**Supplemental table 1:** Means of *estimated* individual probabilities, person-specific daily consumption amounts (gram/day), and individual usual food intakes (gram/day) in phase II of the GNC pretest studies (2012-2013)

|  |  |  |  |
| --- | --- | --- | --- |
|   | **Men (n = 318)** |   | **Women (n = 377)** |
| **Food group** | **Probability** | **Amount** | **Usual intake** |  | **Probability** | **Amounts** | **Usual Intake** |
| Bread | 0.96 | 168.7 | 161.3 |  | 0.96 | 121.9 | 116.6 |
| Butter | 0.54 | 27.9 | 15.1 |  | 0.56 | 17.8 | 10.1 |
| Cabbage | 0.21 | 110.3 | 23.4 |  | 0.22 | 99.0 | 21.8 |
| Cake and cookies | 0.49 | 141.0 | 68.9 |  | 0.54 | 114.5 | 61.8 |
| Cheese | 0.64 | 43.3 | 27.8 |  | 0.65 | 37.8 | 24.6 |
| Eggs | 0.27 | 88.9 | 23.8 |  | 0.26 | 75.1 | 19.5 |
| Other fats | 0.03 | 15.8 | 0.5 |  | 0.03 | 13.2 | 0.4 |
| Vegetable fats | 0.63 | 11.8 | 7.5 |  | 0.63 | 12.2 | 7.6 |
| Fish | 0.18 | 139.4 | 25.2 |  | 0.16 | 114.8 | 18.7 |
| Fresh fruits | 0.72 | 284.7 | 205.4 |  | 0.79 | 280.6 | 221.5 |
| Other fruits | 0.07 | 148.4 | 10.9 |  | 0.14 | 128.9 | 18.7 |
| Legumes | 0.04 | 86.7 | 3.2 |  | 0.05 | 74.6 | 3.6 |
| Margarine | 0.30 | 26.8 | 7.9 |  | 0.25 | 15.6 | 3.9 |
| Meat | 0.35 | 162.2 | 57.5 |  | 0.25 | 113.6 | 28.2 |
| Processed meat | 0.76 | 103.5 | 78.8 |  | 0.61 | 64.4 | 39.4 |
| Milk and dairy products | 0.70 | 273.3 | 190.8 |  | 0.77 | 225.1 | 173.2 |
| Miscellaneous | 0.18 | 22.4 | 3.9 |  | 0.20 | 28.8 | 5.5 |
| Non-vegetarian dishes | 0.13 | 257.6 | 33.9 |  | 0.09 | 181.0 | 16.5 |
| Vegetarian dishes | 0.04 | 291.5 | 12.8 |  | 0.07 | 219.8 | 15.1 |
| Nuts | 0.27 | 46.5 | 12.1 |  | 0.37 | 35.4 | 12.6 |
| Other cereals | 0.21 | 59.2 | 12.6 |  | 0.27 | 47.0 | 12.9 |
| Pasta and rice | 0.33 | 175.3 | 59.2 |  | 0.35 | 140.4 | 49.4 |
| Potatoes | 0.43 | 171.2 | 73.8 |  | 0.39 | 144.0 | 55.6 |
| Poultry | 0.13 | 168.8 | 21.3 |  | 0.13 | 123.4 | 16.3 |
| Sauces | 0.34 | 59.2 | 20.0 |  | 0.36 | 52.2 | 19.1 |
| Soup | 0.16 | 428.8 | 67.4 |  | 0.16 | 357.1 | 57.8 |
| Sugar and confectionary | 0.77 | 68.5 | 52.9 |  | 0.80 | 60.8 | 48.8 |
| Fruiting vegetables | 0.43 | 116.2 | 49.6 |  | 0.52 | 108.6 | 56.7 |
| Leafy vegetables | 0.22 | 94.3 | 20.6 |  | 0.25 | 86.9 | 21.8 |
| Other vegetables | 0.53 | 71.4 | 37.8 |  | 0.57 | 68.5 | 39.2 |
| Root vegetables | 0.22 | 60.6 | 13.2 |  | 0.28 | 66.9 | 18.4 |
| Beer | 0.27 | 869.6 | 230.1 |  | 0.05 | 503.6 | 24.0 |
| Coffee | 0.85 | 660.1 | 557.6 |  | 0.87 | 604.3 | 527.8 |
| Juice | 0.36 | 560.8 | 204.2 |  | 0.30 | 463.1 | 140.4 |
| Other non- alcoholic drinks | 0.86 | 1239.5 | 1069.4 |  | 0.93 | 1376.7 | 1285.0 |
| Other alcoholic drinks | 0.07 | 425.5 | 30.2 |  | 0.11 | 283.8 | 32.0 |
| Soft drinks | 0.27 | 612.7 | 172.6 |  | 0.26 | 457.9 | 122.9 |
| Spirits | 0.04 | 61.9 | 2.7 |  | 0.02 | 54.4 | 1.1 |
| Tea | 0.16 | 666.4 | 105.5 |  | 0.24 | 615.7 | 147.3 |
| Wine | 0.17 | 328.8 | 56.7 |   | 0.17 | 254.9 | 42.2 |