Title: Chronic CRH depletion from GABAergic, long-range projection neurons in the extended amygdala reduces dopamine release and increases anxiety

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Abstract: The interplay between corticotropin-releasing hormone (CRH) and the dopaminergic system has predominantly been studied in addiction and reward, while CRH-dopamine interactions in anxiety are scarcely understood. We describe a novel population of CRH-expressing, GABAergic, long-range-projecting neurons in the extended amygdala which innervate the ventral tegmental area, and alter anxiety following chronic CRH depletion. These neurons are part of a distinct CRH circuit which acts anxiolytic by positively modulating dopamine release.

Main Text:

CRH and its type 1 high affinity receptor (CRHR1) are widely distributed throughout the 45 brain^{1–3}, and modulate neuroendocrine and higher order behavioral responses to stress³. Although it is widely accepted that CRH/CRHR1 signaling induces aversive stress-like behavioral responses, we and others have recently shown that CRH/CRHR1 can also act in an 48 anxiolytic and appetitive manner via interaction with the dopaminergic system^{1,4}. The ventral tegmental area (VTA) and substantia nigra pars compacta (SNc) express high levels of 50 $\text{CRHR1}^{1,3}$, and conditional deletion of *Crhr1* in dopaminergic neurons increases anxiety and 51 reduces dopamine release in the prefrontal cortex $(PFC)^1$, suggesting the presence of an "anxiolytic" CRH/CRHR1 circuit. However, the source of CRH in the VTA remains 53 controversial^{5–8}. Here we aimed to determine the origin and identity of VTA-targeting CRH neurons, and unravel their specific role in modulating positive emotional responses.

CRH is heavily expressed in structures of the extended amygdala including the anterior bed nucleus of the stria terminalis (aBNST) and the lateral part of the central amygdala $(CeA)^{2,3,9,10}$ two brain regions critically involved in the regulation of fear and anxiety^{6,9–12}. In order to determine whether these CRH neurons project to the VTA, we injected AAVs expressing a Cre-dependent synaptophysin-GFP (Syp-GFP) fusion protein into different brain regions of of *Crh-ires-Cre* mice. Presynaptic Syp-GFP puncta in the VTA and SNc were most dense following tracer injection into the aBNST and CeA, (**Fig. 1a,b**; **Supplementary Fig. 1 and 2; Supplementary Table 1**), demonstrating the presence of VTA-innervating CRH 63 neurons in the extended amygdala, which has also been suggested by others^{13,14}.

Double in situ hybridizations revealed an overwhelming majority of GABAergic CRH 65 neurons in the aBNST/CeA, and confirmed^{9,10} the distinct identity of $Gad65/67$ -positive but largely *Pkcδ/Som*-negative CeA CRH neurons (**Fig. 1c, Supplementary Fig. 3 and 4a-c**). Contrastingly, most *Crh* neurons in the piriform cortex (Pir) co-expressed the glutamatergic 68 marker *Vglut1*, while 29.9 \pm 2.1% within the PVN co-localized with *Vglut2*, highlighting the diversity of CRH neurons in different brain regions. Overall, these results suggest that VTA-targeting CRH neurons of the aBNST/CeA represent GABAergic long-range projection neurons.

Intriguingly, morphological assessment in *Crh-ires-Cre;Ai32(ChR2)* mice revealed the presence of thin and mushroom-like dendritic spines in a subgroup of CRH neurons in the aBNST and CeA (**Fig. 1d**). Dendritic spines are conventionally believed to be largely absent from inhibitory neurons. Notably, we primarily detected aspiny GABAergic CRH neurons in the hippocampus and cortex (**Supplementary Fig. 4d-f**), which have previously been ascribed to classical, locally projecting interneurons including basket, chandelier, and double 78 bouquet cells 15,16 .

Interestingly, we found that approximately one third of *Crh* neurons in the aBNST and CeA co-express the calcium/calmodulin-dependent protein kinase 2 alpha (*Camk2a*) (**Fig 2a; Supplementary Fig. 3**), one of the most abundant postsynaptic density proteins, which is 82 crucial for several aspects of synaptic plasticity¹⁷, and predominantly expressed in excitatory pyramidal neurons of the forebrain. Accordingly, *Crh*-expressing glutamatergic neurons in the Pir also co-expressed *Camk2a* (**Supplementary Fig. 3**). However, CAMK2A signaling also 85 plays an important role in medium spiny neurons of the striatum^{17,18}, the most prominent population of spiny, GABAergic, long-range projecting neurons in the brain. In addition, VTA-projecting GABAergic/CAMK2A neurons have been identified in the BNST and were 88 shown to produce rewarding and anxiolytic phenotypes upon optogenetic activation¹¹. We validated the presence of triple positive GABAergic/CAMK2A/CRH neurons in the aBNST and CeA, by combining a recombinase-based intersectional mouse genetic strategy with CRH immunohistochemistry (**Fig. 2b,c; Supplementary Fig.5**).

Next we labeled CAMK2A-expressing CRH neurons by injecting AAV-Camk2a::DIO-EYFP into the aBNST and CeA of *Crh-ires-Cre* mice. Dendrites of CAMK2A/CRH neurons were sparsely to moderately decorated with thin and mushroom-like spines, which received

presynaptic input evident by synaptophysin labeling (**Fig. 2d,e**). Moreover, we observed dense EYFP labeling in fibers within the VTA and SNc following AAV-Camk2a::DIO-EYFP injections into the CeA or aBNST (**Fig. 2f; Supplementary Fig. 6**). CLARITY of *Crh-ires-Cre* mouse brains injected with AAV-Camk2a::DIO-EYFP additionally demonstrated that the VTA/SNc represent primary projection targets of aBNST CAMK2A/CRH neurons (**Fig. 2g**; **Supplementary Video 1**). Collectively, these results suggest that VTA-projecting CRH neurons in the aBNST and CeA represent a previously undefined class of largely spiny, CAMK2A-expressing, GABAergic long-range projection neurons. Although the majority of CAMK2A/CRH neurons had spines, we were not able to accurately quantify the percentage of total spiny vs. aspiny neurons due to the dense local projections and intermingled dendrites of CeA/aBNST CRH neurons.

In order to target the identified CAMK2A/CRH circuit, we generated conditional *Crh* 107 knockout mice (Crh^{flox}) , crossed them with $Camk2a-CreER^{T2}$ mice and induced the knockout in adulthood via application of tamoxifen-containing food (**Fig. 3a**; **Supplementary Fig. 7**). 109 As expected, loss of *Crh* expression in $Crh^{CKO-Camk2a}$ mice was primarily observed in the aBNST and CeA, but also in *Crh*-expressing glutamatergic neurons of the Pir (**Fig. 3b,c; Supplementary Fig. 8a,b**). Based on our findings that deletion of *Crhr1* in dopaminergic 112 neurons increases anxiety¹, we assessed whether lack of *Crh* from VTA-projecting CAMK2A/CRH neurons would result in similar effects. Compared to littermate controls, 114 *Crh^{CKO-Camk2a* mice displayed increased anxiety in the open field, dark-light box, elevated} plus-maze (EPM) and marble burying test, which was independent of altered corticosterone release (**Fig. 3d-f; Supplementary Fig. 8c,d**). Importantly, the anxiogenic phenotype did not result from *Crh* absence in *Camk2a*-expressing glutamatergic neurons, since deletion of *Crh* 118 specifically in glutamatergic neurons (*Crh^{flox}* \times *Nex-Cre*) did not induce behavioral alterations 119 (**Supplementary Fig. 9**). In view of CRH's important role in conditioned fear³ and recent 120 findings demonstrating that CeA CRH neurons mediate conditioned flight¹² and are required 121 for discriminative fear⁹, we additionally assessed auditory and contextual fear conditioning. *Crh^{CKO-Camk2a* mice displayed increased freezing upon re-exposure to the tone (**Fig. 3g**), which} was most prominent after termination of the conditioned stimulus. Notably, contextual fear memory was not altered (**Supplementary Fig. 8e**). Additional experiments revealed higher 125 levels of sensitized fear to an unsignalled tone in *Crh^{CKO-Camk2a* mice, suggesting overall} impairments in the readjustment of fear levels rather than alterations in fear memory formation (**Supplementary Fig. 8f-h**).

128 CRH is known to activate dopamine neuron firing and induce dopamine release^{4,7,19}, while deletion of *Crhr1* in dopaminergic neurons reduces dopamine release in the $PFC¹$, a structure critically involved in the modulation of anxiety and a major target of the mesocortical dopamine circuit. Applying in vivo microdialysis, we observed a significant reduction in absolute dopamine release in the PFC of $Crh^{CKO-Camk2a}$ mice, both under baseline conditions and following footshock stress (**Fig. 3h**). However, the magnitude of the response to the acute footshock was similar (**Supplementary Fig. 8j**), indicating generally lower dopamine levels 135 in $Crh^{CKO-Camk2a}$ mice rather than alterations in stress-induced synaptic dopamine release. We detected no differences in dopamine levels in the nucleus accumbens (**Supplementary Fig. 8l**).

Next, we investigated potential compensatory changes in CRHR1/CRHR2 and Urocortin 139 (UCN) expression in $Crh^{CKO-Camk2a}$ mice. qPCR analysis only revealed a significant 140 upregulation of *Crhr1* in the VTA of *Crh^{CKO-Camk2a* mice, further supporting the involvement} of CAMK2A-positive CRH neurons in CRHR1-VTA signaling (**Supplementary Fig. 8m**). 142 To determine whether behavioral alterations in $Crh^{CKO-Camk2a}$ mice are caused by a lack of CRH from CAMK2A-positive aBNST/CeA neurons, or compensatory upregulation of *Crhr1* in the VTA, we explored the direct impact of enhanced CRH/CRHR1 signaling in the VTA on anxiety and fear conditioning. For this, we first generated a *Crhr1-ires-Cre* driver in which Cre-expression faithfully reproduces the endogenous *Crhr1* expression pattern without

compromising its expression and corticosterone release (**Supplementary Fig. 10 and 11**). Using *Crhr1-ires-Cre* mice, we expressed a constitutively active version of CRHR1 fused to 149 EGFP (AAV-DIO-CA(CRHR1)-EGFP)²⁰ specifically in CRHR1-expressing VTA neurons (**Fig. 3i; Supplementary Fig. 12a**). CA(CRHR1) mice exhibited decreased anxiety-related behavior in the dark-light box, EPM and marble burying test (**Fig. 3j-l**), without displaying changes in fear conditioning (**Fig. 3j-m, Supplementary Fig. 12**). This suggests that enhanced CRHR1 signaling in the VTA promotes decreased anxiety without altering fear memory expression. Similarly, intra-VTA microinjections of CRH (40 ng/side) in wild-type mice partially decreased anxiety without altering fear levels. However, a lower dose of CRH did not induce behavioral changes, while a higher dose significantly impaired locomotion (**Supplementary Fig. 13**), indicating dose-specific effects on general behavior following exposure to exogenous (potentially non-physiological) CRH levels. The fact that neither VTA-specific expression of CA(CRHR1) nor microinjections of CRH affected cued freezing, 160 lets us speculate that increased fear memory expression in $Crh^{CKO-Camk2a}$ mice is a 161 consequence of CRH absence from locally projecting CeA neurons⁹ and/or other long-range projection neurons.

Notably, photo-excitation of VTA-innervating, ChR2-expressing CRH terminals did not alter anxiety and fear memory expression (**Supplementary Fig. 14**). However, acute optogenetic-mediated activation/inhibition of CRH fibers, which will likely impact the co-release of GABA and presumably other neurotransmitters, cannot be directly compared to a chronic manipulation of CRH alone. Consequently, our results imply that prolonged dysregulation of CRH-release from VTA-targeting extended amygdala neurons, and/or chronic changes in CRHR1 signaling in the VTA are required to induce alterations in anxiety-related behavior.

Importantly, previous work has repeatedly demonstrated an aversive/anxiogenic-like role for

171 CRH/CRHR1 signaling in the VTA of drug-experienced animals^{5,8}. Thus, it is likely that

CRH release in the VTA can exert opposing effects on anxiety under baseline and drug/stress-173 induced conditions⁴.

Collectively our results suggest that a subpopulation of CRH/CAMK2A-expressing, GABAergic projection neurons of the extended amygdala target CRHR1 on dopaminergic VTA neurons to positively modulate emotional behavior by regulating dopaminergic neurotransmission (**Supplementary Fig. 15**). This reveals a previously unidentified anxiolytic CRH circuit and further establishes the presence of opposing CRH networks in the regulation of stress-related emotional behavior.

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Author contributions

N.D. and C.K. designed and performed experiments and analyzed data. N.D. and J.M.D.

wrote the manuscript. M.J., J.H., K.S.G., M.L.P., S.C., A.K., A.M.V., M.W.M., B.S., and

R.C.A., assisted with behavioral and tracing/imaging experiments. E.A., J.D. and A.G.

conducted microdialysis, electrophysiology and optogenetic experiments respectively. K.J.R.,

C.T.W., V.G., A.C., M.V.S., W.W. and D.R. contributed to methodology and resources.

J.M.D. designed experiments, analyzed data and supervised the project.

Competing interests

The authors declare no competing financial interests.

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Figure 1 GABAergic CRH neurons in the aBNST and CeA project to the VTA and carry dendritic spines. **(a, b)** Synaptophysin (Syp)-GFP in the aBNST and CeA (top), and projections in the VTA (bottom) in *Crh-ires-Cre* mice; TH (dopaminergic marker tyrosine hydroxylase). (**c**) *Crh* mRNA expression determined by ISH (left). Double ISH (brightfield, right) - *Crh* (silver grains) is primarily expressed in GABAergic neurons (*Gad65/67*-positive, red staining) of the adBNST and CeA. Black arrowheads, *Crh*-positive; grey arrowheads, *Gad65/67/Crh*-positive. Quantifications in Supplementary Fig. 3. (**d**) Spiny and aspiny CRH neurons in the aBNST and CeA of *Crh-ires-Cre;Ai32(ChR2-EYFP)* mice. Thin spines (arrows), mushroom-like spines (arrowheads). Experiments in (a-c) and (d) were independently replicated three and four times respectively. Abbreviations: anterior commissure (ac), anterior dorsal BNST (adBNST), anterior ventral BNST (avBNST), basolateral amygdala (BLA), central amygdala (CeA), ventral tegmental area (VTA).

 Figure 2 VTA-projecting spiny GABAergic CRH neurons express *Camk2a*. (**a**) *Crh* mRNA expression determined by ISH (left panel). Double ISH – A subset of *Crh* neurons in the adBNST and CeA co-express *Camk2a*. Black arrowheads, *Crh*-positive; grey arrowheads, *Camk2a/Crh* double positive. Quantifications in Supplementary Fig. 3. (**b**) Schematic representation of dual fate mapping strategy. Representative sections of *RC::FrePe*;*Dlx5/6- Flp*;*Camk2a-CreER^{T2}* mice (**c**) and subsequent CRH immunostaining (red) show triple positive GABAergic/CAMK2A/CRH neurons (arrowheads) in the CeA and aBNST. (**d**) CAMK2A/CRH neurons carry thin (arrows) and mushroom-like (arrowheads) spines, which receive presynaptic input determined by synaptophysin (SYP, red) immunostaining (**e**). (**f**) CeA CAMK2A/CRH neurons (top) and VTA innervating fibers (bottom). (**g**) Whole brain CLARITY; horizontal Z-stack image showing GABAergic, CAMK2A/CRH-positive aBNST-

VTA projections (arrowheads);video in Supplementary Information. All experiments were independently replicated three times. Abbreviations: anterior BNST (aBNST), anterior dorsal BNST (adBNST), anterior ventral BNST (avBNST), basolateral amygdala (BLA), central amygdala (CeA) substantia nigra pars compacta (SNc), ventral tegmental area (VTA).

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12 258 **Figure 3** CRH in CAMK2A neurons regulates anxiety, fear memory expression and 259 dopamine release in the prefrontal cortex. (**a**) Schematic illustration of the targeted *Crh* allele 260 (*Crh^{flox}*); details in Supplementary Fig. 7. (**b-c**) ISH - *Crh* mRNA deletion pattern in *Crh^{CKO-}* 261 Camk2a mice; quantifications from four independent experiments in Supplementary Fig. 8b. (**d**) 262 Dark-light box test - lit zone time $(t_{(23)} = 2.6, *p = 0.018)$, lit entries $(t_{(23)} = 1.9, p = 0.068)$; 263 unpaired two-tailed t-test, $n = 12 \text{ Crh}^{\text{Crl}}$, 13 $\text{Crh}^{\text{CKO-Camk2a}}$. (**e**) Open arm time (%) in the EPM 264 $(t_{(18)} = 2.4, p = 0.031$; unpaired two-tailed t-test, n = 11 *Crh^{Ctrl}*, 9 *Crh^{CKO-Camk2a*). (**f**) Marble} 265 burying test $(t_{(31)} = 2.8, *^*p = 0.009;$ Unpaired two-tailed t-test, $n = 16 \text{ Crh}^{\text{Cr1}}$, 17 Crh^{CKO} -266 ^{*Camk2a*}). (**g**) Cued fear conditioning (RM ANOVA time \times group interaction: F_(6,156) = 3.88, p = 267 0.0012; Bonferroni post hoc test, ${}^{*}p < 0.05$, ${}^{***}p < 0.0001$; n = 13 *Crh^{Ctrl}*, 15 *Crh^{CKO-Camk2a*.} 268 (**h**) In vivo microdialysis showing decreased dopamine release in the prefrontal cortex of 269 *Crh^{CKO-Camk2a* mice under baseline conditions and following footshock (FS) stress (RM} 270 ANOVA genotype effect: $F_{(1,17)} = 7.14$, ${}^*p = 0.02$; n = 10 *Crh^{Ctrl}*, 9 *Crh^{CKO-Camk2a*}. (**i**) Cre-271 dependent expression of a constitutively active (CA) CRHR1-EGFP fusion construct (AAV-272 Ef1a::DIO-(CA)CRHR1-EGFP) in VTA neurons of *Crhr1-ires-Cre* mice (representative 273 images from three independent experiments; details in Supplementary Figures 11-12). 274 Littermate controls were injected with AAV-Ef1a::DIO-mCherry). *Crhr1-ires-Cre* mice 275 expressing (CA)CRHR1 in the VTA exhibit decreased anxiety in the (**j**) dark-light box test (lit 276 zone time: $U = 14$, *p = 0.043 / lit zone entries: $U = 20$, p = 0.1 / Mann Whitney U test two-277 tailed; n = 7 Ctrl, 10 (CA)CRHR1), (**k**) EPM ($t_{(15)}$ = 2.2, *p = 0.043; unpaired two-tailed t-278 test; n = 7 Ctrl, 10 (CA)CRHR1) and (**l**) marble burying test $(t_{(17)} = 4.3, **p = 0.005;$

- 279 unpaired two-tailed t-test; $n = 8$ Ctrl, 11 (CA)CRHR1) without showing alterations in (m)
- 280 cued fear conditioning (RM ANOVA time \times group interaction: $F_{(6,102)} = 0.45$, p = 0.84; n = 8
- *Ctrl*, 11 (CA)CRHR1). Abbreviations: Anterior dorsal BNST (adBNST), anterior ventral
- BNST (avBNST), central amygdala (CeA), substantia nigra pars compacta (SNc), ventral
- tegmental area (VTA), tyrosine hydroxylase (TH). Error bars represent s.e.m.

Animals. All animal experiments/protocols were legally approved by the ethical committee for the Care and Use of Laboratory animals of the Government of Upper Bavaria, Germany.. 289 All mice were group housed (max. 4 mice/cage) under standard laboratory conditions (22 \pm 290 1^oC, $55 \pm 5\%$ humidity) with a 12:12 h light:dark schedule with food and water provided *ad libitum*. All experiments were performed in 10-14 week old male mice other than 1) corticosterone measurements in *Crhr1-ires-Cre* mice, which were performed in female mice (Supplementary Fig. 11d) and 2) VTA-expression of CA(CRHR1), which was performed in 6-9 week old male mice (Fig. 3i-j and Supplementary Fig. 12). Behavioral testing and microdialysis were conducted between 8:30 am and 12:30 pm during the light cycle. Mice were single housed one week prior to behavioral testing and hormone assessment. For all experiments with inducible Cre recombinase lines, tamoxifen was given in food pellets (LAS CRdiet CreActive TAM400, LASvendi) during postnatal weeks 10-12, and analyses were performed 1-2 weeks later. Morphological assessment of CRH neurons was conducted in *Crh-*300 *ires-Cre*²¹ mice bred to *Ai9* ($R26^{CAG::lowP-STOP-lowP-tdTomato}$, stock no: 007905) or *Ai32* 301 (*R26^{CAG::loxP-STOP-loxP-ChR2-EYFP*, stock no: 012569)²² mice, which were purchased from the} Jackson Laboratory. Conditional *Crh* knockout mice (please refer to ´Generation of conditional knockout mice´ below) lacking *Crh* ubiquitously, in glutamatergic and CAMK2Aexpressing neurons were generated by crossing *Crhflox* mice with *Cre Deleter* (purchased from TaconicArtemis, Cologne, Germany), *Nex-Cre*²³ and *Camk2a-CreER*^{$T2$} mice²⁴ respectively. 306 Intersectional fate-mapping was performed in RC::FrePe mice^{25,26}, bred to Dlx5/6-Flp²⁷ 307 (purchased from Jackson Laboratory, stock no:) and *Camk2a-CreER^{T2}* mice.

Generation of conditional *Crh* **knockout mice.** Mice with a floxed *Crh* allele (*Crh^{flox}*) were generated based on the previously described strategy used to generate *Crhr1*-reporter mice,

311 and conditional *Crhr1* knockout mice²⁸. The targeting vector was constructed from a universal shuttle vector with an inverted diphtheria toxin A (DTA) expression cassette for negative selection. The shuttle vector comprises the following components, which were flanked by *attP* sites, thereby enabling cassette exchange in embryonic stem (ES) cells subsequent to homologous recombination (from 5' to 3'): 5´ homology arm including *Crh* exon 1, and the 5´ part of intron 1, upstream *loxP* site, first *frt* site, adenovirus splice acceptor (SA), *tau-LacZ* (*tZ)* reporter gene equipped at its C-terminus with a *flag* tag, second *frt* site, and a reverse-oriented *EM7*-neo positive selection cassette, including a bovine growth hormone polyadenylation signal. Finally, downstream of the second *attP* site: a reverse-oriented PGK promoter, a third *frt* site, the 3´ part of intron one as well as exon 2 with the downstream *loxP* site inserted in the 3´ UTR, and the 3´ homology arm (see also **Supplementary Fig. 7**). The linearized (*Scal*) targeting vector was electroporated into TBV2 ES cells (129S2). Mutant ES cells were identified by Southern blot analysis of genomic ES cell DNA digested with *EcoRI* (5'-probe) and *BamHI* (3'-probe), respectively. Mutant ES cells were used to generate chimeric mice by blastocyst injection. Male chimeras were bred to wild-type C57BL/6J mice 326 and germline transmission of the modified *Crh* reporter allele (Crh^{tz}) was confirmed by PCR 327 in F1 offspring. Breeding the *Crh^{tz}* reporter mice with transgenic *Flpe Deleter* mice²⁹ led to 328 deletion of the *tZ-neo* cassette and resulted in a conditional *Crh* allele (*Crh^{flox}*) leaving exon 2 flanked by *loxP* sites. Subsequent breeding to Cre driver lines resulted in conditional deletion 330 of the $loxP$ flanked *exon 2 (Crh^{CKO})*. Mice were of a mixed 129S2/Sv×C57BL/6J genetic background.

Generation of *Crhr1-ires-Cre* **mice.** Mice expressing Cre recombinase under the control of the *Crhr1* promoter were generated by using a recombinase-mediated cassette exchange (RMCE) strategy. ES cell clones carrying a respective docking site in intron 2 of the *Crhr1* 336 gene were generated previously²⁸. In contrast to the $Crhr1^{tZ}$ allele the ES clone used for

RMCE did not contain a $loxP$ site 5' of exon 2 ($Crhr1^{tZ-\Delta loxP}$; see also **Supplementary Fig. 10)** The *attB* site-flanked *Crhr1-Cre* recombinase expression unit encompassed from 5´to 3´: *Crhr1* intron 2 (3´ of the original *Bgl*II insertion site) to exon 3 fused to the *Crhr1* cDNA covering exons 4-13, an *ires-Cre* cassette with a bGH-pA, a *frt* site followed by a PGK pA and hygromycin resistance cassette both in inverse orientation. PhiC31 integrase-mediated cassette exchange resulted in insertion of the *Crhr1-Cre* expression unit into the right *attP* site 343 as verified by PCR and sequencing $(Chr1^{iZ-iCre})$. Mutant ES cells were used to generate chimeric mice which transmitted the modified *Crhr1* allele through the germline. The *tau-LacZ* reporter and hygromycin selection cassette were removed by breeding to *FLPeR* mice³⁰. Selective removal of both cassettes was demonstrated by PCR on genomic DNA from offspring using primers A (Flipase-1-fwd) 5´-GAC-CTG-CAG-GAA-CCA-ACT-GT-3´, B (Primer-2-Cre-rev) 5´-CAC-CCA-TGG-TTA-GTC-CCA-GT-3´, C (P-Cre-downs-fwd2) 5´- AAT-AAT-AAC-CGG-GCA-GGG-GG-3´, D (Flipper-rev-1) 5´-CGA-CTA-GAG-CTT-GCG-GAA-CCC-3´, E (P-PGK-fwd2) 5´-CCT-ACC-GGT-GGA-TGT-GGA-AT-3´, F (Cre-fwd) 5´-GAT-CGC-TGC-CAG-GAT-ATA-CG-3´, G (Cre-rev) 5´-AAT-CGC-CAT-CTT-CCA-GCA-G-3´, Thy1-F1 5´-TCT-GAG-TGG-CAA-AGG-ACC-TTA-GG-3´ and Thy1-R1 5´-CCA-CTG-GTG-AGG-TTG-AGG-3´ (see also **Supplementary Fig 10**). Mice were kept on a mixed 129S2/Sv×C57BL/6J genetic background.

 Production of adeno-associated viruses (AAVs). The synaptophysin-GFP coding sequence (original construct³¹) was subcloned into a double floxed inverted open-reading frame (DIO) vector under the control of the Ef1α promoter (Ef1a::DIO-eYFP, Addgene, #27056). The Camk2a::DIO-EYFP construct was created by replacing the Ef1a promoter in the Ef1a::DIO-EYFP construct with a 1.5 kb *Camk2a* promoter fragment. Packaging and purification of 361 recombinant (r) AAVs (Serotype $1/2$) was conducted as previously described³². rAAVs titers 362 were $\sim 10^{10}$ genomic copies per µl. The Ef1a::DIO-(CA)CRHR1-EGFP vector was kindly

363 provided by Benjamin Arenkiel^{20,33} and packaged into $\text{AAV}_{1/2}$. $\text{AAV}_{1/2}$ -Ef1a::DIO-mCherry was used as a control (vector purchased from Addgene; www.addgene.org, plasmid #50462, donated by Bryan Roth).

Stereotactic surgeries: For all experiments utilizing stereotactic surgeries (viral injections for tracing experiments, optic fiber or guide cannula placements for CRH microinfusions and in 369 vivo microdialysis), mice were anesthetized with isoflurane (Floren®, Abbott), 2% v/v in O_2 and placed in a stereotaxic apparatus (TSE systems Inc., Bad Homburg, Germany) with adapted components to allow mouse inhalation anesthesia. Post-surgery recovery included Metacam supplementation, 0.25 mg/100 mL with drinking water, for 3 days after surgery, with daily inspection of food intake. At the end of the experiments, mice were killed with an overdose of isoflurane (Floren®, Abbott), transcardially perfused with PBS followed by 4 % PFA, and brains removed for subsequent analysis. For viral injections, CRH-microinfusions 376 and optogenetic experiments, brains were sectioned $(40 \mu m)$ using a vibratome (MICROM HM 650V, Thermo Fischer Scientific) and accurate placements of microinjection cannulas and optic fibers verified. For microdialysis experiments, brains were sectioned using a cryostat (Leica CM 3000) and accurate probe placements verified.

Viral injections and tracing analyses. *Crh-ires-Cre* mice were unilaterally injected with either AAV-Ef1a::DIO-Syp-GFP or AAV-Camk2a::DIO-EYFP into the dorsal and ventral part of the anterior BNST (350 nl dorsal + 350 nl ventral), CeA (300 nl), PVN (250 nl), Pir (250 nl) and PFC (400 nl) using a 33 gauge microinjection needle with a 10 microliter syringe (Hamilton[®]) coupled to an automated microinjection pump (World Precision Instruments 386 Inc.) at 100 nl/min. Coordinates in mm from bregma were as follows: aBNST $(A/P + 0.15,$ M/L ±0.8, D/V -4.25 and -4.75), CeA (A/P -1.0, M/L ±2.6, D/V -4.5), PVN (A/P -0.80, M/L 388 ± 0.25 , D/V -4.75). At the end of the infusion, needles were kept on site for 10 min and then slowly withdrawn. Viral expression was assessed 4 weeks post-surgery.

Fluorogold (Fluorochrome, LLC) was dissolved as 1% W/V in 0.9% saline and 0.3 ul were injected unilaterally in the VTA. Retrobeads were obtained from Lumafluor Inc and injected (undiluted solution) at a volume of 100 nl. VTA coordinates in mm from bregma: A/P -3.0, M/L \pm 0.6 and D/V 4.5. Mice were sacrificed and brains assessed 4 days after surgery.

Microdialysis and dopamine measurements. Microdialysis was performed as described 396 . previously³⁴. Guide cannulas were implanted unilateral into the right mPFC (coordinates in 397 mm from bregma: $A/P +2.20$, $M/L +0.35$ and D/V 1.50). One day before the experiment, CMA 11 metal free microdialysis probes with a cuprophane membrane of 2 mm length and o.d. of 0.2 mm (CMA Microdialysis) were inserted and connected to the perfusion lines consisting of FEP tubing and low-volume liquid swivel TCS2-23 (EiCOM). From the moment of insertion, probes were continuously perfused with sterile artificial cerebrospinal 402 fluid (concentrations in mM: NaCl, 145; KCl, 2.7; CaCl₂, 1.2; MgCl₂, 1.0; Na₂HPO₄, 2.0; pH 403 7.4) at a flow rate of 0.3 μ l/min.

On the experimental day, following a 1 h equilibration period, 20 min microdialysis fractions were constantly collected in cooled 300-µl microtubes (Milian AG) containing 2 µl of 0.1 M 406 perchloric acid at a perfusion rate of 1.1 μ l/min. The dead volume of the outlet line was compensated by a delay in fraction harvesting (10 min). Six consecutive baseline samples were collected. Thereafter, mice were placed into a custom-made shock chamber for a total of 5 min. After 180 s of habituation, animals underwent two electric FSs (1.5 mA, 2 s long) with a 60 s interval in-between. Animals remained in the shock chamber for another 60 s before being returned to their microdialysis home cages.

Dopamine content in the microdialysates was determined by reversed-phase high-performance liquid chromatography (HPLC) with electrochemical detection (UltiMate3000

HPLC system/Coulochem III, Thermo-Fischer Scientific). All reagents used for the phosphate-citrate mobile phase (methanol 10 %, pH 5.6) were of analytical grade (Carl Roth GmbH or MERCK KGaA). Monoamines were separated on an analytical column (C18, 150x3 mm, 3 um; YMC Triart, YMC Europe GmbH) at a flow rate of 0.4 mL/min. The 418 potentials of the working electrodes were set at 75 mV , $+250 \text{ mV}$, and the guard cell potential was set at +350 mV. Dopamine concentrations were calculated by external standard curve calibration using the peak area for quantification. The detection limit for dopamine was 0.032 nM.

Intra-VTA CRH infusions. Stainless steel cannulas (8 mm) were inserted bilaterally above 424 the left and right VTA (A/P -3.2 mm, $M/L \pm 0.5$ mm, D/V -3.6 mm). A small screw was drilled into the skull to fixate the protective helmet. The screw and the cannulas were fixed to the skull by the application of dental cement (Paladur, Heraeus Kulzer). Following surgery, animals were allowed to recover for one week. Mice were infused with 0.4, 40 or 400 ng CRH (Bachem #H-2435.001, 1 mg) pro side dissolved in aCSF. 500 nl/side were delivered at an infusion rate of 0.1 ul/min using injectors that protruded 1 mm beyond the cannulas. Vehicle animals received aCSF only. Mice were tested 30 min post vehicle or CRH injection. Separate cohorts (vehicle and CRH treated) were used for each CRH dose (0.4, 40 and 400 ng/side). Each behavioral test was performed on a separate day for each CRH dose tested. The tests were conducted in the following order: OF, DaLi, EPM and fear conditioning.

Optogenetic stimulation. Optogenetic activation of CRH-positive terminals within the VTA was performed in *Crh-ires-Cre* mice bred to ChR2-EYFP-expressing Ai32 mice. *Crh-ires-Cre;Ai9(tdTomato)* mice were used as respective controls. Optic fibers (200 µm, NA 0.39, Thorlabs CFML12L20 cut to 7 mm length) were implanted bilaterally above the VTA using 439 the following coordinates in mm: AP -3.2, ML ± 0.55 , - DV 3.8 with an angle of $\pm 10^{\circ}$ and

secured with dental acrylic (Paladur, Heraeus Kulzer). After the stereotaxic surgery, the animals were left for 2 weeks to recover. The laser (Omikron LightHUB-4, 460 nm) output power was adjusted to read 12 mW measured at the fiber tip. The laser was pulsed at 20 Hz with 15 ms pulse width, using an external pulse stimulator (Master-8, A.M.P.I.). Bilateral stimulation of freely-moving animals was achieved using a fiber-optic rotary joint 445 (FRJ_1x2i_FC-2FC, doric).

DaLi test: Laser stimulation was initiated 5-10 seconds before the animals were placed into the dark compartment and lasted for 420 seconds.

EPM: The EPM was divided into three alternating 5-min epochs: laser stimulation off, stimulation on, and stimulation off (OFF-ON-OFF epochs).

Auditory/cued fear conditioning was performed as described in the Fear Conditioning section

below. Optogenetic stimulation took place only during the second minute of tone presentation

(60 seconds). Freezing was scored with the tracking software ANY-maze (Stoelting Co.).

VTA-specific expression of a constitutively active CRHR1. *Crhr1-ires-Cre* mice were bilaterally injected with AAV-Ef1a::DIO-(CA)CRHR1-EGFP or the control virus AAV-Ef1a::DIO-mCherry in the VTA (0.3 ul/side) at a rate of 0.10 μl/min using a Neuros series Hamilton syringe (Reno, NV) connected to micro injection pump (World Precision 458 Instruments). Coordinates in mm for VTA injections were: $A/P -3.0$, $M/L \pm 0.6$, $D/V -4.6$. Behavioral experiments (OF, DaLi, EPM, Marble burying and fear conditioning as described above) were started at least 3 weeks after surgery.

Immunofluorescence staining. Immunofluorescence staining was performed as previously 463 described¹. Briefly, brain slices were permeabilized with PBS-TritonX-100 0.1%, blocked at 464 RT for 1 h in 5% BSA in PBS-TritonX-100 0.1%, and incubated o.n. (or longer) at 4°C with the primary antibody. On the next day, slices were washed and incubated with the secondary

antibody for 2h at RT. After a final wash, brain slices were stained with DAPI and mounted with anti-fading fluorescence VectaShield medium (Vector Laboratories). Primary antibodies: anti-tyrosine hydroxylase (#P40101, 1:2000, PelFreez Biologicals), anti-synaptophysin (#ab14692, 1:2000, Abcam), anti-CRH, 1:20000, 1 week incubation; obtained from Paul E. Sawchenko, Salk Institute, CA). Specificity of the anti-CRH antibody has previously been 471 validated^{35,36}. Secondary antibodies (1:2000): Alexa Fluor 594 goat anti-rabbit IgG (#A11037, Invitrogen Life Technologies, Carlsbad, CA), Alexa Fluor 647 goat anti-rabbit IgG (#A21244, Invitrogen Life Technologies, Carlsbad, CA).

Image acquisition. Images were captured with either a Zeiss Axioplan2 fluorescent microscope and the Axio Vision 4.5 software, or an Olympus IX81 inverted laser scanning confocal microscope and the Fluoview 1000 software. For confocal imaging, a Z-stack of pictures of areas of interest was obtained with 0.4-1.2 µm step size and 800x800 to 1024 x 479 1024 pixel picture size. Images were analyzed with ImageJ (http://rsweb.nih.gov/ij/) and Adobe Photoshop CS2.

In situ hybridization (ISH) and double ISH. Brains were sectioned coronally at 20 μm using a cryostat (Microm, Walldorf, Germany). The sections were thaw-mounted onto superfrost slides, dried, and kept at -80°C. Single and double ISH was performed as 485 previously described^{1,37,38}. The following riboprobes were used: *Gad67*: 984-1940 bp of NM_008077; *Gad65*: 753-1600 bp of NM_008078; *Vglut1* (Slc17a7): 1716-2332 bp of NM_010484; *Vglut2* (Slc17a6): 2427-3006 bp of NM_080853.3; *Crh* (3'UTR): 2108-2370 bp of AY128673; *Camk2a*: 2034-2903 bp of NM_177407.4; *Tomato*: 337-1026 bp of NM_205769. Quantifications of double and single ISHs were performed blindly using the freely available NIH ImageJ software (http://rsbweb.nih.gov/ij/).

Clarity. Mice were perfused with 20 ml of 0.1M PBS at 4°C, followed by 20 ml of a hydrogel solution containing 4% acrylamide, 0.05% Bis, 0.25% VA-044 Initiator, 4% PFA 494 and 0.1M PBS at 4°C. Brains were extracted and incubated in hydrogel solution at 4°C for 3 more days, then incubated at 37°C for 3h until the hydrogel solution had polymerized. Subsequently, the tissue was submitted to a clearing process, in which the sample was washed in a clearing solution containing 200 mM boric acid and 4% sodium dodecyl sulfate with pH 498 8.5 for 2 days at 37° C. After one week of incubation in clearing solution at 37° C, 499 electrophoretic tissue clearing was performed for 5 days in the clearing solution at 37° C and 15V. Following another week of incubation in the clearing solution at 37°C, the sample was washed 2 times for 24h with PBST (0.1% TritonX in 0.1M PBS). The cleared brain was incubated in FocusClear (CelExplorer Labs Co., Hsinchu, Taiwan) for 2h before imaging with a LaVision Light Sheet microscope (LaVision BioTec, Duisburg, Germany). A movie compiled from individual Z-stack images was created with ImageJ (http://rsweb.nih.gov/ij/).

Open field, Dark-light box, and elevated plus-maze (EPM) tests. The open field test was used to assess general locomotion and anxiety-related behavior, and was conducted in evenly 508 illuminated $\ll 15$ lux) square apparatuses (50 x 50 x 60 cm). The test duration was 15 min. The dark-light box and EPM were employed to assess anxiety-related behavior. The dark-light box test was performed for 5min in apparatus consisting of a secure black compartment (<5 lux) and an aversive, brightly illuminated white compartment (700 lux). The EPM consisted of a plus-shaped platform with four intersecting arms, elevated 37 cm above the 513 floor. Two opposing open $(30 \times 5 \text{ cm})$ and closed arms $(30 \times 5 \times 15 \text{ cm})$ were connected by a central zone (5 x 5 cm). Animals were placed in the center of the apparatus facing the closed arm and were allowed to freely explore the maze for 5 min. Open arm time was calculated in 516 percent: open arm time $(\frac{6}{6})$ = open arm time (s) / (open arm time (s) + closed arm time (s)). All experiments were analyzed using the automated video-tracking system ANYmaze (Stoelting, Wood Dale, IL).

Marble burying test. Mice were placed into a housing cage (Green Line IVC Sealsafe PLUS Mouse, Techniplast), filled with corn cob bedding (5 cm high), and containing 10 black marbles, evenly distributed over the surface of the corn cob layer. After the cages had been covered with flipped cage lids, animals were allowed to roam the cages freely for 1 hour. At the end of the test period the number of buried marbles was assessed by an observer blind to the genotype.

Fear Conditioning. Contextual and cued fear conditioning was performed in conditioning 528 chambers (ENV-307A, MED Associates Inc.,) as previously described³⁹. Foot shock (FS) delivery and context-dependent fear memory were assessed in a cubic-shaped chamber with metal grid floors, which was thoroughly cleaned and sprayed with 70% Ethanol before the animals were introduced (shock context). A neutral context consisting of a Plexiglas® cylinder with bedding was used to investigate cued (tone-dependent) fear memory, which was cleaned and sprayed with 1% acetic acid (novel context). For foot shock application (day 0) mice were placed into the conditioning chamber for 3 min. After 180 sec, a sine wave tone (80 dB, 9 kHz) was presented for 20 sec, which co-terminated with a 2 sec scrambled electric foot shock of 1.5 mA. The mice remained in the shock chamber for another 60 sec. In order to measure the freezing responses to the tone, mice were placed into the novel environment (cylinder) on the following day (day 1). Three minutes later, a 3 min tone was presented (80 dB, 9 kHz). The animals were returned to their home cages 60 sec after the end of tone presentation. Contextual fear was tested by re-exposing the animals to the shock context for 3 min on day 2. As a measure of fear memory, freezing behavior was recorded and analyzed by an observer blind to genotype. Freezing was scored if the animals adopted an immobile

posture (except for breathing-related movement) with all 4 paws on the ground and the head in a horizontal position. Data were analyzed in 20-s, 60-s or 180-s bins and normalized to the observation interval as indicated in the Results section.

Pain perception and shock-related fear sensitization. Individual pain thresholds were 548 essentially as described before^{40,41}. In brief, on day 0 mice from a new cohort were individually placed into the shock chamber. After 3 min baseline, current intensity of the foot 550 shock was constantly increased at 5 μ A/s until the mice showed first signs of discomfort (backwards moving; PT1) and pain (jumping and vocalization; PT2) and the respective current intensities were noted. Once mice showed those signs of pain, the current was immediately switched of. Behavioral performance was judged by trained observers blinded to genotype.

To further investigate shock-related fear sensitization, all mice received an unsignalled electric foot shock of 1.5 mA (2s) within 15s after determination of PT2 on day 0, and returned to their home cages 60 s later. The next day (day 1), animals were placed into the novel context. After a baseline period of 3 min, a sine-wave tone (9 kHz, 80 dB, 3 min) was presented for the first time, and mice were placed back to their home cage 60 s after tone off-set. This procedure allows to measure non-associative memory components of the 561 conditioning procedure^{39,42–45}. On day 2, mice were re-exposed to the shock chamber for 3 min. Generalization of contextual fear was assessed by comparing the freezing responses shown (i) before shock presentation at day 0, (ii) during exposure to the novel context before the subsequent tone presentation (day 1) and (iii) during re-exposure to the shock context (day 2). Freezing behavior was recorded and analyzed by an observer blind to the genotype as described above.

Corticosterone measurements. Plasma corticosterone concentrations were measured as 569 previously described¹ using the commercially available RIA kit (MP Biomedicals, Eschwege, Germany) according to the manufacture's manual.

qPCR analysis. Tissue punches for respective brain regions were collected from coronal cryosections with a punching tool (FST, 1 mm diameter), directly into ice-cold Trizol reagent (Invitrogen), and stored at -80°C until RNA isolation. Total RNA was isolated following the Trizol protocol and the aqueous phase was purified using Qiagen RNAeasy columns and buffers. RNA templates were transcribed into cDNA with the Superscript III kit (Invitrogen) and random hexamer primers. cDNA was amplified on a Roche LightCycler 96 System with Fast SYBR Green PCR Master Mix (Roche). Specific primers and *Hprt* house-keeping primers were as follows: *Crhr1* (fwd. 5´-GGG-CCA-TTG-GGA-AAC-TTT-A-3´; rev. 5´- ATC-AGC-AGG-ACC-AGG-ATC-A-3´), *Ucn1* (fwd. 5´-TCT-TGC-TGT-TAG-CGG-AGC-G-3´; rev. 5´-TCG-AAT-ATG-ATG-CGG-TTC-TGC-3´), *Hprt* (fwd. 5´-GTT-CTT-TGC-TGA-CCT-GCT-GGA-3´; rev. 5´-TCC-CCC-GTT-GAC-TGA-TCA-TT-3´).

Electrophysiological recordings.

585 Brain slices were prepared as described before⁴⁶ in carbogenated choline chloride-based solution. 300 µm slices at the level of the CeA were hemisected along the midline and afterwards, incubated for 30 min in carbogenated artificial cerebrospinal fluid (aCSF) at 34°C. After 60 min recovery at room temperature, a hemislice was transferred and submerged in the recording chamber in which it was continuously perfused (4-5 mL/min) with aCSF at room 590 temperature. Patch-clamp recordings were carried out at 25° C as previously described⁴⁶. The patch-clamp electrodes (open-tip resistance 5-7 MΩ) were filled with a solution consisting of (in mM): 130 K-Gluconate, 5 NaCl, 2 MgCl2, 10 HEPES, 0.5 EGTA, 2 Mg-ATP, 0.3 Na-GTP, 5 D-Glucose, 20 Na2-Phosphocreatine (pH 7.2 with KOH, liquid junction potential of 12 mV). ChR2 was activated by a Sapphire 488 nm laser (75 mW max. output power, 595 Coherent)⁴⁶. Offline analysis was performed using the Pulse and Igor Pro softwares.

 Statistical analyses. All results are presented as mean \pm standard error of the mean (s.e.m.) and were analyzed by the commercially available GraphPad Prism 7 software (GraphPad 599 Inc.). Statistical significance was defined as $p < 0.05$. Normality and equality of variance were analyzed with the D'Agostino-Pearson omnibus test and Bartlett's test respectively. In cases were sample sizes were too small, data distribution was assumed to be normal. Based on the results of these tests, appropriate parametric (two-tailed unpaired t test) or non-parametric (Mann-Whitney U test) tests were performed. Time-dependent measures assessed during microdialysis, fear conditioning and optogenetic experiments were analyzed with repeated measures ANOVA followed by Bonferroni post hoc analysis. No statistical methods were used to predetermine sample sizes. Sample sizes were based on those reported in previous 607 publications^{1,4,37,38,47–50}. Animals were randomly allocated into different experimental groups. Conditional knockout mice and control littermates were assigned to the experimental group on the basis of genotype. No specific randomization method was used. Age-matched littermates were used as controls in all experiments. For behavioral analysis, experimenters were blind to experimental conditions. Injection sites and viral expression were confirmed for all animals by experimenters blinded to behavioral results. Mice showing incorrect cannula placement, injection sites or optic fiber placement were excluded from analysis by experimenters blinded to treatment.

Life Sciences Reporting Summary.

Further information on experimental design is available in the Life Sciences Reporting Summary.

Data and code availability.

The data that support the findings of this study are available from the corresponding author

- upon reasonable request. No custom or open source code was used for data collection and
- analyses.
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