta Liver}$ mice. Ad libitum blood glucose (a) of DIO WT and $Gcgr^{\Delta Liver}$ mice (see Figure 1) following daily Gcgr agonism (10 nmol/kg IUB288). Change in (%) body weight (b) and body composition (c) after daily Gcgr agonism.

Total food intake (d), plasma (e), and liver (f) triglyceride (TG) and cholesterol (CHL) in DIO WT and *Gcgr*^{ΔLiver} mice following daily GcgR agonism. All data are represented as mean +/- SEM (n=8-12 mice/group). *P< 0.05, **P< 0.01, ***P< 0.001, ****P< 0.0001, as compared to vehicle controls; and #P< 0.05, ##P< 0.01, ###P< 0.001, ####P< 0.0001 as compared between genotypes within treatment.

Figure 3: GcgR agonism in *Fgf21*^{ΔLiver} mice. Change in (%) body weight (a) average food intake (b), and body composition (c) of 20 week old male, DIO WT and *Fgf21*^{ΔLiver} mice following daily GcgR agonism (10 nmol/kg IUB288). All data are represented as mean +/- SEM (n=5-7 mice/group). *P< 0.05, **P< 0.01, ***P< 0.001, ****P< 0.0001, as compared to vehicle controls; and #P< 0.05, ##P< 0.01, ###P< 0.001, ####P< 0.0001 as compared between genotypes within treatment. Mice were maintained on HFD for 12 weeks to induce DIO prior to treatment.

Figure 4: Bile acid regulation and GcgR agonism in *Fxr*^{ΔLiver} mice. Plasma bile acids (a) in male chow- and HF-fed C57Bl/6J mice following 18d GcgR agonism (10 nmol/kg IUB288). Liver *Slc10a1*, *Cyp27a1*, *Hmgcr*, and *Cyp7a1* mRNA expression (b) in DIO C57Bl/6J mice following 18d GcgR agonism. Plasma bile acid profile (c) in male WT mice following 16d GcgR agonism. Change in (%) body weight (d) day 14 fat and lean mass (e), and food intake (f) of male, DIO WT and *Fxr*^{ΔLiver} mice following daily GcgR agonism (10 nmol/kg IUB288). All data are represented as mean +/- SEM (n=5-7 mice/group). *P< 0.05, **P< 0.01, ****P< 0.0001, as compared to vehicle controls; and #P< 0.05, ##P< 0.01, ###P< 0.001, ####P< 0.0001 as compared between genotypes/diet within treatment. WT and *Fxr*^{ΔLiver} mice were placed on HFD at 8-10 weeks old and maintained on HFD for 10 weeks to induce DIO prior to treatment.

Figure 5: Indirect calorimetry during GcgR agonism in $Fxr^{\Delta Liver}$ mice. Energy expenditure (EE, kcal/hr) measured during final 72h of 7 d indirect calorimetry analysis (a and c) and average diurnal EE (b and d) in DIO WT (a-b) and $Fxr^{\Delta Liver}$ mice (c-d) during daily GcgR agonism (10 nmol/kg IUB288) of WT and $Fxr^{\Delta Liver}$ mice (see figure 4). Average EE (final 72h) in vehicle and IUB288 treated mice (e). Respiratory quotient (RQ) during final 72h (f-g) and light phase RQ (h) in DIO WT and $Fxr^{\Delta Liver}$ mice during daily GcgR agonism (10 nmol/kg IUB288). IUB288 administered via subcutaneous injection 1hr prior to dark phase (ZT11). All data are represented as mean +/- SEM (n=6 mice/group). *P< 0.05, **P< 0.01, as compared to vehicle controls; and ###P< 0.01, as compared between genotypes within treatment. P-value in (a) and (f) denote main-effect of drug in repeated measures two-way ANOVA.

Figure 6: Liver lipid metabolism and fatty acid oxidation during GcgR agonism in $Fxr^{\Delta Liver}$ mice. Plasma triglyceride (a, TG), cholesterol (b, CHL), and β -Hydroxybutyrate (c) in DIO WT and $Fxr^{\Delta Liver}$ mice following 14 d IUB288 treatment (see Figure 4). Liver TG (d) and change in liver TG (inset), and liver *Ppargc1a*, *Ppara*, *Scd1*, and *Srebp1c* mRNA expression (e) in 14d IUB288-treated DIO WT and $Fxr^{\Delta Liver}$ mice. [^{14}C] Palmitate oxidation in primary hepatocytes (f) isolated from WT and $Fxr^{\Delta Liver}$ mice and treated with IUB288 for O.N. treatment followed by 3 h incubation with radioactive substrate in serum-free buffer. [^{14}C] Palmitate oxidation in liver tissue homogenates (g) isolated from 6-8 month-old, chow-fed WT and $Fxr^{\Delta Liver}$ mice following 2d IUB288 treatment (n=4-6 mice/group). *P< 0.05, **P< 0.01, ***P< 0.001, ****P< 0.0001, as compared to vehicle controls; and #P< 0.05, ##P< 0.01, ###P< 0.001, ####P< 0.0001 as compared between genotypes within treatment.

Figure 7: Transcriptional Regulation Stimulated by IUB288 Treatment in $Fxr^{\Delta Liver}$ and WT Mice. Gene Set Enrichment Analysis of the 953 Genes differentially expressed only in the IUB288-treated WT vs. Veh-WT was used to generate Top 5 Gene Ontology (GO) Term Enriched Pathways(a). Published ChIP-Sequencing datasets were used to enrich the genes exclusively regulated in wild-type mice (b). FXR-dependent DEGs associated with fatty acid or bile acid metabolism (c). Liver tissues analyzed from mice in Figure 4. Proposed model of mechanisms regulating the anti-obesity effects of glucagon-receptor agonism (d). CA, Cholic Acid; FGF21, Fibroblast Growth Factor 21; FXR, Farnesoid X Receptor; GcgR, Glucagon Receptor.

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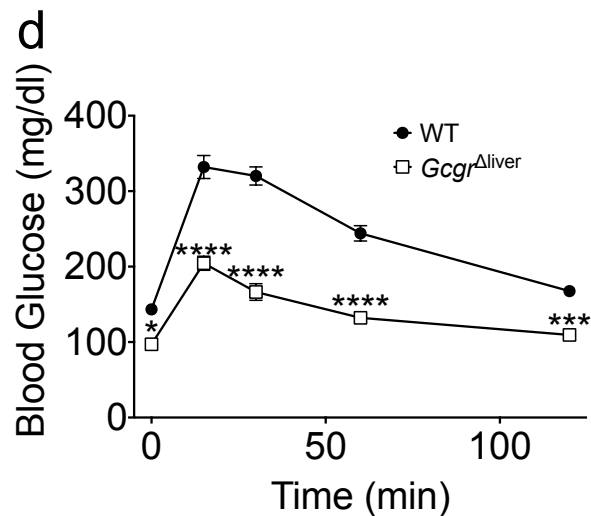
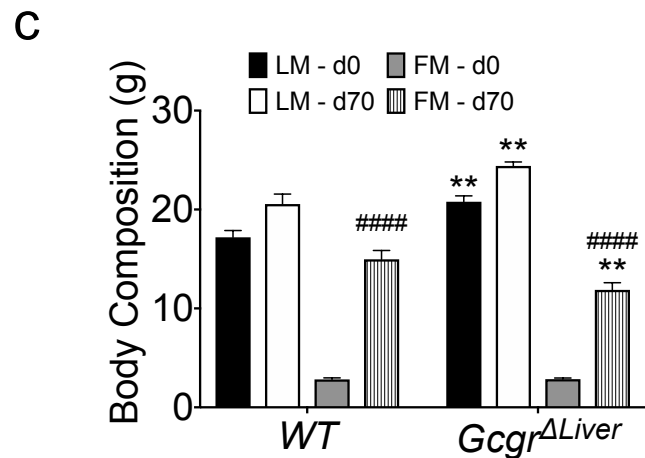
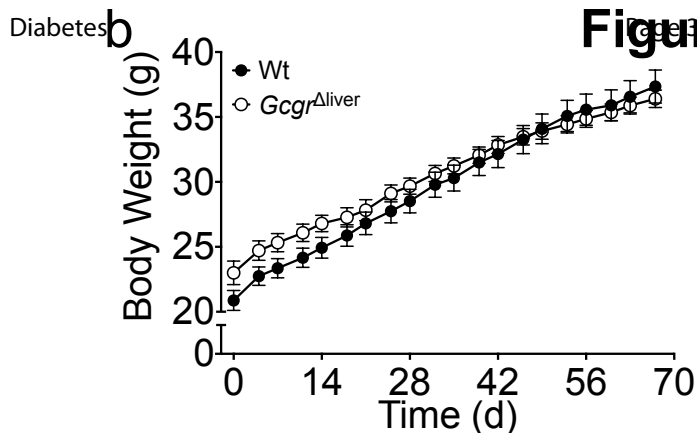
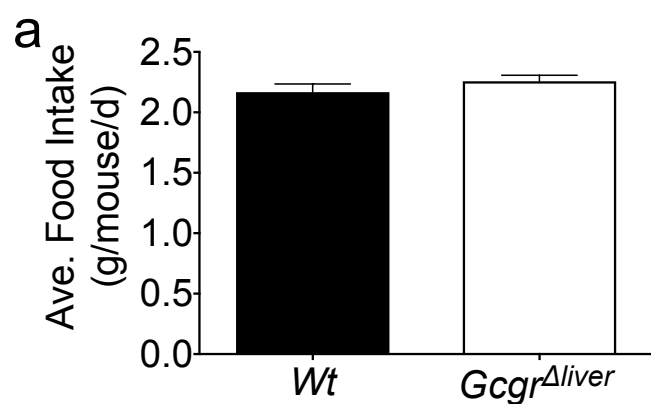
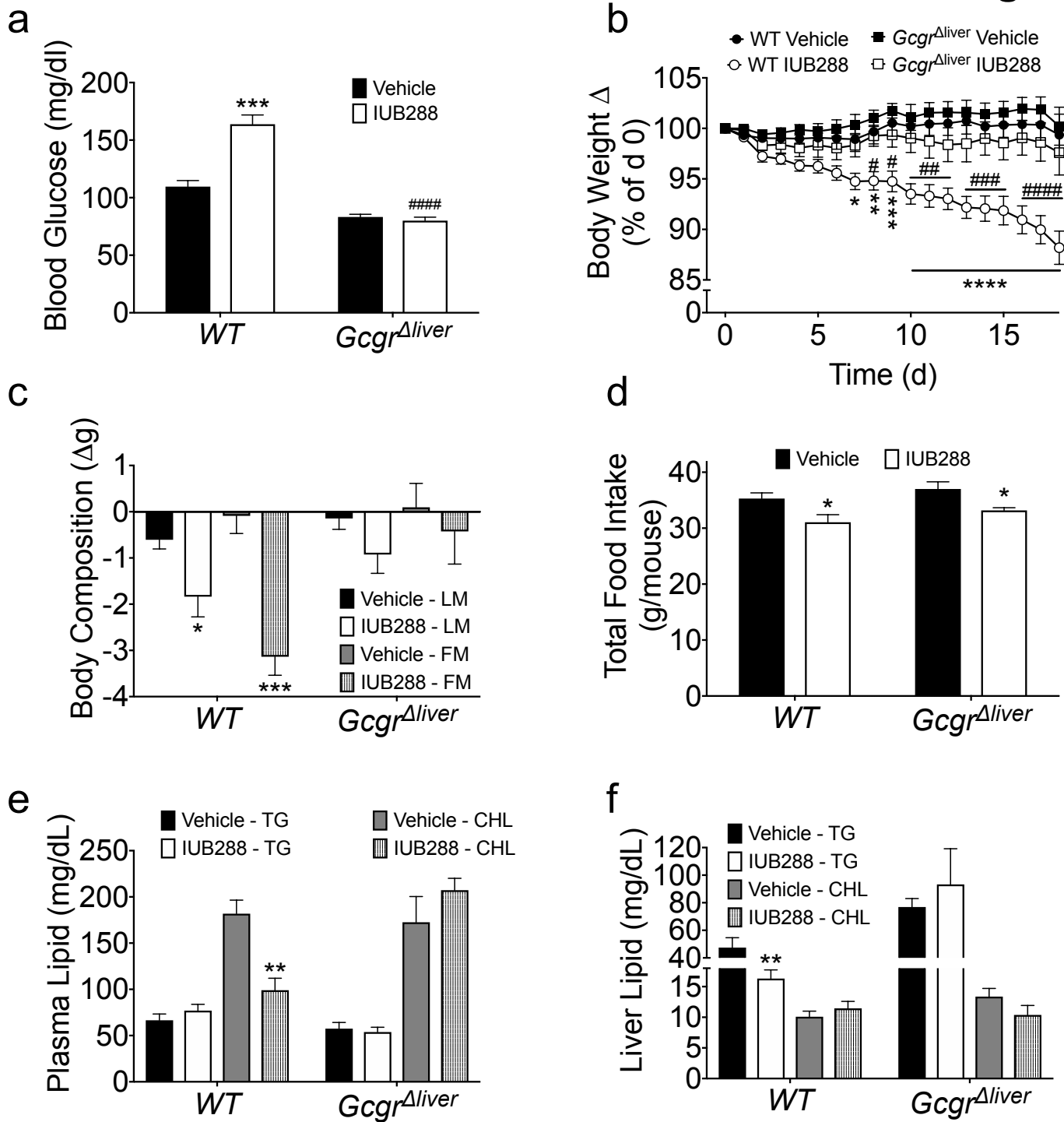
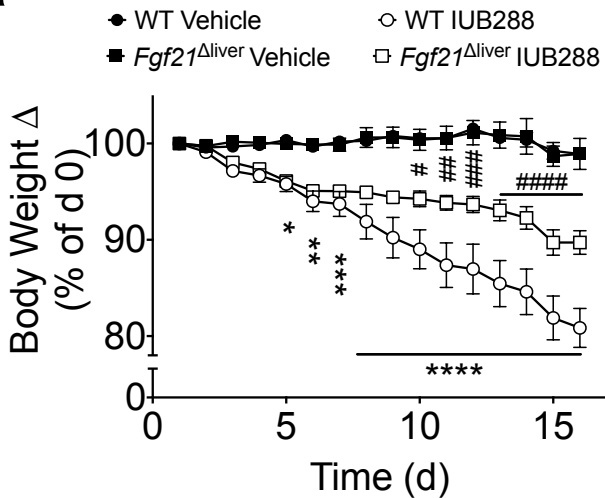
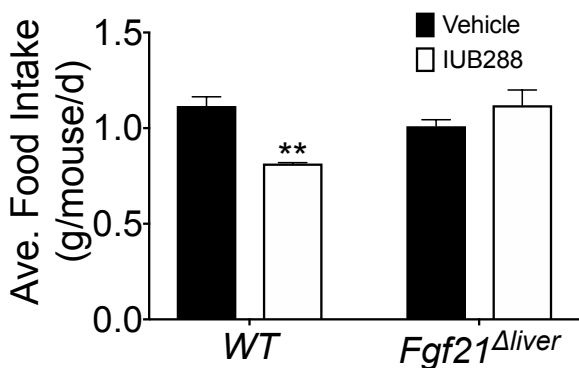
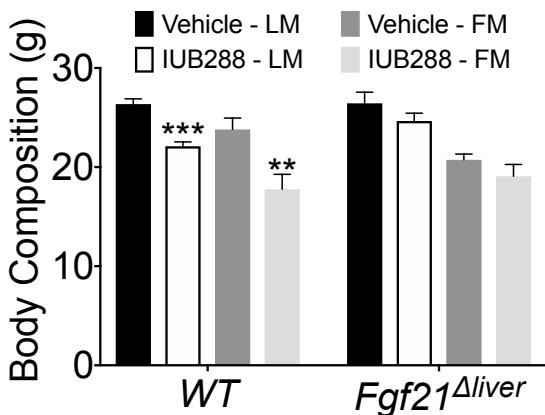
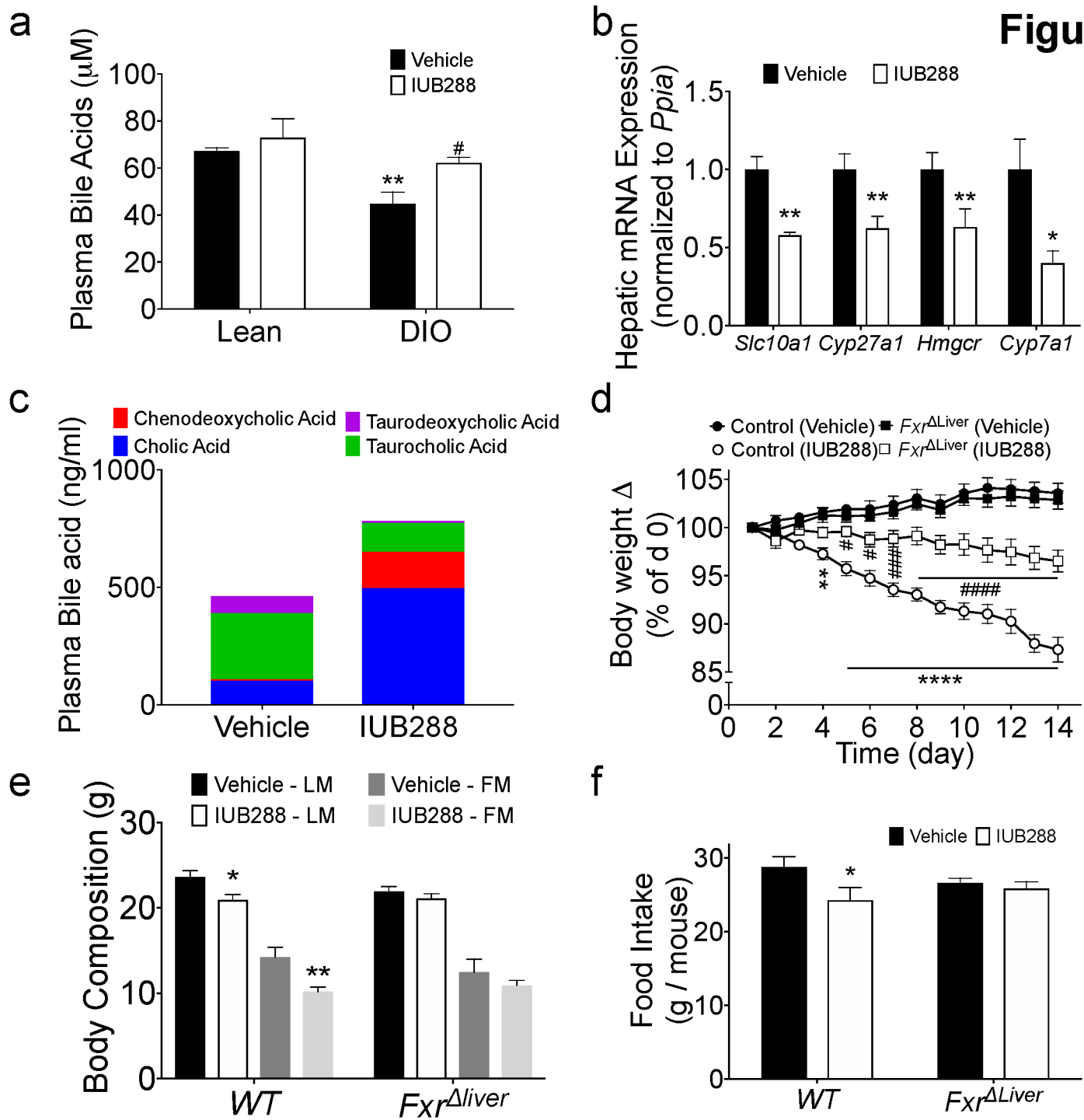
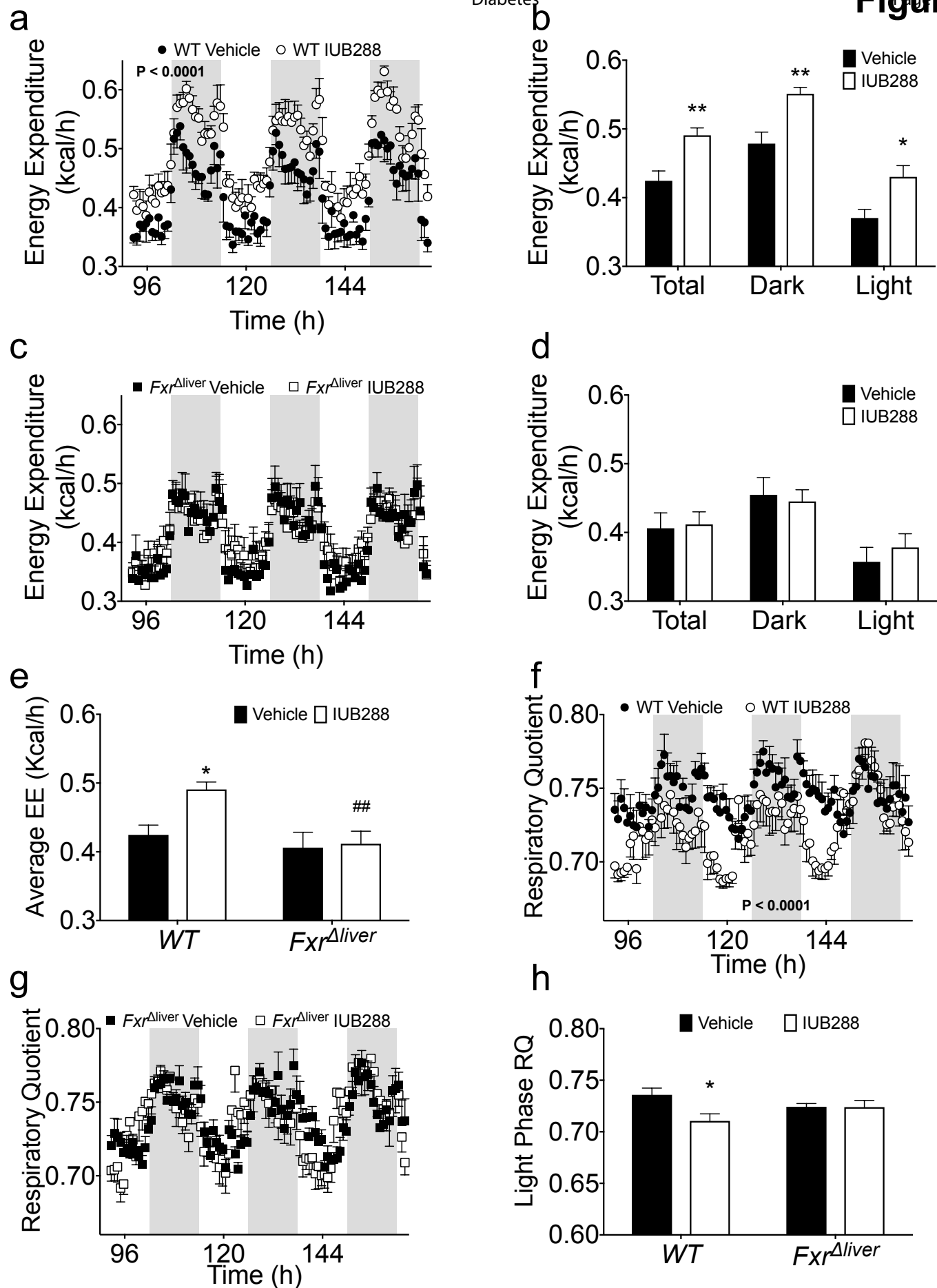


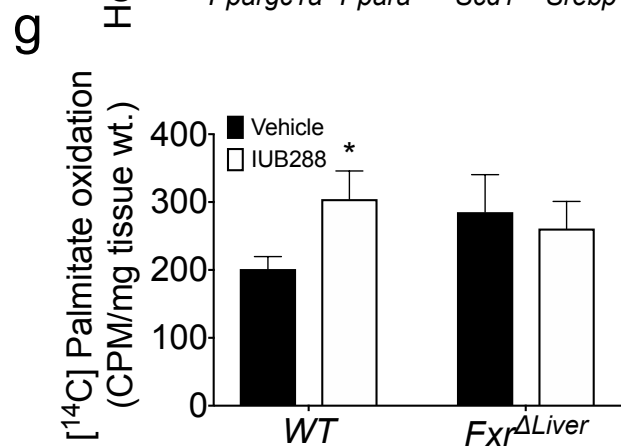
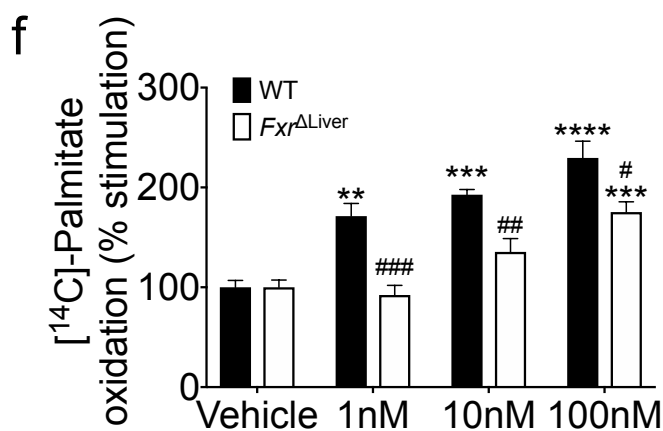
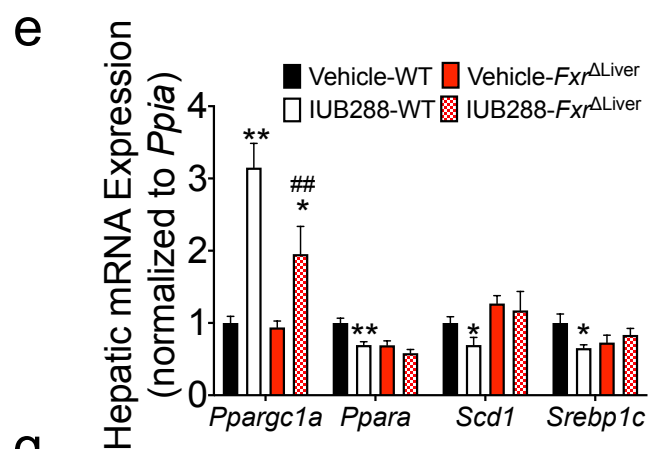
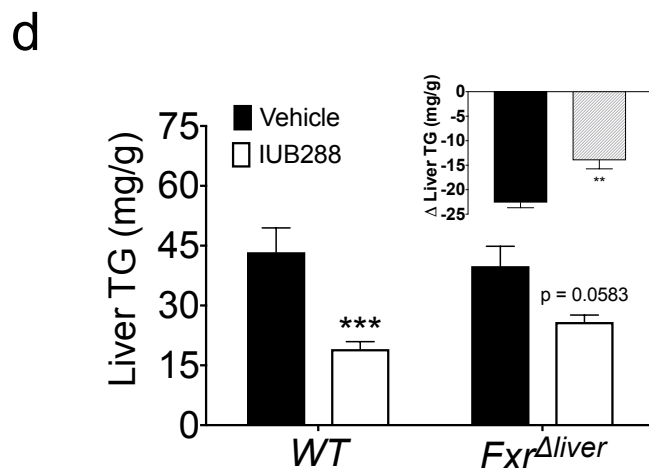
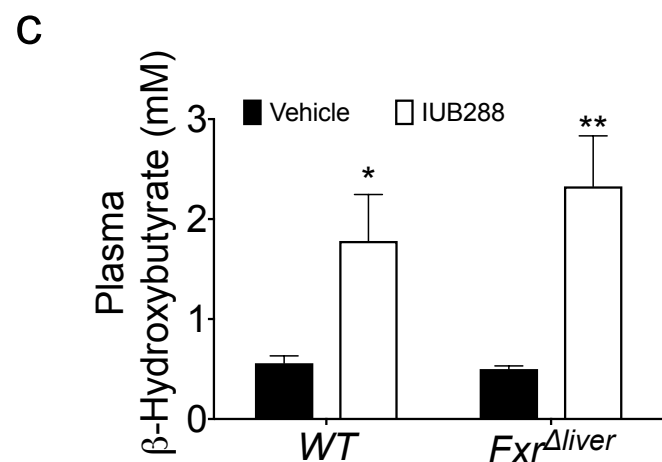
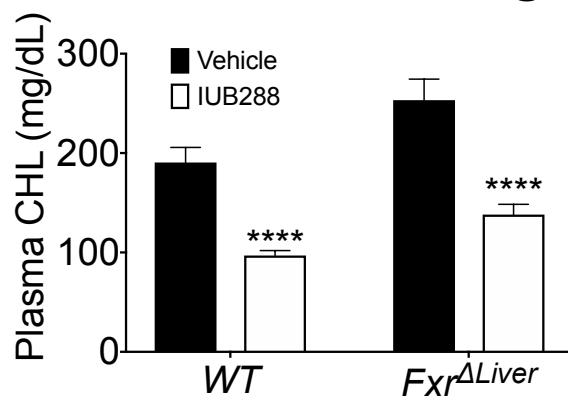
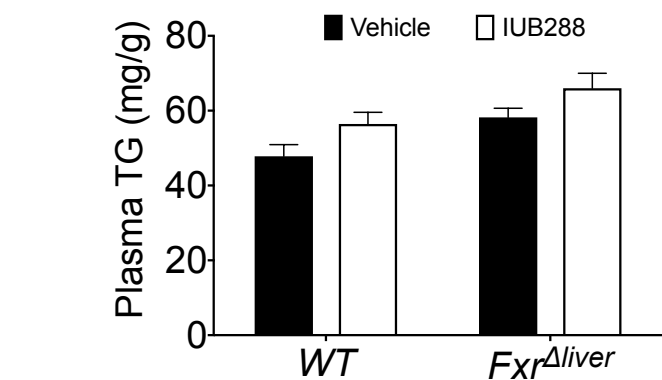
Figure 2



a**b****c**







a

GO Term Enriched Pathways

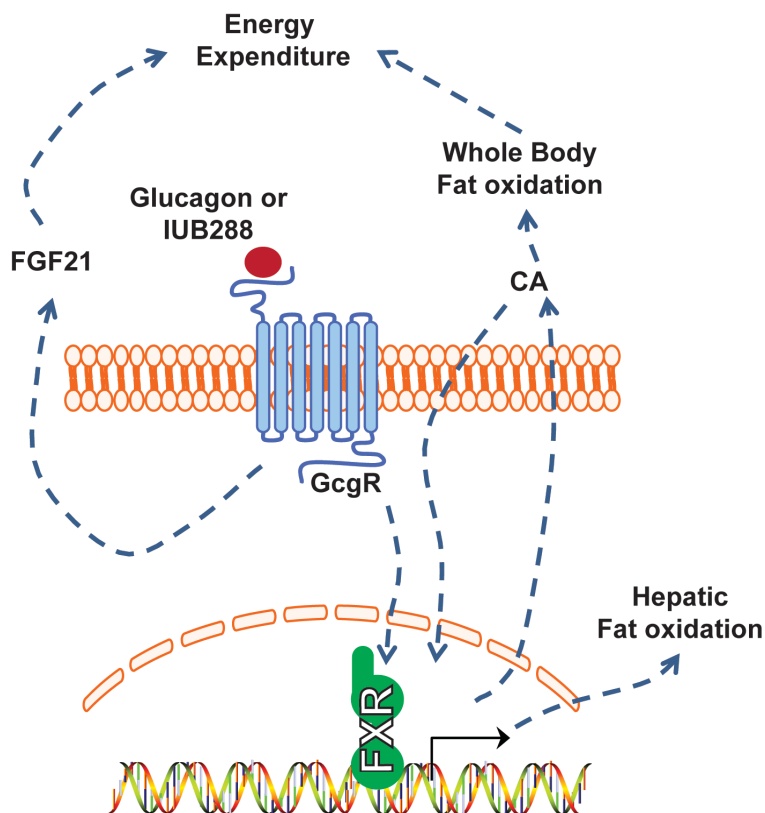
Ingenuity Canonical Pathways	-Log (p-value)	Pathway Enrichment
Eif2 Signaling	29.6	28.5%
Regulation of p70S6K Signaling	8.28	17.8%
Oxidative Phosphorylation	7.65	20.2%
Sirtuin Signaling Pathway	7.55	13.4%
mTOR Signaling	6.46	14.4%

b

Transcriptional Regulation

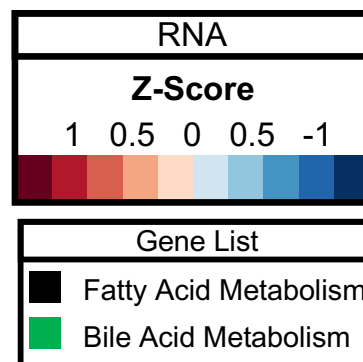
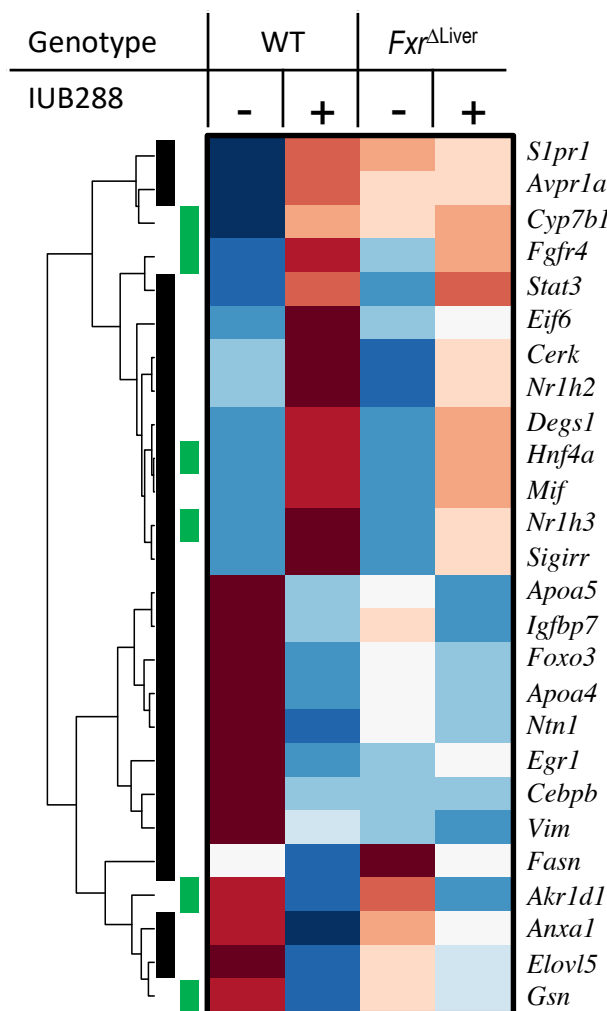
Transcription Factor	Overlap	P-value	FDR	PMID
LXR	192/2000	1.0E-21	6.5E-19	22158963
RXR	185/2000	4.0E-19	1.3E-16	22158963
PPAR α	177/2000	2.3E-16	5.0E-14	22158963
C/EBP α	53/589	8.4E-06	2.2E-04	23403033
FOXO1	32/347	3.2E-04	5.3E-03	23066095
ESR1	38/444	4.2E-04	6.4E-03	17901129
PXR	67/939	7.4E-04	9.5E-03	20693526

d

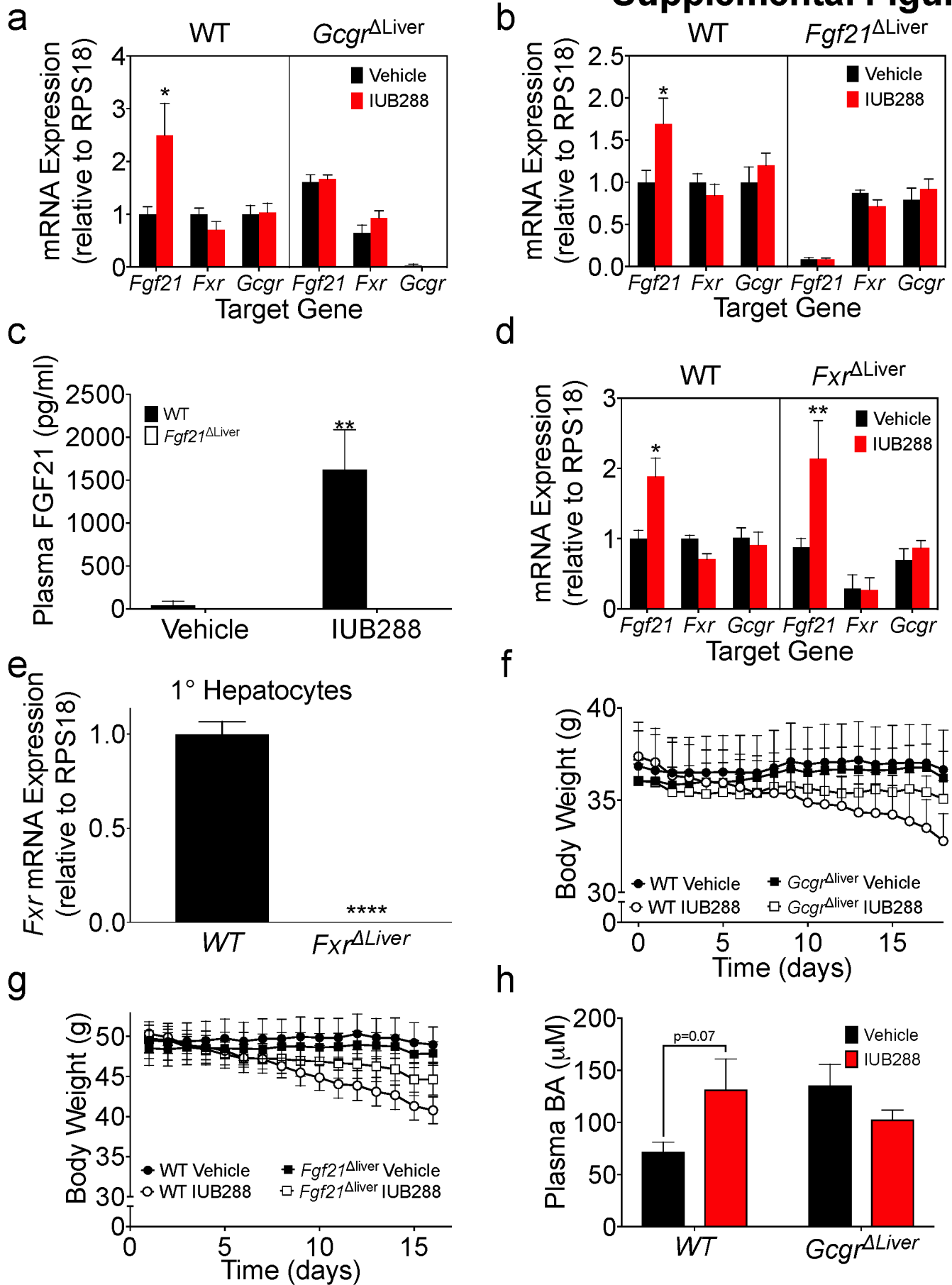


c

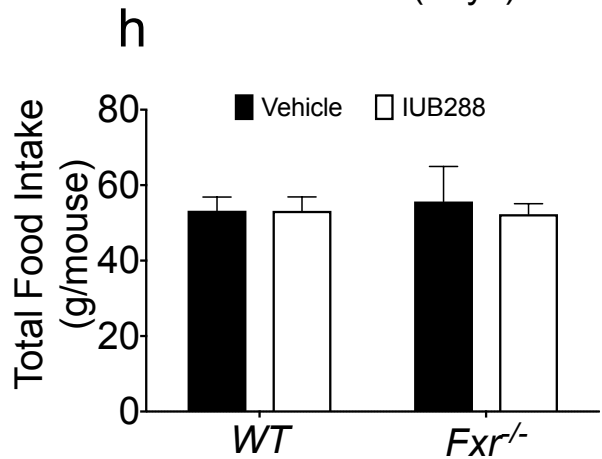
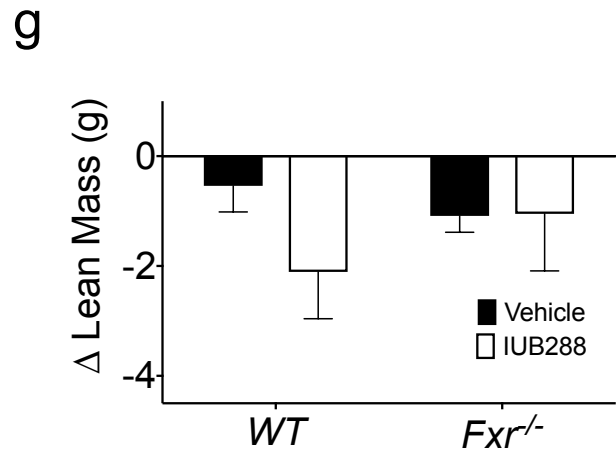
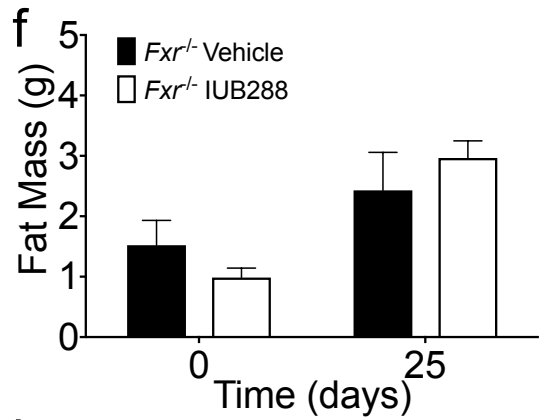
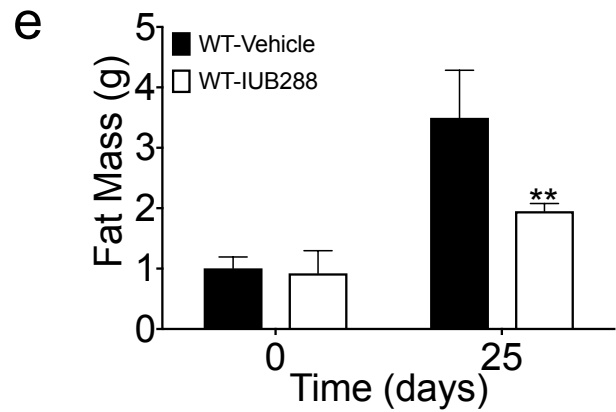
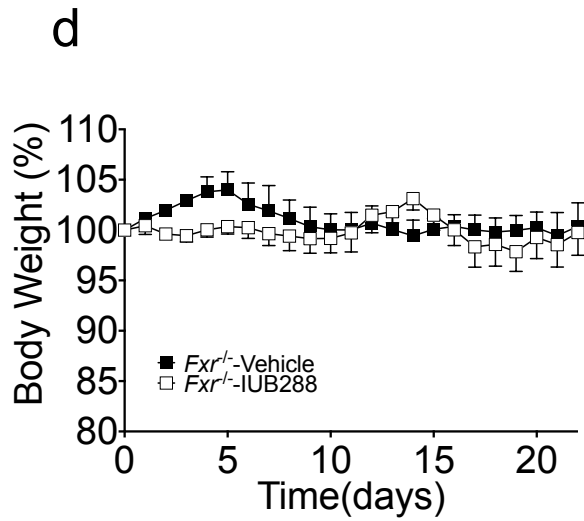
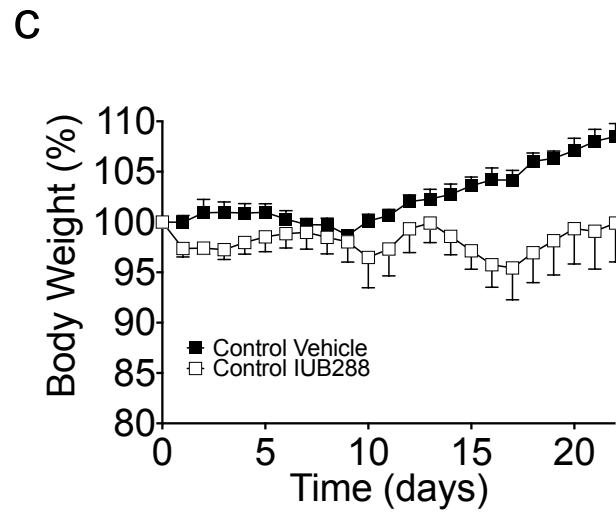
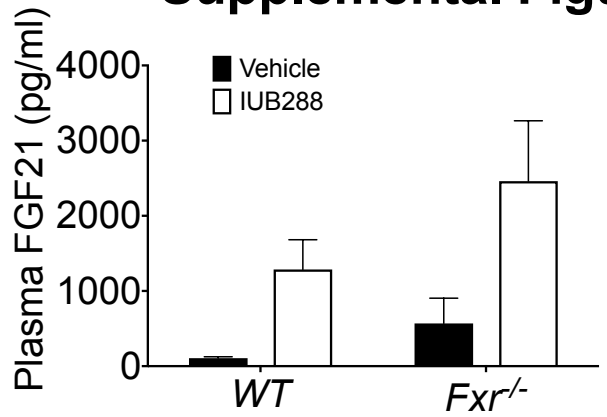
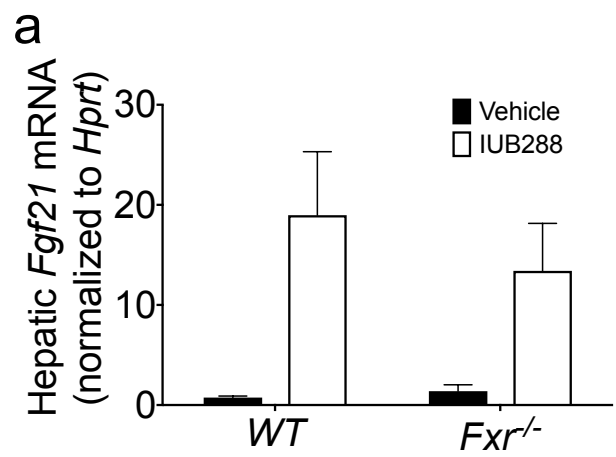
Top Enriched Gene Association Network: Lipid Metabolism



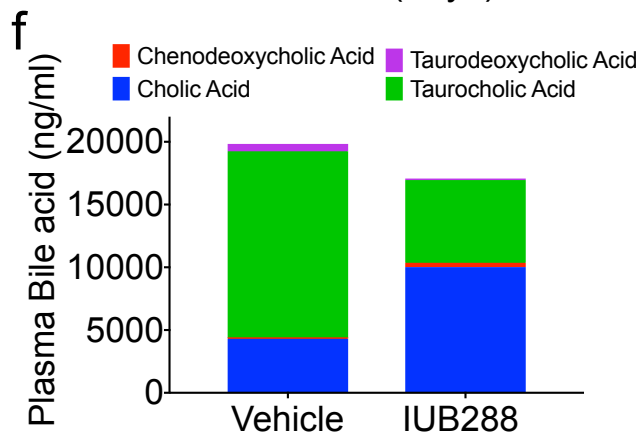
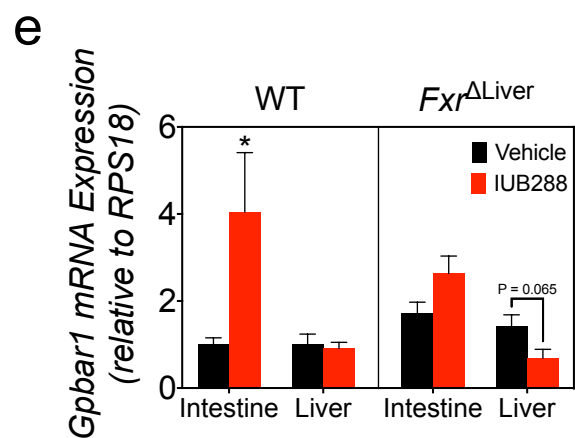
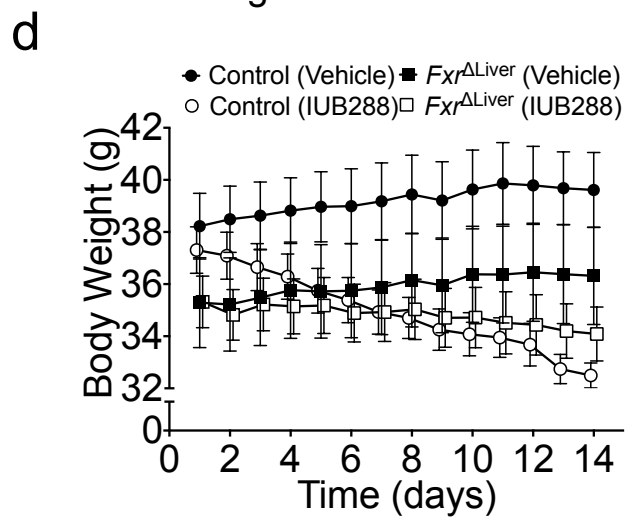
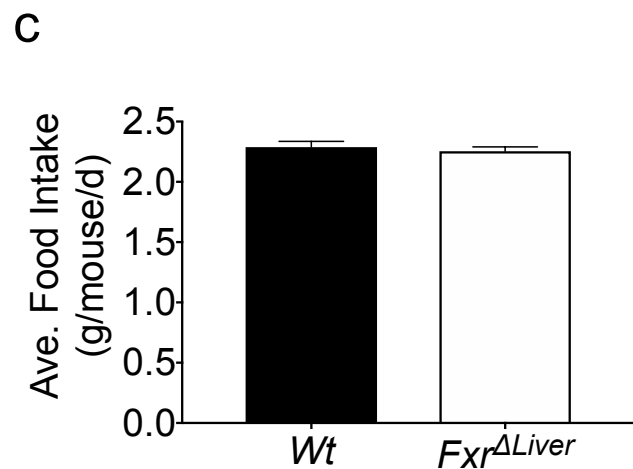
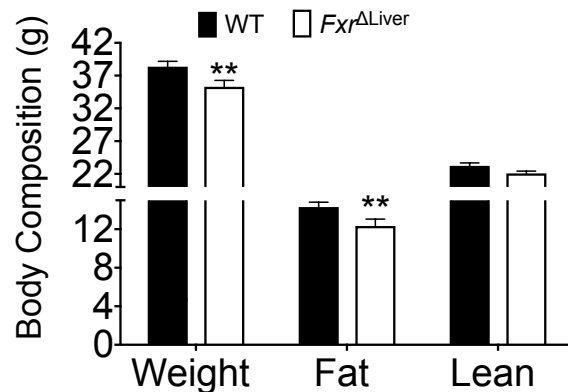
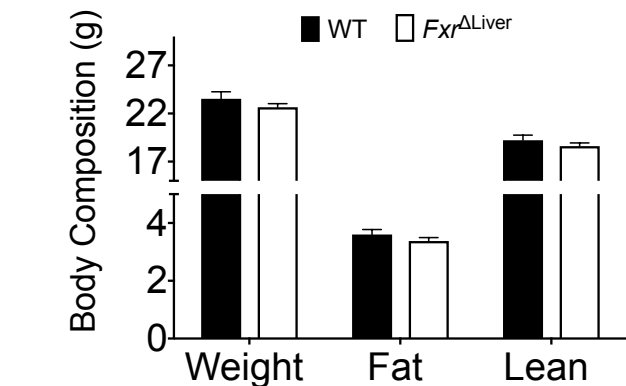
Supplemental Figure 1



Supplemental Figure 2



Supplemental Figure 3

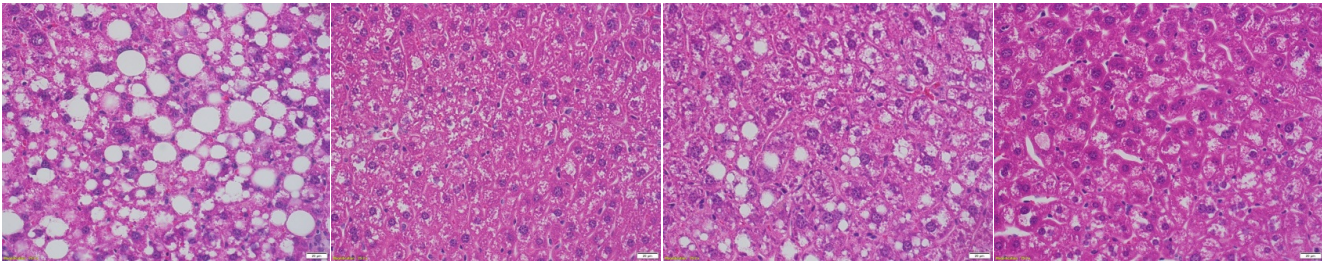


WT Vehicle

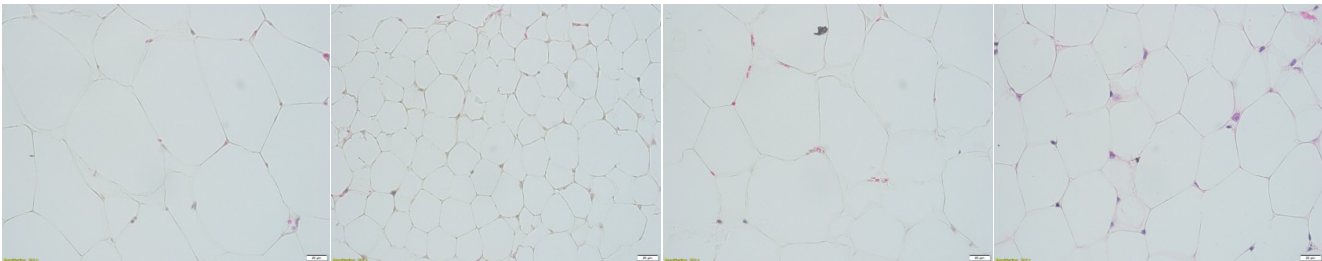
WT IUB288

FXR Δ Liver Vehicle

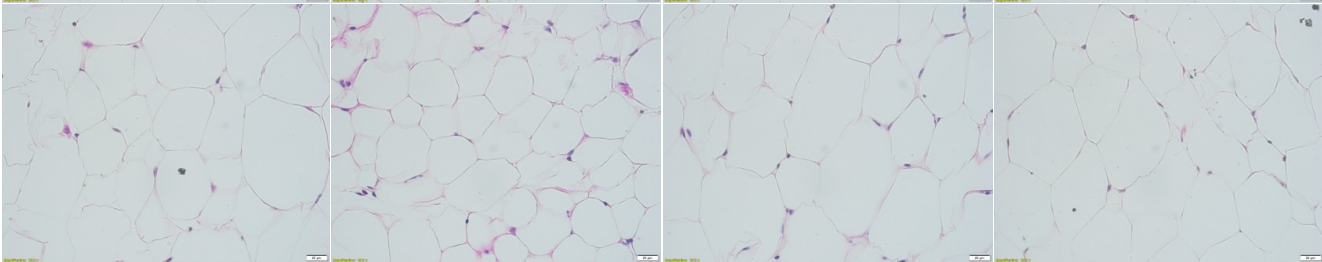
FXR Δ Liver IUB288



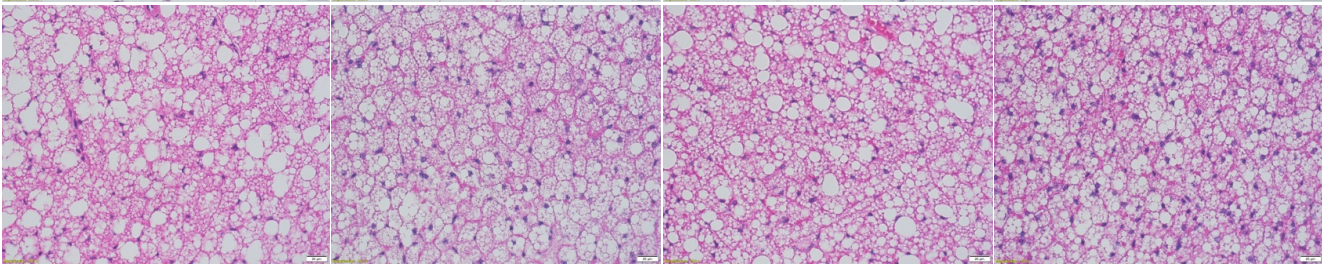
Liver



iWAT

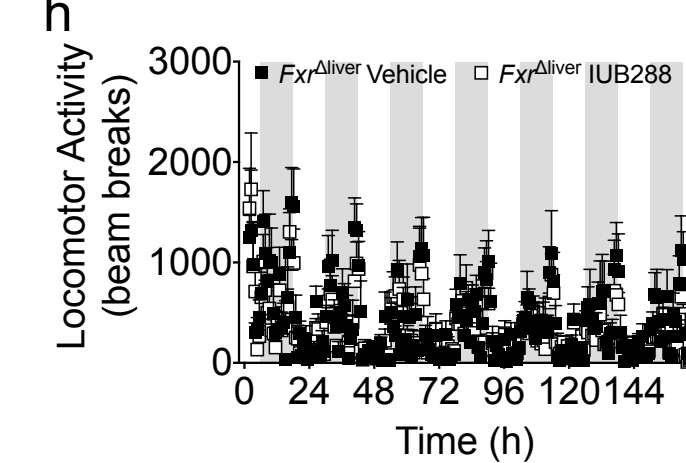
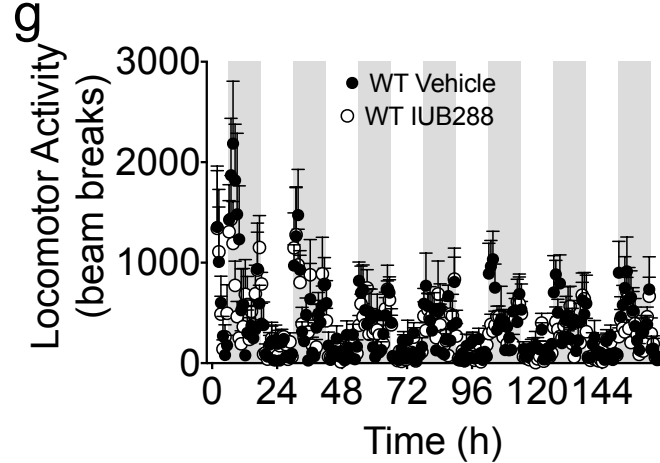
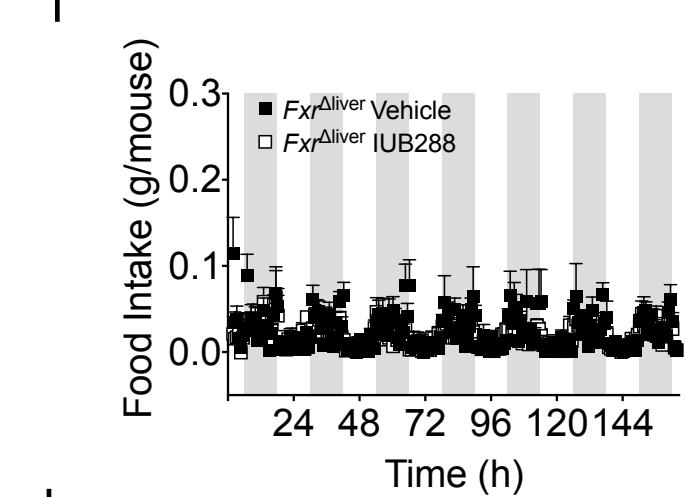
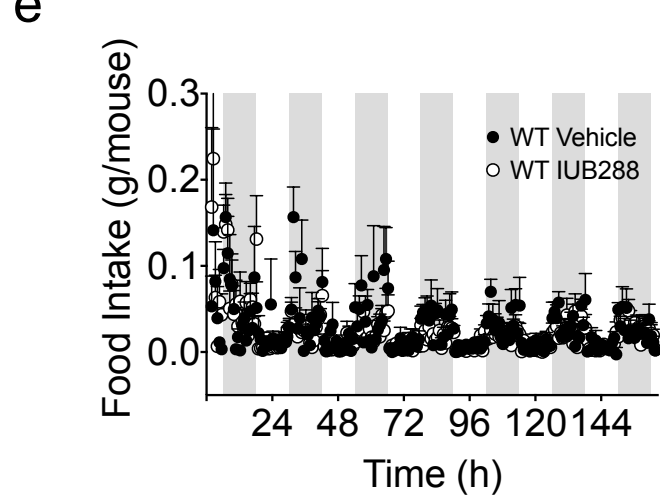
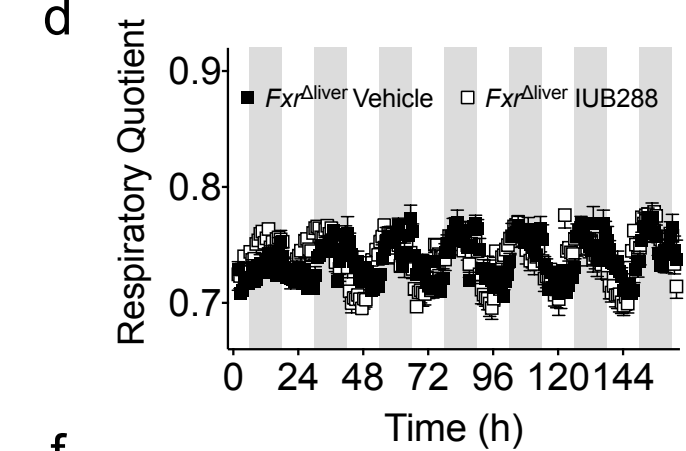
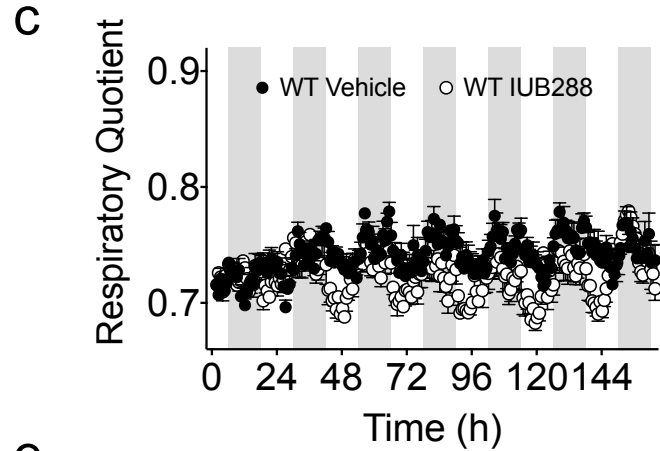
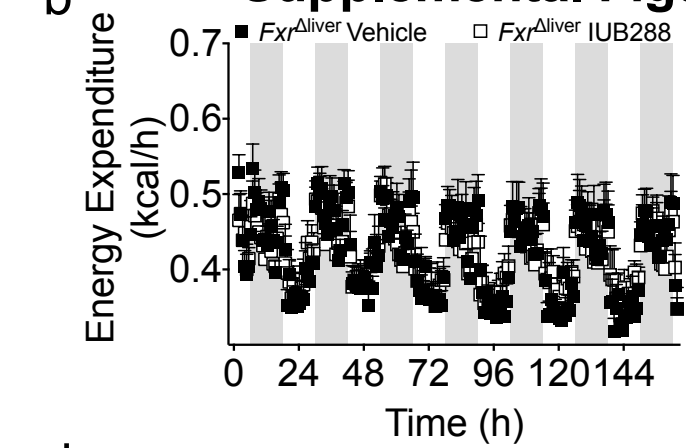
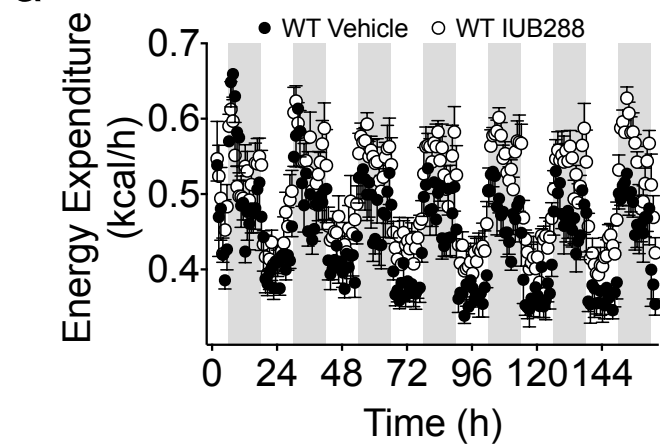


eWAT



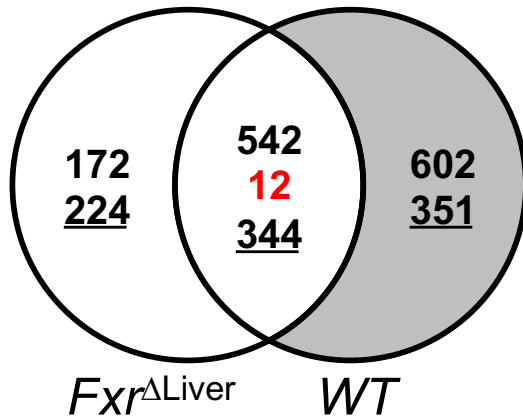
BAT

Supplemental Figure 5



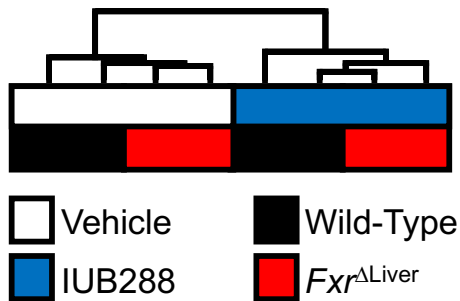
a

IUB288 vs. Vehicle

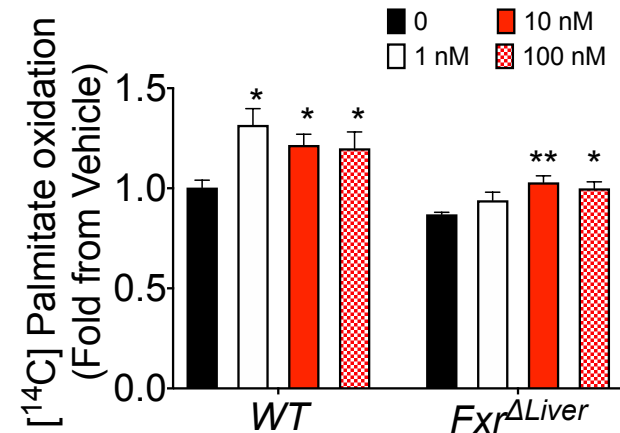


- * *Both Increased*
- * **Inverse Change**
- * Both Decreased

b

IUB288 vs. Vehicle (P<0.05)
Hierarchical Clustering

c



Supplemental Figure Legends:

Figure S1: Model validation and GcgR agonism in GcgR^{ΔLiver} and Fgf21^{ΔLiver} mice. mRNA expression of *Gcgr*, *Fgf21*, and *Fxr* in GcgR^{ΔLiver}, Fgf21^{ΔLiver}, Fxr^{ΔLiver}, and littermate Control mice (a, b, and d, n=6-10 mice/group, see Figures 2-4). Plasma FGF21 in 8-week-old, chow fed Fgf21^{ΔLiver} and littermate Control (WT) mice following 5d Vehicle or IUB288 treatment (c, 10 nmol/kg IUB288, n=4-10 mice/group). *Fxr* mRNA expression in primary hepatocytes isolated from 8-10 week old, chow fed Fxr^{ΔLiver} or littermate control (WT) mice (e). Body weight of DIO WT and GcgR^{ΔLiver} mice (f, n=8-12 mice/group) or WT and Fgf21^{ΔLiver} mice (g, n=5-7 mice/group) following daily GcgR agonism (10 nmol/kg IUB288). Plasma bile acid levels in IUB288-treated DIO WT and GcgR^{ΔLiver} mice after 2 h fast (h, n=8-12 mice/group, see Figure 2). All data are represented as mean +/- SEM.

Figure S2: GcgR agonism and energy balance in FXR^{-/-} mice. Hepatic *Fgf21* mRNA expression (a) and plasma levels (b) in HF-fed WT and FXR^{-/-} mice. Body weight (%) and fat mass of HF-fed WT (c and e) or FXR^{-/-} mice (d and f) following daily GcgR agonism (10 nmol/kg IUB288). Change in lean mass (g) and total food intake (h) in HF-fed WT or FXR^{-/-} mice. All data are represented as mean +/- SEM (n=3-8 mice/group). **p < 0.01. Male, WT and Fxr^{-/-} mice were placed on HFD at 8-10 weeks old concurrent with IUB288 treatment.

Figure S3: DIO and GcgR agonism in FXR^{ΔLiver} mice. Body composition before (a) and after (b) HF-feeding in WT and FXR^{ΔLiver} mice (n=13-15 mice/group). Average food intake (c) during HF-fat feeding in WT and FXR^{ΔLiver} mice (n=13-15 mice/group). Body weight (d) during daily GcgR agonism (10 nmol/kg IUB288) in WT and FXR^{ΔLiver} mice (n=8-10 mice/group). Intestine and liver *Gpbar1/Tgr5* mRNA expression (e) in 14d IUB288-treated DIO WT and Fxr^{ΔLiver} mice. Plasma bile acid profile (f) in male Fxr^{ΔLiver} mice following 16d GcgR agonism. *p < 0.05, **p < 0.01. Male, WT and Fxr^{ΔLiver} mice were placed on HFD at 8-10 weeks old and maintained on HFD for 10 weeks to induce DIO prior to treatment.

Figure S4: Liver and Adipose Tissue morphology following GcgR agonism in FXR^{ΔLiver} mice. Representative haematoxylin and eosin (H & E) staining of liver, inguinal white adipose tissue, ependymal white adipose tissue, and interscapular brown adipose tissue following 14d IUB288 treatment. Male, WT and Fxr^{ΔLiver} mice were placed on HFD at 8-10 weeks old and maintained on HFD for 10 weeks to induce DIO prior to treatment. Scale bars are 20 μm in length.

Figure S5: 7 d indirect calorimetry during GcgR agonism in Fxr^{ΔLiver} mice. Energy expenditure (EE, a-b), respiratory quotient (RQ, c-d), food intake (e-f), and locomotor activity (g-h) measured during 7 d indirect calorimetry analysis (in DIO WT (a,c,e, and g) and Fxr^{ΔLiver} mice (b,d,f, and h) during daily GcgR agonism (10 nmol/kg IUB288). IUB288 administered via subcutaneous injection 1hr prior to dark phase (ZT11). All data are represented as mean +/- SEM (n=6 mice/group, see Figure 5).

Figure S6: Transcriptional Analysis of IUB288 Treatment in Fxr^{ΔLiver} and WT Mice. (a) Venn diagram illustrating the selection of FXR-dependent DEGs (shaded). (b) Hierarchical clustering of IUB288 vs. Vehicle comparison (p < 0.05). (c) [¹⁴C] Palmitate oxidation in primary hepatocytes isolated from DIO WT and

Fxr^{ΔLiver} mice and treated with glucagon for O.N. treatment followed by 3 hr incubation with radioactive substrate.

Supplemental Table 1: qPCR primers

Gene	Forward (5'-3')	Reverse (5'-3')
<i>Gcgr</i>	GCCAGCGAGGTCTCCATA	ACATCATTACCTTCTTGTGG
<i>Fgf21</i>	CTG CTG GGG GTC TAC CAA G	CTG CGC CTA CCA CTG TTC C
<i>Scl10a1</i>	GCCACACTATGTACCCTACGTCCTC	GAATGTAGCCCATCAGGAAGCCAGTG
<i>Cyp27a1</i>	GAAGGACCACCGAGACCACAAGG	CGT TTA AGG CAT CCG TGT AGA GCG
<i>Hmgcr</i>	GTGTTCAAGGAGCATGCAAAG	AGCCATCACAGTGCCACATAC
<i>Cyp7a1</i>	GGGATTGCTGTGGTAGTGAGC	GGTATGGAATCAACCCGTTGTC
<i>Fxr</i>	CACAGCGATCGTCATCCTCTCT	TCTCAGGCTGGTACATCTTGCA
<i>Gpbar1/Tgr5</i>	AAGAGCCAAGAGGGACAATC	GTAGCTGCTGCTTCCCTAAT
<i>Ppargc1a</i>	CCCTGCCATTGTTAAGACC	TGCTGCTGTTCCCTGTTTTC
<i>Ppara</i>	AGCAGTGCTGGCTACCTTCAA	AATATGTAGCCACCCCCTTGG
<i>Scd1</i>	TCAGAAACACATGCTGATCCTCAT	TGGGTGTTTGCACACAAG
<i>Srebp1c</i>	GAGGACCTTTGTCATTGGCTG	TACAGAGCAAGAGGGTGCCAT
<i>Hprt</i>	AAGGAGATGGGAGGCCAT	GTTGAGAGATCATCTCCACCAAT
<i>Rps18</i>	TTCTGGCCAACGGTCTAGACAAC	CCAGTGGTCTTGGTGTGCTGA
<i>Ppia</i>	CAGACGCCACTGTCGCTT T	TGTCTTTGGAACCTTGTCTG