

Impact of Magnetic Field Strength on Resolution and Sensitivity of Proton Resonances in Biological Solids

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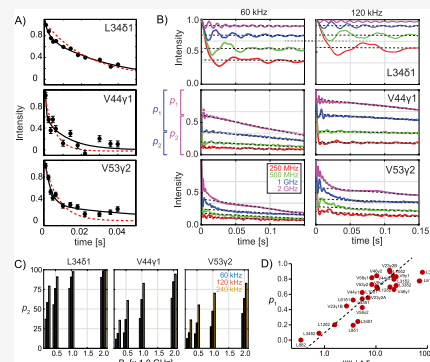


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ABSTRACT: Sensitivity and resolution together determine the quality of NMR spectra in biological solids. Higher magic angle spinning frequencies yield a more efficient suppression of the coupling network and enable atomic-level investigations of protonated protein samples. On the other hand, truncation effects induced by higher magnetic fields have an impact on the achievable sensitivity and resolution. In this work, we address the question of how the proton dipolar coupling network affects the magnetic field strength-dependent gains in sensitivity and resolution. We find that—beyond the canonical $B_0^{3/2}$ dependence—an additional factor of 2 in sensitivity can be achieved for residues embedded in the core of the protein, when the static magnetic field induces a transition from the strong- to the weak-coupling limit. The experiments are carried out using a selectively methyl-protonated ($^{13}\text{CH}_3$) α -spectrin SH3 sample, at magnetic field strengths of 11.75 T (^1H Larmor frequency of 500 MHz) and 23.5 T (^1H Larmor frequency of 1 GHz).



INTRODUCTION

Structure determination of protonated proteins using proton-detected solid-state NMR experiments, acquired at high magnetic fields (1 GHz) and fast (100 kHz) magic angle spinning (MAS), was first demonstrated in 2016.¹ Since then, fast MAS has revolutionized biological solid-state NMR.^{2–7} Fast sample spinning at the magic angle is a prerequisite for proton-detected high-resolution solid-state NMR.⁸ Faster sample spinning averages anisotropic interactions more efficiently, which results in better sensitivity in correlation spectra.⁹ The effect of the MAS rotation frequency on the resolution of amide and methyl proton spectra has been studied recently.^{8,10–12} It has been shown that T_2' of amide protons increases proportionally with the inverse of the rotor period for most residues in a model protein.¹³ As the effective dipole–dipole interaction experienced by methyl protons is much larger than that for any other type of protons in a protein, methyl protons yield the largest line widths, even though the intramethyl dipolar couplings are scaled because of the fast rotation of the methyl group.¹⁴ For a selectively methyl-protonated sample in an otherwise deuterated background, MAS frequencies above 300 kHz are necessary to yield 80% of the maximum attainable signal intensity.¹¹ For MAS frequencies below 70 kHz, $^{13}\text{CHD}_2$ methyl group labeling is necessary to obtain optimal spectral quality. Above an MAS frequency of 70 kHz, $^{13}\text{CH}_3$ isotopomers^{4,15–17} yield the best sensitivity depending on the density of the proton spin system.¹²

The maximum achievable rotation frequency of an MAS rotor is limited by the speed of sound on the rotor surface.¹⁸ Higher rotation frequencies can therefore only be obtained for ever smaller diameter rotors. Lower sample mass is thus traded for faster MAS rates. At first sight, this seems to come at the cost of sensitivity. A 0.7 mm MAS rotor that spins as fast as 110 kHz accommodates effectively less than a milligram of the sample.¹⁹ As the length of an MAS rotor scales approximately linearly with its diameter, the amount of sample in a fast spinning rotor decreases proportionally with r .³ On the other hand, the quality factor of the coil and the efficiency of detection increase with smaller coil diameters proportional to $1/r$.²⁰ The apparent coherence decay time T_2' and thus the signal intensity during proton detection increase with higher MAS frequencies. Longer T_2' times contribute to the overall intensity linearly with $1/r$.^{8,13,21} Even though the Hartmann–Hahn matching conditions become more selective at high MAS rotation frequencies,^{22,23} ^1H – T_2' and $T_{1\rho}$ relaxation times increase at faster MAS frequencies which facilitate multi-dimensional solid-state NMR experiments with multiple magnetization transfer steps.⁷ Assuming that polarization transfer contributes another factor proportional to $1/r$ to the

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68 relative signal intensity, comparable sensitivities, for example,
 69 1.3 and 0.7 mm samples, are expected. This, in fact, has been
 70 observed experimentally.¹ When the MAS frequency is large
 71 enough to efficiently average proton–proton dipolar couplings
 72 such that ¹H transversal relaxation times do not any longer
 73 increase linearly with the rotation frequency, the optimum gain
 74 in the signal to noise ratio (SNR) is reached. For selectively
 75 methyl-protonated protein samples, this break-even point
 76 occurs for MAS frequencies on the order of 300 kHz.¹¹ For
 77 protonated samples, presumably higher MAS rotation
 78 frequencies are needed.

79 Obviously, proton sensitivity is not influenced by the
 80 employed MAS frequency alone. The detection sensitivity
 81 depends on the external magnetic field strength and is
 82 proportional to $B_0^{3/2}$.^{20,24} The experimental gain depends on
 83 a number of parameters including the conductivity of the
 84 sample and hardware parameters such as probe design,
 85 preamplifier, and receiver electronics. It is therefore not the
 86 aim of the manuscript to quantify the absolute field-dependent
 87 gain in sensitivity. We rather focus on the site-specific
 88 sensitivity ratios which are determined by the local geometry
 89 of the sample and the chemical shift differences among the
 90 coupled methyl groups. Even larger gains in sensitivity and
 91 resolution are expected in case proton–proton dipolar
 92 interactions transition from a strong coupling into a weak
 93 coupling limit with increasing magnetic field strength. This
 94 transition should occur when the chemical shift difference
 95 between interacting protons exceeds the strength of the
 96 involved effective dipolar coupling. In this manuscript, we
 97 explore the field-dependent relative site-specific gain in the
 98 sensitivity of proton-detected ¹H, ¹³C correlation spectra
 99 obtained for selectively methyl protonated microcrystalline
 100 protein samples. We find that, in particular, methyl groups that
 101 are located in proton dense regions yield gains in sensitivity
 102 that exceed the expected factor of 2.83, in case experiments are
 103 recorded at 24.2 T (1 GHz) instead of 12.1 T (500 MHz).
 104 These additional gains can be as large as an additional factor of
 105 2 and depend on the local spin density and the chemical shift
 106 between interacting protons.

107 ■ RESULTS

108 This study was motivated by the observation that ¹H, ¹³C
 109 correlation spectra that were recorded using protonated
 110 microcrystalline proteins at an MAS frequency of 106 kHz
 111 are significantly better resolved at 1 GHz in comparison to 500
 112 MHz (Figure 1;¹⁴). This applies, in particular, to the methyl
 113 region of the spectra. At the same time, the α C region seems
 114 less affected. We explained this difference previously by
 115 considering the significantly higher effective dipolar couplings
 116 experienced by methyl protons compared to α C bound
 117 protons.^{14,25} However, the significant difference in resolution
 118 of the methyl region at the two magnetic fields raised the
 119 question on the field dependence of the proton line width.

120 Figure 2A shows ¹H, ¹³C correlation spectra of a selectively
 121 ¹³CH₃ methyl-protonated SH3 sample recorded at 500 MHz
 122 (left) and 1 GHz (right). The spectra were acquired at an MAS
 123 frequency of 90 kHz. The site-specific SNRs for each methyl
 124 group are represented in Figure 2B. The spectrum recorded at
 125 1 GHz shows a significantly higher SNR (on average, 2.1 times
 126 higher) for all methyl groups. To find out whether sensitivity
 127 improves beyond the theoretically expected factor, we
 128 calculated a theoretical SNR value for 1 GHz from the

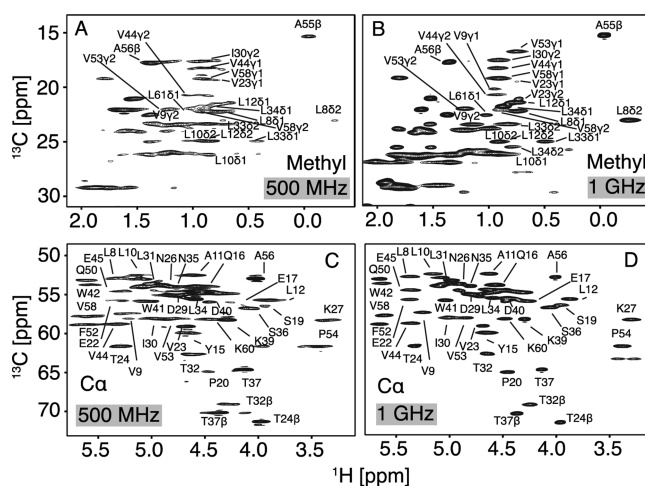


Figure 1. ¹H, ¹³C correlation spectra of a fully protonated u-[¹³C, ¹⁵N] microcrystalline α SH3 domain recorded at an MAS frequency of 106 kHz and at magnetic fields of 11.75 T (A,C) and 23.5 T (B,D), respectively. Methyl (top) and α C regions (bottom) of the spectra are shown. Representative 1D traces of spectra are shown in Figure S6.

experimental sensitivity at 500 MHz using the following
 equation

$$\text{SNR}_{1\text{GHz}} = \text{SNR}_{500\text{MHz}} \times \left(\frac{\text{LW}(C)_{500\text{MHz}} \times \text{LW}(H)_{500\text{MHz}}}{\text{LW}(C)_{1\text{GHz}} \times \text{LW}(H)_{1\text{GHz}}} \right) \times \left(\frac{\epsilon_{1\text{GHz}}}{\epsilon_{500\text{MHz}}} \right) \times \left(\frac{1000}{500} \right)^{3/2} \quad (1)$$

where $\text{LW}(\chi)_{\psi}$ represents the line width of nucleus χ at a B_0
 field of ψ ; ϵ_{ψ} corresponds to the transfer efficiency after two
 CP steps in the ¹H, ¹³C correlation experiments as $\epsilon_{\psi} = \epsilon(\text{H} \rightarrow$
 $\text{C}) \times \epsilon(\text{C} \rightarrow \text{H})$. As shown in Figure 2C, the site-specific CP
 efficiencies are slightly larger at 1 GHz than at 500 MHz. ϵ_{ψ} is
 measured by comparing the cross-peak intensities of ¹H, ¹³C
 correlation spectra that involve four versus two CP steps,²⁶
 as described in Figure S3. The ¹H and ¹³C line widths at 1 GHz
 are slightly larger (mean: 68.9 Hz for ¹H and 21.4 Hz for ¹³C)
 compared to 500 MHz (mean: 61.1 Hz for ¹H and 14.8 Hz for
¹³C), as seen from Figures 2D and S4. Larger line widths at 1
 GHz can potentially be attributed to crystal heterogeneity,
 shimming, and the anisotropy of the bulk magnetic
 susceptibility (ABMS). Because of the increased magnetic
 fields, the SNR should improve ~ 2.8 -fold [$= (1000/500)^{3/2}$]
 theoretically.

Figure 3B shows the experimental site-specific SNR at 1
 GHz versus the SNR calculated from eq 1. Residues such as
 L33, L34 ($\delta 1$ and $\delta 2$), L10 ($\delta 1$ and $\delta 2$), and V44 ($\gamma 1$ and $\gamma 2$)
 show a good agreement between experimental and predicted
 intensities as they are located close to the diagonal. For
 residues such as V9, V23, and V53 (inset to Figure 3B), the
 additional experimental gains can be as large as 2. To explain
 this unusual gain in the SNR at higher B_0 fields, we inspected
 the ¹H line shapes more carefully (Figure 3A). The ¹H
 resonances of most of the residues feature a broad and a
 narrow component. In the figure, the broad component is
 indicated with a red arrow. This is in agreement with
 simulations that have predicted these spectral patterns
 previously (Xue et al., 2018, Figures S3–S5). As the broad

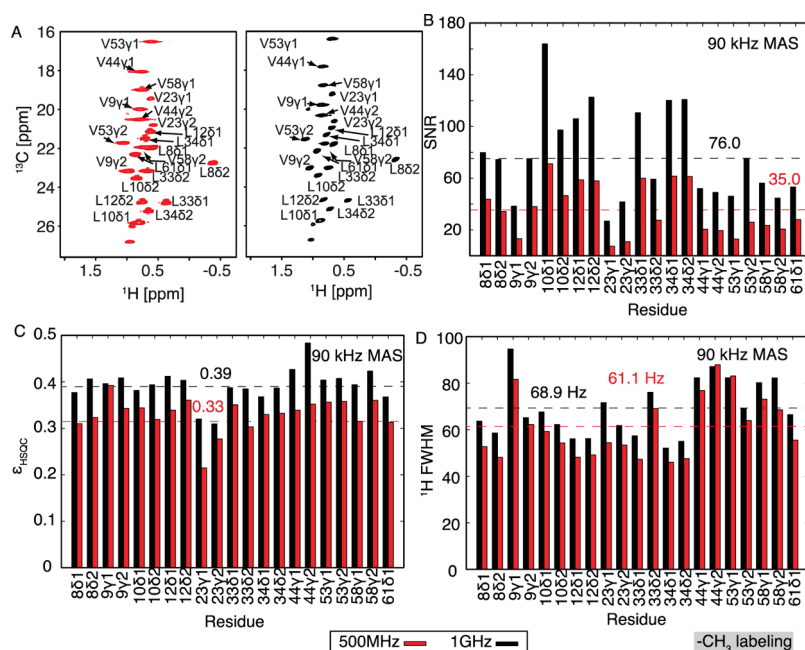


Figure 2. (A) ^1H , ^{13}C correlation spectra recorded at an MAS frequency of 90 kHz for a selectively valine and leucine methyl-protonated αSH3 domain sample. Except for the methyl groups, the protein is fully deuterated, including the exchangeable sites. Measurements were performed at B_0 fields of 500 MHz (red) and 1 GHz (black). (B) SNR of the cross peaks increases from a mean of 35:1 to 76:1 when the field is increased from 500 MHz to 1 GHz. (C) Site-specific polarization transfer efficiencies $\epsilon_{\text{HCH}} = \epsilon(\text{H} \rightarrow \text{C}) \times \epsilon(\text{C} \rightarrow \text{H})$ for Hartmann–Hahn-based cross polarization transfers at 500 MHz and 1 GHz. The transfer efficiencies are slightly higher at 1 GHz in comparison to 500 MHz. (D) Proton line width as a function of residue. The mean line width (fwhm) for spectra recorded at 1 GHz is slightly larger compared to the line width obtained from spectra recorded at 500 MHz.

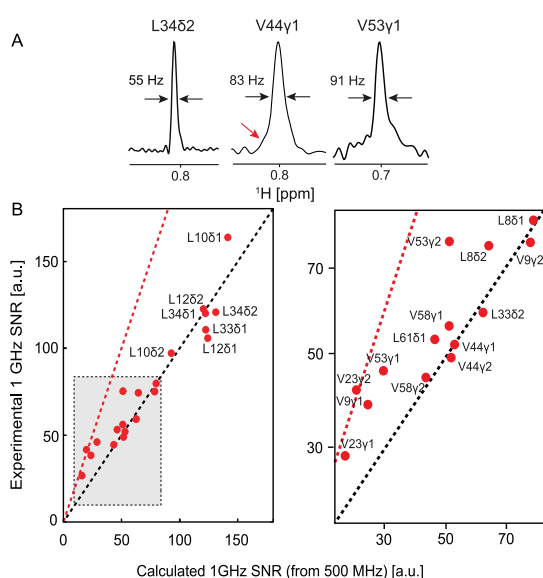


Figure 3. Traces extracted along the proton dimension ^1H , ^{13}C correlation spectra from Figure 2A (1 GHz) for the methyl cross peaks L34 δ 2, V44 γ 1, and V53 γ 1 for a selectively valine and leucine methyl-protonated αSH3 domain sample. (B) Correlation of the experimental intensity at 1 GHz (vertical axis) and the predicted intensity (horizontal axis) using intensity values obtained at 500 MHz and eq 1. For peaks with relatively high intensity, a good correlation is observed (black, dashed line at $y = x$). For peaks with relatively low intensity, however, the experimental intensities at 1 GHz are significantly higher than those expected from the 500 MHz data (shaded region; magnified in the right-hand side panel, red, dashed line at $y = 2 \times x$).

component is difficult to appreciate in Fourier transformed ^{13}C NMR spectra, we turned to the analysis of T_2' echo decays (Figure 4). We find experimentally that the apparent site-specific ^1H transverse relaxation (T_2') decays with a multiexponential behavior (Figure 4A). Fast methyl group rotation contributes an incoherent component to the ^1H - T_2' decay. On the other hand, Simpson simulations that consider only coherent ^1H , ^1H dipolar interactions suggest that magnetization decays at least biexponentially, as described previously in ref 11. We therefore empirically describe the decay of ^1H transverse magnetization (T_2') using the following equation

$$S(t) = p_0 \times \exp\left(-\frac{t}{T_2^{\text{inc}}}\right) + p_1 \times \exp\left(-\frac{t}{T_2^{\text{coh,fast}}}\right) + p_2 \times \exp\left(-\frac{t}{T_2^{\text{coh,slow}}}\right) \quad (2)$$

with $p_0 + p_1 + p_2 = 1$.

In eq 2, the component proportional to p_0 refers to relaxation due to an incoherent mechanism with a characteristic time constant T_2^{inc} . p_1 and p_2 refer to the signal components that are due to coherent dephasing of magnetization and that decay with the characteristic time constants $T_2^{\text{coh,fast}}$ and $T_2^{\text{coh,slow}}$, respectively.

To appreciate the multiexponential magnetization decay due to coherent effects, we performed Simpson simulations.^{27,28} In the simulation, a spin system involving nine spins is assumed using the PDB coordinate file of the α -spectrin SH3 X-ray structure (PDB ID: 2NUZ).²⁹ Chemical shift data were taken from Asami et al.³⁰ The simulations were performed as functions of the B_0 field and for several MAS frequencies. Figure 4B shows the simulated ^1H - T_2' decay curves for L34 δ 1, 188

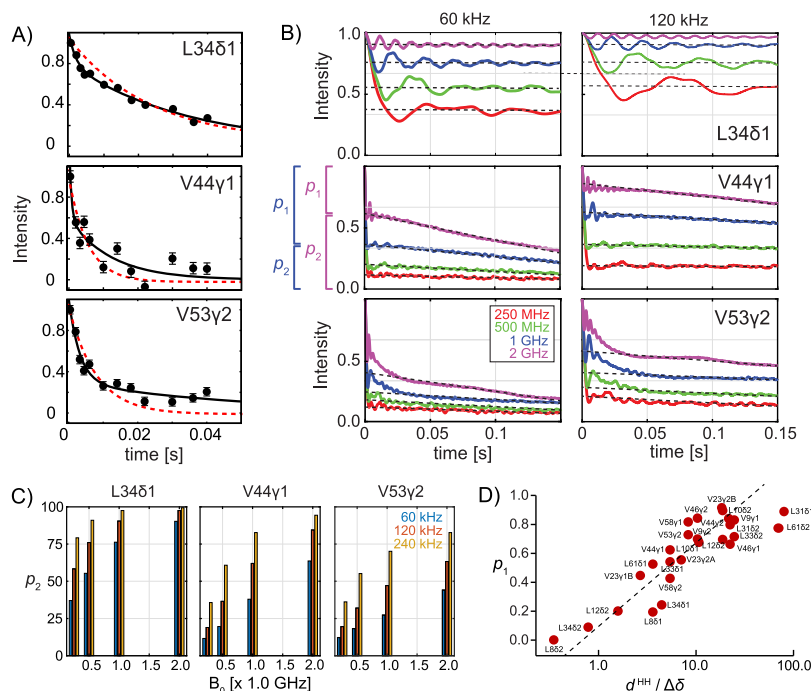


Figure 4. (A) Experimental $^1\text{H}-T_2$ decay curves (recorded by employing 90 kHz MAS at a B_0 field of 1 GHz) for a few representative residues in the microcrystalline selectively CH_3 -protonated αSH_3 sample. Multiexponential fits are required to adequately describe the experimental data. (B) Simpson simulations of ^1H Hahn echo experiments for L34 δ 1, V44 γ 1, and V53 γ 2, assuming exact geometry of the αSH_3 domain. For the simulations, nine proton spins have been taken into account. The parameters p_1 and p_2 are employed to empirically describe the simulations. (C) Slowly decaying component p_2 is shown as a function of B_0 and MAS frequency. (D) Correlation of p_1 and $d^{\text{HH}}/\Delta\delta$ (ratio of proton–proton dipolar coupling to the chemical shift difference of the strongest coupling partner), assuming a magnetic field strength of 1 GHz.

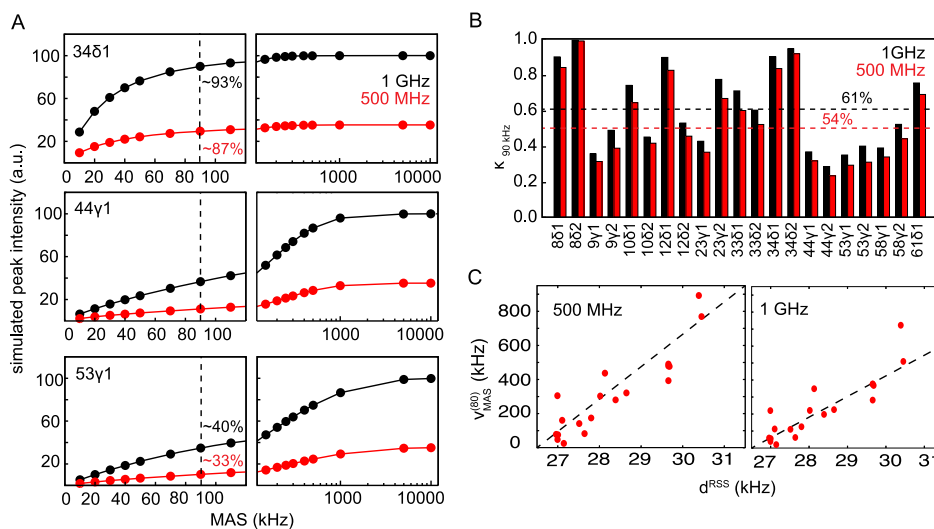


Figure 5. (A) Simulated intensities for methyl protons of L34 δ 1, V44 γ 1, and V53 γ 1 calculated by assuming B_0 fields of 500 MHz and 1 GHz and assuming that only valine and leucine methyl groups are labeled $^{13}\text{CH}_3$ (while rest of the protein is deuterated) for the αSH_3 domain sample. At an MAS frequency of 90 kHz, a systematically higher SNR is expected for 1 GHz compared to 500 MHz. The percent numbers in the figure ($\kappa_{90\text{kHz}}$) indicate the fraction of the maximum achievable sensitivity obtained at an MAS frequency of 90 kHz. (B) $\kappa_{90\text{kHz}}$ for each methyl group in αSH_3 calculated for magnetic field strengths of 500 MHz (red) and 1 GHz (black). (C) Correlation of the characteristic MAS frequency necessary to obtain 80% of the maximum achievable intensity $\nu_{\text{MAS}}^{(80)}$ vs the effective dipolar coupling d^{RSS} at 500 MHz (left) and 1 GHz (right). The slope of the correlation plot decreases for higher fields, suggesting that high fields facilitate line narrowing by MAS.

189 V44 γ 1, and V53 γ 2 at MAS rotation frequencies of 60 and 120
 190 kHz and for static magnetic fields of 250 MHz, 500 MHz, 1 G
 191 Hz, and 2 GHz. All simulations show that magnetization
 192 declines much more slowly after an initial very fast decay. The
 193 associated intensity fractions are referred to as p_1 and p_2 ,
 194 respectively.

The B_0 dependence of the slowly decaying component p_2 is
 195 shown in Figure 4C. Because of higher chemical shift
 196 dispersion, the contribution of the slowly decaying component
 197 to the spin echo signal increases when the static magnetic field
 198 B_0 is increased. For V53 γ 2, p_2 increases from 0.19 to 0.64
 199 while going from 250 MHz to 2 GHz at a fixed MAS frequency of 200

201 120 kHz. Faster MAS facilitates averaging of proton–proton
202 dipolar interactions. As a consequence, an MAS frequency of
203 240 kHz yields a p_2 value of 0.55 even at a static field of 500
204 MHz, while p_2 is as low as 0.27 at an MAS frequency of 60 kHz
205 at a static B_0 field of 1 GHz. L34 δ 2 is a methyl group that is
206 only weakly coupled with other protons. As a consequence, p_2
207 reaches a value of 0.9 at an MAS frequency and B_0 field of 120
208 kHz and 1 GHz, respectively.

209 In order to find out how the fast decaying component
210 correlates with the effective proton–proton dipolar coupling
211 and the chemical shift difference to the strongest coupling
212 partner, defined as $d^{\text{HH}}/\Delta\delta$, we have represented p_1 as a
213 function of $d^{\text{HH}}/\Delta\delta$ (Figure 4D). In the simulation, a static
214 magnetic field B_0 of 1 GHz is assumed. p_1 correlates well with
215 $d^{\text{HH}}/\Delta\delta$. For $d^{\text{HH}}/\Delta\delta < 1$, we in fact find that the fast decaying
216 component vanishes. As an example, V53 γ 2 is densely packed
217 in the core of α -SH3. The nearest residue V58 γ 1 exhibits a
218 dipolar coupling of $d^{\text{HH}}/2\pi \sim 2392$ Hz, while $\Delta\delta \sim 288$ Hz at
219 1 GHz. The spin echo decay for V53 γ 2 yields a significantly
220 higher $p_1 \sim 0.7$ compared to L34 δ 2, for which $d^{\text{HH}}/\Delta\delta$ is small
221 ($p_1 \sim 0.08$; $d^{\text{HH}}/2\pi \sim 237$ Hz, while $\Delta\delta \sim 303$ Hz at 1 GHz).

222 Figure 5A shows the simulated signal intensities as a
223 function of B_0 and the MAS frequency for a few representative
224 residues. Obviously, higher intensities are obtained at higher
225 magnetic field strengths. In order to appreciate how the
226 intensity of a particular methyl group relates to the maximum
227 possible sensitivity, we introduce the parameter $\kappa_{90\text{kHz}}$. $\kappa_{90\text{kHz}}$
228 refers to the fraction of the maximum achievable sensitivity
229 (where simulated intensity reaches a plateau) obtained at an
230 MAS frequency of 90 kHz. For V53 γ 2, $\kappa_{90\text{kHz}}$ amounts to
231 $\sim 33\%$ at 500 MHz, while this value increases to $\kappa_{90\text{kHz}} \sim 40\%$
232 at a field of 1 GHz. Similarly, $\kappa_{90\text{kHz}}$ is equal to 87 and 93% for
233 L34 δ 2 at B_0 fields of 500 MHz and 1 GHz, respectively. On
234 average, $\kappa_{90\text{kHz}}$ is on the order of $\sim 54\%$ at a B_0 of 500 MHz,
235 while $\kappa_{90\text{kHz}}$ increases to $\sim 61\%$ at a B_0 field of 1 GHz (Figure
236 5B). This indicates that high magnetic fields imply gains in
237 sensitivity that are beyond the canonical $B_0^{3/2}$ dependence.
238 Figure 5C shows a correlation between the characteristic MAS
239 frequency $\nu_{\text{MAS}}^{(80)}$ and the effective dipolar coupling d^{RSS} for α -

240 SH3 (where d^{RSS} is defined as $d_i^{\text{RSS}} = \frac{\mu_0}{4\pi} \gamma_{\text{H}}^2 \sqrt{\sum_j \left(\frac{1}{r_{ij}^3}\right)^2}$). The
241 characteristic MAS frequency is defined as the frequency which
242 is required to obtain 80% of the maximum intensity for a given
243 residue. Again, higher magnetic fields facilitate MAS-induced
244 averaging of proton dipolar couplings.^{11,12}

245 ■ CONCLUSIONS

246 In this work, we have compared the site-specific increase in
247 sensitivity for methyl protons in a microcrystalline, selectively
248 methyl-protonated α -spectrin SH3 domain sample, implied by
249 the increase in the external magnetic B_0 field from 500 MHz to
250 1 GHz by employing fast MAS (90 kHz). For residues that
251 experience few proton–proton dipolar interactions, the
252 increase in sensitivity closely matches the expected value of
253 ~ 2.1 , as described by eq 1. However, the gain in SNR can be
254 increased by an additional factor of ~ 2 for methyls that are
255 embedded in a dense proton coupling network such as V9 γ 1,
256 V23 γ 2, and V53 γ 1. These additional gains can be explained by
257 a decreased dipolar coupling to chemical shift difference ratio
258 ($d^{\text{HH}}/\Delta\delta$), inducing a transition into the weak coupling limit.
259 We find that the proton line shapes feature a broad and a
260 narrow component. Using numerical simulations, we could

show that the broad component contributes less at higher B_0 261
fields. Our results indicate that fast MAS in combination with 262
high B_0 fields is essential to yield proton spectra with optimum 263
sensitivity and resolution in the solid state. It is expected that 264
modifying the proton network in the sample by protonation of 265
the amide groups or the side chains may impact the site- 266
specific intensity gains.¹⁷ 267

268 ■ MATERIALS AND METHODS

269 **Sample Preparation.** The microcrystalline, perdeuterated, 269
and selectively methyl-protonated SH3 domain sample was 270
prepared as described previously.³¹ In brief, expression was 271
carried out in a 100% D₂O M9 medium, supplemented with 272
¹⁵N-ammonium chloride and u-^[2H, ¹³C]-D-glucose. α - 273
Ketoisovalerate (2-keto-3-(methyl-*d*₃)-butyric acid-4-¹³C so- 274
dium salt, Sigma-Aldrich) was added to the M9 medium 1 h 275
prior to induction with 1 mM IPTG (at OD₆₀₀ 0.5–0.6), 276
yielding a 50% incorporation rate of CH₃ isotopomers in 277
either the pro-R or pro-S position of the valine and leucine side 278
chains. Subsequent to overnight expression, the SH3 domain 279
was purified via anion exchange and size exclusion chromatog- 280
raphy. For crystallization, pure protein was lyophilized and 281
dissolved in 100% D₂O (final concentration: 8–10 mg/mL). 282
Ammonium sulfate (dissolved in 100% D₂O) was added to a 283
final concentration of 100 mM, and the pH was adjusted to 8.0 284
by adding NaOD. The protonated sample was prepared by 285
employing only protonated chemicals. 286

287 **Solid-State NMR.** NMR experiments were carried out at B_0 287
fields of 500 MHz and 1 GHz by employing a 0.7 mm H/C/N 288
triple-resonance MAS probe. As the sample was recrystallized 289
from 100% D₂O, no solvent suppression was employed. For all 290
experiments, the sample temperature was adjusted to the same 291
effective value using DSS and the residual water signal for 292
calibration. The pulse sequences used to quantify the transfer 293
efficiency are reported in the Supporting Information (Figure 294
S3). The following matching conditions were employed at a B_0 295
field of 1 GHz: $\omega_1(^{13}\text{C})/2\pi = 60$ kHz and $\omega_1(^1\text{H})/2\pi = 177$ 296
kHz at an MAS frequency of 106 kHz and $\omega_1(^{13}\text{C})/2\pi = 60$ 297
kHz and $\omega_1(^1\text{H})/2\pi = 160$ kHz at an MAS frequency of 90 298
kHz. In all cases, a 90–100 ramped shape was used on the ¹H 299
channel, whereas a constant amplitude pulse was used for ¹³C. 300
For experiments carried out at 500 MHz, the following 301
matching conditions were employed: $\omega_1(^{13}\text{C})/2\pi = 40$ kHz 302
and $\omega_1(^1\text{H})/2\pi = 70$ kHz at an MAS frequency of 106 kHz 303
and $\omega_1(^{13}\text{C})/2\pi = 40$ kHz and $\omega_1(^1\text{H})/2\pi = 50$ kHz at an 304
MAS frequency of 90 kHz. In all cases, a 70–100 ramped 305
shape was used on the ¹H channel, whereas a constant 306
amplitude pulse was used for ¹³C. The contact times for the 307
transfers ¹H \rightarrow ¹³C and ¹³C \rightarrow ¹H were set to 500 μ s for both 308
samples. The relaxation delay was set to 1 and 0.63 s in 1 GHz 309
and 500 MHz, respectively, which is about 1.5 times the 310
experimentally determined bulk proton T1 (Figure S7). The 311
error in signal intensities introduced by relaxation is estimated 312
to be less than 10%. The acquisition times were set to 20 and 313
70 ms in ¹H and ¹³C dimensions, respectively. Proton line 314
widths were compared to experiments recorded by employing 315
an acquisition time of 50 ms, which showed no gain in 316
resolution. Signals were not apodized when line widths were 317
compared. Of note, the same rotor was used for all the 318
experiments in both the spectrometers. 319

320 **Numerical Simulations.** The numerical simulations were 320
carried out using a nine-proton spin system, thus accounting 321
for two neighboring methyl-containing side chains. Because the 322

323 incorporation of $^{13}\text{C}_3$ and $^{12}\text{CD}_3$ into the pro-R and pro-S
324 positions occurs at random, selecting the two closest
325 neighboring methyl groups for a given site overestimates the
326 involved dipole–dipole couplings. Using the program SIMP-
327 SON, we have therefore calculated the methyl proton spectra
328 for all permutations to reflect the actual isotope labeling of the
329 sample. Subsequently, the average spectrum has been
330 calculated. For the spin echo simulations, two closest methyl
331 groups were chosen for a given methyl group; the gcompute
332 method in the time domain was used with block diagonaliza-
333 tion of Hamiltonians whenever possible. Long echo delays
334 were simulated using a precalculated propagator of one rotor
335 period which was raised to the exponent as necessary.

336 ■ ASSOCIATED CONTENT

337 ■ Supporting Information

338 The Supporting Information is available free of charge at
339 <https://pubs.acs.org/doi/10.1021/acs.jpcc.0c05407>.

340 Site specific intensities and proton line shapes, pulse
341 sequences to record ^1H , ^{13}C spectra and Hartmann–
342 Hahn CP efficiencies, experimental ^{13}C line widths, site-
343 specific apparent ^1H T_2 decay curves, 1D traces from
344 correlation spectra, and bulk ^1H T_1 curves at 500 MHz
345 and 1 GHz (PDF)

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Notes

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