Title: Chronic CRH depletion from GABAergic, long-range projection neurons in the extended amygdala reduces dopamine release and increases anxiety

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Abstract: The interplay between corticotropin-releasing hormone (CRH) and the dopaminergic system has predominantly been studied in addiction and reward, while CRHdopamine interactions in anxiety are scarcely understood. We describe a novel population of CRH-expressing, GABAergic, long-range-projecting neurons in the extended amygdala which innervate the ventral tegmental area, and alter anxiety following chronic CRH depletion. These neurons are part of a distinct CRH circuit which acts anxiolytic by positively modulating dopamine release.

43 Main Text:

CRH and its type 1 high affinity receptor (CRHR1) are widely distributed throughout the 44 brain¹⁻³, and modulate neuroendocrine and higher order behavioral responses to stress³. 45 Although it is widely accepted that CRH/CRHR1 signaling induces aversive stress-like 46 behavioral responses, we and others have recently shown that CRH/CRHR1 can also act in an 47 anxiolytic and appetitive manner via interaction with the dopaminergic system^{1,4}. The ventral 48 tegmental area (VTA) and substantia nigra pars compacta (SNc) express high levels of 49 CRHR1^{1,3}, and conditional deletion of *Crhr1* in dopaminergic neurons increases anxiety and 50 reduces dopamine release in the prefrontal cortex (PFC)¹, suggesting the presence of an 51 "anxiolytic" CRH/CRHR1 circuit. However, the source of CRH in the VTA remains 52 controversial⁵⁻⁸. Here we aimed to determine the origin and identity of VTA-targeting CRH 53 neurons, and unravel their specific role in modulating positive emotional responses. 54

55 CRH is heavily expressed in structures of the extended amygdala including the anterior bed nucleus of the stria terminalis (aBNST) and the lateral part of the central amygdala 56 $(CeA)^{2,3,9,10}$ two brain regions critically involved in the regulation of fear and anxiety^{6,9-12}. In 57 order to determine whether these CRH neurons project to the VTA, we injected AAVs 58 59 expressing a Cre-dependent synaptophysin-GFP (Syp-GFP) fusion protein into different brain regions of of Crh-ires-Cre mice. Presynaptic Syp-GFP puncta in the VTA and SNc were most 60 dense following tracer injection into the aBNST and CeA, (Fig. 1a,b; Supplementary Fig. 1 61 62 and 2; Supplementary Table 1), demonstrating the presence of VTA-innervating CRH neurons in the extended amygdala, which has also been suggested by others^{13,14}. 63

Double in situ hybridizations revealed an overwhelming majority of GABAergic CRH neurons in the aBNST/CeA, and confirmed^{9,10} the distinct identity of *Gad65/67*-positive but largely *Pkcô/Som*-negative CeA CRH neurons (**Fig. 1c, Supplementary Fig. 3 and 4a-c**). Contrastingly, most *Crh* neurons in the piriform cortex (Pir) co-expressed the glutamatergic marker *Vglut1*, while 29.9 \pm 2.1% within the PVN co-localized with *Vglut2*, highlighting the

diversity of CRH neurons in different brain regions. Overall, these results suggest that VTAtargeting CRH neurons of the aBNST/CeA represent GABAergic long-range projection
neurons.

Intriguingly, morphological assessment in *Crh-ires-Cre;Ai32(ChR2)* mice revealed the presence of thin and mushroom-like dendritic spines in a subgroup of CRH neurons in the aBNST and CeA (**Fig. 1d**). Dendritic spines are conventionally believed to be largely absent from inhibitory neurons. Notably, we primarily detected aspiny GABAergic CRH neurons in the hippocampus and cortex (**Supplementary Fig. 4d-f**), which have previously been ascribed to classical, locally projecting interneurons including basket, chandelier, and double bouquet cells^{15,16}.

79 Interestingly, we found that approximately one third of *Crh* neurons in the aBNST and CeA 80 co-express the calcium/calmodulin-dependent protein kinase 2 alpha (*Camk2a*) (Fig 2a; 81 Supplementary Fig. 3), one of the most abundant postsynaptic density proteins, which is crucial for several aspects of synaptic plasticity¹⁷, and predominantly expressed in excitatory 82 pyramidal neurons of the forebrain. Accordingly, Crh-expressing glutamatergic neurons in the 83 84 Pir also co-expressed *Camk2a* (Supplementary Fig. 3). However, CAMK2A signaling also plays an important role in medium spiny neurons of the striatum^{17,18}, the most prominent 85 population of spiny, GABAergic, long-range projecting neurons in the brain. In addition, 86 87 VTA-projecting GABAergic/CAMK2A neurons have been identified in the BNST and were 88 shown to produce rewarding and anxiolytic phenotypes upon optogenetic activation¹¹. We 89 validated the presence of triple positive GABAergic/CAMK2A/CRH neurons in the aBNST 90 and CeA, by combining a recombinase-based intersectional mouse genetic strategy with CRH 91 immunohistochemistry (Fig. 2b.c; Supplementary Fig.5).

Next we labeled CAMK2A-expressing CRH neurons by injecting AAV-Camk2a::DIO-EYFP
into the aBNST and CeA of *Crh-ires-Cre* mice. Dendrites of CAMK2A/CRH neurons were
sparsely to moderately decorated with thin and mushroom-like spines, which received

presynaptic input evident by synaptophysin labeling (Fig. 2d,e). Moreover, we observed 95 96 dense EYFP labeling in fibers within the VTA and SNc following AAV-Camk2a::DIO-EYFP 97 injections into the CeA or aBNST (Fig. 2f; Supplementary Fig. 6). CLARITY of Crh-ires-98 Cre mouse brains injected with AAV-Camk2a::DIO-EYFP additionally demonstrated that the 99 VTA/SNc represent primary projection targets of aBNST CAMK2A/CRH neurons (Fig. 2g: 100 Supplementary Video 1). Collectively, these results suggest that VTA-projecting CRH 101 neurons in the aBNST and CeA represent a previously undefined class of largely spiny, 102 CAMK2A-expressing, GABAergic long-range projection neurons. Although the majority of 103 CAMK2A/CRH neurons had spines, we were not able to accurately quantify the percentage 104 of total spiny vs. aspiny neurons due to the dense local projections and intermingled dendrites 105 of CeA/aBNST CRH neurons.

In order to target the identified CAMK2A/CRH circuit, we generated conditional Crh 106 knockout mice (Crh^{flox}), crossed them with Camk2a- $CreER^{T2}$ mice and induced the knockout 107 108 in adulthood via application of tamoxifen-containing food (Fig. 3a; Supplementary Fig. 7). As expected, loss of Crh expression in $Crh^{CKO-Camk2a}$ mice was primarily observed in the 109 aBNST and CeA, but also in Crh-expressing glutamatergic neurons of the Pir (Fig. 3b,c; 110 111 Supplementary Fig. 8a,b). Based on our findings that deletion of *Crhr1* in dopaminergic neurons increases anxiety¹, we assessed whether lack of Crh from VTA-projecting 112 CAMK2A/CRH neurons would result in similar effects. Compared to littermate controls, 113 Crh^{CKO-Camk2a} mice displayed increased anxiety in the open field, dark-light box, elevated 114 115 plus-maze (EPM) and marble burying test, which was independent of altered corticosterone 116 release (Fig. 3d-f; Supplementary Fig. 8c,d). Importantly, the anxiogenic phenotype did not result from Crh absence in Camk2a-expressing glutamatergic neurons, since deletion of Crh 117 specifically in glutamatergic neurons ($Crh^{flox} \times Nex$ -Cre) did not induce behavioral alterations 118 (Supplementary Fig. 9). In view of CRH's important role in conditioned fear³ and recent 119 findings demonstrating that CeA CRH neurons mediate conditioned flight¹² and are required 120

121 for discriminative fear⁹, we additionally assessed auditory and contextual fear conditioning. 122 $Crh^{CKO-Camk2a}$ mice displayed increased freezing upon re-exposure to the tone (**Fig. 3g**), which 123 was most prominent after termination of the conditioned stimulus. Notably, contextual fear 124 memory was not altered (**Supplementary Fig. 8e**). Additional experiments revealed higher 125 levels of sensitized fear to an unsignalled tone in $Crh^{CKO-Camk2a}$ mice, suggesting overall 126 impairments in the readjustment of fear levels rather than alterations in fear memory 127 formation (**Supplementary Fig. 8f-h**).

CRH is known to activate dopamine neuron firing and induce dopamine release^{4,7,19}, while 128 deletion of *Crhr1* in dopaminergic neurons reduces dopamine release in the PFC¹, a structure 129 130 critically involved in the modulation of anxiety and a major target of the mesocortical dopamine circuit. Applying in vivo microdialysis, we observed a significant reduction in 131 absolute dopamine release in the PFC of Crh^{CKO-Camk2a} mice, both under baseline conditions 132 133 and following footshock stress (Fig. 3h). However, the magnitude of the response to the acute footshock was similar (Supplementary Fig. 8j), indicating generally lower dopamine levels 134 in $Crh^{CKO-Camk2a}$ mice rather than alterations in stress-induced synaptic dopamine release. We 135 detected no differences in dopamine levels in the nucleus accumbens (Supplementary Fig. 136 137 **81**).

Next, we investigated potential compensatory changes in CRHR1/CRHR2 and Urocortin 138 (UCN) expression in Crh^{CKO-Camk2a} mice. qPCR analysis only revealed a significant 139 upregulation of *Crhr1* in the VTA of *Crh^{CKO-Camk2a}* mice, further supporting the involvement 140 141 of CAMK2A-positive CRH neurons in CRHR1-VTA signaling (Supplementary Fig. 8m). To determine whether behavioral alterations in $Crh^{CKO-Camk2a}$ mice are caused by a lack of 142 CRH from CAMK2A-positive aBNST/CeA neurons, or compensatory upregulation of Crhr1 143 144 in the VTA, we explored the direct impact of enhanced CRH/CRHR1 signaling in the VTA on anxiety and fear conditioning. For this, we first generated a Crhr1-ires-Cre driver in which 145 146 Cre-expression faithfully reproduces the endogenous Crhr1 expression pattern without

compromising its expression and corticosterone release (Supplementary Fig. 10 and 11). 147 148 Using Crhr1-ires-Cre mice, we expressed a constitutively active version of CRHR1 fused to EGFP (AAV-DIO-CA(CRHR1)-EGFP)²⁰ specifically in CRHR1-expressing VTA neurons 149 (Fig. 3i; Supplementary Fig. 12a). CA(CRHR1) mice exhibited decreased anxiety-related 150 behavior in the dark-light box, EPM and marble burying test (Fig. 3j-l), without displaying 151 152 changes in fear conditioning (Fig. 3j-m, Supplementary Fig. 12). This suggests that 153 enhanced CRHR1 signaling in the VTA promotes decreased anxiety without altering fear 154 memory expression. Similarly, intra-VTA microinjections of CRH (40 ng/side) in wild-type 155 mice partially decreased anxiety without altering fear levels. However, a lower dose of CRH 156 did not induce behavioral changes, while a higher dose significantly impaired locomotion (Supplementary Fig. 13), indicating dose-specific effects on general behavior following 157 158 exposure to exogenous (potentially non-physiological) CRH levels. The fact that neither 159 VTA-specific expression of CA(CRHR1) nor microinjections of CRH affected cued freezing, lets us speculate that increased fear memory expression in Crh^{CKO-Camk2a} mice is a 160 consequence of CRH absence from locally projecting CeA neurons⁹ and/or other long-range 161 162 projection neurons.

Notably, photo-excitation of VTA-innervating, ChR2-expressing CRH terminals did not alter 163 164 anxiety and fear memory expression (Supplementary Fig. 14). However, acute optogenetic-165 mediated activation/inhibition of CRH fibers, which will likely impact the co-release of 166 GABA and presumably other neurotransmitters, cannot be directly compared to a chronic 167 manipulation of CRH alone. Consequently, our results imply that prolonged dysregulation of 168 CRH-release from VTA-targeting extended amygdala neurons, and/or chronic changes in 169 CRHR1 signaling in the VTA are required to induce alterations in anxiety-related behavior. 170 Importantly, previous work has repeatedly demonstrated an aversive/anxiogenic-like role for

170 Importantiy, previous work has repeatedry demonstrated an aversive/anxiogenie-like role for

171 CRH/CRHR1 signaling in the VTA of drug-experienced animals^{5,8}. Thus, it is likely that

172 CRH release in the VTA can exert opposing effects on anxiety under baseline and drug/stress 173 induced conditions⁴.

174 Collectively our results suggest that a subpopulation of CRH/CAMK2A-expressing,
175 GABAergic projection neurons of the extended amygdala target CRHR1 on dopaminergic
176 VTA neurons to positively modulate emotional behavior by regulating dopaminergic
177 neurotransmission (Supplementary Fig. 15). This reveals a previously unidentified anxiolytic
178 CRH circuit and further establishes the presence of opposing CRH networks in the regulation
179 of stress-related emotional behavior.

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190 Author contributions

191 N.D. and C.K. designed and performed experiments and analyzed data. N.D. and J.M.D.

192 wrote the manuscript. M.J., J.H., K.S.G., M.L.P., S.C., A.K., A.M.V., M.W.M., B.S., and

193 R.C.A., assisted with behavioral and tracing/imaging experiments. E.A., J.D. and A.G.

194 conducted microdialysis, electrophysiology and optogenetic experiments respectively. K.J.R.,

195 C.T.W., V.G., A.C., M.V.S., W.W. and D.R. contributed to methodology and resources.

196 J.M.D. designed experiments, analyzed data and supervised the project.

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198 Competing interests

199 The authors declare no competing financial interests.

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Figure 1 GABAergic CRH neurons in the aBNST and CeA project to the VTA and carry 229 230 dendritic spines. (a, b) Synaptophysin (Syp)-GFP in the aBNST and CeA (top), and projections in the VTA (bottom) in Crh-ires-Cre mice; TH (dopaminergic marker tyrosine 231 232 hydroxylase). (c) Crh mRNA expression determined by ISH (left). Double ISH (brightfield, right) - Crh (silver grains) is primarily expressed in GABAergic neurons (Gad65/67-positive, 233 234 red staining) of the adBNST and CeA. Black arrowheads, Crh-positive; grey arrowheads, 235 Gad65/67/Crh-positive. Quantifications in Supplementary Fig. 3. (d) Spiny and aspiny CRH 236 neurons in the aBNST and CeA of Crh-ires-Cre;Ai32(ChR2-EYFP) mice. Thin spines (arrows), mushroom-like spines (arrowheads). Experiments in (a-c) and (d) were 237 238 independently replicated three and four times respectively. Abbreviations: anterior 239 commissure (ac), anterior dorsal BNST (adBNST), anterior ventral BNST (avBNST), basolateral amygdala (BLA), central amygdala (CeA), ventral tegmental area (VTA). 240

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242 Figure 2 VTA-projecting spiny GABAergic CRH neurons express Camk2a. (a) Crh mRNA 243 expression determined by ISH (left panel). Double ISH – A subset of Crh neurons in the adBNST and CeA co-express Camk2a. Black arrowheads, Crh-positive; grey arrowheads, 244 *Camk2a/Crh* double positive. Quantifications in Supplementary Fig. 3. (b) Schematic 245 246 representation of dual fate mapping strategy. Representative sections of RC::FrePe;Dlx5/6- $Flp;Camk2a-CreER^{T2}$ mice (c) and subsequent CRH immunostaining (red) show triple 247 248 positive GABAergic/CAMK2A/CRH neurons (arrowheads) in the CeA and aBNST. (d) 249 CAMK2A/CRH neurons carry thin (arrows) and mushroom-like (arrowheads) spines, which 250 receive presynaptic input determined by synaptophysin (SYP, red) immunostaining (e). (f) 251 CeA CAMK2A/CRH neurons (top) and VTA innervating fibers (bottom). (g) Whole brain 252 CLARITY; horizontal Z-stack image showing GABAergic, CAMK2A/CRH-positive aBNST-11

VTA projections (arrowheads);video in Supplementary Information. All experiments were
independently replicated three times. Abbreviations: anterior BNST (aBNST), anterior dorsal
BNST (adBNST), anterior ventral BNST (avBNST), basolateral amygdala (BLA), central
amygdala (CeA) substantia nigra pars compacta (SNc), ventral tegmental area (VTA).

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Figure 3 CRH in CAMK2A neurons regulates anxiety, fear memory expression and 258 259 dopamine release in the prefrontal cortex. (a) Schematic illustration of the targeted Crh allele (Crh^{flox}); details in Supplementary Fig. 7. (b-c) ISH - Crh mRNA deletion pattern in Crh^{CKO-} 260 ^{Camk2a} mice; quantifications from four independent experiments in Supplementary Fig. 8b. (d) 261 Dark-light box test - lit zone time ($t_{(23)} = 2.6$, *p = 0.018), lit entries ($t_{(23)} = 1.9$, p = 0.068); 262 unpaired two-tailed t-test, $n = 12 Crh^{Ctrl}$, 13 $Crh^{CKO-Camk2a}$. (e) Open arm time (%) in the EPM 263 $(t_{(18)} = 2.4, p = 0.031;$ unpaired two-tailed t-test, $n = 11 Crh^{Ctrl}$, 9 $Crh^{CKO-Camk2a}$). (f) Marble 264 burying test ($t_{(31)} = 2.8$, **p = 0.009; Unpaired two-tailed t-test, n = 16 Crh^{Ctrl}, 17 Crh^{CKO-} 265 ^{*Camk2a*}). (g) Cued fear conditioning (RM ANOVA time × group interaction: $F_{(6,156)} = 3.88$, p = 266 0.0012; Bonferroni post hoc test, *p < 0.05, ***p < 0.0001; n = 13 Crh^{Ctrl} , 15 $Crh^{CKO-Camk2a}$. 267 (h) In vivo microdialysis showing decreased dopamine release in the prefrontal cortex of 268 Crh^{CKO-Camk2a} mice under baseline conditions and following footshock (FS) stress (RM 269 ANOVA genotype effect: $F_{(1,17)} = 7.14$, *p = 0.02; n = 10 Crh^{Ctrl}, 9 Crh^{CKO-Camk2a}. (i) Cre-270 dependent expression of a constitutively active (CA) CRHR1-EGFP fusion construct (AAV-271 Efla::DIO-(CA)CRHR1-EGFP) in VTA neurons of Crhr1-ires-Cre mice (representative 272 273 images from three independent experiments; details in Supplementary Figures 11-12). 274 Littermate controls were injected with AAV-Efla::DIO-mCherry). Crhr1-ires-Cre mice expressing (CA)CRHR1 in the VTA exhibit decreased anxiety in the (j) dark-light box test (lit 275 zone time: U = 14, *p = 0.043 / lit zone entries: U = 20, p = 0.1 / Mann Whitney U test two-276 tailed; n = 7 Ctrl, 10 (CA)CRHR1), (k) EPM ($t_{(15)} = 2.2$, *p = 0.043; unpaired two-tailed t-277 test; n = 7 Ctrl, 10 (CA)CRHR1) and (l) marble burying test ($t_{(17)} = 4.3$, ***p = 0.005; 278 12

- unpaired two-tailed t-test; n = 8 Ctrl, 11 (CA)CRHR1) without showing alterations in (m)
- 280 cued fear conditioning (RM ANOVA time × group interaction: $F_{(6,102)} = 0.45$, p = 0.84; n = 8
- 281 Ctrl, 11 (CA)CRHR1). Abbreviations: Anterior dorsal BNST (adBNST), anterior ventral
- 282 BNST (avBNST), central amygdala (CeA), substantia nigra pars compacta (SNc), ventral
- tegmental area (VTA), tyrosine hydroxylase (TH). Error bars represent s.e.m.

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287 **Animals.** All animal experiments/protocols were legally approved by the ethical committee 288 for the Care and Use of Laboratory animals of the Government of Upper Bavaria, Germany... All mice were group housed (max. 4 mice/cage) under standard laboratory conditions ($22 \pm$ 289 290 1° C, 55 ± 5% humidity) with a 12:12 h light:dark schedule with food and water provided ad 291 *libitum*. All experiments were performed in 10-14 week old male mice other than 1) 292 corticosterone measurements in Crhr1-ires-Cre mice, which were performed in female mice 293 (Supplementary Fig. 11d) and 2) VTA-expression of CA(CRHR1), which was performed in 294 6-9 week old male mice (Fig. 3i-j and Supplementary Fig. 12). Behavioral testing and 295 microdialysis were conducted between 8:30 am and 12:30 pm during the light cycle. Mice 296 were single housed one week prior to behavioral testing and hormone assessment. For all 297 experiments with inducible Cre recombinase lines, tamoxifen was given in food pellets (LAS CRdiet CreActive TAM400, LASvendi) during postnatal weeks 10-12, and analyses were 298 performed 1-2 weeks later. Morphological assessment of CRH neurons was conducted in Crh-299 ires-Cre²¹ mice bred to Ai9 (R26^{CAG::loxP-STOP-loxP-tdTomato}, stock no: 007905) or Ai32 300 $(R26^{CAG::loxP-STOP-loxP-ChR2-EYFP})$, stock no: 012569)²² mice, which were purchased from the 301 Jackson Laboratory. Conditional Crh knockout mice (please refer to 'Generation of 302 conditional knockout mice' below) lacking Crh ubiquitously, in glutamatergic and CAMK2A-303 expressing neurons were generated by crossing Crh^{flox} mice with Cre Deleter (purchased from 304 TaconicArtemis, Cologne, Germany), Nex-Cre²³ and Camk2a-CreER^{T2} mice²⁴ respectively. 305 Intersectional fate-mapping was performed in RC::FrePe mice^{25,26}, bred to Dlx5/6-Flp²⁷ 306 (purchased from Jackson Laboratory, stock no: 010815) and Camk2a-CreER^{T2} mice. 307

309 Generation of conditional *Crh* knockout mice. Mice with a floxed *Crh* allele (*Crh^{flox}*) were
 310 generated based on the previously described strategy used to generate *Crhr1*-reporter mice, 14

and conditional *Crhr1* knockout mice²⁸. The targeting vector was constructed from a universal 311 shuttle vector with an inverted diphtheria toxin A (DTA) expression cassette for negative 312 313 selection. The shuttle vector comprises the following components, which were flanked by 314 attP sites, thereby enabling cassette exchange in embryonic stem (ES) cells subsequent to homologous recombination (from 5' to 3'): 5' homology arm including Crh exon 1, and the 5' 315 316 part of intron 1, upstream loxP site, first frt site, adenovirus splice acceptor (SA), tau-LacZ (tZ) reporter gene equipped at its C-terminus with a *flag* tag, second *frt* site, and a reverse-317 318 oriented EM7-neo positive selection cassette, including a bovine growth hormone 319 polyadenylation signal. Finally, downstream of the second *attP* site: a reverse-oriented PGK 320 promoter, a third *frt* site, the 3' part of intron one as well as exon 2 with the downstream *loxP* site inserted in the 3' UTR, and the 3' homology arm (see also Supplementary Fig. 7). The 321 322 linearized (Scal) targeting vector was electroporated into TBV2 ES cells (129S2). Mutant ES 323 cells were identified by Southern blot analysis of genomic ES cell DNA digested with EcoRI (5'-probe) and BamHI (3'-probe), respectively. Mutant ES cells were used to generate 324 325 chimeric mice by blastocyst injection. Male chimeras were bred to wild-type C57BL/6J mice and germline transmission of the modified Crh reporter allele (Crh^{tz}) was confirmed by PCR 326 in F1 offspring. Breeding the Crh^{tz} reporter mice with transgenic *Flpe Deleter* mice²⁹ led to 327 deletion of the *tZ-neo* cassette and resulted in a conditional Crh allele (Crh^{flox}) leaving exon 2 328 flanked by *loxP* sites. Subsequent breeding to Cre driver lines resulted in conditional deletion 329 of the loxP flanked exon 2 (Crh^{CKO}). Mice were of a mixed 129S2/Sv×C57BL/6J genetic 330 331 background.

Generation of *Crhr1-ires-Cre* mice. Mice expressing Cre recombinase under the control of the *Crhr1* promoter were generated by using a recombinase-mediated cassette exchange (RMCE) strategy. ES cell clones carrying a respective docking site in intron 2 of the *Crhr1* gene were generated previously²⁸. In contrast to the *Crhr1^{tZ}* allele the ES clone used for

RMCE did not contain a *loxP* site 5' of exon 2 (*Crhr1^{tZ-\Delta loxP}*; see also Supplementary Fig. 337 10) The *attB* site-flanked *Crhr1-Cre* recombinase expression unit encompassed from 5' to 3': 338 Crhr1 intron 2 (3' of the original Bg/II insertion site) to exon 3 fused to the Crhr1 cDNA 339 340 covering exons 4-13, an *ires-Cre* cassette with a bGH-pA, a *frt* site followed by a PGK pA 341 and hygromycin resistance cassette both in inverse orientation. PhiC31 integrase-mediated 342 cassette exchange resulted in insertion of the Crhr1-Cre expression unit into the right attP site as verified by PCR and sequencing (Crhr1^{tZ-iCre}). Mutant ES cells were used to generate 343 chimeric mice which transmitted the modified Crhr1 allele through the germline. The tau-344 LacZ reporter and hygromycin selection cassette were removed by breeding to FLPeR mice³⁰. 345 346 Selective removal of both cassettes was demonstrated by PCR on genomic DNA from offspring using primers A (Flipase-1-fwd) 5'-GAC-CTG-CAG-GAA-CCA-ACT-GT-3', B 347 (Primer-2-Cre-rev) 5'-CAC-CCA-TGG-TTA-GTC-CCA-GT-3', C (P-Cre-downs-fwd2) 5'-348 349 AAT-AAT-AAC-CGG-GCA-GGG-GG-3', D (Flipper-rev-1) 5'-CGA-CTA-GAG-CTT-350 GCG-GAA-CCC-3', E (P-PGK-fwd2) 5'-CCT-ACC-GGT-GGA-TGT-GGA-AT-3', F (Cre-351 fwd) 5'-GAT-CGC-TGC-CAG-GAT-ATA-CG-3', G (Cre-rev) 5'-AAT-CGC-CAT-CTT-CCA-GCA-G-3', Thy1-F1 5'-TCT-GAG-TGG-CAA-AGG-ACC-TTA-GG-3' and Thy1-R1 352 353 5'-CCA-CTG-GTG-AGG-TTG-AGG-3' (see also **Supplementary Fig 10**). Mice were kept 354 on a mixed 129S2/Sv×C57BL/6J genetic background.

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Production of adeno-associated viruses (AAVs). The synaptophysin-GFP coding sequence (original construct³¹) was subcloned into a double floxed inverted open-reading frame (DIO) vector under the control of the Ef1 α promoter (Ef1a::DIO-eYFP, Addgene, #27056). The Camk2a::DIO-EYFP construct was created by replacing the Ef1a promoter in the Ef1a::DIO-EYFP construct with a 1.5 kb *Camk2a* promoter fragment. Packaging and purification of recombinant (r) AAVs (Serotype 1/2) was conducted as previously described³². rAAVs titers were ~10¹⁰ genomic copies per µl. The Ef1a::DIO-(CA)CRHR1-EGFP vector was kindly 16 provided by Benjamin Arenkiel^{20,33} and packaged into AAV_{1/2}. AAV_{1/2}-Ef1a::DIO-mCherry
was used as a control (vector purchased from Addgene; www.addgene.org, plasmid #50462,
donated by Bryan Roth).

366

367 **Stereotactic surgeries:** For all experiments utilizing stereotactic surgeries (viral injections for 368 tracing experiments, optic fiber or guide cannula placements for CRH microinfusions and in 369 vivo microdialysis), mice were anesthetized with isoflurane (Floren \mathbb{R} , Abbott), 2% v/v in O₂ 370 and placed in a stereotaxic apparatus (TSE systems Inc., Bad Homburg, Germany) with 371 adapted components to allow mouse inhalation anesthesia. Post-surgery recovery included 372 Metacam supplementation, 0.25 mg/100 mL with drinking water, for 3 days after surgery, 373 with daily inspection of food intake. At the end of the experiments, mice were killed with an 374 overdose of isoflurane (Floren[®], Abbott), transcardially perfused with PBS followed by 4 % 375 PFA, and brains removed for subsequent analysis. For viral injections, CRH-microinfusions and optogenetic experiments, brains were sectioned (40 µm) using a vibratome (MICROM 376 377 HM 650V, Thermo Fischer Scientific) and accurate placements of microinjection cannulas 378 and optic fibers verified. For microdialysis experiments, brains were sectioned using a 379 cryostat (Leica CM 3000) and accurate probe placements verified.

380

Viral injections and tracing analyses. *Crh-ires-Cre* mice were unilaterally injected with either AAV-Ef1a::DIO-Syp-GFP or AAV-Camk2a::DIO-EYFP into the dorsal and ventral part of the anterior BNST (350 nl dorsal + 350 nl ventral), CeA (300 nl), PVN (250 nl), Pir (250 nl) and PFC (400 nl) using a 33 gauge microinjection needle with a 10 microliter syringe (Hamilton[®]) coupled to an automated microinjection pump (World Precision Instruments Inc.) at 100 nl/min. Coordinates in mm from bregma were as follows: aBNST (A/P +0.15, M/L ± 0.8 , D/V -4.25 and -4.75), CeA (A/P -1.0, M/L ± 2.6 , D/V -4.5), PVN (A/P -0.80, M/L ± 0.25 , D/V -4.75). At the end of the infusion, needles were kept on site for 10 min and then slowly withdrawn. Viral expression was assessed 4 weeks post-surgery.

Fluorogold (Fluorochrome, LLC) was dissolved as 1% W/V in 0.9% saline and 0.3 ul were injected unilaterally in the VTA. Retrobeads were obtained from Lumafluor Inc and injected (undiluted solution) at a volume of 100 nl. VTA coordinates in mm from bregma: A/P -3.0, $M/L \pm 0.6$ and D/V 4.5. Mice were sacrificed and brains assessed 4 days after surgery.

394

395 Microdialysis and dopamine measurements. Microdialysis was performed as described previously³⁴. Guide cannulas were implanted unilateral into the right mPFC (coordinates in 396 397 mm from bregma: A/P +2.20, M/L +0.35 and D/V 1.50). One day before the experiment, CMA 11 metal free microdialysis probes with a cuprophane membrane of 2 mm length and 398 399 o.d. of 0.2 mm (CMA Microdialysis) were inserted and connected to the perfusion lines 400 consisting of FEP tubing and low-volume liquid swivel TCS2-23 (EiCOM). From the 401 moment of insertion, probes were continuously perfused with sterile artificial cerebrospinal fluid (concentrations in mM: NaCl, 145; KCl, 2.7; CaCl₂, 1.2; MgCl₂, 1.0; Na₂HPO₄, 2.0; pH 402 403 7.4) at a flow rate of 0.3 μ l/min.

404 On the experimental day, following a 1 h equilibration period, 20 min microdialysis fractions 405 were constantly collected in cooled 300- μ l microtubes (Milian AG) containing 2 μ l of 0.1 M 406 perchloric acid at a perfusion rate of 1.1 μ /min. The dead volume of the outlet line was 407 compensated by a delay in fraction harvesting (10 min). Six consecutive baseline samples 408 were collected. Thereafter, mice were placed into a custom-made shock chamber for a total of 409 5 min. After 180 s of habituation, animals underwent two electric FSs (1.5 mA, 2 s long) with 410 a 60 s interval in-between. Animals remained in the shock chamber for another 60 s before 411 being returned to their microdialysis home cages.

412 Dopamine content in the microdialysates was determined by reversed-phase high413 performance liquid chromatography (HPLC) with electrochemical detection (UltiMate3000

HPLC system/Coulochem III, Thermo-Fischer Scientific). All reagents used for the 414 phosphate-citrate mobile phase (methanol 10 %, pH 5.6) were of analytical grade (Carl Roth 415 416 GmbH or MERCK KGaA). Monoamines were separated on an analytical column (C18, 417 150x3 mm, 3 um; YMC Triart, YMC Europe GmbH) at a flow rate of 0.4 mL/min. The 418 potentials of the working electrodes were set at 75 mV, +250 mV, and the guard cell potential was set at +350 mV. Dopamine concentrations were calculated by external standard curve 419 420 calibration using the peak area for quantification. The detection limit for dopamine was 0.032 421 nM.

422

423 Intra-VTA CRH infusions. Stainless steel cannulas (8 mm) were inserted bilaterally above 424 the left and right VTA (A/P -3.2 mm, M/L ± 0.5 mm, D/V -3.6 mm). A small screw was 425 drilled into the skull to fixate the protective helmet. The screw and the cannulas were fixed to 426 the skull by the application of dental cement (Paladur, Heraeus Kulzer). Following surgery, animals were allowed to recover for one week. Mice were infused with 0.4, 40 or 400 ng 427 428 CRH (Bachem #H-2435.001, 1 mg) pro side dissolved in aCSF. 500 nl/side were delivered at an infusion rate of 0.1 ul/min using injectors that protruded 1 mm beyond the cannulas. 429 430 Vehicle animals received aCSF only. Mice were tested 30 min post vehicle or CRH injection. Separate cohorts (vehicle and CRH treated) were used for each CRH dose (0.4, 40 and 400 431 432 ng/side). Each behavioral test was performed on a separate day for each CRH dose tested. The 433 tests were conducted in the following order: OF, DaLi, EPM and fear conditioning.

434

435 **Optogenetic stimulation.** Optogenetic activation of CRH-positive terminals within the VTA 436 was performed in *Crh-ires-Cre* mice bred to ChR2-EYFP-expressing Ai32 mice. *Crh-ires-*437 *Cre;Ai9(tdTomato)* mice were used as respective controls. Optic fibers (200 μ m, NA 0.39, 438 Thorlabs CFML12L20 cut to 7 mm length) were implanted bilaterally above the VTA using 439 the following coordinates in mm: AP -3.2, ML ±0.55, - DV 3.8 with an angle of ±10° and 19 secured with dental acrylic (Paladur, Heraeus Kulzer). After the stereotaxic surgery, the animals were left for 2 weeks to recover. The laser (Omikron LightHUB-4, 460 nm) output power was adjusted to read 12 mW measured at the fiber tip. The laser was pulsed at 20 Hz with 15 ms pulse width, using an external pulse stimulator (Master-8, A.M.P.I.). Bilateral stimulation of freely-moving animals was achieved using a fiber-optic rotary joint (FRJ_1x2i_FC-2FC, doric).

446 *DaLi test:* Laser stimulation was initiated 5-10 seconds before the animals were placed into447 the dark compartment and lasted for 420 seconds.

EPM: The EPM was divided into three alternating 5-min epochs: laser stimulation off,
stimulation on, and stimulation off (OFF-ON-OFF epochs).

450 *Auditory/cued fear conditioning* was performed as described in the Fear Conditioning section

451 below. Optogenetic stimulation took place only during the second minute of tone presentation

452 (60 seconds). Freezing was scored with the tracking software ANY-maze (Stoelting Co.).

453

VTA-specific expression of a constitutively active CRHR1. *Crhr1-ires-Cre* mice were bilaterally injected with AAV-Ef1a::DIO-(CA)CRHR1-EGFP or the control virus AAV-Ef1a::DIO-mCherry in the VTA (0.3 ul/side) at a rate of 0.10 μ l/min using a Neuros series Hamilton syringe (Reno, NV) connected to micro injection pump (World Precision Instruments). Coordinates in mm for VTA injections were: A/P -3.0, M/L ±0.6, D/V -4.6. Behavioral experiments (OF, DaLi, EPM, Marble burying and fear conditioning as described above) were started at least 3 weeks after surgery.

461

Immunofluorescence staining. Immunofluorescence staining was performed as previously described¹. Briefly, brain slices were permeabilized with PBS-TritonX-100 0.1%, blocked at RT for 1 h in 5% BSA in PBS-TritonX-100 0.1%, and incubated o.n. (or longer) at 4°C with the primary antibody. On the next day, slices were washed and incubated with the secondary

antibody for 2h at RT. After a final wash, brain slices were stained with DAPI and mounted 466 with anti-fading fluorescence VectaShield medium (Vector Laboratories). Primary antibodies: 467 anti-tyrosine hydroxylase (#P40101, 1:2000, PelFreez Biologicals), anti-synaptophysin 468 469 (#ab14692, 1:2000, Abcam), anti-CRH, 1:20000, 1 week incubation; obtained from Paul E. 470 Sawchenko, Salk Institute, CA). Specificity of the anti-CRH antibody has previously been validated^{35,36}. Secondary antibodies (1:2000): Alexa Fluor 594 goat anti-rabbit IgG (#A11037, 471 Invitrogen Life Technologies, Carlsbad, CA), Alexa Fluor 647 goat anti-rabbit IgG (#A21244, 472 473 Invitrogen Life Technologies, Carlsbad, CA).

474

Image acquisition. Images were captured with either a Zeiss Axioplan2 fluorescent microscope and the Axio Vision 4.5 software, or an Olympus IX81 inverted laser scanning confocal microscope and the Fluoview 1000 software. For confocal imaging, a Z-stack of pictures of areas of interest was obtained with 0.4-1.2 μm step size and 800x800 to 1024 x 1024 pixel picture size. Images were analyzed with ImageJ (http://rsweb.nih.gov/ij/) and Adobe Photoshop CS2.

481

482 In situ hybridization (ISH) and double ISH. Brains were sectioned coronally at 20 µm using a cryostat (Microm, Walldorf, Germany). The sections were thaw-mounted onto 483 superfrost slides, dried, and kept at -80°C. Single and double ISH was performed as 484 previously described^{1,37,38}. The following riboprobes were used: *Gad67*: 984-1940 bp of 485 486 NM 008077; Gad65: 753-1600 bp of NM 008078; Vglut1 (Slc17a7): 1716-2332 bp of 487 NM 010484; Vglut2 (Slc17a6): 2427-3006 bp of NM 080853.3; Crh (3'UTR): 2108-2370 bp of AY128673; Camk2a: 2034-2903 bp of NM 177407.4; Tomato: 337-1026 bp of 488 489 NM 205769. Quantifications of double and single ISHs were performed blindly using the freely available NIH ImageJ software (http://rsbweb.nih.gov/ij/). 490

491

Clarity. Mice were perfused with 20 ml of 0.1M PBS at 4°C, followed by 20 ml of a 492 493 hydrogel solution containing 4% acrylamide, 0.05% Bis, 0.25% VA-044 Initiator, 4% PFA 494 and 0.1M PBS at 4°C. Brains were extracted and incubated in hydrogel solution at 4°C for 3 495 more days, then incubated at 37°C for 3h until the hydrogel solution had polymerized. 496 Subsequently, the tissue was submitted to a clearing process, in which the sample was washed 497 in a clearing solution containing 200 mM boric acid and 4% sodium dodecyl sulfate with pH 498 8.5 for 2 days at 37°C. After one week of incubation in clearing solution at 37°C, 499 electrophoretic tissue clearing was performed for 5 days in the clearing solution at 37°C and 15V. Following another week of incubation in the clearing solution at 37°C, the sample was 500 501 washed 2 times for 24h with PBST (0.1% TritonX in 0.1M PBS). The cleared brain was 502 incubated in FocusClear (CelExplorer Labs Co., Hsinchu, Taiwan) for 2h before imaging with 503 a LaVision Light Sheet microscope (LaVision BioTec, Duisburg, Germany). A movie 504 compiled from individual Z-stack images was created with ImageJ (http://rsweb.nih.gov/ij/).

505

506 Open field, Dark-light box, and elevated plus-maze (EPM) tests. The open field test was 507 used to assess general locomotion and anxiety-related behavior, and was conducted in evenly 508 illuminated (<15 lux) square apparatuses (50 x 50 x 60 cm). The test duration was 15 min. 509 The dark-light box and EPM were employed to assess anxiety-related behavior. The darklight box test was performed for 5min in apparatus consisting of a secure black compartment 510 511 (<5 lux) and an aversive, brightly illuminated white compartment (700 lux). The EPM 512 consisted of a plus-shaped platform with four intersecting arms, elevated 37 cm above the 513 floor. Two opposing open $(30 \times 5 \text{ cm})$ and closed arms $(30 \times 5 \times 15 \text{ cm})$ were connected by a 514 central zone (5 x 5 cm). Animals were placed in the center of the apparatus facing the closed 515 arm and were allowed to freely explore the maze for 5 min. Open arm time was calculated in percent: open arm time (%) = open arm time (s) / (open arm time (s) + closed arm time (s)). 516

517 All experiments were analyzed using the automated video-tracking system ANYmaze518 (Stoelting, Wood Dale, IL).

519

520 **Marble burying test.** Mice were placed into a housing cage (Green Line IVC Sealsafe PLUS 521 Mouse, Techniplast), filled with corn cob bedding (5 cm high), and containing 10 black 522 marbles, evenly distributed over the surface of the corn cob layer. After the cages had been 523 covered with flipped cage lids, animals were allowed to roam the cages freely for 1 hour. At 524 the end of the test period the number of buried marbles was assessed by an observer blind to 525 the genotype.

526

Fear Conditioning. Contextual and cued fear conditioning was performed in conditioning 527 chambers (ENV-307A, MED Associates Inc.,) as previously described³⁹. Foot shock (FS) 528 529 delivery and context-dependent fear memory were assessed in a cubic-shaped chamber with metal grid floors, which was thoroughly cleaned and sprayed with 70% Ethanol before the 530 531 animals were introduced (shock context). A neutral context consisting of a Plexiglas® 532 cylinder with bedding was used to investigate cued (tone-dependent) fear memory, which was 533 cleaned and sprayed with 1% acetic acid (novel context). For foot shock application (day 0) 534 mice were placed into the conditioning chamber for 3 min. After 180 sec, a sine wave tone 535 (80 dB, 9 kHz) was presented for 20 sec, which co-terminated with a 2 sec scrambled electric 536 foot shock of 1.5 mA. The mice remained in the shock chamber for another 60 sec. In order to 537 measure the freezing responses to the tone, mice were placed into the novel environment 538 (cylinder) on the following day (day 1). Three minutes later, a 3 min tone was presented (80 539 dB, 9 kHz). The animals were returned to their home cages 60 sec after the end of tone 540 presentation. Contextual fear was tested by re-exposing the animals to the shock context for 3 min on day 2. As a measure of fear memory, freezing behavior was recorded and analyzed by 541 an observer blind to genotype. Freezing was scored if the animals adopted an immobile 542

posture (except for breathing-related movement) with all 4 paws on the ground and the head
in a horizontal position. Data were analyzed in 20-s, 60-s or 180-s bins and normalized to the
observation interval as indicated in the Results section.

546

547 Pain perception and shock-related fear sensitization. Individual pain thresholds were essentially as described before^{40,41}. In brief, on day 0 mice from a new cohort were 548 549 individually placed into the shock chamber. After 3 min baseline, current intensity of the foot 550 shock was constantly increased at 5 μ A/s until the mice showed first signs of discomfort 551 (backwards moving; PT1) and pain (jumping and vocalization; PT2) and the respective 552 current intensities were noted. Once mice showed those signs of pain, the current was 553 immediately switched of. Behavioral performance was judged by trained observers blinded to 554 genotype.

555 To further investigate shock-related fear sensitization, all mice received an unsignalled electric foot shock of 1.5 mA (2s) within 15s after determination of PT2 on day 0, and 556 557 returned to their home cages 60 s later. The next day (day 1), animals were placed into the novel context. After a baseline period of 3 min, a sine-wave tone (9 kHz, 80 dB, 3 min) was 558 559 presented for the first time, and mice were placed back to their home cage 60 s after tone off-560 set. This procedure allows to measure non-associative memory components of the conditioning procedure^{39,42–45}. On day 2, mice were re-exposed to the shock chamber for 3 561 562 min. Generalization of contextual fear was assessed by comparing the freezing responses 563 shown (i) before shock presentation at day 0, (ii) during exposure to the novel context before 564 the subsequent tone presentation (day 1) and (iii) during re-exposure to the shock context (day 565 2). Freezing behavior was recorded and analyzed by an observer blind to the genotype as 566 described above.

568 Corticosterone measurements. Plasma corticosterone concentrations were measured as
569 previously described¹ using the commercially available RIA kit (MP Biomedicals, Eschwege,
570 Germany) according to the manufacture's manual.

571

572 **qPCR** analysis. Tissue punches for respective brain regions were collected from coronal cryosections with a punching tool (FST, 1 mm diameter), directly into ice-cold Trizol reagent 573 574 (Invitrogen), and stored at -80°C until RNA isolation. Total RNA was isolated following the 575 Trizol protocol and the aqueous phase was purified using Qiagen RNAeasy columns and 576 buffers. RNA templates were transcribed into cDNA with the Superscript III kit (Invitrogen) 577 and random hexamer primers. cDNA was amplified on a Roche LightCycler 96 System with 578 Fast SYBR Green PCR Master Mix (Roche). Specific primers and Hprt house-keeping primers were as follows: Crhr1 (fwd. 5'-GGG-CCA-TTG-GGA-AAC-TTT-A-3'; rev. 5'-579 580 ATC-AGC-AGG-ACC-AGG-ATC-A-3'), Ucn1 (fwd. 5'-TCT-TGC-TGT-TAG-CGG-AGC-G-3'; rev. 5'-TCG-AAT-ATG-ATG-CGG-TTC-TGC-3'), Hprt (fwd. 5'-GTT-CTT-TGC-581 TGA-CCT-GCT-GGA-3'; rev. 5'-TCC-CCC-GTT-GAC-TGA-TCA-TT-3'). 582

583

584 Electrophysiological recordings.

Brain slices were prepared as described before⁴⁶ in carbogenated choline chloride-based 585 solution. 300 µm slices at the level of the CeA were hemisected along the midline and 586 587 afterwards, incubated for 30 min in carbogenated artificial cerebrospinal fluid (aCSF) at 34°C. 588 After 60 min recovery at room temperature, a hemislice was transferred and submerged in the 589 recording chamber in which it was continuously perfused (4-5 mL/min) with aCSF at room temperature. Patch-clamp recordings were carried out at 25°C as previously described⁴⁶. The 590 591 patch-clamp electrodes (open-tip resistance 5-7 M Ω) were filled with a solution consisting of (in mM): 130 K-Gluconate, 5 NaCl, 2 MgCl₂, 10 HEPES, 0.5 EGTA, 2 Mg-ATP, 0.3 Na-592 GTP, 5 D-Glucose, 20 Na2-Phosphocreatine (pH 7.2 with KOH, liquid junction potential of 593 25

12 mV). ChR2 was activated by a Sapphire 488 nm laser (75 mW max. output power,
 Coherent)⁴⁶. Offline analysis was performed using the Pulse and Igor Pro softwares.

596

597 **Statistical analyses.** All results are presented as mean \pm standard error of the mean (s.e.m.) 598 and were analyzed by the commercially available GraphPad Prism 7 software (GraphPad 599 Inc.). Statistical significance was defined as p < 0.05. Normality and equality of variance were 600 analyzed with the D'Agostino-Pearson omnibus test and Bartlett's test respectively. In cases 601 were sample sizes were too small, data distribution was assumed to be normal. Based on the 602 results of these tests, appropriate parametric (two-tailed unpaired t test) or non-parametric 603 (Mann-Whitney U test) tests were performed. Time-dependent measures assessed during 604 microdialysis, fear conditioning and optogenetic experiments were analyzed with repeated 605 measures ANOVA followed by Bonferroni post hoc analysis. No statistical methods were 606 used to predetermine sample sizes. Sample sizes were based on those reported in previous publications^{1,4,37,38,47–50}. Animals were randomly allocated into different experimental groups. 607 608 Conditional knockout mice and control littermates were assigned to the experimental group 609 on the basis of genotype. No specific randomization method was used. Age-matched 610 littermates were used as controls in all experiments. For behavioral analysis, experimenters 611 were blind to experimental conditions. Injection sites and viral expression were confirmed for 612 all animals by experimenters blinded to behavioral results. Mice showing incorrect cannula 613 placement, injection sites or optic fiber placement were excluded from analysis by 614 experimenters blinded to treatment.

615

616 Life Sciences Reporting Summary.

Further information on experimental design is available in the Life Sciences ReportingSummary.

620 Data and code availability.

621 The data that support the findings of this study are available from the corresponding author

- 622 upon reasonable request. No custom or open source code was used for data collection and
- 623 analyses.
- 624

625 **References Methods**

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