

1 **Surgical adhesions in mice derived from hypoxia-responsive mesothelial cells can be**
2 **targeted with anti-mesothelial antibodies**

3
4 Jonathan M. Tsai^{1,2}, Rahul Sinha¹, Jun Seita³, Nathaniel Fernhoff¹, Simon Christ⁴, Tim
5 Koopmans⁴, Geoffrey W. Krampitz^{1,5}, Kelly M. McKenna¹, Liuqing Xing², Michael
6 Sandholzer⁴, Jennifer Horatia Sales⁴, Maia Shoham¹, Melissa McCracken¹, Lydia-Marie
7 Joubert⁶, Sydney R. Gordon¹, Nicolas Poux¹, Gerlinde Wernig⁷, Jeffrey A. Norton⁵,
8 Irving L. Weissman^{1,2,7,8*}, Yuval Rinkevich^{4*}

9
10 ¹Institute for Stem Cell Biology and Regenerative Medicine, Stanford University School
11 of Medicine, Stanford CA 94305, USA

12
13 ²Department of Developmental Biology, Stanford University School of Medicine,
14 Stanford CA 94305, USA

15
16 ³AI based Healthcare and Medical Data Analysis Standardization Unit, Medical Sciences
17 Innovation Hub Program, RIKEN, Tokyo 103-0027, Japan

18
19 ⁴Comprehensive Pneumology Center, Institute of Lung Biology and Disease, Helmholtz
20 Zentrum München, Member of the German Center for Lung Research (DZL), Munich,
21 Germany

22
23 ⁵Department of General Surgery, Stanford University School of Medicine, Stanford CA
24 94305

25
26 ⁶Cell Sciences Imaging Facility, Beckman Center, Stanford University School of
27 Medicine, Stanford CA 94305, USA

28
29 ⁷Department of Pathology, Stanford University School of Medicine, Stanford CA 94305,
30 USA

31
32 ⁸Ludwig Center for Cancer Stem Cell Biology and Medicine at Stanford University,
33 Stanford, CA 94305, USA

38 * Co-senior authors to whom correspondence should be addressed:

39 Yuval Rinkevich

Irving L. Weissman

40 Phone: +49 (89) 3187 4685

Phone: (650) 723 6520

41 Fax: +49 (89) 3187 4661

Fax: (650) 723 4034

42 yuval.rinkevich@helmholtz-muenchen.de

irv@stanford.edu

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44 **Overline: Peritoneal Adhesions**

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46 **Single Sentence Summary:**

47 Surgical adhesions derived from mesothelial cells can be targeted by antibodies against
48 the mesothelial marker mesothelin in mice.

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50 **Editor's Summary:**

51 Peritoneal adhesions are ectopic fibrotic tissues induced by surgical perturbations that
52 result in post-operative morbidities such as small bowel obstruction. The cellular origin
53 of adhesions remains unclear. Now, Tsai et al. show that mesothelial cells overlying
54 organs and the abdominal wall give rise to adhesions after surgery in mice. The injured
55 mesothelium upregulated mesothelial-specific genes that were known to be highly
56 expressed during fetal development. Targeting adhesions with antibodies against the
57 mesothelial marker mesothelin eliminated adhesions that had formed after surgery.
58 Injured mesothelium responded to hypoxia under a HIF1A program. Blocking the
59 HIF1 α pathway with small molecule inhibitors prevented adhesion formation in mice
60 after surgery.

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64 **Abstract**

65 Peritoneal adhesions are fibrous tissues that tether organs to one another or to the
66 peritoneal wall and are a significant cause of post-surgical and infectious morbidity. The
67 primary molecular chain of events leading to the initiation of adhesions has been elusive,
68 chiefly due to the lack of an identifiable cell of origin. Using clonal analysis and lineage
69 tracing, we have identified injured surface mesothelium expressing podoplanin (PDPN)
70 and mesothelin (MSLN) as a primary instigator of peritoneal adhesions after surgery in
71 mice. We demonstrate that an anti-MSLN antibody diminished adhesion formation in a
72 mouse model where adhesions were induced by surgical ligation to form ischemic
73 buttons and subsequent surgical abrasion of the peritoneum. RNA sequencing and
74 bioinformatics analyses of mouse mesothelial cells from injured mesothelium revealed
75 aspects of the pathological mechanism of adhesion development and yielded several
76 potential regulators of this process. Specifically, we show that PDPN⁺MSLN⁺
77 mesothelium responded to hypoxia by early upregulation of hypoxia inducible factor 1
78 alpha (HIF1 α) that preceded adhesion development. Inhibition of HIF1 α with small
79 molecules ameliorated the injury program in damaged mesothelium and was sufficient to
80 diminish adhesion severity in a mouse model. Analyses of human adhesion tissue
81 suggested that similar surface markers and signaling pathways may contribute to surgical
82 adhesions in human patients.

83 **Introduction**

84 Adhesions are fibrous tissues that develop after trauma to serosal membranes and
85 surrounding cavities, which are likely to share a common pathology. Adhesions arise in
86 response to instigations such as surgery, infection or dialysis. Their primary sequelae
87 include small bowel obstruction, chronic pain, female infertility, poor quality of life, and
88 death (1–4). The National Institutes of Health estimates that ~93% of abdominal
89 surgeries lead to adhesions (5), with a ~20% rate of re-hospitalization for adhesion-
90 related complications. The annual cost of surgery-related adhesions is over \$1 billion in
91 the United States (1, 3, 5–8). Although adhesions are a significant healthcare burden, few
92 definitive strategies exist to prevent or treat adhesion formation.

93 Adhesions occur through an insult resulting in hypoxia and reactive oxygen
94 species damage leading to inflammation and activation of the coagulation cascade, which
95 results in the formation of a fibrin bridge between adjacent surfaces (4). Much is known
96 about later stages of adhesion formation involving fibrin deposition and fibrinolysis (9),
97 however the cellular and molecular details of the initial stages require further elucidation.
98 It has been proposed that the frictionless surface of the mesothelium, the epithelial
99 monolayer lining the peritoneal cavity and visceral organs (9–12), plays a protective role
100 against adhesion formation (13), suggesting adhesion formation requires removal of the
101 mesothelium. Exposed basement membrane is suspected to be the substrate for fibrin
102 attachments between denuded surfaces, followed by fibroblast accumulation from sub-
103 parenchymal sources (14, 15). Other studies propose possible sources of adhesions are
104 myofibroblast metaplasia (16), mesothelial-to-mesenchymal transition (MMT) (17), or
105 extracellular matrix deposition by sub-peritoneal fibroblasts (11, 18–22). As these

106 observations are largely dependent on histology, the early mechanisms continue to be
107 debated. A cell-of-origin has not yet been definitively identified through lineage-tracing
108 analyses. A few transcriptomic studies have characterized the gene expression changes
109 leading to adhesion initiation (23, 24), although it is unknown which cells sense the initial
110 insults to initiate downstream pathology. Consequently, few effective treatments exist.

111 Here, we demonstrate by lineage tracing that an activated subset of mesothelial
112 cells could be a cell-of-origin for adhesions. We identify mesothelin (MSLN) as a
113 specific surface marker that is upregulated by mesothelial cells participating in adhesion
114 formation and show that these cells are a necessary component of adhesion tissue in
115 mouse and human. We found that administration of anti-MSLN antibodies diminished
116 adhesions in a mouse model, and that this treatment was boosted by co-administration of
117 antibodies against CD47 (25, 26). We isolated and purified injured peritoneal
118 mesothelium from mice using fluorescence activated cell sorting and performed RNA
119 sequencing to identify molecular candidates for adhesion initiation. We show that
120 peritoneal injury in a mouse model using surgical ligation and abrasion induced
121 upregulation of the HIF1 α signaling pathway and that this pathway activated
122 reprogramming of the mesothelium. Disruption of the HIF1 α pathway using small
123 molecule inhibitors was sufficient to curtail adhesion formation *in vivo*.

124 **Results**

125 **Mesothelial Cell Proliferation After Peritoneal Injury in Mice**

126 To identify and prospectively isolate cells that could be responsible for adhesion
127 development, we analyzed various established rodent injury models for reproducibility in
128 adhesion severity and location. These animal models included those where adhesions
129 were induced by intraperitoneal (ip) injections of chemicals, rough abrasion of the cecum
130 and peritoneum (27, 28), cauterization of the peritoneum and abdominal organs (12, 29),
131 and placement of ischemic buttons in the peritoneal wall (17, 30–33). We found that the
132 use of chemicals, cauterization, general or even localized abrasion were unpredictable in
133 the reproducibility of adhesion formation. Instead, adhesion formation was systemic in
134 these models, likely due to generalized inflammation.

135 We found that inducing formation of a small, single ischemic “button” in the
136 peritoneal wall of mice by pulling up the peritoneal wall with forceps and ligating its
137 base, resulted in adhesions between the button and adjacent tissue, with little morbidity
138 (Fig 1A). This method was reproducible: adhesions sites were consistently in the same
139 place, making it easier to pinpoint the locations of cells likely to give rise to adhesions.
140 This method was physiologically relevant as the button simulated micro-pockets of
141 ischemia that often form in response to surgical ties. We found that an optional, gentle
142 abrasion of the ischemic button and intestinal surfaces could controllably increase
143 adhesion severity without increasing morbidity in the mice.

144 Following surgery, mice were allowed to recover and analyzed at 0.5, 1, 2, 4, 24,
145 72 hours, and 7 days after induction of the ischemic button. Buttons were removed and
146 stained with hematoxylin and eosin (H&E) at 30 minutes, 1 hour, 2 hours, and 4 hours

147 post-adhesion induction (**Fig 1B**). To confirm mesothelial cells were present following
148 button induction, buttons were stained with antibodies against the mesothelial-specific
149 markers podoplanin (PDPN) and keratin 19 (K19). Although other studies have reported
150 PDPN expression on injured fibroblasts (34, 35), we only observed PDPN expression in
151 cells co-labeled with K19 on the surface monolayer of the buttons at 0, 6, 12, and 24
152 hours following button induction (**Fig 1C, Fig S1**) and on adjacent tissues (**Fig S2**)
153 suggesting that PDPN⁺ cells were mesothelial. Confocal microscopy of peritoneal wall
154 tissue confirmed that PDPN expression remained specific to mesothelium during injury,
155 as compared to smooth muscle actin (SMA) the expression of which was characteristic of
156 fibroblasts (**Fig S3, A, B**).

157 We found that mesothelin (MSLN), a marker highly expressed on fetal peritoneal
158 mesothelium, with low expression in adult mesothelium (23), was highly upregulated by
159 the mesothelium at all time points after injury in the mice (**Fig S3, C, D, S4**). Intact
160 cellular layers were visible on ischemic buttons with and without abrasion at post-
161 operative time-points (**Fig 1C**), indicating that the mesothelium was neither denuded, nor
162 had retracted following this injury. At some time points e.g. at 12 hours post injury,
163 mesothelial cells took on an “activated” phenotype, characterized by loosening of
164 intercellular connections (**Fig S2**). The mesothelium proliferated at four hours after injury
165 as evidenced by its transition from a single cell layer to a multicellular layer (**Fig S5A**).
166 By 24 hours after injury, the mesothelium showed further signs of thickening (**Fig 1C,**
167 **S5B**) forming full adhesions after 7 days (**Fig S5C**). Trichrome staining and additional
168 immunohistochemistry using antibodies against PDPN and MSLN were performed and

169 showed that adhesions contained cells that stained with either PDPN or MSLN (**Fig S6**,
170 **Fig 1D**), suggesting that they may be locally derived from peritoneal mesothelium.

171 To investigate whether mouse adhesion tissue was derived from local surface
172 mesothelium or circulating cells, we subjected C57BL/6J wildtype mice and C57BL/Ka
173 Rosa26^{mRFP1} mice (36) that constitutively expressed red fluorescent protein in all cells to
174 parabiosis where both mouse circulatory systems were connected (37, 38). By 14 days
175 the blood of both mice was chimeric (**Fig S7**). Adhesions induced in the non-fluorescent
176 C57BL/6J wildtype mouse that underwent parabiosis showed little evidence of
177 contributions from circulating cells. The majority of the PDPN⁺ cells in the adhesions
178 were not fluorescent, although infiltrating blood or tissue myelomonocytic cells were
179 observed (**Fig S8**) as evidenced by their co-expression of F4/80 stain.

180 Mice were injected with 0.025mg of 5-ethynyl-2'-deoxyuridine (EdU)
181 intraperitoneally after adhesion induction and allowed to recover for 7 days; then their
182 adhesions were stained for EdU, PDPN, and MSLN. Mesothelial cells (PDPN⁺ or
183 MSLN⁺) were counted in multiple (n=20) high power fields (0.75mm x 1mm) in control
184 mice, and in mice following adhesion induction (n=16). Normal undamaged mesothelium
185 showed rare mesothelial cell proliferation. However, there were marked foci of EdU⁺
186 MSLN⁺ mesothelial cells in areas of the mouse peritoneum where adhesions were
187 present, and around regions of thickening (**Fig S9**). This suggested that mesothelial cell
188 proliferation contributed to adhesion development in mice receiving ischemic buttons
189 (**Fig 1E, 1F**).

190 To study the ultrastructural changes in the mesothelial cells after button induction,
191 we performed conventional and large block-face scanning electron microscopy on

192 uninjured peritoneum and peritoneum on ischemic buttons 30 minutes, 2, 4, 6, 12, and 24
193 hours post button induction (**Fig S10-12**). These images confirmed the presence of
194 mesothelial cells in the adhesion tissue and the basement membrane underneath the
195 mesothelium, and suggested that within one hour after injury some mesothelial cells
196 detached from their basement membranes, separated from neighboring cells and extended
197 ciliary protrusions into the peritoneal space.

198

199 ***In Vivo* and *In Vitro* Lineage Tracing of Activated Mesothelial Cells from Mouse**
200 **Adhesions**

201 We developed a lineage-tracing assay in which a cell-permeable dye, 5(6)-
202 Carboxyfluorescein N-hydroxysuccinimidyl ester (CFSE), was injected directly onto the
203 surgically induced buttons to label mesothelial cells in mice. Buttons from mice treated
204 with 10uM CFSE became fluorescent within 30 minutes (**Fig 2A**). Staining for PDPN
205 and K19 confirmed that no CFSE labeling occurred in underlying tissue (**Fig 2B, Fig**
206 **S13**), indicating that the CFSE dye specifically labeled surface mesothelial cells and did
207 not cross the mesothelial basement membrane. Mice undergoing ischemic button
208 placement and treated with CFSE were allowed to recover for 4-7 days. Fluorescence
209 imaging confirmed CFSE staining within adhesions (**Fig 2C-E**) that co-localized with
210 PDPN staining (**Fig 2F,G; Fig S14**), indicating that labeled mesothelial cells contributed
211 to the adhesions formed after button induction.

212 We then crossed Actin^{CreER} mice with R26^{VT2/GK3} Rainbow mice (37, 39, 40)
213 carrying a multicolored fluorescent reporter. Following low dose tamoxifen
214 administration and Cre induction, the Rainbow reporter was activated in a very low
215 number of cells, with each cell randomly and permanently expressing one color. We and
216 others have found that tracing many cells simultaneously makes it difficult to determine
217 clonality and morphological outcomes (39, 40). Therefore, low dose tamoxifen studies
218 were chosen to elucidate lineage outcomes of single cells. Adhesion induction was
219 performed on Actin^{CreER}; R26^{VT2/GK3} offspring and lineage-tracing was conducted on
220 adhesions *in vivo* for seven days. Clusters (clones) of PDPN⁺ cells of the same color were
221 found within adhesion sites (**Fig 2H**) suggesting adjacent cells were derived from single

222 precursor cells. Some PDPN⁺ mesothelial cells exhibited spindle-like morphology,
223 suggesting a potential transition to a fibroblast phenotype (**Fig 2I, S15**).

224 Mesothelial explants from the kidney capsule and intestines were excised from
225 uninjured control mice and cultured for 14 days. Cells expanded outward from the
226 explant and stained positive for PDPN and K19 (**Fig S16**) and many PDPN⁺K19⁺ cells
227 showed spindle-like phenotypes that were different from their original cobblestone
228 appearance. These *in vitro* experiments suggested that adhesions may result from a
229 transition or differentiation of epithelial-like mesothelial cells into spindle-like fibrocytic
230 cells (**Fig S16**).

231

232

233 **Targeting Mesothelin in Peritoneal Adhesions in Mice**

234 To determine whether PDPN⁺MSLN⁺ mesothelial cells were a necessary component of
235 adhesions, we depleted these cells from pre-formed adhesions in mice. Mouse
236 monoclonal anti-MSLN antibodies were injected intraperitoneally immediately after
237 adhesion induction (**Fig 3A**) and were found to bind only to damaged areas. Light sheet
238 microscopy of injured mouse peritoneum revealed emerging foci of MSLN expression
239 surrounding injury sites (**Fig 3A, 3B, Fig S17, Videos S1, S2**). MSLN expression was
240 specific to injured areas surrounding the ischemic button, leaving adjacent areas
241 unlabeled (**Fig 3B, Fig S17, controls in Fig S18**); antibody binding was absent in deeper
242 tissues.

243 Damaged mesothelium also expressed CD47 (**Fig 3C**), a surface molecule highly
244 upregulated on tumors that blocks macrophage-mediated phagocytosis (26). Blocking
245 CD47 with anti-CD47 antibody has been shown to eliminate many human tumors in
246 immunodeficient mice by enhancing phagocytosis of tumor cells (25, 26, 41, 42). A
247 human mesothelial cell line (MeT5A) was treated with anti-CD47 antibody *in vitro* and
248 showed increased phagocytosis by macrophages (**Fig 3D, E**) compared to the MeT5A
249 human mesothelial cell line treated with control IgG antibody.

250 In order to interrogate the potential therapeutic effect of antibody treatments *in*
251 *vivo*, we required a method to evaluate adhesion severity. Previous studies characterized
252 adhesions by focusing on strength (mechanical difficulty in separating adhered tissue) or
253 the number of organs to which they adhered in order to score adhesion severity (29, 43,
254 44). We developed a method to evaluate adhesion severity based on histological criteria
255 and adhered surface area (**Fig S19**).

256 Anti-CD47 antibody (200ug) alone, anti-MSLN antibody (200ug) alone, or a
257 combined injection of both antibodies was administered 7, 10, and 13 days following
258 adhesion induction in mice. A decrease in adhesion burden was observed using anti-
259 MSLN antibody alone and a greater reduction was observed using a combination of anti-
260 MSLN antibody and anti-CD47 antibody (**Fig 3G, H**) compared to vehicle controls (**Fig**
261 **3F, H**). Immunohistological analysis of the ischemic buttons resected from the antibody-
262 treated mice confirmed the absence of MSLN⁺ cells (**Fig 3I**) suggesting that mesothelial
263 cells had been removed. This MSLN⁺ subset may be a necessary component of adhesion
264 tissue and potentially could contribute to adhesion formation. Collagen and fibronectin
265 were still detected on the resected buttons suggesting that MSLN⁺ cell removal was
266 sufficient to diminish adhesion burden, despite residual extracellular matrix components.
267 Interestingly, immunofluorescence staining for K19 and PDPN (**Fig S20**) and H&E
268 staining (**Fig S21**) showed the persistence of mesothelium on the buttons.

269

270 **RNA Sequencing of Mouse Mesothelial Cells in the Early Stages of Adhesion**
271 **Formation**

272 To determine changes in gene expression in PDPN⁺MSLN⁺ cells during adhesion
273 formation, we isolated PDPN⁺MSLN⁺ cells using FACS from sites of injury at 6, 12, and
274 24 hours following adhesion formation after button induction. Our lineage gating scheme
275 included mesothelial markers and excluded blood cells, endothelial cells, and lymphatic
276 cells. The cells selected by FACS were PDPN⁺LYVE1⁻CD31⁻CD45⁻ (**Fig 4A**), and we
277 performed RNA sequencing on this population. Our purification protocol included
278 ischemic buttons to enrich for activated mesothelium. Peritoneal mesothelial cells were
279 similarly isolated from mice that did not undergo surgery (t=0). Differentially expressed
280 genes were clustered based on expression patterns across the 24 hour time course and
281 then were analyzed for geneset activity (45–47) to elucidate early transcript changes
282 occurring in the first 24 hours after adhesion formation (**Fig 4B-E**).

283 Differentially expressed genes broadly clustered into six expression patterns,
284 peaking or dipping at 6, 12, and 24 hours after button induction (**Fig 4B**). Fold changes
285 in transcript expression after 6, 12, and 24 hours were plotted against total gene
286 expression (**Fig 4C**). Differentially expressed genes were calculated based on a $q < 0.05$
287 threshold and ordered by fold change. At 24 hours post injury, ~8000 genes were
288 significantly ($q < 0.05$) differentially expressed compared to control mice that did not
289 undergo surgery (**Fig 4C**).

290 We compared the number of differentially expressed genes in mesothelial cells
291 between injured and control mice 24 hours after button induction to genes expressed
292 during hematopoietic stem cell (HSC) differentiation. Transcriptional changes in

293 activated mesothelial cells were greater than those found among HSCs, macrophages and
294 B cells. Transcriptional changes in activated mesothelial cells were greater than those
295 found in HSCs undergoing differentiation to multipotent progenitors, and in activated T
296 cells compared to resting CD69⁺ T cells. Transcriptional changes in activated mesothelial
297 cells were greater than those found in acute myeloid leukemia (AML) cells compared to
298 AML blast cells (**Fig 4D**). Altogether this suggested extensive reprogramming in the
299 mesothelium after button induction and injury.

300 Geneset activity analysis (**Fig 4E**) showed early upregulation of genes involved in
301 angiogenesis and hypoxia, followed by expression of genes involved in the inflammatory
302 response encoding chemokines, chemotactic factors, cytokines, and NF-kappa-B pathway
303 components (**Fig 4E**). Genes encoding proliferation factors were upregulated 24 hours
304 after button induction, corroborating data from our pulse-chase experiments. Genesets
305 associated with extracellular matrix (ECM) formation were downregulated within 24
306 hours after injury, including fibronectin 1 (FN1), and collagens (COL1A1, COL1A2,
307 COL3A1) (**Fig S22**). The *HIF1A* gene was highly upregulated within 6 hours of adhesion
308 formation, indicating that sensing of hypoxia in the mesothelium may contribute to
309 adhesion initiation. The tumor growth factor (TGF) signaling pathway, which is thought
310 to contribute to adhesion formation, was downregulated in the mesothelium 24 hours
311 after surgery (**Fig 4E**).

312 We observed expression of the mesothelial specific markers PDPN and K19 at all
313 time points after adhesion initiation in mice (**Fig 5A**). Many markers, which are highly
314 expressed by peritoneal mesothelium during mouse fetal development with low
315 expression in the uninjured adult, were upregulated after injury. These included MSLN,

316 which was upregulated 80-fold, and uroplakin1B (UPK1B) and Wilm's Tumor antigen 1
317 (WT1), which peaked at 24 hours after adhesion initiation (**Fig 5A**). Genes associated
318 with fibroblasts, specifically S100A4 (FSP1), E-cadherin (CDH1), and smooth muscle
319 actin (ACTA2) were not expressed in uninjured mesothelium ($t = 0$), but were
320 upregulated after injury (**Fig 5A**). Adhesion molecules also were upregulated, indicating
321 cell-to-cell contact and cellular migration were important to adhesion initiation (**Fig S22**).
322 These RNA sequencing data show that injured mesothelial cells undergo a massive
323 genomewide transcriptional rearrangement involving a mesothelial program with an
324 increased fibrogenic composition.

325 We validated our RNA sequencing screen using immunohistochemical staining of
326 proteins encoded by gene targets in mouse adhesions (**Fig 5B, S23B**). There was strong
327 protein staining detected by immunofluorescence and RNA expression detected by *in situ*
328 hybridization for the target genes, demonstrating that the RNA sequencing data were
329 recapitulated *in vivo*. Adhesions did not stain positive for *HIF1A* expression at later
330 stages after injury initiation; this transcription factor was upregulated within 6 hours of
331 injury and downregulated soon thereafter. Injured mesothelium broadly expressed
332 S100A4, MSLN, and K19, whereas WT1 was restricted to a subset of injured
333 mesothelium, suggesting heterogeneity within adhesions.

334

335

336 **Effect of HIF1 α Blockade on Adhesion Formation in Mice**

337

338 Hypoxia has been shown to be an instigator of adhesion formation (15) although which
339 cells sense hypoxia and their contribution to adhesion formation has not been well
340 characterized. We found that mesothelial *HIF1A* gene expression was upregulated early
341 during adhesion formation before decreasing shortly thereafter (Fig 5A). It is established
342 that the HIF1 α transcription factor is regulated through stabilization and post-
343 translational modification (48). We investigated protein partners of HIF1 α known to
344 increase HIF1 α activity and found them to be upregulated at similar time points during
345 adhesion development (Fig S24).

346 We analyzed the potential effects that HIF1 α could exert on surface mesothelium
347 *in vitro*. Primary mouse mesothelial cells that were cultured under low oxygen
348 conditions (5% O₂ or with 100 μ M CoCl₂) for three days showed little morphological
349 difference from mesothelial cells cultured under normoxic conditions (Fig S25).
350 Mesothelium co-cultured with macrophages, which are constitutively present in the
351 peritoneum, developed dense fibrotic foci that stained positive for PDPN and HIF1 α (Fig
352 6A, B) suggesting that macrophages may contribute to mesothelial transformation.

353 *In vivo* analysis of the HIF1 α signaling pathway was performed using small
354 molecule inhibitors of HIF1 α , specifically cryptotanshinone (inhibits HIF1 α activation)
355 (49), FM19G11 (represses alpha-subunit targets) (50)), echinomycin (blocks DNA
356 binding of HIF1 α) (51), and PX-12 (blocks transcriptional activity of HIF1 α) (52). Mice
357 underwent adhesion induction and were treated with cryptotanshinone (200mg/kg),
358 FM19G11 (2mg/kg), echinomycin (10 μ g/kg or 20 μ g/kg), or PX12 (25mg/kg)
359 immediately after injury, 4 hours after injury, and every 24 hours for 7 days. Mice were

360 euthanized after 7 days and adhesions were imaged and scored. H&E staining showed an
361 intact layer of MSLN⁺ mesothelium (**Fig 6C**). Adhesion burden was significantly ($p <$
362 0.0001) reduced (**Fig 6D**) in mice treated with PX12 (n = 7) or echinomycin (n=17), with
363 many mice showing no observable adhesions (score 0) suggesting that HIF1 α blockade
364 was sufficient to prevent adhesion formation. Treatment with HIF1 α inhibitors did not
365 affect wound healing; all mice appeared healthy and abdominal wall closure was
366 complete after 7 days similar to the situation observed for untreated control animals that
367 underwent injury.

368 We injected EdU as previously described into mice that had undergone button
369 induction and adhesion initiation and had been treated with echinomycin (20ug/kg) (n =
370 5). Mice were analyzed 7 days after EdU injection and were found to have reduced EdU
371 incorporation into PDPN⁺MSLN⁺ cells (**Fig 6E**) compared to untreated injured control
372 animals pulsed with EdU, suggesting that HIF1 α inhibition decreased mesothelial cell
373 proliferation. Mesothelial cells of echinomycin-treated mice exhibited both activated (**Fig**
374 **S26A**) and normal uninjured phenotypes (**Fig S26B**), suggesting that HIF1 α reduced cell
375 proliferation but not cell activation and adhesion formation .

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377

378 **Transcriptional Changes in Mesothelial Cells Treated with HIF1 α Inhibitors**

379 To determine the transcriptional changes downstream of HIF1 α , 10 mice were treated
380 with echinomycin (20ug/kg) prior to and immediately following induction of four
381 ischemic buttons in the peritoneum of each mouse. Damaged mesothelium at 24 hours
382 post button induction was isolated from the buttons and RNA extracted for sequencing.
383 Known HIF1 α targets VEGF β and transferrin (TRF) were downregulated after
384 echinomycin treatment (**Fig S27**). Expression of PCNA and the ORC family of genes was
385 analyzed (**Fig S28A, B**) (53–55) to confirm that echinomycin did not inhibit DNA
386 replication in our purified mesothelial cell subset.

387 RNA sequencing analysis revealed that ~200 genes upregulated 24 hours post
388 injury showed decreased expression after HIF1 α inhibition. More than 600 genes with
389 decreased expression 24 hours after injury were upregulated in response to HIF1 α
390 inhibition (**Fig 6F**). Some genes associated with adhesion formation were unaffected
391 (ITGAM, ITGB1, and ITGB2) (**Fig S26**). Expression of PDPN, MSLN, and S100A4
392 increased after treatment with echinomycin and injury, whereas expression of UPK1B
393 and WT1 decreased (**Fig 6F**) suggesting that WT1 and UPK1B may be downstream
394 targets of HIF1 α and could play a role in adhesion formation.

395

396 **Upregulation of Mesothelin in Human Peritoneal Adhesions**

397 To determine whether the potential mechanism of adhesion formation and target gene
398 expression observed in mice was similar in human tissue, human adhesion samples were
399 obtained from patients requiring abdominal surgeries (n=6). Samples were fixed,
400 sectioned, and stained with H&E and trichrome. The human adhesions were filled with
401 cells and showed collagen deposition (**Fig 7A**). Human adhesion samples stained positive
402 for expression of MSLN, PDPN, CD47, and S100A4 by immunofluorescence and
403 UPK1b expression by *in situ* hybridization (**Fig 7B**), demonstrating that many target
404 genes expressed in mouse adhesions were similarly expressed in human adhesions.

405

406

407

408 **Discussion**

409 The cellular origins of peritoneal adhesions and early molecular events are unclear,
410 largely because the cell-of-origin has not been identified. Studies have suggested that
411 adhesions originate from stromal, sub-mesothelial, or mesothelial cells through a
412 mesothelial-to-mesenchymal transition (17, 56). Here, we employ multiple lineage-
413 tracing approaches and propose that the mesothelium contributes to and is incorporated
414 into adhesions due to its proliferation outwards into the peritoneal cavity. We show that
415 preventative or post-adhesion treatment targeting these mesothelial cells results in
416 reduction of adhesion severity in mice.

417 Notably, despite our finding that the mesothelium is a contributor to peritoneal
418 adhesions, it is likely that other cell types play a role. Although carboxyfluorescein N-
419 hydroxysuccinimidyl ester (CFSE) stained only surface mesothelial cells, there was
420 marked heterogeneity within this surface cell population that was difficult to elucidate
421 using only immunostaining. Future studies will need to focus on specifically labeled
422 subsets of these cell populations within the surface mesothelium, to carefully trace
423 individual cellular contributions to adhesions. At the same time, the scope of our study
424 was limited only to the mesothelium. Our lineage tracing and subsequent FACS based
425 RNA sequencing analyses were designed to gate out all other cell populations that may
426 play a role in adhesion formation. Therefore, our study cannot exclude that other cells
427 such as sub-mesothelial fibroblasts also contribute to adhesions. Further studies need to
428 be done to specifically label these cells genetically or chemically and then to trace these
429 cells after adhesion induction surgery in order to document their contributions to
430 adhesion formation.

431 We propose a model of early adhesion formation (**Fig S29**) where after injury the
432 peritoneal mesothelium responds by induction of genes responsible for cell proliferation
433 and differentiation. This enables separation of the mesothelium from its basement
434 membrane, likely through the downregulation of collagens and other ECM proteins, and
435 enables the mesothelium to move into the peritoneal space. For simplicity, our model
436 omits interactions between mesothelial cells and other cell types (fibroblasts,
437 hematopoietic cells) that likely also contribute to adhesions. Specifically, many
438 fibroblasts often share similar mesothelial markers when activated (34, 35). It is also
439 likely that activated mesothelium recruits leukocytes, as evidenced by an increase in
440 chemokines and cytokines (**Fig 4E**), and initiates coagulation events. The interplay
441 between inflammatory and mesothelial cells will be important to elucidate in future
442 studies.

443 The RNA sequencing studies presented here reveal marked early gene expression
444 changes occurring within the first 24 hours after adhesion formation. Injured
445 mesothelium upregulated expression of fibroblast genes S100A4, CDH2, and ACTA2,
446 which together with *in vivo* and *in vitro* staining suggest that the mesothelial cells
447 become fibroblast-like cells as previously described (17) but migrate into the peritoneal
448 cavity rather than into the abdominal organs (23). Surprisingly, our results show *TGFB*
449 downregulation in PDPN⁺MSLN⁺ cells suggesting that TGFβ plays a role later in
450 adhesion formation or is expressed by other cell types.

451 The MSLN⁺ cells in the post-injury surface mesothelium involved in adhesion
452 formation were heterogeneous by several gene expression criteria. It is plausible that
453 there was a further adhesion-prone subset of cells within the MSLN⁺PDPN⁺

454 mesothelium. Whether different mesothelial cell subsets share common embryonic
455 origins or represent separate mesothelial cell types as recently revealed in dermal
456 mesenchyme (24) remains to be studied.

457 The mesothelium likely senses hypoxia and responds through HIF1 α
458 upregulation. Disruption of the HIF1 α pathway by small molecule inhibitors was
459 sufficient to induce a decrease in adhesion formation in mice, implicating a role for
460 HIF1 α in the pathogenesis of adhesion formation. Our findings implicate WT1 as a
461 downstream target of HIF1 α and a likely candidate in further regulating adhesion
462 formation.

463 Many mesothelial genes were highly upregulated during peritoneal injury in mice
464 and had low or no expression in most other tissues, making them potential targets for
465 treatments to reverse adhesions. We identified adhesion-specific targets and then showed
466 that an antibody against these targets could be used to treat adhesions in a mouse model.
467 Furthermore, many malignancies, such as mesotheliomas, pancreatic ductal
468 adenocarcinoma, ovarian cancer, and some lung cancers, express MSLN (57–60). Our
469 finding that targeting MSLN enhanced phagocytosis of MSLN positive-mesothelium
470 further suggests that certain cancers may be susceptible to a combined anti-MSLN/anti-
471 CD47 immunotherapy although this remains to be tested.

472

473 **Materials and Methods**

474 *Study Design*

475 The objective of this study was to determine if the mesothelium contributed to the
476 formation of adhesion tissue in a mouse model. Further objectives assessed whether small
477 molecule inhibitors of HIF1 α could prevent adhesion formation and if antibodies against
478 two markers expressed by mesothelial cells, MSLN and CD47, could treat pre-formed
479 adhesions in mice. In all treatment studies, each experiment used 5 mice that received
480 treatment and 5 untreated control mice. All *in vivo* experiments were repeated at least
481 twice; many were repeated up to six times to ensure statistical power and adequate
482 sample sizes (see individual experiments for n). Mice were excluded only due to
483 morbidity within 5 days of adhesion induction. Blinding was not performed. Early
484 endpoints were taken if mice were found to be morbid. All outliers were reported and
485 included in statistical analyses.

486

487

488 *Adhesion Induction*

489 All animal experiments were carried out in strict accordance with the guidelines set forth
490 by the Association for Assessment and Accreditation of Laboratory Animal Care
491 International (AAALAC) and Stanford University's Administrative Panel on Laboratory
492 Animal Care (APLAC), (Protocol number #10266) and in the United States, or the
493 European Animal Welfare Act, Directive 2010/63/EU. The protocol was approved by the
494 Committee on the Ethics of Animal Experiments of the Government of Bavaria,
495 Germany, and received the permission No: 55.2-1-54-2532-150-2015. All surgery was

496 performed under anesthesia, and all efforts were made to minimize suffering. Adhesion
497 induction surgeries were done on wild type B6 (C57BL/6J (The Jackson Laboratory)
498 mice aged 6-10 weeks. Mice were anesthetized by inhaled isoflurane until determined
499 unconscious confirmed by toe-pinch test. The abdomen was disinfected with betadine and
500 phosphate buffered saline (PBS). A left mid-clavicular incision was made in the skin
501 running down the length of the mouse. A similar left-mid clavicular incision was made in
502 the peritoneum running down the length of the peritoneum. The peritoneum was gently
503 folded to the right and held down by a hemostat. A single, ischemic button was placed on
504 the right half of the peritoneal wall by clamping a small (~5mm diameter) piece of
505 peritoneum with a hemostat and ligating the base with a 4-0 silk suture (Ethicon, 683G)
506 twice before the clamp was released. Light abrasion on the button (20 times) and on the
507 adjacent liver, cecum, and small and large bowels (7 times) was optionally performed
508 (depending on the desired adhesion severity) with a surgical brush. Light brushing with
509 fewer repetitions was performed to avoid pinpoint bleeding. The peritoneum was closed
510 using 4-0 silk sutures and the skin was stapled closed (EZ Clips, 9mm, Braintree
511 Scientific Inc). Mice were allowed to recover on a heating pad and injected with 0.05-0.1
512 mg/kg of buprenorphine. Mice were followed closely and monitored daily for signs of
513 morbidity for 7 days until euthanasia. Adhesed tissues were dissected, scored, and fixed
514 in 2% paraformaldehyde overnight at 4 degrees.

515

516 *Adhesion Scoring*

517 We assigned a single score for an adhesion, taking into consideration both surface area
518 contact and molecular makeup as described in the text. In our scheme, an adhesion with a

519 score of 0 has no adhesion between two areas, with limited mesothelial thickening on the
520 button (**Fig S18A**). The area stains positive for MSLN and fibronectin (**Fig S18A**). Mice
521 with an adhesion score of 0 had no signs of morbidity and survived the 7 day recovery
522 period (n=25).

523 An adhesion score of 1 indicated a “string” adhesion, connecting the two adhered
524 areas with a light fibrous bridge (**Fig S18B**). The string and surrounding areas were
525 immunopositive for MSLN and fibronectin (**Fig S18B**). Most mice with an adhesion
526 score of 1 had no signs of morbidity and survived the 7 day recovery period (n=11).

527 All adhesions with scores of 2 or above involve a single direct contact between
528 two tissues. The adhesion contact itself was light, and usually involved contact between
529 the peritoneum and an abdominal organ (**Fig S18C**). The adhesion in between the two
530 adhered areas stained positive for MSLN, fibronectin, and F4/80, suggesting some
531 macrophage infiltration has occurred (**Fig S18C**). Most mice with an adhesion score of 2
532 had no signs of morbidity and survived the 7 day recovery period (n=12).

533 An adhesion score of 3 was characterized by direct, continuous contact of three
534 areas, usually between the peritoneum and two abdominal organs or two distinct, non-
535 continuous areas of a single organ (**Fig S18D**). The adhered area stained positive for
536 MSLN, fibronectin, F4/80, pan collagen, and CD31 (**Fig S18D**). Most mice with an
537 adhesion score of 3 had little signs of morbidity and survived the 7 day recovery period
538 (n=9).

539 An adhesion score of 4 included direct and continuous contact of four or more
540 areas, usually between the peritoneum and three abdominal organs, or multiple separate
541 areas of one or two organs (**Fig S18E**). The adhered area stained positive for MSLN,

542 fibronectin, F4/80, pan collagen, and CD31 (**Fig S18E**). Most mice with an adhesion
543 score of 4 showed little signs of morbidity and survived the 7-day recovery period
544 (n=14).

545 An adhesion score of 5 was characterized as full compaction/encapsulation of the
546 abdominal organs. Most organs were adhered to the peritoneum as well as to each other
547 as a single, rigid mass (**Fig S18F**). The adhered areas stained positive for MSLN,
548 fibronectin, F4/80, collagen, and CD31 (**Fig S18F**). Most mice with an adhesion score of
549 5 were visibly morbid with low survival rates at 7 day post injury (n=5).

550 It should be noted that the amount of surface area contact does not always dictate
551 molecular phenotype and vice versa, as the severity of the adhesion likely exists on a
552 continuum represented by our discrete criteria described above. We have observed
553 adhesion areas with high surface area contact (a score of 3 or 4) with little or no collagen
554 or macrophage involvement (F4/80⁺). Conversely, we have also observed adhesion areas
555 with low surface area contact (a score of 2) with high collagen and macrophage
556 infiltration. In these cases we scored adhesions based on surface area contact or number
557 of organs involved, as we predict this is a more significant indicator of clinical outcome.

558

559 *Parabiosis*

560 Parabiosis surgeries were done on age matched (4-6 week old) female wild type B6
561 (C57BL/6J (The Jackson Laboratory) and C57BL/Ka Rosa26 mRFP1 mice. Mice to
562 undergo parabiosis were housed together in a single cage for 10 days prior to surgery.
563 Mice were anesthetized by inhaled isoflurane until determined unconscious confirmed by
564 toe-pinch test. The sides of the mice were shaved and cleaned with 70% ethanol and

565 betadine. Mice were laid next to each other and incisions from elbow to knee were made
566 on adjacent sides. The elbow and knee joints were ligated using 4-0 sutures (Ethicon) and
567 the loose skin from adjacent mice was stapled together. Mice were allowed to recover on
568 a heating pad and injected with 0.05-0.1 mg/kg of buprenorphine. Mice were followed
569 closely and monitored daily for signs of morbidity for 14 days. Staples were removed
570 following 14 days and mice were bled retro-orbitally to assay for chimerism.

571

572 *Histology*

573 Tissues were fixed in 2% paraformaldehyde overnight at four degree and were embedded
574 and frozen in optimal cutting temperature compound O.C.T (Sakura) or embedded in
575 paraffin. Frozen sections were cut at 10-12um throughout the adhered organs and saved
576 for immunofluorescence. Paraffin sections were cut at 5um and hematoxylin/eosin and
577 Masson's trichome stains were performed via standard protocols.

578

579 *Immunofluorescence*

580 Immunofluorescence studies were performed on frozen sections. Frozen sections were
581 thawed at room temperature for ten minutes and washed in PBS twice. Slides were
582 blocked in 5% serum for 30 minutes at room temperature. Sections were subsequently
583 stained with primary antibodies against PDPN (1:100, hamster monoclonal, Abcam),
584 MSLN (1:200, rabbit monoclonal, ABBIOTEC), fibronectin (1:100, rabbit monoclonal,
585 Abcam), F4/80 (1:100, rat monoclonal, Abcam), CD31 (1:100, rabbit monoclonal,
586 Abcam), pan-collagen (1:100, rabbit polyclonal, Abcam), WT1 (1:100, rabbit polyclonal,
587 Abcam), HIF1 α (1:100, mouse monoclonal, Abcam), S100A4 (1:100, rabbit polyclonal,

588 Abcam), and CK19 (1:100, rabbit monoclonal, Abcam, EP1580Y and 1:100, rabbit
589 polyclonal, Abcam). overnight at 4 degrees, and washed three times in PBS. Slides were
590 stained were incubated with secondary antibodies conjugated to Alex Fluor 488, 594, or
591 647 for one to two hours at room temperature. Stains were washed once with PBST and
592 three times with PBS before nuclear staining with Hoechst 33342 (Life Technologies),
593 for two minutes and mounted with Fluoromount G (Southern Biotech).

594

595 *In Situ Hybridization*

596 Tissues were fixed in 10% (vol/vol) neutral buffered formalin at room temperature for
597 24h-32h, dehydrated, and embedded in paraffin. Tissue sections cut at 5um thickness
598 were processed for RNA in situ detection using the RNAscope 2.5 HD Assay-RED
599 according to the manufacturer's instructions (Advanced Cell Diagnostics,
600 Reference#). RNAscope probes used were Mm-Upk1b (NM_178924.4, 46-966) and Hs-
601 UPK1B (NM_006952.3).

602

603 *EdU Pulse-Chase*

604 Following adhesion induction, mice were immediately injected subcutaneously with
605 0.025mg of 5-ethynyl-2'-deoxyuridine (Life Technologies) in 90% PBS and 10%
606 ethanol. Mice were traced for 7 days and euthanized. Adhesed tissues were dissected and
607 fixed with 2% paraformaldehyde overnight, frozen in O.C.T (Sakura), and sectioned at
608 12um. EdU positive cells were visualized with Click-iT EdU Imaging Kit (Life
609 Technologies).

610

611 *Lineage Tracing*

612 Adhesion induction surgeries were performed on wild type mice as previously described.
613 600ul – 1000ul of CFSE (ThermoScientific) was pipetted on top of the button and into
614 the peritoneal cavity. Mice were closed and allowed to recover for 4-7 days.

615

616 *Clonal Analysis*

617 Adhesion induction surgeries were performed on Actin^{CreER}; R26^{VT2/GK3} mice as previously
618 described(36). 1mg/kg of 4-hydroxy tamoxifen was added on top of the button. Mice
619 were closed and allowed to recover for 7 days. *In vitro* clonal analyses were performed
620 by explanting mesothelium from the renal capsule of Actin^{CreER}; R26^{VT2/GK3} mice and
621 culturing them as previously described(23). Explants were treated with 8mM 4-hydroxyl
622 tamoxifen for 14 days and imaged for clonality.

623 *Flow Cytometry*

624 A modified adhesion induction surgery was done according to previously described
625 procedures on wild type C57BL/6J (The Jackson Laboratory). To obtain adequate
626 amounts of mesothelial cells, four buttons were established per mouse (two on each side
627 of the peritoneal wall). Twenty buttons were taken for a single triplicate (n=5 mice per
628 triplicate), and three cohorts of littermate mice were sacrificed at 6, 12, or 24 hours post
629 injury. No abrasion of the button or abdominal organs was done. Mice were allowed to
630 recover for 6, 12, or 24 hours and euthanized. Ischemic buttons were obtained by cutting
631 the base and placed in dissociation media (DMEM (Life Technologies, 10565-042),
632 50mg/ml collagenase IV (Worthington Biochemical), 20uM CaCl₂) and dissected further
633 using a single edge razor, and incubated in dissociation media for 30 minutes at 37C. The

634 subsequent cell suspension was filtered through a 100um filter and spun and washed with
635 2% fetal bovine serum (FBS) in PBS. Cells were treated with 1ml of ACK lysis buffer
636 (Life Technologies) for 5 minutes at 4C and spun and washed. Cells were blocked with
637 1% goat serum (Life Technologies) for 10 minutes and stained with anti-PDPN
638 (BioLegend, 8.1.1, 1:100), anti-LYVE-1 (eBioscience, ALY-7, 1:100), anti-CD31
639 (eBioscience, 390, 1:100), and anti-CD45 (BioLegend, 30-F11, 1:100) for 30 minutes at
640 4C. Cells were spun down, filtered, and resuspended in 200ul of 2% FBS in PBS. Cells
641 were sorted using a FACS Aria (BD Biosciences); PDPN⁺LYVE1⁻CD31⁻CD45⁻ cells were
642 sorted directly into 750ul of Trizol LS (Life Technologies).

643 *RNA Sequencing and Analysis*

644 Total RNA from sorted mesothelial population was isolated using Trizol (ThermoFisher)
645 as per manufacturer's recommendation and was facilitated by addition of linear
646 polyacrylamide (Sigma) as a carrier during RNA precipitation. Purified total RNA was
647 treated with 4 units of RQ1 RNase-free DNase (Promega) at 37 °C for 1 hour to remove
648 trace amounts of genomic DNA. The DNase-treated total RNA was cleaned-up using
649 RNeasy micro kit (QIAGEN). 10-50 ng of total RNA was used as input for cDNA
650 preparation and amplification using Ovation RNA-Seq System V2 (NuGEN). Amplified
651 cDNA was sheared using Covaris S2 (Covaris) using the following settings: total volume
652 120 ml, duty cycle 10%, intensity 5, cycle/burst 100, total time 2 min. The sheared cDNA
653 was cleaned up using Agencourt Ampure XP (Beckman Coulter) to obtain cDNA
654 fragments \geq 400 base pairs (bp). 500 ng of sheared and size-selected cDNA were used
655 as input for library preparation using NEBNext Ultra DNA Library Prep Kit for Illumina
656 (New England BioLabs) as per manufacturer's recommendations. Resulting libraries

657 (fragment distribution: 300-700 bp; peak 500-550 bp) were sequenced using HiSeq 4000
658 (Illumina) to obtain 2x150 base pair paired-end reads. The reads obtained were trimmed
659 for base call quality and the presence of adapter sequences using Skewer(61). High
660 quality reads thus obtained were aligned to mouse genome using OLEgo(62) and the
661 quantity of expressed mRNAs were estimated using cuffdiff2(63) and represented as
662 fragments per kilo-base per million mapped reads (FPKM).

663 Gene expression intensities of each data point as well as results of pair-wise
664 comparison by Cuffdiff are further analyzed and visualized by Gene Expression
665 Commons (<https://gexc.riken.jp>)(45). To find similar expression pattern genes, gene
666 expression intensities in FPKM at four time points are first standardized into z-values for
667 each gene, then correlations to a gene of interest (e.g., Hif1a) were computed against
668 entire genes by Pearson product-moment correlation coefficient. Genes with p-value less
669 than 0.05 are listed as similar expression pattern genes.

670 Differentially regulated genes by Cuffdiff pair-wise comparison were subjected to
671 Geneset Activity Analysis. For each gene set defined by Gene Ontology(46),
672 differentially regulated genes were divided into up-regulated genes and down-regulated
673 genes on the one hand, and those that are in the gene set and not in the gene set on the
674 other hand, then Fisher's exact test performed. Next, q-values (estimated FDR) were
675 computed using qvalue R package provided by Storey lab(47). Geneset Activity is
676 presented by color scale based on odds ratio and p-value. In pair-wise setting, gene set
677 with odds ratio more than 1 is considered as "activated".

678

679 *Antibody Treatments*

680 Adhesions were induced in wild type B6 (C57BL/6J (The Jackson Laboratory) and
681 allowed to recover for 7 days. 200ug of monoclonal anti-MSLN (B35) antibody were
682 administered via intraperitoneal injections at 7, 10, and 13 days post surgery. 200ug of
683 monoclonal anti-CD47 (MIAP301) (BioXCell) were co-administered via intraperitoneal
684 injections at the same frequency. Mice were euthanized 17 days after initial surgery and
685 scored for adhesion severity. B35 anti-MSLN antibody was a gift from A. Miyajima.

686 *Whole-Mount Immunostaining and Tissue Clearing*

687 Whole-Mount samples were stained and cleared with a modified 3DISCO protocol(64,
688 65). In short, samples stored in PBS-GT (DPBS (Gibco, 14190094), 0.2% Gelatin
689 solution (Sigma, G1393), 0.5% Triton X-100 (Sigma, X100), 0.01% Thimerosal (Sigma,
690 T8784)) were incubated with primary antibodies (anti-PDPN (Abcam, ab11936), anti-
691 MSLN (Abbiotec, 250519), anti- α -SMA (Abcam, ab5694)) in PBS-GT with shaking, for
692 36 hours at room temperature. Excessive antibody was removed by thorough washing in
693 PBS-GT for 6-12 hours and refreshing the solution every 1-2 hours. Incubation with
694 fluorophore-coupled secondary antibodies (Molecular Probes, A-21451 & A-21207) in
695 PBS-GT for 36 hours was followed by thorough washing in PBS-GT as described above.
696 Samples were then dehydrated in an ascending series of tetrahydrofuran (Sigma, 186562)
697 (50%, 70%, 3x 100%; 60 minutes each), and subsequently cleared in dichloromethane
698 (Sigma, 270997) for 30 min and eventually immersed in benzyl ether (Sigma, 108014).
699 Cleared samples were imaged in 35 mm glass bottom dishes (Ibidi, 81218) using a laser
700 scanning confocal microscope (Zeiss LSM710).

701

702 *Multi-Photon microscopy*

703 Immunostained and non-cleared samples were imaged using a Leica SP8 MP (Leica
704 Microsystems) at the Imaging Core Facility of the Biomedical Center (LMU,
705 Martinsried). In brief, samples were embedded in 2% agarose (Lonza, 859081) in a
706 35mm-dish (Corning, 351008) and submerged in PBS (Gibco, 14190094). A 25x water
707 dipping objective (HC IRAPO L 25x/1.00 W) was used in combination with a tunable
708 laser (Spectra Physics, InSight DS+ Single), set to 1080nm and 1225nm excitation,
709 respectively. Data from confocal and multi-photon microscopy was analysed using Imaris
710 9 (Bitplane, UK). Brightness and contrast was adjusted for better visualization.

711

712 *Ultramicroscopy*

713 Peritoneum was imaged with a LaVision BioTech UltraMicroscope (LaVision BioTech
714 GmbH, Germany) equipped with a 2x objective lens and additional zoom optics (0.63x –
715 6.3x). Antibodies against MSLN (B35) were labeled with the IRDye 800CW fluorophore
716 (Li-cor, Lincoln, NE) according to the manufacturer's instructions. 1mg of the antibody-
717 conjugate in phosphate buffered saline (PBS) was injected intraperitoneally immediately
718 after surgery and left for 30 minutes. Fluorescence signal was collected at 800 nm using
719 750 nm excitation and auto-fluorescence emission was collected at 690 nm using 650 nm
720 excitation. The sample was scanned in 4 μ m steps in z-direction. Fluorescence signal was
721 collected at 800 nm using 750 nm excitation and autofluorescence emission was collected
722 at 690 nm using 650 nm excitation. Data was further processed using Imaris 8.2.1
723 (Bitplane, UK). 3D rendering was done using the maximum intensity projection (MIP) or
724 blend mode. 2D representations are maximum intensity projections of 36 μ m thick
725 sections from the 3D model.

726

727 *In Vitro Mesothelial Culture*

728 Wild type B6 (C57BL/6J (The Jackson Laboratory) were euthanized and the
729 mesothelium was excised from the renal capsule and intestine. Excised mesothelium was
730 cut into smaller fractions and placed into culture dishes pretreated with EmbryoMax
731 0.1% Gelatin Solution (EmdMillipore) for 30 minutes and cultured in Dulbecco's
732 Modified Eagle Medium (Life Technologies) with 10% fetal bovine serum, 1%
733 penicillin/streptomycin and 1% non-essential amino acids at 37 degrees for 7 days.
734 Mesothelial cells were co-cultured with macrophages (added to confluency) in normal
735 conditions or in hypoxic conditions (5% O₂ incubator or 100uM CoCl₂).

736

737 *Preparation of Primary Mouse Bone-marrow Derived Macrophages (BMDMs)*

738 To prepare primary BMDMs, BALB/c mice were humanely euthanized, and disinfected
739 with 70% ethanol. An incision was made along the legs, and the muscle removed from
740 the bones. The femur and tibia were removed from the body, and rinsed in PBS. The
741 bones were flushed with a 6 mL syringe and 23 gauge needle, and the marrow
742 resuspended in 10 mL RPMI. The suspension was centrifuged 5 minutes, 1200 rpm, and
743 the pellet resuspended in 5 mL ACK lysis buffer (Invitrogen) for 5 minutes to remove
744 blood cells. The suspension was filtered over a 70 µm Falcon cell strainer, and
745 centrifuged again. The pellet was resuspended in 40 mL of macrophage media
746 (RPMI+10% FBS+10% penicillin/streptomycin+10 ng/mL MCSF), and plated on four 10
747 cm petri dishes. On day 4, the macrophage media was replaced. On day 7, the
748 macrophages were lifted from the dish and used.

749

750 *Preparation of Human Macrophages*

751 Leukocyte reduction system (LRS) chambers were obtained from the Stanford Blood
752 Center from anonymous donors, and peripheral blood mononuclear cells were enriched
753 by density gradient centrifugation over Ficoll-Paque Premium (GE Healthcare). Four
754 hundred million PBMC's were plated per 15cm dish (Corning), washed vigorously three
755 times after a 30 minute period of adherence and then left to differentiate into
756 macrophages by culture for 7-10 days in IMDM+GlutaMax (Invitrogen) supplemented
757 with 10% AB-Human Serum (Gemini) and 100 U/mL penicillin and 100 µg/mL
758 streptomycin (Invitrogen).

759

760 *Phagocytosis Assay*

761 Phagocytosis assays were performed by co-culture of 50,000 macrophages with 100,000
762 human mesothelial cells (MeT5A) (ATCC) labeled with Calcein AM (ThermoScientific)
763 and antibodies for two hours in serum-free medium, then analyzed using a Cytoflex cell
764 analyzer with high-throughput sampler (Beckman Coulter). Antibodies used for treatment
765 included: human IgG4 isotype control (Eureka Therapeutics) and anti-CD47 clone 5F9.
766 Primary human macrophages were identified by flow cytometry using anti-CD45
767 antibodies (BioLegend). Dead cells were excluded from the analysis by staining with
768 DAPI (Sigma). Phagocytosis was evaluated as the percentage of green macrophages
769 using FlowJo v9.4.10 (Tree Star) and was normalized over the isotype control. Statistical
770 significance was determined by two-tailed paired students t-test.

771

772 *Small Molecule Inhibitor Treatments*

773 Adhesion induction surgeries were performed on 4-8 week old wild type B6 (C57BL/6J
774 (The Jackson Laboratory) as previously described. 200mg/kg of cryptotanshinone (Sigma
775 Aldrich), 2mg/kg of FM19G11 (Sigma Aldrich), 10ug/kg or 20ug/kg of echinomycin
776 (Sigma Aldrich), or 25mg/kg of PX12 (Sigma Aldrich) immediately after injury, 4 hours
777 after injury, and every 24 hours subsequently for 7 days.

778

779 *Scanning Electron Microscopy (SEM)*

780 Conventional SEM: Tissue specimens (mesothelium ‘buttons’) were fixed overnight in
781 4% PFA with 2% Glutaraldehyde in 0.1M NaCacodylate Buffer (pH 7.3), postfixed in
782 1% OsO₄ (1hr) and dehydrated in a graded ethanol series (50, 70, 90, 100%, 10’ each)
783 before critical point drying with liquid CO₂ in a Tousimis Autosamdri-815B apparatus
784 (Tousimis, Rockville, MD), mounting on Aluminum SEM stubs (Electron Microscopy
785 Sciences, Hatfield, PA), and sputter-coating with 50Å of gold-palladium using a Denton
786 Desk II Sputter Coater (Denton Vacuum, Moorestown, NJ). Specimens were visualized
787 with a Zeiss Sigma FESEM (Zeiss Microscopy, Thornwood, NY) operated at 2-3kV
788 using InLens Secondary Electron (SE) and SE₂ detection. Images were captured in TIFF
789 using store resolution 2048 x 1536 pixels and a line averaging noise algorithm

790 Large Block-Face (Thin Section) SEM to visualize internal ultrastructure: Tissue
791 specimens (mesothelium ‘buttons’) were similarly fixed in 4% PFA with 2%
792 Glutaraldehyde in 0.1M NaCacodylate Buffer (pH 7.3) before *en Bloc* staining with a
793 series of heavy metals as described by Tapia et al (2012) and Deerinck et al (2010)(66,
794 67). Typically, specimens were treated consecutively with ferrocyanide-reduced OsO₄
795 (1% OsO₄ with 1.5% tetrapotassium ferricyanide) (1hr), freshly prepared and syringe-

796 filtered, 1% Thiocarbohydrazide (TCH) (40min), 2% OsO₄ (1hr) and 1% Uranyl Acetate
797 (overnight), before dehydration in a graded ethanol series (50, 70, 90, 100%, 10' each),
798 followed by 2x in 100% Acetonitrile (10' each). Repeated washing with H₂O (3x5mins)
799 was included between steps of staining and before dehydration. Tissue was then
800 infiltrated with 25%, 50% and 75% EMBED 812 embedding resin (Electron Microscopy
801 Sciences, Hatfield, PA) in Acetonitrile, followed by 100% resin (2x3hrs) and finally
802 embedding in pure resin with polymerization for 48hr at 60°C. Ultrathin sections (200nm
803 each) were collected on conductive silicon wafer substrates, and visualized with a Zeiss
804 Sigma FESEM (Zeiss Microscopy, Thornwood, NY) operated at 5-7kV using
805 Backscattered Electron (BSE) detection. Signal inversion resulted in micrographs with
806 grey levels similar to Transmission EM images(68). Images were captured in TIFF using
807 store resolution 2048 x 1536 pixels and a line averaging noise algorithm.

808 *Statistical Analysis*

809 All statistical analyses were performed using GraphPad Prism 6. All results were
810 expressed as means \pm SEM. Unpaired t test was used to compare two groups. P < 0.05
811 was considered significant.

812

813

814 **List of Supplemental Figures**

815 Figure S1: The surface mesothelium remains following gentle abrasion injury

816 Figure S2: The surface mesothelium remains on buttons following placement

817 Figure S3: PDPN and MSLN are exclusive to surface mesothelium.

818 Figure S4: The surface mesothelium buttons are MSLN+ following placement

819 Figure S5: The surface mesothelium thickens in response to injury

820 Figure S6: The surface mesothelium thickens in response to injury

821 Figure S7: Chimerism in parabiotic mice

822 Figure S8: Circulating cells do not contribute significantly to adhesions

823 Figure S9: EdU⁺ cells are found in areas of tissue thickening

824 Figure S10: Scanning Electron Microscopy of peritoneal buttons

825 Figure S11: Scanning Electron Microscopy of peritoneal buttons

826 Figure S12: Large Block-Face Scanning Electron Microscopy (LBF-SEM) of peritoneal

827 buttons

828 Figure S13: CFSE treatment labels only surface mesothelial cells

829 Figure S14: CFSE labeled mesothelial cells contribute to adhesions

830 Figure S15: PDPN⁺ Actin^{CreER}R26^{VT2/GK3} cells give rise to adhesions

831 Figure S16: *In Vitro* Mesothelial Transition

832 Figure S17: anti-MSLN antibody specifically binds the surface mesothelium

833 Figure S18: Antibodies against host IgG do not bind mesothelial cells

834 Figure S19: Adhesion scoring characterized by surface area contact and molecular

835 markers

836 Figure S20: K19+PDPN+ mesothelium persist following antibody treatment

- 837 Figure S21: Mesothelium persists following antibody treatment
- 838 Figure S22: Extracellular matrix genes are downregulated following adhesion induction
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- 842 Figure S26: HIF1A and mesothelial gene targets after HIF1A inhibition
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- 844 Figure S28: Echinomycin does not affect DNA replication
- 845 Figure S29: A proposed mesothelial centric model of adhesion formation

846

847 **References and Notes**

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1043 performed surgical techniques, developed adhesion severity scores, and performed *in vivo*
1044 studies, *in vitro* studies, RNA sequencing analysis, immunohistochemistry, lineage
1045 tracing, clonal analyses, and antibody experiments. R.S. performed RNA sequencing and
1046 analysis. J.S. provided the bioinformatics analysis platforms. N.F. helped sort mesothelial
1047 cells. J.H.S performed, imaged and analyzed the *in vitro* clonal studies. L. J. prepared
1048 samples for and performed electron microscopy studies. S.C. and T.K. generated
1049 conjugated antibodies for ultramicroscopy images, performed adhesion surgeries,
1050 performed ultramicroscopy imaging, confocal imaging and multi-photon imaging of
1051 injured and non-injured peritoneal wall tissue, and analyzed the 2D and 3D datasets.
1052 K.M.M performed phagocytosis assays. S.R.G. provided macrophages for *in vitro*
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1057

1058 **Competing Interests:** I.L.W is a cofounder of Forty Seven, Inc. J.M.T., I.L.W, R.S, N.F
1059 and Y.R have applied for and filed a patent covering the mesothelial origin of adhesions
1060 and therapies thereof (# WO 2017/190148). J.M.T. consults for Forty Seven, Inc.

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1064 **Data Availability**

1065 All data needed to evaluate the conclusions in the paper are present in the paper or the

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1069 **Figure 1. Mouse surface mesothelium proliferates in response to the induction of**
1070 **adhesions**

1071
1072 **(A)** Adhesions were induced in mice by surgical placement of ischemic buttons in the
1073 mouse peritoneum at $t=0$ days. Ischemic buttons were analyzed for mesothelial
1074 proliferation 3 days after button induction. Adhesions were analyzed 7 days after button
1075 induction. **(B)** Images show haematoxylin and eosin (H&E) staining of ischemic buttons
1076 at 30 minutes, 1 hour, 2 hours and 4 hours after button induction followed by abrasion in
1077 the peritoneum (black arrow) (n=2 mice per time point). **(C)** Shown is
1078 immunofluorescence staining of ischemic buttons for podoplanin (PDPN) and cytokeratin
1079 19 (K19) at 0, 6 hours, 12 hours, and 24 hours after button induction and abrasion of the
1080 mouse peritoneum (n=2 mice per time point). **(D)** Shown is immunofluorescence staining
1081 of string adhesions between the liver (L) and peritoneum (P) for MSLN and podoplanin
1082 (PDPN) 7 days after adhesion induction in mice. **(E)** Numbers of mesothelial cells
1083 ($MSLN^+$) (top) and double-positive EdU^+MSLN^+ mesothelial cells (bottom) were counted
1084 in n=20 high powered fields (0.75mm x 1mm) in normal mouse peritoneal tissue versus
1085 peritoneal tissue with adhesions. **(F)** Shown is immunofluorescence staining for MSLN
1086 and EdU in normal mouse peritoneum (P) (top) and adhesions (ADH) between the
1087 peritoneum and large intestine (I). All scale bars are 100um. Values are presented as
1088 mean \pm SEM; * $p<0.05$, ** $p<0.005$, *** $p<0.0005$, **** $p<0.0001$; NS not significant.
1089 Analyses were done with unpaired t test.

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1093 **Figure 2. Lineage tracing and clonal analysis of mesothelial cells involved in**
1094 **adhesion formation in mice.**

1095 **(A)** Whole mount imaging of an ischemic button imaged *in vivo* (B) 30 minutes after
1096 adhesion induction and treatment with the stain carboxyfluorescein N-
1097 hydroxysuccinimidyl ester (CFSE). **(B)** Shown is immunofluorescence staining of PDPN,
1098 K19 and CFSE on the surface mesothelium surrounding a single ischemic button. (Single
1099 staining for PDPN, K19, CFSE is shown in Fig S13). **(C-E)** Whole mount imaging of an
1100 ischemic button (IB) 4 days after adhesion induction and treatment with CFSE stain.
1101 Adhesions (ADH) are indicated by white boxes and white arrows (n=3). **(F,G)** Shown is
1102 immunofluorescence staining of adhesions for PDPN and CFSE 7 days after adhesion
1103 induction (n=5). **(H)** Shown is immunofluorescence staining of adhesion sites for PDPN
1104 and Actin^{CreER}; R26^{VT2/GK3} 7 days after adhesion induction and CFSE injection. White
1105 arrows indicate cells originating from the same precursor. **(I)** Shown is
1106 immunofluorescence staining for PDPN and Actin^{CreER}; R26^{VT2/GK3} at adhesion sites
1107 (ADH) 7 days after adhesion formation (n=3). White arrows indicate a spindle like
1108 phenotype. All scale bars are 100 um unless otherwise indicated.

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1112 **Figure 3. Mesothelium is a necessary component of adhesions in mice.**

1113 **(A)** Light-sheet microscopy images after injection of anti-MSLN antibodies into the
1114 mouse peritoneum following adhesion induction *in vivo*. Autofluorescence (green)
1115 indicates the suture (S) and muscle fibers of the peritoneum (P). **(B)** Further analysis by
1116 light sheet microscopy shows longitudinal expansion of MSLN⁺ staining that is parallel to
1117 the muscle fibers. Volume rendering of 2D images (a virtual z-stack) as a 3D model was
1118 done using the maximum intensity projection or blend mode. 2D representations are
1119 maximum intensity projections of 36 μm thick sections from the 3D model. **(C)** CD47
1120 expression at 6, 12, and 24 hours after adhesion formation in response to button induction
1121 in mice **(D)** Phagocytosis of mesothelial cells treated with anti-CD47 antibody by
1122 macrophages. **(E)** Immunofluorescence staining of macrophages (red) and mesothelial
1123 cells (green) showing phagocytosis of mesothelial cells by macrophages. **(F)** Appearance
1124 of adhesions two weeks after button induction in mice. **(G)** Appearance of adhesions after
1125 treatment with anti-MSLN antibodies injected at 7, 10 or 13 days following adhesion
1126 formation. **(H)** Adhesion score after treatment of formed adhesions in mice with anti-
1127 CD47 antibody alone (n=8), anti-MSLN antibody alone (n=3), or a combination of anti-
1128 CD47 and anti-MSLN antibodies (n=5) compared to control untreated mice injected with
1129 PBS (n=10). Antibodies were injected at 7, 10, and 13 days following induction of
1130 adhesions. Values are presented as mean ± SEM; *p<0.05, **p<0.005; NS not
1131 significant. Statistical analyses were done with an unpaired t test. **(I)** Ischemic buttons
1132 **(IB)** from mice after antibody treatment showing immunofluorescence staining for
1133 collagen, fibronectin, CD31, F4/80, and MSLN.

1134

1135 **Figure 4. Mesothelial cells show a distinct transcriptional profile after adhesion**
1136 **induction in mice.**

1137 **(A)** Surface mesothelium was isolated from ischemic buttons and cells with a
1138 PDPN⁺LYVE1⁻CD31⁻CD45⁻ surface phenotype were obtained by flow cytometry. **(B)**
1139 Heatmap of RNA expression in purified surface mesothelium immediately after button
1140 induction in mouse peritoneum (t=0) and 6, 12, and 24 hours after button induction.
1141 Representative genes are shown above gene clusters. **(C)** Log-fold changes in transcript
1142 expression were calculated 24 hours after induction of adhesions compared to controls
1143 and were plotted against gene identity. **(D)** Number of upregulated and downregulated
1144 genes from uninjured and injured mesothelium at 24 hours post button induction is shown
1145 versus the number of upregulated or downregulated genes in hematopoietic stem cells
1146 (HSCs) and their progeny after differentiation. Differentiated hematopoietic cells
1147 included multi-potent progenitors (MPPs), common myeloid progenitors (CMPs),
1148 monocytes, natural killer (NK) cells, CD4⁺ and CD8⁺ T cells +/- CD69 expression, acute
1149 myeloid leukemia stem cell (LSCs), acute myeloid leukemia progenitor cells (LPCs), and
1150 acute myeloid leukemia blasts. **(E)** Heatmap of gene sets upregulated or downregulated
1151 in mouse surface mesothelium 6, 12, and 24 hours after adhesion formation.

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1153

1154 **Figure 5. Mouse mesothelial gene expression compared to fibroblast gene expression**
1155 **(A)** Expression of genes (indicated above graphs) in mouse mesothelial cells by RNA
1156 sequencing (FPKM, Fragments Per Kilobase of transcript per Million mapped reads)
1157 over 24 hours **(B)** Immunofluorescence staining of adhesions 7 days post button
1158 induction for PDPN, MSLN, CD44, S100A4 and K19. . All scale bars are 100um. ADH,
1159 adhesions; L, liver; P, peritoneal wall; I, intestine.
1160

1161 **Figure 6. Inhibition of HIF1 α is sufficient to prevent adhesion formation in mice.**
1162
1163 **(A)** Mesothelial macrophage co-cultures in vitro under normal oxygen conditions
1164 (normoxia) immunostained for PDPN or HIF1A expression. **(B)** Mesothelial macrophage
1165 co-cultures in vitro under hypoxia conditions (5% O₂ incubator) stained for PDPN or
1166 HIF1A expression. Scale bars are 250um. **(C)** Gross anatomy, immunofluorescence
1167 staining, and H&E staining of mouse adhesions 7 days after button induction and
1168 treatment with 20ug/kg echinomycin daily for 7 days. **(D)** Adhesion score after treatment
1169 of mouse adhesions with echinomycin or PX12, small molecule inhibitors of HIF1 α . **(E)**
1170 Numbers of double-positive mesothelial cells (MSLN⁺PDPN⁺) and triple-positive
1171 EdU⁺MSLN⁺ PDPN⁺ mesothelial cells were counted per high powered field (0.75mm x
1172 1mm) after treatment of mice with the HIF1 α inhibitor echinomycin (n=16 fields) and
1173 were compared to untreated control mice (n=5 fields). **(F)** Expression measured by RNA
1174 sequencing (FPKM) of selected target genes during a 24 hour time course after adhesion
1175 induction and treatment of mice with the HIF1 α inhibitor echinomycin (n=2 mice).
1176 Heatmap showing RNA sequencing of surface mesothelium immediately after
1177 echinomycin treatment and button induction and 6, 12, and 24 hours after echinomycin
1178 treatment and button induction. Scale bars are 100um unless otherwise noted. Values are
1179 presented as mean \pm SEM; *p<0.05, **p<0.005, ***p<0.0005, ****p<0.0001; NS not
1180 significant. Statistical analyses were done by an unpaired t test.

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1184 **Figure 7. Gene expression in human peritoneal adhesions.**
1185 **(A)** H&E staining of representative human adhesion tissue from n=6 patients undergoing
1186 surgery showing mesothelial cells present within the adhesion. **(B)** Trichrome staining of
1187 representative human adhesion tissue from n=6 patients undergoing surgery showing
1188 mesothelial cells within areas of fibrosis. **(C)** Immunofluorescence staining and in situ
1189 hybridization for PDPN, MSLN, S100A4, WT1, CD47, and UPK1B in human adhesion
1190 tissue isolated from patients undergoing surgery (n=6). Scale bars are all 100um unless
1191 otherwise noted.
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