

Inceptor counteracts insulin signalling in β -cells to control glycaemia

by

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1 **Summary**

2 **Insulin and insulin-like growth factor 1 (Igf1) resistance in pancreatic β -cells**
3 **causes overt diabetes, thus, therapeutic improvement may protect from β -cell**
4 **failure¹⁻³. Here, we identified a novel inhibitor of insulin (Insr) and Igf1 receptor**
5 **(Igf1r) signalling in β -cells, which we named insulin inhibitory receptor (Inceptor;**
6 ***lir*). Inceptor contains an extracellular cysteine-rich domain with similarities to**
7 **the Insr and Igf1r⁴ and a mannose-6-phosphate domain found in the Igf2r⁵.**
8 **Inceptor knock-out (KO) mice die within the first hours after birth with signs of**
9 **hyperinsulinemia and hypoglycaemia. Molecular and cellular analysis of the *lir*^{-/-}**
10 **embryonic and postnatal pancreas showed increased Insr/Igf1r activation,**
11 **resulting in augmented β -cell proliferation and mass. Similarly, inducible β -cell-**
12 **specific *lir*^{-/-} KO in adult mice and in *ex vivo* islets led to increased Insr/Igf1r**
13 **activation and β -cell proliferation, resulting in improved glucose tolerance *in***
14 ***vivo*. Mechanistically, Inceptor interacts with Insr and Igf1r to facilitate clathrin-**
15 **mediated endocytosis for receptor desensitisation. Blocking this physical**
16 **interaction using monoclonal antibodies against the extracellular domain of**
17 **Inceptor retained Inceptor and Insr at the plasma membrane to sustain Insr/Igf1r**
18 **activation in β -cells. Taken together, Inceptor shields insulin-producing β -cells**
19 **from constitutive pathway activation and provides a molecular target for**
20 **Insr/Igf1r sensitisation and potential diabetes therapy. (197 words)**

21 The overall β -cell mass is determined by a balance between β -cell neogenesis,
22 proliferation and apoptosis. There is plenty of evidence that insulin/Igf1 signalling
23 regulates β -cell function, homeostasis and proliferation³. Specifically, knock-out of *Insr*
24 in β -cells impairs compensatory β -cell proliferation upon genetic or diet-induced insulin
25 resistance⁶ and causes loss of β -cell mass and increased apoptosis^{1,2,7,8}. Furthermore,
26 high-fat diet-induced hyperinsulinemia drives the expansion of β -cells mass dependent
27 on dynamic changes in insulin levels⁹. Lastly, total insulin and Igf1 resistance in
28 pancreatic β -cells causes overt diabetes in mice^{1,2} and likely contributes to the
29 pathophysiology in humans³. Thus, insulin sensitisation may protect and/or regenerate
30 β -cells for diabetes remission.

31

32 Upon ligand binding, *Insr* and *Igf1r* homo- and heterodimers quickly get auto-
33 phosphorylated via their receptor tyrosine kinase (RTK) domains and activate shared
34 downstream kinases, including Raf-1/MEK/ERK1-2, PI3K/AKT and mTOR^{10,11}, which
35 in turn regulate growth, survival, proliferation and metabolism. Desensitisation of RTK
36 signalling is facilitated by either clathrin- or caveolin-mediated endocytosis¹²⁻¹⁴. It has
37 been questioned if autocrine insulin action in β -cells makes physiological sense¹⁵, as
38 prolonged exposure to insulin leads to insulin resistance¹⁶. Unfortunately, insulin
39 concentration in pancreatic islets cannot be measured *in vivo*, but mathematical
40 modelling predicts dynamic concentrations that activate the *Insr* and likely also the
41 *Igf1r*¹⁷. This supports the idea that auto- and paracrine signalling regulates β -cell
42 function, proliferation and survival³. Surprisingly, although β -cells are the source of
43 insulin, it is currently not known if pancreatic islets and β -cells are shielded from
44 constitutive pathway activation. Based on these findings, we hypothesize that
45 mechanisms must have evolved to desensitise *Insr*/*Igf1r* signalling in the pancreas and
46 β -cells to counteract insulin resistance and uncontrolled growth and proliferation.

47

48 **Results**

49 ***Discovery of insulin inhibitor receptor***

50 In screens to identify novel pancreatic regulators, we recently identified the
51 *5330417C22Rik* mRNA to be strongly expressed in the pancreas at embryonic stage
52 (E)14.5 (Extended Data Fig. 1a). The human gene is known as estrogen-induced gene
53 (*EIG121*) or *KIAA1324* and has been mainly described in the context of cancer^{18,19}.
54 The murine gene is located on chromosome 3 and has 22 exons being transcribed via
55 three alternative splice-variants and translated into a single-pass type I
56 transmembrane protein (Extended Data Fig. 2a-c). Bioinformatic analyses revealed
57 conservation of cysteine-residues in the growth factor receptor cysteine-rich domain
58 (CRD)⁴ when compared with the CRD of *Insr* and *Igf1r* (Fig. 1a; Extended Data Fig. 2c
59 and 3a, b). In addition, the mannose-6-phosphate receptor binding domain shows
60 similarities to the cation-dependent (CD-M6PR) and the cation-independent mannose-
61 6-phosphate receptor (CI-M6PR/*Igf2r*) (Extended Data Fig. 3c, d)⁵. Due to similarities
62 to *Insr*, *Igf1r* and *Igf2r* in the extracellular domain and its inhibitory function (see below),
63 we renamed the protein insulin inhibitory receptor (Inceptor; *lir*). Unlike *Insr* and *Igf1r*,
64 Inceptor lacks a receptor tyrosine kinase domain, but contains a short cytoplasmic tail
65 with a consensus binding motif for the AP2 adaptor complex which is involved in
66 clathrin-mediated endocytosis (CME) (Extended Data Fig. 2d).

67

68 To get a better idea of Inceptor protein and *lir* mRNA and expression, we performed
69 further bioinformatic analyses. According to the EMBL-EBI expression atlas the *lir*
70 mRNA was mainly detected in secretory cells of endocrine glands and the
71 hypothalamic-pituitary-gonadal axis (data not shown). To study the Inceptor
72 expression and function in detail, we affinity purified the human INCEPTOR
73 ectodomain (Extended Data Fig. 4a) and used a peptide with a conserved C-terminal

74 sequence to generate several specific mono- and polyclonal antibodies detecting the
75 extracellular and cytoplasmic domain of mouse and human INCEPTOR (Extended
76 Data Fig. 4b-g). Immunohistochemically we localized Inceptor within endocrine and
77 exocrine cells in the embryonic (E14.5-18.5) and adult pancreas and islets (Fig. 1b-c;
78 Extended Data Fig. 1e). Taken together, the high expression of Inceptor in the
79 embryonic pancreas when peak numbers of insulin-producing β -cells are born and its
80 similarities in secondary domain structure to Insr, Igf1r and Igf2r, suggested a
81 functional role in regulating insulin/IGF signalling in the pancreas.

82

83 ***Inceptor regulates β -cell mass and glycemia***

84 To test this hypothesis, we generated a full-body KO (*lir*^{-/-}) and confirmed that no
85 Inceptor protein was synthesized in the pancreas (Extended Data Fig. 4e, 5a, b). *lir*^{-/-}
86 animals were born at the expected Mendelian ratio without any developmental defects
87 or alterations in body weight, but died within 5 h postpartum (Fig. 1d, Extended Data
88 Fig. 1b). Gross morphological analysis showed no obvious differences between *lir*^{+/+}
89 and *lir*^{-/-} pancreata (Fig. 1e). Interestingly, *lir*^{-/-} neonates showed significantly lower
90 fasting blood glucose levels compared to *lir*^{+/+} at 2-5 h postpartum, which correlated
91 with the observed increased serum insulin levels and higher hepatic glycogen content
92 (Fig. 1f-h). 50% of the newborn pups could be rescued with glucose injections
93 (Extended Data Fig. 1g). In addition, the *lir*^{-/-} pups exhibited increased glucose
94 tolerance (Extended Data Fig. 1h). Endocrine proliferation was significantly increased
95 during pancreas development at E16.5 (Fig. 1i, Extended Data Fig. 1f), whereas
96 ductal, endocrine and exocrine differentiation was not affected at E14.5-18.5
97 (Extended Data Fig. 1e). Accordingly, determination of the β -cell area at E19.5
98 revealed a slight, but significant increase in insulin-secreting cells accompanied by a
99 higher total pancreatic insulin content in *lir*^{-/-} neonates (Fig. 1j, k). No alterations in

100 serum glucagon levels or α -cell area were observed (Extended Data Fig. 1c, d). Thus,
101 *lir* KO leads to increased β -cell proliferation and mass during pancreas development
102 leading to alteration of glucose homeostasis after birth.

103

104 To better understand the postnatal lethality and molecular function of Inceptor in the
105 pancreas, we analysed global mRNA expression profiles of *lir*^{+/+} and *lir*^{-/-} pancreata
106 before and after birth. Principal component analysis revealed strong gene expression
107 changes when neonates switched from maternal to autonomous metabolic control (Fig.
108 1l; PC1: 30.7% variance). *lir*^{+/+} vs *lir*^{-/-} pancreata did not differ in gene expression before
109 birth at E18.5, but after birth at P0 (Fig. 1i; PC2: 9.3% variance). Gene ontology terms
110 analysis revealed that genes activated during starvation (autophagy and mitophagy)
111 or ER stress were upregulated, whereas genes regulating metabolism, mitochondrial
112 oxidative phosphorylation and pancreatic exocrine secretion were downregulated (Fig.
113 1m), which was further confirmed by quantitative PCR analysis (Extended Data Fig. 1i).
114 Notably, genes involved in the IGFR, PI3K-Akt and FoxO signalling were differentially
115 regulated and signalling analysis revealed *Insr*/*Igf1r* overactivation in *lir*^{-/-} pancreata at
116 E18.5 (Fig. 1m-o).

117

118 To circumvent postnatal lethality and to study the function of Inceptor specifically in
119 adult β -cells and glucose homeostasis, we generated a tamoxifen-inducible conditional
120 β -cell specific KO (MIP-CreERT; *lir*^{flox/FD}), hereafter named CKO (Extended Data Fig.
121 5a-d). Four weeks post-tamoxifen injection, specific deletion of *lir* in β -cells was
122 confirmed and no obvious change in islet composition was observed at 4 months of
123 age (Fig. 2a, Extended Data Fig. 5h). Body weight, fasting glucose and serum insulin
124 levels did not differ between control and CKO mice (Fig. 2b-c; Extended Data Fig. 5e).
125 However, CKO mice showed an improved glucose tolerance along with increased first

126 phase insulin secretion after glucose injection (Fig. 2d-f). The β -cell proliferation rate
127 and mass were increased in CKO mice, while the α -cell mass and β -cell maturation
128 markers (UCN3, MafA) remained unchanged (Fig. 2g-i, Extended Data Fig. 5f, i).
129 Similar to embryonic pancreata at E18.5, we observed overactivation of *Insr/Igf1r*
130 before and after insulin stimulation and increased Akt activation after insulin stimulation
131 in CKO islets *ex vivo* (Fig. 2j, k). Furthermore, tamoxifen-induced *lir* deletion in isolated
132 islets *in vitro* also revealed increased *Insr/Igf1r* phosphorylation after insulin stimulation
133 which resulted in an increased β -cell proliferation (EdU) (Fig. 2l-n, Extended Data Fig.
134 5g).

135

136 ***Inceptor facilitates clathrin-mediated endocytosis***

137 To understand how Inceptor antagonizes *Insr/Igf1r* signalling on the cellular and
138 molecular level, we first analysed the subcellular localization of the protein in the
139 murine Min6 β -cell insulinoma line. Proteins with M6PR domains, such as the CI-
140 M6PR/Igf2r⁵, function in trafficking of lysosomal enzymes from the trans-Golgi network
141 to endosomes and their subsequent transport to lysosomes. Consistently, Inceptor is
142 localized on the subcellular level mainly in the endoplasmic reticulum (ER)-Golgi
143 intermediate compartment (Ergic53), trans-Golgi (Tgn46) and cis-medial (Gianti,
144 Gm130) Golgi network and is partially localized in endosomes (Rab7, EEA1) and
145 lysosomes (Lamp1 and Lamp2) as shown by co-localization studies (Fig. 3a, b,
146 Extended Data Fig. 6a). Furthermore, we identified several motifs in the cytoplasmic
147 domain for the interaction with the coatamer complex COPI (KxxK, KxKxx or KxE) that
148 is involved in retrograde transport from the trans- to the cis-Golgi network and ER and
149 we detected co-expression of Inceptor and CM1 (Extended Data Fig. 2d, 6a). A small
150 fraction of Inceptor was located at the plasma membrane as detected by an antibody
151 specific to the extracellular domain in non-permeabilized cells (Fig. 3c). In endocytosis

152 assays, we observed that Inceptor antibodies were quickly internalized from the
153 plasma membrane and routed to the Golgi-ER-lysosome compartment (Fig. 3d-f;
154 Extended Data Fig. 6b-e). Furthermore, Inceptor co-localized with clathrin found in
155 clathrin-coated pits (CCP) (Fig. 3b), exhibited proximity to AP2 (Fig. 3g, h) and
156 harbours a YxxxØ AP2 binding motif (YSKL) (Extended Data Fig. 2d), suggesting that
157 Inceptor is internalized via CME. To directly test this idea, we introduced a site-specific
158 mutation and changed the consensus AP2 binding motif YSKL to ASKA (INCEPTOR-
159 AP2*-Venus) and compared the subcellular localization to INCEPTOR-Venus.
160 INCEPTOR-Venus was localized comparable to endogenous Inceptor, whereas
161 INCEPTOR-AP2*-Venus was found to a lesser extent in the Golgi area and negatively
162 correlated with clathrin staining (Extended Data Fig. 6f, g). Notably, mutation of the
163 AP2 binding motif in the cytoplasmic domain of INCEPTOR and/or treatment of
164 Dynasore (a CME inhibitor) in INCEPTOR-Venus expressing cells resulted in retention
165 at the plasma membrane (Fig. 3i-j; Extended Data Fig. 8a, b). Taken together, Inceptor
166 shares intracellular trafficking routes with the Igf2r scavenger receptor⁵ and is
167 internalized from the plasma membrane by CME, i.e. in the same way as the activated
168 Insr complex and other RTKs¹²⁻¹⁴.

169

170 ***Inceptor desensitises insulin signalling in β -cells***

171 To explore whether Inceptor is involved in Insr and/or Igf1r internalization and
172 desensitisation, we tested physical interactions by co-immunoprecipitations and
173 proximity-ligation experiments. Interestingly, we could detect Inceptor both in the
174 eluate of immunoprecipitated endogenous Insr and Igf1r from Min6 cells and mouse
175 WT islets, while stimulation with insulin further increased the physical interaction (Fig.
176 4a-b; Extended Data Fig. 7a, b). This suggested that Inceptor directly or indirectly
177 interacts either with Insr or Igf1r homodimers or with Insr/Igf1r heterodimers. The

178 physical interaction was confirmed on a single-cell subcellular level which further
179 revealed that Inceptor co-localizes in 50 nm close proximity to activated Insr/Igf1r
180 complexes (Fig. 4c, d; Extended Data Fig. 7c). The internalization of monovalent
181 labelled insulin-AlexaFluor546 was reduced in *lir*^{-/-} when compared to *lir*^{+/+} Min6 as well
182 as in primary islet cells, suggesting a role of Inceptor in Insr/Igf1r desensitisation after
183 CME (Fig. 4e, Extended Data Fig. 7d-f). Recently it was shown that the activated Insr
184 can be internalized via the recruitment of the AP2 complex and specifically the AP2M1
185 subunit to a juxtamembrane domain^{13,14}. To test if Inceptor directly or indirectly
186 interacts with the Insr/Igf1r complex we co-immunoprecipitated Inceptor with pAP2M1,
187 the active form of AP2M1 subunit at the plasma membrane. We could detect an
188 endogenous interaction of Inceptor and pAP2M1 in Min6 cells and show that the
189 protein-protein interaction of pAP2M1 with INCEPTOR-Venus depends on the AP2
190 binding motif (YSKL) (Extended Data Fig. 8c-e). Furthermore, overexpression of
191 INCEPTOR-Venus stabilizes the active pAP2M1 and total levels of AP2M1 and
192 decreased p-Insr/Igf1r levels, suggesting that Inceptor directly recruits AP2M1 to
193 facilitate CME for desensitization of Insr (Extended Data Fig. 8f-i). Interestingly, a
194 monoclonal antibody (mAb) directed against the extracellular domain of INCEPTOR,
195 but not its isotype control, could sensitise Insr/Igf1r and its downstream signalling in
196 Min6 and EndoC-βH1 cells (Fig. 4f-g; Extended Data Fig. 9a, b). Analysis of the surface
197 receptors by surface biotinylation, precipitation and quantification revealed that
198 Inceptor, but not isotype control mAb led to plasma membrane retention of Inceptor
199 and Insr, both in mouse Min6 as well as in human EndoC-βH1 cells (Fig. 4h-i, Extended
200 Data Fig. 7g, 9c, d). This in turn led to increased Insr/Igf1r activation, likely by
201 interfering with the kinetics of the steady-state of endocytosis and recycling of Inceptor
202 and Insr. In consequence, Inceptor desensitises Insr/Igf1r signalling by CME in β-cells
203 where it could be a target to increase functional β-cell mass.

204

205 Understanding the molecular mechanisms regulating Insr/Igf1r signalling and feedback
206 regulation is important for β -cell protection and regeneration¹⁻³. Here we have identified
207 the insulin inhibitory receptor (Inceptor) as a novel negative regulator of the Ins/Igf1
208 signalling pathway that effectively desensitises Insr and Igf1r after pathway activation
209 in β -cells. This offers a mechanistic explanation of how β -cells exist at highest
210 concentrations of insulin and target receptors (Insr and Igf1r), but are still shielded from
211 insulin resistance. Thus, INCEPTOR is a novel molecular target to sensitise
212 INSR/IGF1R signalling in human β -cells to prevent β -cell failure and overt diabetes.

213

214 **Figure legends:**

215 **Fig. 1 | Inceptor is highly expressed in the pancreas, regulates endocrine cell**
216 **proliferation and Ins/Igf1 signalling.**

217 **a**, Scheme of Inceptor predicted domain structure

218 **b-c**, Inceptor expression in endocrine (white arrow) and exocrine cells (yellow arrow)
219 in the embryonic pancreas (b) and adult islets (c). Scale bar 50 μ m

220 **d**, Mendelian ratio and representative image of a P0litter

221 **e**, Images showing gross morphology of pancreata at E19.5. Scale bar 2 mm

222 **f-h**, Fasting blood glucose levels (f; $n=19$, $lir^{+/+}$; $n=15$, $lir^{-/-}$; $P<0.0001$), serum insulin
223 levels (g; $n=44$, $lir^{+/+}$; $n=45$, $lir^{-/-}$; $P<0.0001$) and hepatic glycogen content (h; $n=15$,
224 $lir^{+/+}$; $n=8$, $lir^{-/-}$; $P<0.0194$) of pups at E19.5. Data are mean \pm s.e.m. Significance
225 was calculated using unpaired t-test

226 **i**, Endocrine cell proliferation in *lir*^{+/+} and *lir*^{-/-} pancreata at E16.5-18.5 (*n*=3; data are
227 mean ± s.e.m.; *P*=0.03 at E16.5). Each *n* represents 3-8 quantified LSM-images (see
228 Extended Data Fig. 1). Significance was calculated using unpaired t-test

229 **j**, β-cell area of *lir*^{+/+} and *lir*^{-/-} pancreata at E19.5 mice (*n*=5; data are mean ± s.e.m.;
230 *P*=0.0438). Significance was calculated using unpaired t-test
231 **k**, Total pancreatic insulin content of *lir*^{+/+} and *lir*^{-/-} mice at P0 (*n*=8; data are mean ± s.e.m. *P*<0.05).
232 Significance was calculated using unpaired t-test

233 **l**, Principal component analysis of the gene expression profiles from pancreata of 5 h
234 starved pups before (*n*=5, *lir*^{+/+}; *n*=4 *lir*^{-/-}) and after birth (*n*=5, *lir*^{+/+}; *n*=6, *lir*^{-/-})

235 **m**, Functional enrichment analysis was performed on of differentially expressed
236 genes (P0 KO vs WT, *p*<0.01, fold change >1.5) using Homer (v.4.10)

237
238

239 **n-o**, Western blot analysis (**n**) and quantification (**o**) of insulin signalling in pancreata
240 of 4 h starved pups at E18.5. (Data are mean ± s.e.m ; *n*=3 mice; *p*-Insr/Igf1r,
241 *P*=0.002; Insr, *P*=0.0002; Igf1r, *P*=0.1464). Significance was calculated using
242 unpaired t-test

243 **Fig. 2 | Tamoxifen-inducible β-cell specific knock-out of Inceptor causes**
244 **increased Insr/Igf1r signalling and β-cell proliferation leading to improved**
245 **glucose tolerance**

246 **a**, Immunofluorescent analysis showing β-cell specific deletion efficiency of Inceptor
247 from CKO (MIP-CreERT+; *lir*^{fl/FD}, tamoxifen) and control (MIP-CreERT+; *lir*^{fl/+},

248 tamoxifen). (**a-k**) 16 month male mice 4 weeks post tamoxifen administration. Scale
249 bar 50 μm

250 **b-c**, Fasting blood glucose levels (b; n=30, control; n=14, CKO) and fasting serum
251 insulin levels (c; n=10, control; n=8, CKO). Data are mean \pm s.e.m. No significant
252 changes were observed.

253 **d-e**, Blood glucose levels during an intraperitoneal glucose tolerance test in control
254 (n=12) and CKO (n=15) (**d**). Data are mean \pm s.e.m; * $P\leq 0.05$, ** $P\leq 0.01$, *** $P\leq 0.001$.
255 Significance was calculated by two-way ANOVA followed by Bonferroni's multiple
256 comparisons test. Area under curve (AUC) of ipGTT (**e**). Significance was calculated
257 by unpaired t-test. Data are mean \pm s.e.m; ** $P\leq 0.01$

258 **f**, Serum insulin levels during an *in vivo* intraperitoneal glucose stimulated insulin
259 secretion in control (n=7) and CKO (n=8). Data are mean \pm s.e.m; * $P\leq 0.05$.
260 Significance was determined using two-way ANOVA followed by Bonferroni's multiple
261 comparisons test

262 **g**, β -cell mass of CKO (n=3) and control (n=4) mice. Data are mean \pm s.e.m; $P=0.07$.
263 Significance calculated by unpaired t-test

264 **h-i**, Images from control (n=3) and CKO (n=3) mice immunostained with insulin
265 (magenta), glucagon (green) and EdU (white) (**h**). Scale bar, 50 μm . Quantification of
266 β -cell proliferation (%) of EdU⁺Ins⁺ co-positive cells (white arrows) in control and CKO
267 mice (**i**). Data are mean \pm s.e.m, $P=0.08$. Significance was calculated by unpaired t-
268 test

269 **j-k** Western blot analysis (**j**) and quantification (**k**) of islets isolated from control (n=3)
270 and CKO (n=3) mice stimulated in the absence or presence of 100 nM insulin for 5

271 min. Data are mean \pm s.e.m; * $P\leq 0.05$, ** $P\leq 0.01$, *** $P\leq 0.001$. Significance was
272 calculated by two-way ANOVA followed by Bonferroni's multiple comparisons test.

273 **I-m**, Western blot analysis (I) and quantification (m) of *in vitro* induced deletion of
274 Inceptor in control (n=3) and CKO (n=3) islets stimulated with 100 nM insulin for 15
275 min. Data are mean \pm s.e.m; * $P\leq 0.05$, ** $P\leq 0.01$, *** $P\leq 0.001$. Significance was
276 calculated by unpaired t-test

277 **n**, Quantification of β -cell proliferation (EdU) of *in vitro* tamoxifen induced deletion of
278 Inceptor in islets.. Data are mean \pm s.e.m; n=4; * $P\leq 0.05$. Significance was calculated
279 by unpaired t-test

280

281 **Fig. 3 | Inceptor is mainly localized in the Golgi-ER-lysosomal compartment**
282 **and internalized via clathrin-mediated endocytosis**

283

284 **a**, Scheme of clathrin-mediated endocytosis of Inceptor and its routing in the ER-
285 Golgi and endosomal-lysosomal compartments.

286 **b**, Confocal images showing the co-localization of Inceptor (green) with TGN46,
287 Rab7, Lamp2 or clathrin (magenta) and quantified by Pearson correlation coefficient
288 ($n = 3$; TGN46, 210; Rab7, 303; Lamp2, 267; clathrin 248 cells in total). Scale bar 5
289 μm .

290 **c**, Confocal image showing the localization of Inceptor (green) at the plasma
291 membrane marked by ConA (magenta) and total Inceptor (cyan). Scale bar 20 μm .

292 **d**, Experimental design forendocytosis assay.

293 **e-f**, Confocal images (**e**) and quantification (**f**) with a Pearson correlation coefficient
294 of GM130 (magenta) and Inceptor (green) at 30 and 60 min (Data are mean \pm s.e.m;
295 $n = 1421$ cells in total). Scale bar 5 μ m.

296 **g-h**, Images (**g**) and quantification (**h**) for the proximity ligation of Inceptor and AP2 in
297 *lir*^{+/+} and *lir*^{-/-} Min6 cells. Potential interactions were quantified as fluorescent
298 dots/cell. ($P=2.12e^{-12}$, $n = 8147$ cells). *** $P\leq 0.001$. Significance was calculated using
299 an unpaired, two-samples Wilcoxon test. Scale bar 50 μ m.

300 **i-j**, Immunostaining (**i**) and quantification (**j**) showing localization of INCEPTOR-
301 Venus or INCEPTOR-AP2*-Venus (green) at the plasma membrane (CellMask, red).
302 (Data are mean \pm s.e.m; ~ 40 *lir*^{+/+} and *lir*^{-/-} cells/n. * $P\leq 0.05$, $P=0.02$, $n=3$).
303 Significance was calculated using an unpaired t-test. Scale bar 10 μ m.

304

305 **Fig. 4 | Inceptor physically interacts with Insr and Igf1r to enhance receptor** 306 **internalization and desensitisation**

307 **a-b**, Co-immunoprecipitation of endogenous Inceptor with Insr and Igf1r in Min6 cells
308 using anti-Insr antibody (top panel, $n=4$) or Igf1r antibody (middle panel, $n=5$) under
309 different metabolic conditions (**a**) Box and whisker plots (min to max) showing
310 relative density (fold change) of proteins (**b**). Data are mean \pm s.e.m; each 'n'
311 represents biologically independent samples; * $P\leq 0.05$, ** $P\leq 0.01$, *** $P\leq 0.001$.
312 Significance was calculated using one-way ANOVA followed by Bonferroni's multiple
313 comparisons test.

314 **c-d**, Proximity ligation assay for endogenous Inceptor alone or together with Insr,
315 Igf1r and p-Igf1r in Min6 cells (**c**) and quantified fluorescent dots/cell (**d**). (Inceptor,

316 $P=1.4e^{-9}$, $n = 5544$ cells; Inceptor+Insr, $P=0.0051$, $n = 3837$ cells; Inceptor+Igf1r,
317 $P=0.0051$, $n=3067$ cells; Inceptor+p-Igf1r, $P=0.0051$, $n=2798$ cells). Data are mean \pm
318 s.e.m, $**P\leq 0.01$, $***P\leq 0.001$. Significance was calculated using an unpaired, two-
319 sample Wilcoxon test. Scale bar, 50 μm . See Extended Data Fig. 7a for negative
320 control.

321 **e**, Quantification of the uptake of insulin-546 by Insr/Igf1r at different time points in
322 Min6 *lir*^{+/+} and *lir*^{-/-} cells ($P=0.023$; 150 cells/experiment and each time point, $n=5$).
323 Data are mean \pm s.e.m, $*P\leq 0.01$. Significance was calculated using two-way ANOVA
324 followed by Bonferroni's multiple comparisons test.

325 **f-g**, Western blot analysis (h) and quantification (i) from Min6 cells under growth
326 conditions treated with rat anti-INCEPTOR mAb and IgG2b (control) for 5 min at
327 three different concentrations. $n=3$ biologically independent samples; data are mean
328 \pm s.e.m. $*P\leq 0.05$, $**P\leq 0.01$, $***P\leq 0.001$. Significance was calculated using a two-way
329 ANOVA followed by Bonferroni's multiple comparisons test.

330 **h-i**, Surface biotinylation assay showing surface pools of Inceptor, p-Insr/Igf1r, Insr
331 and Igf1r in Min6 cells treated with IgG2b control and anti-INCEPTOR mAb (1 $\mu\text{g}/\text{mL}$)
332 (h) and quantification (i). ($n = 4$ biologically independent samples; data are mean \pm
333 s.e.m. $*P\leq 0.05$, $**P\leq 0.01$, $***P\leq 0.001$. Significance was calculated using a two-way
334 ANOVA followed by Sidak's multiple comparisons test. See Extended Data Fig. 7g
335 for input controls.

336

337

338

339 **Methods**

340 **Data reporting**

341 No statistical methods were used to predetermine sample size. The experiments were
342 not randomized and the investigators were not blinded.

343 **Animal studies, generation of full and conditional knock-out mice**

344 Animal experiments were carried out in compliance with the German Animal Protection
345 Act and with the approved guidelines of the Society of Laboratory Animals (GV-
346 SOLAS) and of the Federation of Laboratory Animal Science Associations (FELASA).
347 Mouse lines used (for targeting strategy see Extended Data Fig. 4a): Full knock-out,
348 *lir*^{-/-}; 5330417C22Rik^{tm1a(EUCOMM)Hmgu} embryonic stem cells were aggregated with CD1
349 morula to generate chimeric mice. GeneTrap mice were bred on a mixed background.
350 For critical exon deletion, GeneTrap animals were crossed with *Rosa26R-Cre* to
351 generate *lir*^{+/-} animals used for intercrosses to obtain *lir*^{-/-}. Conditional knock-out (CKO),
352 *MIP-CreERT¹ lir^{fl/FD}*: GeneTrap animals were crossed with *FlpE* to obtain *lir*^{+fl} followed
353 by further crossing with *Rosa26R-Cre* to generate *lir*^{+FD} animals. *MIP-CreERT⁺*, *lir*^{+FD}
354 were mated with *lir*^{fl/fl} to obtain *MIP-CreERT⁺*, *lir*^{fl/FD} (CKO) animals. Conditional
355 deletion from 12 weeks old mice was achieved by intraperitoneal injections of
356 tamoxifen (Sigma-Aldrich #T5648) three times every 48 h at a dose of 100 mg/kg body
357 weight. For genotyping, primer sequences for *lir* were: 5'-
358 CACCTCCCCCTGAACCTGAAAC-3'; 5'-GATGCCTGTCAGCCTTCATC-3'; 5'-
359 GAGTGGGATGAGCTACCTCAC-3'. Band sizes: *lir*^{+/+} = 341 bp; *lir*^{-/-} = 266 bp. Primer
360 sequences for *MIP-CreERT⁺*: 5'-CCTGGCGATCCCTGAACATGTCCT-3'; 5'-
361 TGGACTATAAAGCTGGTGGGCAT-3'. Bandsizes: *CreERT⁺* = 280bp. Primer
362 sequences for *lir*^{fl/FD}: 5'-GGAACCTTCGTCGAGATAACTTCGTATAG-3'; 5'-

363 GTGCACTCTGGGTAGTGTTTC-3'; 5'-CCAAGGCCAGCGATACAACC-3'. Band size:
364 *lir*^{+/+} = 395 bp; *lir*^{fl/fl} = 431 bp, *lir*^{FD/FD} = 285 bp.

365

366 ***Metabolic parameters***

367 Pregnant dams were starved for 2 h prior to C-section at E19.5. Fasting blood glucose
368 levels in the pups were measured using a glucometer (FreeStyle™/Bayer Contour
369 next) or using enzymatic kits as per the manufacturer's protocol (Wako #298-65701).
370 Quantification of circulating serum insulin, C-peptide and glucagon were assayed in
371 serum using commercial mouse-specific ELISA kits (CrystalChem, #90080, #90050,
372 Mercodia #10-1281-01). For rescue experiments, *lir*^{-/-} newborns and their littermates
373 were administered D-glucose (10%, 50 µl per injection; s.c) just after birth and every
374 6 h thereafter up to 24 h. For assessing glucose tolerance, *lir*^{-/-} newborns and their
375 littermates were administered a single injection of D-glucose (10%, 50 µl per injection;
376 s.c). Briefly, an individual P0 pup would receive glucose and then be sacrificed at a
377 predefined time point (0, 30, 60, 90 or 120 min). For each time point 4-12 pups were
378 used for analysis. For pancreatic insulin content, whole pancreases at P0 stage were
379 homogenized and incubated overnight in acid-ethanol buffer at 4°C and subsequently
380 quantified using mouse-specific ELISA kit. Liver glycogen levels were quantified using
381 a colorimetric assay kit according to the manufacturer's protocol (Abcam, #ab65620).

382

383 ***Immunohistochemistry***

384 Pancreata were fixed overnight at 4°C in 4% PFA, dehydrated in a sucrose gradient
385 (7.5-30%) and embedded in tissue freezing medium (Leica) before cutting sections of
386 10-20 µm thickness. After permeabilization in 0.25–0.5% Triton-X 100, slides were
387 treated with or without glycine (100 mM) for 30 min at RT and followed by blocking for
388 another 1 h. Primary antibodies were incubated overnight at 4°C using the following

389 antisera guinea pig anti-insulin (Thermo Scientific, #PA1-26938, 1:50-1:1000), rabbit
390 anti-E-Cadherin (CST, #3195, 1:500); rabbit anti-Foxa2 (CST, #8186, 1:300); goat anti-
391 chromogranin A (SCBT, #sc-1488, 1:100-200); rabbit anti-insulin (CST, #3014, 1:300);
392 guinea pig anti-glucagon (Takara Bio, #M182, 1:2500); goat anti-somatostatin (SCBT,
393 #sc-7819, 1:300); goat anti-pancreatic polypeptide (Abcam, #ab15580, 1:300); rabbit
394 anti- α amylase (Abcam, #ab21156, 1:400); rabbit anti-Sox9 (Millipore, #AB5535,
395 1:300); rabbit anti-Urocortin3 (Phoenix Pharmaceuticals, #H-019-29, 1:300); rabbit
396 anti-MafA (Novusbio, #NBP1-00121, 1:300). Slides were then washed 3 times and
397 incubated with fluorophore-conjugated secondary antibodies for 2 h at RT in the dark
398 using the following antibodies at 1:800 dilutions: donkey anti-rabbit Alexa Fluor® 555
399 (1:800, Invitrogen, #A31572); donkey anti-guinea pig Alexa Fluor® 649 (Dianova,
400 #706-495-148); donkey anti-mouse Alexa Fluor® 488 (Invitrogen, #A21202); donkey
401 anti-rabbit Alexa Fluor® 488 (Invitrogen, #A21206); donkey anti-goat Alexa Fluor® 594
402 (Invitrogen, #A11058); donkey anti-guinea pig Alexa Fluor® 488 (Dianova, #706-545-
403 148); donkey anti-rat Alexa Fluor® 488 (Invitrogen, #A21208); donkey anti-goat Alexa
404 Fluor® 555 (Invitrogen, #A21432); donkey anti-rabbit Alexa Fluor® 594 (Invitrogen,
405 A21207); donkey anti-rat Alexa Fluor® 649 (Dianova, #712-605-150); donkey anti-goat
406 Alexa Fluor® 488 (Invitrogen, #A11055). Nuclei were stained with 4', 6-diamidino-2-
407 phenylindole (DAPI; Life Technologies, 1:500-1:1000). After washing, slides were
408 finally mounted with Vectashield (Vector laboratories, #H-1000-10) or Elvanol and
409 imaged using confocal microscopy (Leica SP5, Zeiss LSM880).

410

411 ***Proliferation Analysis***

412 For assessing endocrine cell proliferation, 5-ethynyl-2'-deoxyuridine (EdU) (Thermo,
413 #E-10187) was injected to pregnant *lir^{+/+}* and *lir^{-/-}* mice at a dose of 10 mg/g body
414 weight intraperitoneally 2 h prior to sacrifice. Pancreases were dissected from E16.5

415 and E18.5 embryos and stained for chromogranin-A and EdU as per manufacturer's
416 protocol (Click-IT EdU Alexa Fluor 647 Imaging Kit, Thermo Fisher Scientific). For
417 proliferation analysis in adult control and CKO mice, EdU was added in drinking water
418 (1 mg/mL) for one week prior to sacrifice. DAPI was used to counterstain nuclei (Life
419 Technologies, 1:1000).

420

421 ***Pancreas morphometry and quantification***

422 To evaluate α - and β -cell area in embryonic pancreata, entire pancreas was sectioned
423 at 10 μ m thickness and all sections were analysed for insulin and glucagon positive
424 area over total pancreas area. For quantification of EdU and hormone co-positive cells,
425 4-6 sections per embryo were analysed using IMARIS software. For CKO mice, 10
426 sections per mice were analysed for insulin and glucagon positive area. The stained
427 tissue sections were scanned with an AxioScan.Z1 digital slide scanner (Zeiss, Jena,
428 Germany) equipped with a 20x magnification objective. The region of interest (islets)
429 were annotated manually and the insulin and glucagon expressing cells were detected.
430 β -cell mass was calculated by multiplying relative insulin-positive area (the percentage
431 of insulin-positive area over total pancreas area) by pancreas weight. To evaluate β -
432 cell replication, the ratio of insulin/EdU/DAPI co-positive cells over the total insulin
433 positive cells were quantified. Images were evaluated using the commercially available
434 image analysis software Definiens Developer XD 2 (Definiens AG, Munich, Germany).

435

436 ***RNA isolation and microarray***

437 Pancreases from embryos (E18.5) or pups (P0) were dissected and stored in
438 RNAlater™ (Ambion #AM7020). RNA extraction was performed using TRIzol reagent
439 (Thermo Fisher Scientific #15596018) and RNeasy Lipid tissue mini kit
440 (Qiagen#74804) according to the manufacturer's protocol. RNA quality and integrity

441 numbers (RIN) were determined using Agilent 2100 Bioanalyzer (Agilent). RNA
442 samples with RIN > 7 were used for microarray analysis. 30 ng of total RNA was
443 amplified using the Ovation Pico WTA System V2 in combination with the Encore Biotin
444 Module (NuGEN Technologies, Inc, San Carlos, CA, USA). Amplified cDNA was
445 hybridized on a Mouse Transcriptome 1.0 arrays (Affymetrix/Thermo Fisher Scientific,
446 Waltham, USA) and further processed and scanned (Scanner 3000 7G) according to
447 the Affymetrix expression protocol including minor modifications as suggested in the
448 Encore Biotin protocol (NuGEN Technologies, Inc). Expression console (v.1.4.1.46,
449 Affymetrix) was used for quality control and to obtain normalized SST-RMA gene-level
450 data (standard settings including median polish and sketch-quantile normalization).
451 Normalized log₂ expression data were used for subsequent analysis steps, performed
452 in R using Bioconductor packages. Probe sets were annotated using the mta10
453 transcript cluster.db (v.8.7.0) and filtered (mean log₂ expression value ≥ 5).
454 Differential expression analysis was performed using limma (v.3.40.2). Functional
455 enrichment analysis was performed on differentially expressed genes (P0 *lir*^{-/-} vs P0
456 WT, p < 0.01, fold change > 1.5) using Homer (v.4.10). The microarray data have been
457 submitted to GEO (GSE144519). To further validate the microarray results, we carried
458 out quantitative RT-PCR of selected metabolic genes using custom designed Taqman
459 based probe-primer sets (Taqman low density array) (Applied Biosystems) and real
460 time PCR was performed on AB-7500 FAST systems. Data was normalized to
461 housekeeping genes.

462 ***Signalling analysis using pancreatic lysate***

463 C-sectioned pups at E19.5 were starved for 5 h. Pancreata whole-cell lysates were
464 generated. For subsequent Western blot analysis, detection was performed with the
465 following primary antibodies: rat anti-INCEPTOR (14F1, 1:1000); rabbit anti-Igf1r
466 (CST, #9750, 1: 1000); rabbit anti-Insr (CST, #3025, 1: 1000); rabbit anti-Insr/Igf1r-

467 phospho (CST, #3024, 1:500); mouse anti-Tubulin α (Sigma, #T6199, 1:10,000); rabbit
468 anti-HSP90 (CST, #4874, 1:10,000). Lysis buffers were supplemented with protease
469 inhibitor cocktail (Sigma, #P8340, 1:100), phosphatase inhibitor cocktail 2 (Sigma,
470 #P5726, 1:100) and 3 (Sigma, #P0044, 1:100). Protein concentration of lysates were
471 determined with PierceTM BCA protein assay kit (Thermo Fisher, #23225). Lysates
472 were resolved on SDS-PAGE, transferred to Immun-Blot PVDF membrane (Biorad,
473 #1620177), blocked in 5% milk for 1 h at RT and incubated with the indicated primary
474 antibodies overnight at 4°C. After washing, membranes were then incubated for 1-2 h
475 at RT with secondary horseradish peroxidase (HRP)-conjugated antibodies (1: 10,000
476 – 20,000): goat anti-rabbit IgG (Dianova, #111-036-045); goat anti-mouse IgG
477 (Dianova, #115-036-062), rabbit anti-goat IgG (Dianova, #305-035-045). After
478 incubation with Clarity Western ECL Substrate (Biorad, #1705061), bands were
479 detected with ChemStudio2A (Analytik Jena) and densitometric analysis performed
480 with ImageJ.

481 ***Intraperitoneal glucose tolerance test (ipGTT) and intraperitoneal glucose***
482 ***stimulated insulin secretion test (ipGSIS)***

483 For ipGTT, mice were fasted for 12 h and injected with glucose (2 g/kg BW, i.p.). Blood
484 glucose was measured at 0, 15, 30, 60 and 120 min post-glucose administration using
485 Contour next glucometer (Bayer). The area under the curve was calculated by the
486 trapezoid rule [$AUC=(C_1+ C_2)/2\times(t_2-t_1)$]. For ipGSIS, mice were fasted for 12 h and
487 administered with glucose (3 g/kg BW, i.p.). Blood sampling was performed at 0, 2, 5,
488 15 and 30 min post-glucose administration and quantified for insulin levels using
489 mouse-specific ELISA kits as per manufacturer's guidelines (CrystalChem)

490

491 ***Islet isolation and in vitro assays***

492 Pancreases were excised and digested using collagenase P (Roche, #11213857001)
493 followed by centrifugation using OptiPrep™ density gradient medium (Sigma,
494 #D1556). Isolated islets were handpicked under a stereomicroscope and cultured
495 overnight in RPMI 1640 medium (Invitrogen, #21875091) supplemented with 10% FCS
496 (GIBCO) and 1% penicillin-streptomycin (Life Technologies, 15140122). For *in vitro*
497 islet function tests, islets were induced with tamoxifen (1 μM) or vehicle (EtOH) for 24
498 h. For Insr/Igf1r signalling, islets were starved for 1h in HEPES-balanced salt solution,
499 stimulated with 100 nM insulin (Novo Nordisk) for the indicated time points and lysed
500 in modified RIPA buffer (150 mM NaCl, 50 mM TRIS-HCl pH 7.4, 1% NP-40, 1 mM
501 EDTA, 0.1% deoxycholate). The following primary antibodies were used: rat anti-
502 INCEPTOR (16F6, 1:1000); rabbit anti-Igf1r (CST, 9750, 1:1000); mouse anti-Insrβ
503 (CST, L6B10, 1:1000); rabbit anti-Insr/Igf1r-phospho (CST, 3024, 1:500); mouse anti-
504 Akt (CST, 2920, 1:1000); rabbit anti-Akt-phospho (S473) (CST, 4060, 1:1000); mouse
505 anti-tubulin γ (Sigma, T5326, 1:10,000); GAPDH (Merck, CB1001, 1:10,000). Islets
506 were isolated from 14 weeks old male CKO mice (MIP-CreERT⁺; *Iir^{fl/FD}*) and treated
507 with (1μM) tamoxifen or vehicle ethanol for 24 h and then labelled with EdU (10 μM)
508 for 72 h.

509

510 ***Protein expression and purification***

511 A gene encoding human *INCEPTOR*-ectodomain (ECD) (KIAA1324, Uniprot entry
512 Q6UXG2, residues 1-910) followed at its C-terminus with 8xHis tag, the human
513 rhinovirus 3C protease cleavage site LEVLFQGP and a tandem-affinity purification tag
514 (Rigaut et al., 1999) was synthesized and cloned into pcDNA3.1 Zeo (+) vector by
515 Genescript. FreeStyle HEK293F cells were transiently transfected with pcDNA3.1-IIR-
516 ECD-8xHis-TAP and the INCEPTOR-ECD was purified as recently described for the
517 human insulin receptor ectodomain². Prior to immunization, affinity purified INCEPTOR

518 was subjected to size exclusion chromatography using a Superdex 200 Increase
519 10/300 GL column equilibrated in HBS (50 mM HEPES, 150 mM NaCl, pH 7.5) at a
520 flow rate of 0.5 mL/min at room temperature. Only the top peak fraction of the eluted
521 INCEPTOR-ECD (Extended Data Fig. 4a) was used for poly- and monoclonal anti-
522 INCEPTOR antibody production.

523

524 ***Monoclonal and polyclonal antibody production***

525 Polyclonal rabbit antibodies against the C-terminus of a conserved mouse and human
526 peptide of INCEPTOR (N-TSKRTPDGFDSVPLKT-C) were generated by Pineda
527 Antikörper Service (Berlin) and polyclonal rabbit antibodies against the purified human
528 INCEPTOR ectodomain (1374, 1692) were provided by Coskun Ü. (Paul Langerhans
529 Institute Dresden, Germany). Monoclonal rat antibodies against the INCEPTOR
530 ectodomain (19A6/IgG2b) were generated by immunization with the purified human
531 INCEPTOR ectodomain. Monoclonal rat (EIG14F1/IgG2a; EIG16F6/IgG2b) and
532 mouse (EIG31A11/IgG2b; EIG36D7/IgG2b) antibodies against the cytoplasmic tail of
533 INCEPTOR were generated by immunization of ovalbumin-coupled peptides (N-
534 TSKRTPDGFDSVPLKT-C) of INCEPTOR using standard procedures. All antibodies
535 were validated on Min6 *lir*^{+/+} and *lir*^{-/-} cells for specificity by immunocytochemistry,
536 immunohistochemistry and Western blot (1374, 1692-serum, 1:1000; EIG14F1, 16F6,
537 31A11, 36D7-supernatant, 1:10; Pineda, purified- 1:1000; 19A6, purified, 1:1000).

538

539 ***Cell culture***

540 The murine β -cell line Min6, *lir*^{-/-} Min6 and INCEPTOR-Venus/INCEPTOR-AP2*-Venus
541 overexpressing Min6 cultured in adherence (2D). Cells were regularly tested negative
542 for mycoplasma (Applichem, #A3744).

543

544 ***Antibody stimulation***

545 For whole cell lysate analysis, Min6 and EndoC- β H1 cells were incubated at 37°C for
546 5 and 15 min respectively in complete growth medium (DMEM, Thermo Fisher,
547 #11965092) supplemented with rat IgG2b isotype control or 19A6 monoclonal antibody
548 against the ectodomain of INCEPTOR at a final concentration of 1, 5 or 10 μ g/mL.
549 Cells were washed 3x with PBS and lysed in RIPA buffer (along with protease and
550 phosphatase inhibitors).

551

552 ***Surface biotinylation assay***

553 For surface biotinylation assays, Min6 and EndoC- β H1 cells were incubated at 37°C
554 for 0, 5, 15 and 30 min at 37°C in growth medium supplemented with a rat antibody
555 against the ectodomain of INCEPTOR (19A6) at a final concentration of 1 μ g/mL. Cells
556 were washed 3x with ice-cold PBS (pH 8) and surface proteins were biotinylated with
557 0.5 mg/mL EZ-Link sulfo-NHS-LC-biotin (Thermo Fisher, #21335) for 30 min at 4°C.
558 Cells were washed 3x with ice-cold PBS (pH 8) followed by quenching of reaction by
559 ice-cold glycine (100 mM, pH 3) for 10 min. Cells were then lysed in mild lysis buffer
560 (2% NP40, 1% TritonX-100, 10% Glycerol, in PBS along with protease and
561 phosphatase inhibitors). Affinity precipitation was performed with Pierce™ Streptavidin
562 magnetic beads (Thermo Fisher, #88817, 1:10) overnight at 4°C under rotation. Beads
563 were washed 3x and eluted with Laemmli-buffer for 5 min at 96°C. For subsequent
564 Western blot analysis, the following primary antibodies were used: rat anti-INCEPTOR
565 (14F1, 1:1000); rabbit anti-Igf1r (CST, #9750, 1:1000); mouse anti-Insr β (CST,
566 #L6B10, 1:1000); rabbit anti-Insr/Igf1r-phospho (CST, #3024, 1:1000); mouse anti-
567 tubulin γ (Sigma, #T5326, 1:10,000).

568

569 ***Co-immunoprecipitation (co-IP) analysis***

570 For co-IP studies, Min6 cells were either maintained under growth conditions, starved
571 for 1 h in HEPES-balanced salt solution (114 mM NaCl, 4.7 mM KCl, 1.2 mM KH₂PO₄,
572 1.16 mM MgSO₄, 20 mM HEPES, 2.5 mM CaCl₂, 25.5 mM NaHCO₃, pH 7.2) or starved
573 for 1 h followed by stimulation with 100 nM insulin (Recombinant Insulin Human, Novo
574 Nordisk) for 5 and 15 min. Cells were lysed in mild lysis buffer (as described in surface
575 biotinylation assay). Lysate were then added to the Protein G magnetic beads (Sure
576 BeadsTM, Bio-Rad, #161-4023, 1:10) which were pre-incubated with antibody for 1 h at
577 RT under rotation: Mouse anti-Insr β (CST, #L6B10, 1:50); rabbit anti-Igf1r (CST,
578 #9750, 1:100); rat anti-INCEPTOR (14F1, 1:100); mouse IgG1 isotype (CST, #5415,
579 1mg/mL); rabbit IgG isotype (CST, #3900, 1mg/mL); rat IgG isotype (Invitrogen, #9602,
580 1mg/ml). Beads only control was also added by incubating lysate directly to the non-
581 immobilized beads. Beads were washed gently 3x with lysis buffer and eluted with
582 Laemmli-buffer for 5 min at 96 °C for subsequent Western blot analysis. Detection was
583 performed with the following primary antibodies: rat anti-INCEPTOR (14F1, 1:1000);
584 mouse anti-Insr β (CST, #L6B10, 1:1000); rabbit anti-Igf1r (CST, #9750, 1:1000); rabbit
585 anti-AP2M1 (abcam, #ab75995, 1:1000); rabbit anti-pAP2M1 (CST, #7399, 1:1000).

586

587 ***CRISPR/Cas9 knock-out in Min6 insulinoma cells***

588 *lir*^{-/-} cells were generated by deleting the ATG with two sgRNAs (#1: 5'-
589 GCATAAGCAGCCACCGCAGC-3', #2: 5'-GACAGCGCTATGGCAGAGCC-3'). Cells
590 were transfected with three plasmids i.e. Cas9-Venus, sgRNA1 and sgRNA2 using
591 Lipofectamine 2000 (Thermo Fisher, #11668027). Cells were then flow sorted for
592 Venus expression 48 h post transfection and seeded in low density for colony
593 formation. Colonies were picked after 1-2 weeks, expanded and genotyped for the
594 deletion.

595

596 **Human INCEPTOR constructs**

597 For generating INCEPTOR-Venus, the *INCEPTOR* sequence was amplified from
598 pCMV-KIAA1324³ using forward primer (5'-
599 *AGTCGGTAGCGGCCGCATGGCTGAGCCTGGGCACAG-3'*) and reverse primer (5'-
600 *CTGGACACGCGGCCGCACAGGTCCATGTCTAGGCCTCCT-3'*), digested with *NotI*
601 and ligated into pKS-Venus. After digestion of pKS-*INCEPTOR-Venus* with *NotI* and
602 *SpeI* and pCAG-H2B-Venus with *NotI* and *NheI*, products were gel-purified and ligated,
603 generating pCAG-*INCEPTOR-Venus*. For INCEPTOR-AP2*-Venus, pCAG-
604 *INCEPTOR-Venus* was digested with *AscI* and *BglII* and the gel-purified product was
605 ligated with the mutant AP2 binding motif sequence (YSKL to ASKA) by T4 ligase
606 (Thermo Fisher), generating pCAG-*INCEPTOR-AP2*-Venus*. For analysis, stable cell
607 lines were generated by transfecting Min6 cells with the constructs (4 µg DNA) using
608 Lipofectamine 2000 (Thermo Fisher, #11668027) and selecting with 1 µg/mL
609 puromycin (Thermo Fisher, #A1113803) for 3 weeks. Localization of the fluorescent
610 constructs was visualized with a Zeiss LSM 880 confocal microscope. For visualizing
611 plasma membrane CellMask™ Deep Red (Thermo Fisher, #C10046, and 1:2000) was
612 added for 5 min and then fixed in 4% PFA. Quantification was performed using ImageJ
613 by thresholding the plasma membrane stain (red) and measuring fluorescence
614 intensity from the Venus tag (green) at the membrane and throughout the cell.

615

616 **Subcellular localization**

617 Min6 cells in µ-slide 8 well chambers (Ibidi, #80826) were fixed in 4% PFA for 10 min
618 at RT and permeabilized in 0.25% Triton-X100, 100 mM glycine for 15 min at RT. After
619 blocking in 0.1 % Tween-20, 10 % FCS, 0.1 % BSA and 3 % donkey serum for 1 h at
620 RT, the following primary antibodies were incubated overnight at 4°C: Min6 *lir*^{+/+}, rabbit
621 anti-Tgn46 (Abcam, #ab16059, 1:100); rabbit anti-Rab7 (CST, #9367, 1:100); rabbit

622 anti-Lamp2 (Thermo Fisher, #PA1-655, 1:300); rabbit anti-clathrin heavy chain (CST,
623 #2410, 1:400); mouse anti-Gm130 (BD, #610822, 1:300); rabbit anti-giantin
624 (BioLegend, #924302, 1:100); rabbit anti-Ergic53 (SCBT, #sc-66880, 1:300); rabbit
625 anti-EEA1 (CST, #2411, 1:300); mouse anti-Cm1 (Coskun Ü., PLID, 1:300); mouse
626 anti-Lamp 1 (Biomol, #VAM-EN001, 1:100) or (BD, #553792, 1:1000). Min6
627 INCEPTOR-Venus and INCEPTOR-AP2*-Venus, mouse anti-Gm130 (BD, #610822,
628 1:400), rabbit anti-EEA1 (CST, #2411, 1:200), rabbit anti-giantin (BioLegend, #924302,
629 1:100), rabbit anti-clathrin heavy chain (CST, #4796, 1:100); mouse anti-INCEPTOR
630 (31A11, supernatant, 1:10). Secondary antibodies were used as described above.
631 Cells were mounted with Elvanol and imaged using Leica SP5 or Zeiss LSM 880
632 confocal microscope.

633

634 **Monovalent labelled insulin-AF546**

635 Human insulin (300 mg, 0.052 mmol) was dissolved in H₂O/DMF (60 ml, 2:1) and
636 cooled to 0°C under argon atmosphere. Triethylamine (144 µl, 1.039 mmol) was added
637 to the solution to adjust the pH to 10. A solution of hept-6-ynoic acid NHS ester (10.81
638 mg, 0.052 mmol) in a mixture of DMF (2.79 ml) and 5% aq. H₂SO₄ (21 µl)) was added
639 gradually in portions of 300 µl. Upon observing the start of formation of disubstituted
640 product, the reaction was stopped by adjusting the pH of the reaction mixture to 3 using
641 1M aq. hydrochloric acid. The reaction mixture was lyophilised. The lyophilisate was
642 dissolved in a water/acetonitrile mixture (3 ml, 80:20) and purified via HPLC to yield
643 alkyne-modified insulin. **HR-mass:** calculated m/z for C₂₆₄H₃₉₁O₇₈N₆₅S₆ (M+3H)³⁺ =
644 1971.5729; found: 1971.5723. A solution of AF546-azide (1.653 mg, 0.02 mmol) in *tert.*
645 butanol (100 µl) was added to a solution of alkyne-modified insulin (6.7 mg, 1.133
646 µmol) in deionized H₂O (1 ml). A mixture of CuSO₄ (0.707 mg, 2.8315 µmol), Tris((1-
647 hydroxy-propyl-1H-1,2,3-triazol-4-yl)methyl)amine (THPTA, 4.927 mg, 0.011 mmol),

648 sodium ascorbate (4.490 mg, 0.023 mmol) and aminoguanidine hydrochloride (2.506
649 mg, 0.023 mmol) in H₂O (441 µl) was added to the solution. The solution was allowed
650 to stir for 27 h and the reaction mixture was purified via amicon-15 centrifuge filter units
651 (cut-off 3 kDa). After lyophilisation of the residue, the AF546-labeled insulin (4 mg,
652 0.581 µmol, 52 %) was obtained as a reddish solid. **HR-mass:** calculated m/z for
653 C₃₀₄H₄₃₇O₈₈N₇₁S₉Cl₃ (M+5H)⁵⁺ = 1377.3754; found: 1377.3767.

654

655 ***Insulin uptake assay***

656 Islets were isolated from CKO mice, trypsinized to single cells and treated with
657 tamoxifen for 24 hr followed by a 72 hr wash period. Likewise, Min6 *lir*^{+/+} and *lir*^{-/-} cells
658 in µ-slide 8 well chambers (Ibidi, #80826) were starved for 1 h in HEPES-balanced salt
659 solution (114 mM NaCl, 4.7 mM KCl, 1.2 mM KH₂PO₄, 1.16 mM MgSO₄, 20 mM
660 HEPES, 2.5 mM CaCl₂, 25.5 mM NaHCO₃, pH 7.2) and stimulated with 100 nM
661 monovalent insulin-546 (Plettenburg O.) for different time points until fixation in 4%
662 PFA. The cytoskeleton was visualized as SiR-actin (Cytoskeleton, Inc., #CY-SC001,
663 1:1000) and nuclei with DAPI (Life Technologies, 1:500). Images were captured with a
664 Zeiss LSM 880 microscope and quantified using ImageJ wherein the fluorescent
665 intensity of insulin-546 was divided by the cell number.

666

667 ***Endocytosis assay***

668 Min6 cells grown in µ-slide 8 well chambers (Ibidi, #80826) with 50% confluency were
669 incubated with an ectodomain-specific rabbit anti-INCEPTOR (1374, 1:500) antibody
670 for 30 min at 4°C to prevent endocytosis. After washing 5x with PBS, internalization of
671 the antibody-Inceptor-complex from the surface was chased by further incubation at
672 37°C for 5, 15, 30 and 60 min until fixation and detected by a secondary donkey anti-
673 rabbit Alexa Fluor® 488 antibody. Primary antibodies for subcellular markers were

674 incubated overnight at 4°C: mouse anti-Gm130 (BD, 610822, 1:300); mouse anti-Cm1
675 (Coskun Ü., PLID, 1:300); rabbit anti-Lamp2 (Thermo Fisher, #PA1-655, 1:300). Signal
676 intensity of ecto-Inceptor was enhanced.

677

678 ***Dynasore treatment assay***

679 Localization of the fluorescent constructs was visualized with a Zeiss LSM 880
680 confocal microscope. For visualizing plasma membrane CellMask™ Deep Red
681 (Thermo Fisher, #C10046, 1:2000) was added for 5 min and then fixed in 4%
682 PFA. Similarly, the effect of the dynamin inhibitor dynasore (Cayman Chemicals,
683 14062) was assessed on Min6 cells expressing INCEPTOR-Venus. To this end, cells
684 were seeded on 8 well chambers (ibidi, 80826) and treated with 80 µM dynasore in
685 serum-free DMEM for 2 hours before labeling with CellMask Deep Red and
686 fixation. Quantification was performed using ImageJ by thresholding the plasma
687 membrane stain (red) and measuring fluorescence intensity from the Venus tag
688 (green) at the membrane and throughout the cell.

689

690 ***Proximity ligation assay (PLA)***

691 PLA was performed according to the manufacturer's protocol (Sigma, DuoLink®).
692 Combinations of primary rat/mouse and rabbit antibodies were incubated overnight at
693 4 °C: rat anti-INCEPTOR (16F6, 1:100-500, detected with anti-mouse PLA probe);
694 rabbit anti-INCEPTOR (Rabbit 3, 1:500) rabbit anti-Insr (Abcam, ab131238, 1:20;
695 rabbit anti-Igf1r (CST, #9750, 1:100), rabbit anti-Igf1r-phospho (SCBT, #sc-101703,
696 1:100); mouse anti-adaptin β (AP2) (BD, #610382, 1:100). Nuclei were stained with
697 DAPI (Sigma, #D9542, 1:500). Images were acquired as Z-stacks with a Zeiss Axio
698 Observer Z1 epifluorescence microscope using the µManager software and quantified
699 with Image J. After maximum projection, the images of the nuclei were median filtered

700 and a contrast-limited adaptive histogram equalization was applied. Subsequently,
701 nuclei were segmented and further separated by water shedding. Cell areas were
702 constructed as a Voronoi diagram. The number of PLA dots was counted as the local
703 maxima per cell area using an experiment-dependent noise threshold.

704

705 ***Pearson Correlation Coefficient (PCC)***

706 PCC was calculated using the ImageJ plugin Coloc2 and applying Costes background
707 subtraction to determine the degree of co-localization between Inceptor, INCEPTOR-
708 Venus and INCEPTOR-AP2*-Venus along with different subcellular markers. No
709 correlation, PCC = 0; highest correlation, PCC = 1; highest inverse correlation, PCC =
710 -1.

711

712 ***Bioinformatics analysis***

713 For gene information and domain structure similarities of *lir*, ensembl.org was used
714 (5330417C22Rik). *In-situ hybridization* at E14.5 was obtained from genepaint.org.
715 Amino acid sequences were obtained from UniProt (EIG121, A2AFS3; Insr, P15208;
716 Igf1r, Q60751) and alignments performed with Clustal X2.

717

718 ***Statistical analysis***

719 The results are expressed as means \pm SEM (Standard Error Mean) or unless otherwise
720 specified from at least three independent biological experiments. A value of $P < 0.05$
721 was considered statistically significant. All statistical tests, sample size and their P
722 values are provided in figure legends description. All statistics were performed using
723 GraphPad Prism software 8 (GraphPad Software Inc., La Jolla, CA).

724 ***Reporting summary***

725 Further information on research design is available in the Nature Research
726 Reporting Summary linked to this paper.

727 **Data availability**

728 The microarray data have been deposited in GEO with the accession code
729 GSE144519. Please address correspondence and requests for material to H.L. Source
730 data are provided with this paper.

731

732 **Extended Data Fig. 1 | Inceptor is expressed in all pancreatic lineages and**

733 **Inceptor KO embryos showed an increase in endocrine proliferation.**

734 **a**, *In situ* hybridization showing mRNA expression of *lir* at embryonic stage E14.5
735 (genepaint.org).

736 **b**, Body weight at postnatal day P0 (Data are mean \pm s.e.m.; $P=0.62$; *lir*^{+/+}, n = 23;
737 *lir*^{-/-}, n = 11). Significance was calculated using two-tailed, unpaired t-test.

738 **c**, Serum glucagon levels after 2-5 h starvation at E19.5 (Data are mean \pm s.e.m.;
739 $P=0.20$, *lir*^{+/+}, n = 8; *lir*^{-/-}, n = 8). Significance was calculated using a two-tailed,
740 unpaired t-test.

741 **d**, α -cell area at E19.5 (Data are mean \pm s.e.m.; $P=0.7906$, *lir*^{+/+}, n = 5; *lir*^{-/-}, n = 5
742 mice). Significance were calculated using a two-tailed, unpaired t-test.

743 **e**, Confocal images of the expression of Inceptor (green) in endocrine (Ins/Gcg,
744 red/blue), exocrine (amylase, red) and ductal (Sox9, red) cells in the embryonic
745 pancreas at E14.5, E16.5 and E18.5. Scale bar, 50 μ m.

746 **f**, Confocal images of proliferative (EdU⁺, green) endocrine (ChgA⁺, magenta) cells in
747 *lir*^{+/+} and *lir*^{-/-} pancreata at E16.5 (n = 3 mice). White arrow indicates EdU and ChgA
748 co-positive cells. For quantification, see Fig. 1i. Scale bar, 50 μm.

749 **g**, Kaplan Meier curve displaying from *lir*^{+/+}, n = 6; *lir*^{-/-}, n = 12 P0 pups after
750 glucose administration. Log rank (Mantel-Cox) test with Welch's t test was performed
751 to compare survival curves (***) $P \leq 0.001$

752 **h**, Blood glucose levels during glucose tolerance test in P0 pups (*lir*^{+/+}, n = 6-12
753 each time point; *lir*^{-/-}, n = 4-12 each time point). Data are mean ± s.e.m; * $P \leq 0.05$.
754 Significance was calculated by two-way ANOVA followed by Bonferroni's multiple
755 comparisons test.

756 **i**, q-PCR of selected genes for microarray validation. Significance was calculated
757 from *lir*^{+/+} and *lir*^{-/-} groups (n = 4 pups) using multiple t- test. Data are mean ± s.e.m;
758 * $P \leq 0.05$, ** $P \leq 0.01$

759 **Extended Data Fig. 2 | *lir* gene structure and protein domains**

760 **a-d**, Schematic representation of 5330417C22Rik/*lir* gene (a), predicted alternative,
761 protein coding splice variants of 5330417C22Rik/*lir* gene (b), protein domains
762 predicted for the three transcripts of 5330417C22Rik/*lir* gene (c) and various motifs
763 found in the transmembrane domain and cytoplasmic tail of Inceptor (d). Images
764 were modified from ensemble.org

765

766 **Extended Data Fig. 3 | Domain structure similarities of Inceptor with Insr, Igf1r,** 767 **CD-M6PR and CI-M6PR/Igf2r**

768 **a-b**, Amino acid alignment of the first (a) and second (b) predicted cysteine-rich
769 domain (CRD) of Inceptor (aa 272-400 and 574-660, respectively) with the CRD of
770 Insr (aa 180 -336) and Igf1r (aa 169 - 328). Cysteine residues of Insr and Igf1r
771 conserved in Inceptor are indicated in red boxes and non-conserved residues in blue
772 boxes.

773 **c**, Amino acid alignment of the mannose-6-phosphate receptor (M6PR) binding
774 domain predicted for Inceptor (aa 654 - 857) with the CD-M6PR (aa 22- 278).

775 **d**, Amino acid alignment of the M6PR binding domain predicted for Inceptor (aa 654 -
776 857) with the 15 repeats of the CI-M6PR/Igf2r. Red box indicates 13 aa with highest
777 similarities (uniprot.org). aa 1897 - 1929 (repeat 13) are not shown.

778 Amino acids are coloured according to their side chain's chemical properties at pH
779 7.4: A, F, I, L, M, V, W - hydrophobic (cyan), N, Q, S, T – polar, uncharged (green);
780 R, K – basic (red); C, D, E – acidic (magenta); G (orange), H, Y (blue), P (yellow). "*"
781 indicates single, fully conserved residues. ":" and "." indicate conservation of strong
782 or weak groups according to the Gonnet Pam250 matrix (score > 0.5 or ≤ 0.5,
783 respectively).

784

785 **Extended Data Fig. 4 | Generation of *lir* KO Min6 cell line, production and**
786 **validation of Inceptor specific mono-/polyclonal antibody.**

787 **a**, Affinity purified human INCEPTOR ectodomain from human embryonic kidney
788 cells (HEK293F) showing size exclusion chromatography purified INCEPTOR protein
789 and its validation on SDS-PAGE.

790 **b**, Schematic representation of the CRISPR/Cas9 targeting strategy for the
791 generation of Min6 *lir*^{-/-} cells. Min6 cells were transfected followed by FACS sorting

792 of Venus positive cells and colonies were picked for genotyping. Two sgRNAs were
793 used to delete the start codon from exon 1.

794 **c**, Schematic representation of INCEPTOR domains and an indication of antibodies
795 generated against either extracellular domain or cytoplasmic domain.

796 **d**, Immunostaining in Min6 *lir*^{+/+} and *lir*^{-/-} cells using the mouse (31A11, 36D7), rat
797 (14F1, 16F6) and rabbit (1374, 1692) anti-Inceptor (green) antibodies. Scale bar, 10
798 μm .

799 **e**, Immunostaining in the pancreata of E19.5 embryo from *lir*^{+/+} and *lir*^{-/-} mice using
800 rat (19A6) and rabbit (1374) anti-Inceptor (green) antibodies. Scale bar, 50 μm

801 **f**, Immunostaining using rat (16F6) and rabbit (1374) anti-Inceptor (green) antibodies
802 in adult mouse pancreas (6 months old). Scale bar, 50 μm

803 **g** Validation of mouse/rat/rabbit anti-Inceptor antibodies in Min6 *lir*^{+/+} and *lir*^{-/-} cells
804 by Western blot analysis.

805

806 **Extended Data Fig. 5 | Generation of full body Inceptor KO and β -cell specific**
807 **conditional knock-out (CKO) mice.**

808 **a**, Schematic representation of the targeted *lir* allele for the generation of full-body
809 KO (*lir*^{-/-}) and CKO (MIP-CreERT+;*lir*^{flox/FD}) mice.

810 **b-c**, Genotyping of full body KO (*lir*^{+/+}, *lir*^{+/-}, *lir*^{-/-}) (b), control and CKO animals
811 (*lir*^{flox/+} and *lir*^{flox/FD}) (c) in combination with MIP-CreERT⁺ and MIP-CreERT⁻).

812 **d**, Mating scheme for the generation of CKO and control animals. To rule out the
813 effects of MIP-CreERT allele and tamoxifen, we used these two indicated F1
814 genotypes.

815 **e-f**, Body weight (e) and α -cell mass (f) in control (n=12 and 3, respectively) and CKO
816 (n=14 and 4, respectively) male mice, 4 weeks post tamoxifen injection. Data are
817 mean \pm s.e.m. No significant changes were observed.

818 **g**, Experimental paradigm showing *in vitro* tamoxifen-induced gene deletion in
819 isolated islets. Islets were isolated from 14-week old male CKO mice and induced
820 with tamoxifen (1 μ M) or vehicle (ethanol) for 24 h and followed by 72 h wash period.
821 EdU (10 μ M) was added to the culture media during the wash period to label
822 replicating cells. Islets were then fixed and immunostained for insulin and EdU co-
823 positive cells. For signalling assays, islets were induced with 100 nM insulin for 15
824 mins. Immunostaining (left panel) showing *in vitro* deletion efficiency of lir (green) in
825 β -cells of male CKO mice. EtOH injection served as control. Islet area is indicated in
826 white dashed outline. Scale bar, 50 μ m. Immunostaining (right panel) showing the
827 proliferation (EdU, green) in β -cells (insulin, magenta) of CKO mice islets. Islets from
828 14 weeks old male MIP-CreERT+; *lir*^{flox/FD} mice were induced with either tamoxifen
829 (1 μ M) or ethanol to rule out the effect of MIP-CreERT on proliferation. Scale bar, 50
830 μ m.

831 **h**, lir immunoreactivity in the hypothalamus at the level of the arcuate nucleus (A) and
832 paraventricular nucleus (B) in WT and CKO mice. ARH = Arcuate nucleus, VMH =
833 Ventromedial nucleus, DMH = Dorsomedial nucleus, PVH = Paraventricular nucleus,
834 3V = Third ventricle. Scale bar = 200 μ m.

835 **i**, Immunostaining for maturation markers UCN3 and MafA from control and CKO
836 mice pancreas. Scale bar = 50 μ m (UCN3), 20 μ m (MafA)

837 **Extended Data Fig. 6 | Inceptor routes in the secretory pathway and is quickly**
838 **internalized to the Golgi-ER-lysosomes**

839 **a**, Representative confocal images demonstrating co-localization of Inceptor (green)
840 with giantin, CM1, Eea1, GM130, ERGIC53, or Lamp1 (magenta) and quantified by
841 Pearson correlation coefficient ($n = 3$; giantin, 300; Cm1, 296; Eea1, 202; GM130,
842 350; ERGIC53, 257; Lamp1, 273 cells in total). Scale bar, 10 μm .

843 **b-e**, Experimental design (b) for the endocytosis assay of Inceptor. Representative
844 confocal images (c) and quantification by Pearson correlation coefficient (d) of the
845 internalization of Inceptor (green) from the plasma membrane within COP-vesicles
846 (CM1, magenta) or to lysosomes (Lamp2, magenta) at different time points. Within
847 10-30 min, Inceptor was also found to a higher extent in lysosomes and COP
848 vesicles. (CM1, $n = 4$, 1225; Lamp2, $n = 3$, 766 cells in total). No antibody and pre-
849 immune serum (e) served as control. Scale bar, 10 μm .

850 **f**, Representative confocal images of the co-localization of INCEPTOR-Venus (green)
851 with endogenous Inceptor, Gm130, giantin, EEA1 or clathrin (magenta) quantified as
852 Pearson's correlation coefficient ($n = 3$; Gm130 -111 cells/ n , 383 cells in total; giantin
853 -100 cells/ n , 329 cells in total; EEA1 -107 cells/ n , 332 cells in total; clathrin, -80
854 cells/ n , 495 cells in total). Scale bar, 10 μm .

855 **g**, Representative confocal images of the co-localization of INCEPTOR-AP2*-Venus
856 (green) with Gm130 or clathrin (magenta) quantified as Pearson's correlation
857 coefficient ($n = 3$; Gm130 -63 cells/ n , 220 cells in total; clathrin, -136 cells/ n , 432 cells
858 in total). Scale bar, 10 μm .

859

860 **Extended Data Fig. 7 | Interaction of Inceptor with Insr/Igf1r and reduced**
861 **uptake of labelled insulin in *lir* knock out Min6 cells and mouse islets.**

862 **a-b**, Interaction of endogenous Inceptor with Insr in WT mouse islets (5 months old
863 mice) when co-immunoprecipitated using an anti-Insr antibody under different
864 metabolic conditions. Beads only and IgG served as IP-controls. Box and whisker
865 plots (min to max) showing relative density (fold change) of proteins (n=3; biologically
866 independent samples data are mean \pm s.e.m. * $P \leq 0.05$, ** $P \leq 0.01$, *** $P \leq 0.001$).

867 Significance was calculated using one-way ANOVA followed by Bonferroni's multiple
868 comparisons test.

869 **c**, Proximity ligation assay for endogenous Inceptor alone as well as together with
870 Insr, Igf1r and p-Igf1r in Min6 *lir*^{-/-} cells. Scale bar, 50 μ m

871 **d**, Immunostaining showing the uptake of insulin-546 by Insr/Igf1r at different time
872 points in Min6 *lir*^{+/+} and *lir*^{-/-} cells. For quantification see Fig. 4 e. Scale bar, 10 μ m.

873 **e-f**, Immunostaining showing the uptake of insulin-546 by Insr/Igf1r at different time
874 points in control and CKO mouse dispersed islets treated with tamoxifen (1 μ M for 24
875 h). Live cell imaging was performed at different time points. Scale bar, 100 μ m. (~200
876 cells were quantified; data are mean \pm s.e.m. * $P \leq 0.05$, ** $P \leq 0.01$, *** $P \leq 0.001$).

877 Significance was calculated using two-way ANOVA followed by Bonferroni's multiple
878 comparisons test.

879 **g**, Western blot images of the input for the surface biotinylation assay as shown in
880 Fig. 4 h-i.

881

882 **Extended Data Fig. 8 | Inceptor directly interacts with pAP2M1 and regulates**
883 **AP2-mediated endocytosis of InsR/IGF1R.**

884 **a-b**, Immunostaining showing the effect of CME inhibitor (Dynasore) on Inceptor
885 endocytosis. INCEPTOR-Venus expressing cells were treated with 80 μ M Dynasore
886 in serum-free DMEM for 2 h before labeling with CellMask Deep Red and fixation.
887 Analysis was performed by quantifying the ratio of INCEPTOR-Venus (green) in the
888 membrane (red) v/s intracellular region. $n=3$; biologically independent experiment;
889 data are mean \pm s.e.m. * $P\leq 0.05$, ** $P\leq 0.01$, *** $P\leq 0.001$). Significance was
890 calculated using unpaired t-test. Scale bar, 10 μ m

891 **c-e**, Interaction of endogenous Inceptor and INCEPTOR-Venus with p-AP2M1 in
892 Min6 cells when co-immunoprecipitated using an anti-INCEPTOR ectodomain
893 antibody under different metabolic conditions. Mutation in AP2-binding motif in
894 INCEPTOR-AP2* Venus fails to interact with p-AP2M1 subunit. Beads only and IgGs
895 served as IP-controls. ($n=3$; biologically independent experiment; data are mean \pm
896 s.e.m. * $P\leq 0.05$, ** $P\leq 0.01$, *** $P\leq 0.001$). Significance was calculated using two-way
897 ANOVA followed by Bonferroni's multiple comparisons test.

898 **f-i**, Western blot analysis and quantification from Min6 cells expressing endogenous
899 Inceptor, INCEPTOR-Venus WT and INCEPTOR-AP2*-Venus overexpression under
900 different metabolic conditions. ($n=3$; biologically independent experiment; data are
901 mean \pm s.e.m. * $P\leq 0.05$, ** $P\leq 0.01$, *** $P\leq 0.001$). Significance was calculated using
902 two-way ANOVA followed by Bonferroni's multiple comparisons test.

903

904 **Extended Data Fig. 9 | Effect of INCEPTOR monoclonal antibody on human**
905 **EndoC- β H1 cell line.**

906 **a-b**, Western blot analysis and quantification from EndoC-βH1 cells under growth
907 conditions treated with rat anti-INCEPTOR mAb and IgG2b (control) for 15 min at
908 three different concentrations. ($n = 3$; biologically independent experiment; data are
909 mean \pm s.e.m. * $P \leq 0.05$, ** $P \leq 0.01$, *** $P \leq 0.001$). Significance was calculated using a
910 two-way ANOVA followed by Bonferroni's multiple comparisons test.

911 **c-d**, Surface biotinylation assay showing surface pools of INCEPTOR, p-Insr/Igf1r,
912 Insr and Igf1r in EndoC-βH1 cells treated with rat anti-INCEPTOR mAb (1 μg/mL) at
913 different time points compared to IgG2b control. Quantification of the surface pools at
914 different time points. ($n = 3$; biologically independent experiment; data are mean \pm
915 s.e.m. * $P \leq 0.05$, ** $P \leq 0.01$, *** $P \leq 0.001$). Significance was calculated using a two-
916 way ANOVA followed by Bonferroni's multiple comparisons test.

917

918 **Acknowledgements:** We are grateful to Mostafa Bakhti, Elke Schlüssel, Anika
919 Böttcher and Mara Catani for comments and discussions. We thankfully acknowledge
920 Robert Fimmen, Jürgen Schultheiß, Julia Beckenbauer and Lisa Appel for their great
921 technical support. We are thankful for the Min6 K8 and K20 clones from Jun-ichi
922 Miyazaki from Osaka University and the EndoC-βH1 cells from Raphael Scharfman.
923 This work was supported by funds from the Helmholtz future topic "Aging and
924 Metabolic programming" (AMPro) the Helmholtz Society, Helmholtz Portfolio Theme
925 'Metabolic Dysfunction and Common Disease, German Research Foundation and
926 German Center for Diabetes Research (DZD e.V.). F.F.F. was kindly supported by a
927 PhD fellowship from the Hans-Seidl Stiftung e.V.

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973 **Contributions:** A., C.J., F.F.F., K.W., S.H., F.G.H., A.R., S.S., S.B., J.S., J.W., L.O.,
974 A.M, A.B.P., G.C., A.F. and M.G. performed experiments and analysed the data. M.S.,
975 M.I. and J.B. performed and analysed microarray experiments. C.A and O.P.
976 generated monovalent labelled insulin. Ü.C. provided all polyclonal antibodies against
977 the complete INCEPTOR ectodomain. R.F. generated all monoclonal anti-INCEPTOR
978 peptide antibodies. R.F. and Ü.C. generated monoclonal antibodies against the
979 complete INCEPTOR ectodomain and M.G. performed biochemical validation
980 experiments thereof. T.D.M., M.M., Ü.C., M.H.T. and H.L. supervised the study and A.,
981 C.J., S.H. and H.L. prepared the manuscript. H.L. conceived and designed the study,
982 supervised the work and secured funding.

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985 **Ethics declaration:**

986 **Competing interests:**

987 Helmholtz Zentrum München owns a patent (WO2017042242), 'Novel IGFR-LIKE
988 RECEPTOR AND USES THEREOF', covering the targeting of INCEPTOR for diabetes
989 therapy.

990

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Fig. 1 | Inceptor is highly expressed in the pancreas, regulates endocrine cell proliferation and Ins/Igf1 signalling

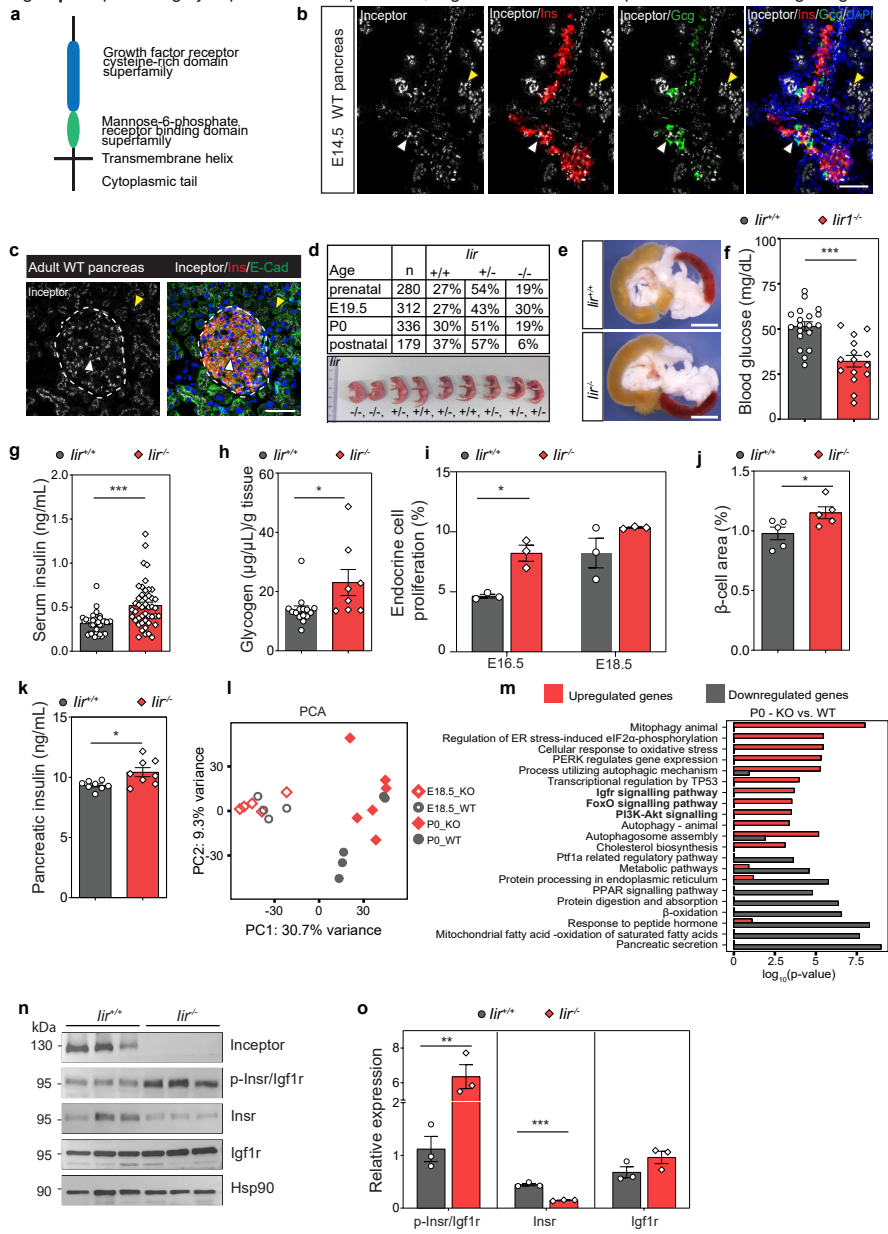


Fig. 2 | Tamoxifen-inducible β -cell specific knock-out of *lir* causes increased *Insr*/*Igf1r* signalling and β -cell proliferation leading to improved glucose tolerance

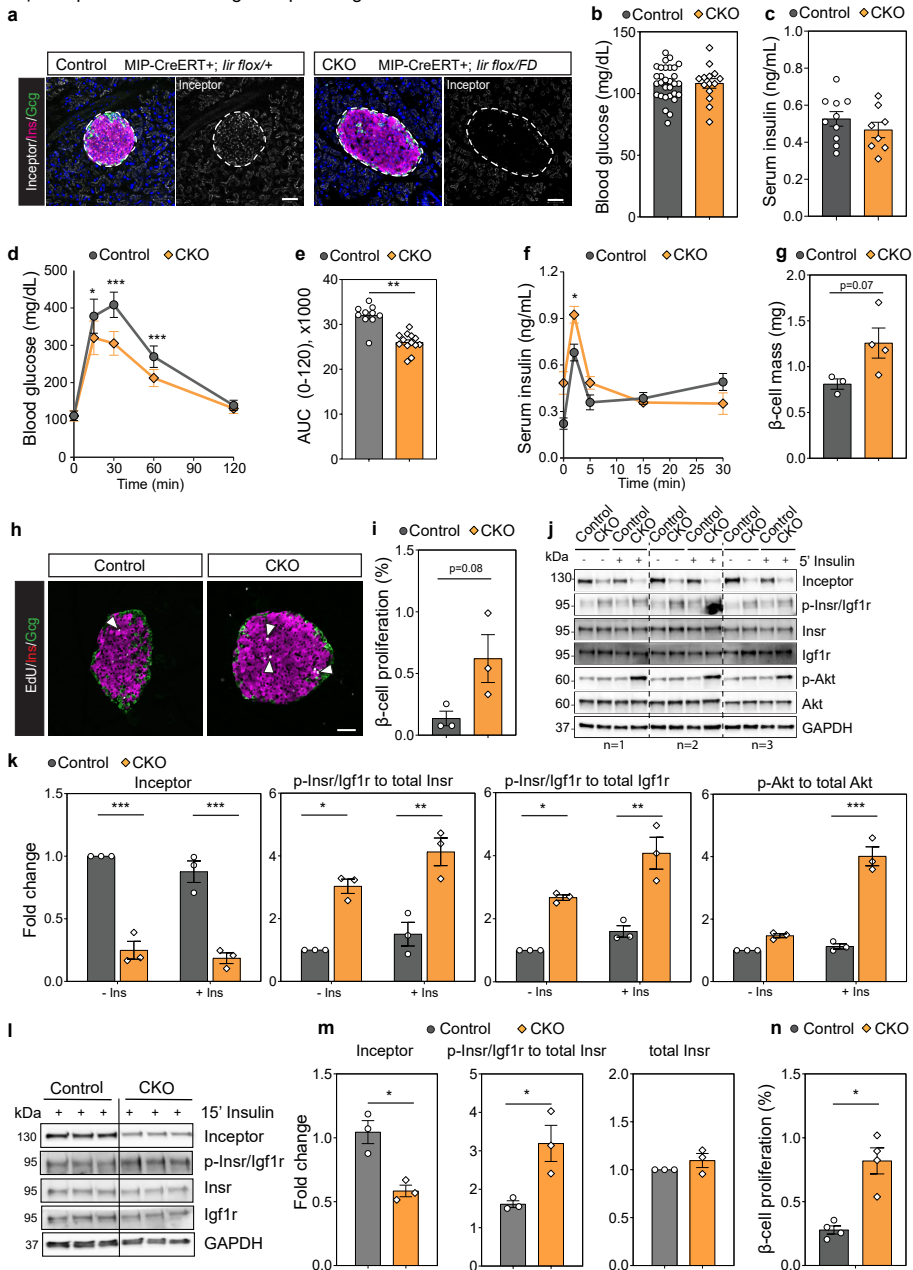


Fig. 3 | Inceptor is mainly localized in the Golgi-ER-lysosomal compartment and internalized via clathrin-mediated endocytosis

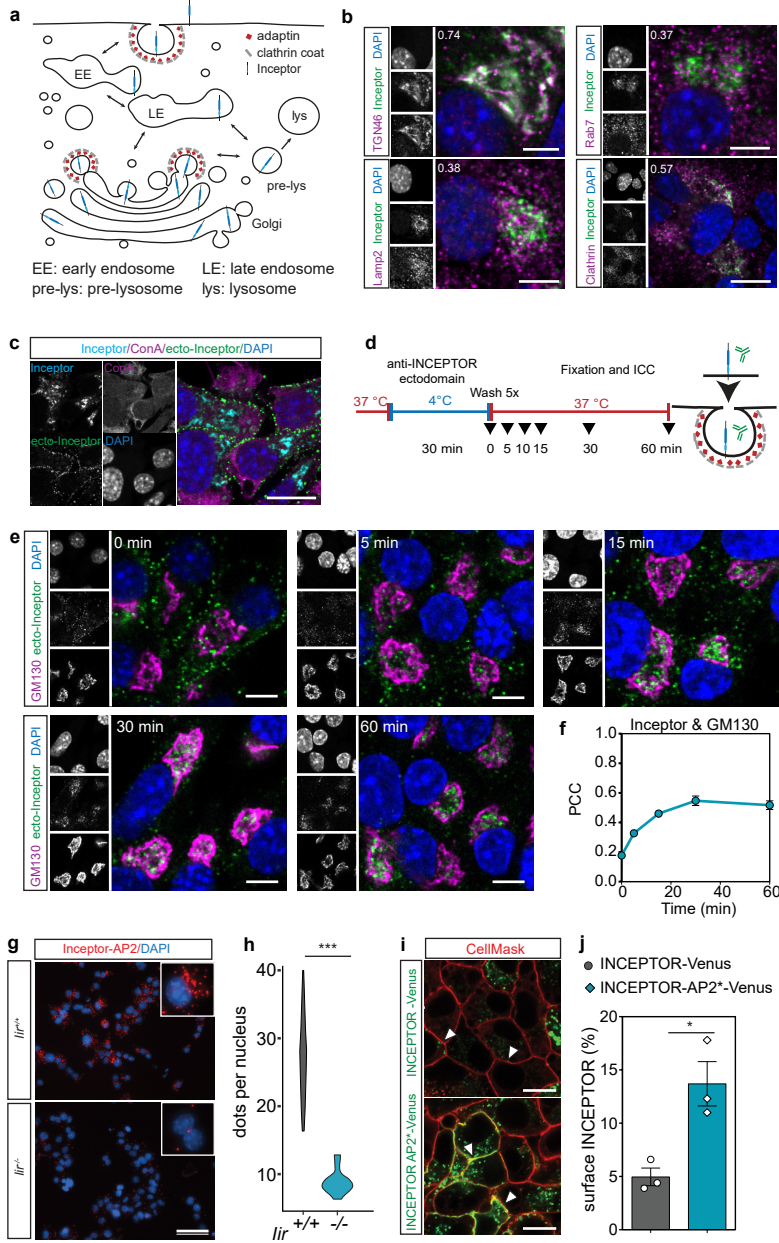
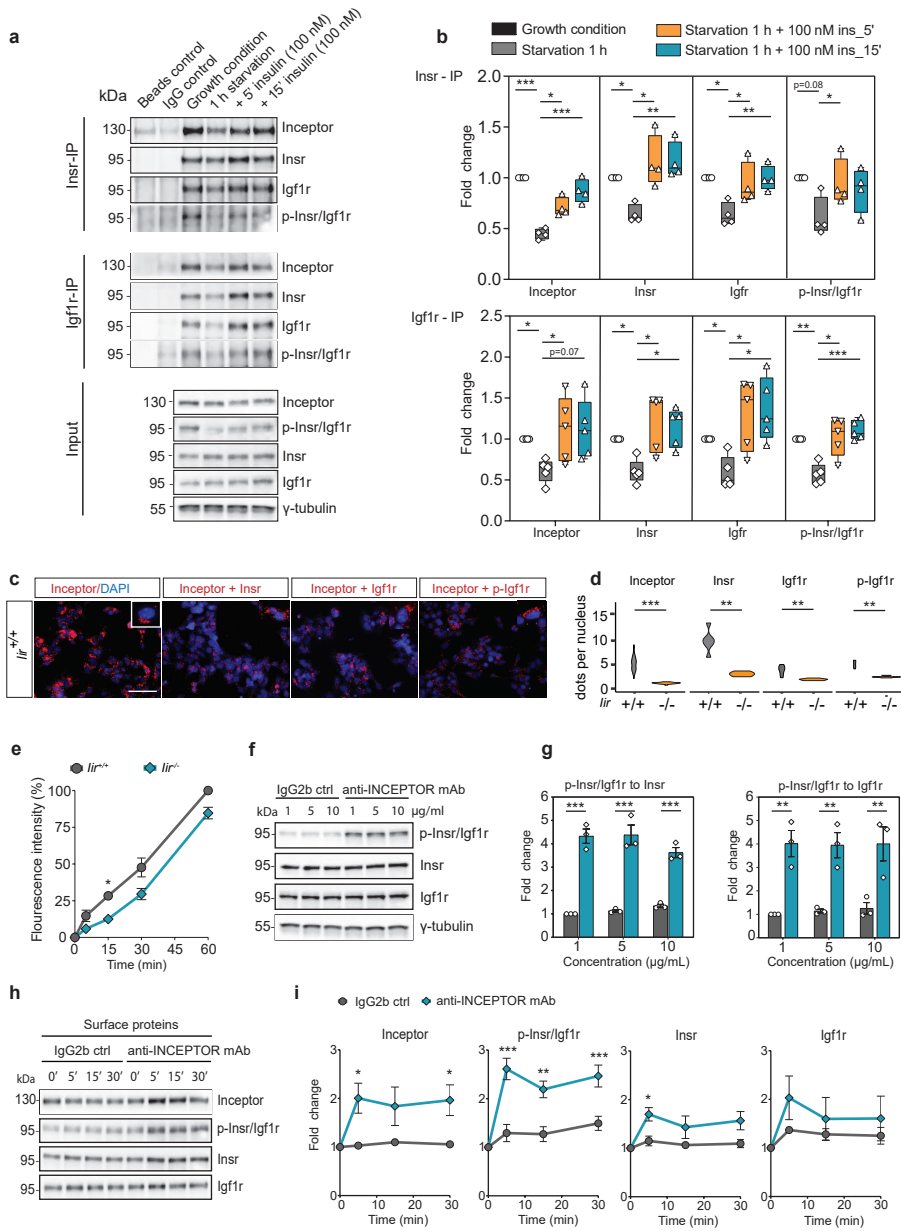
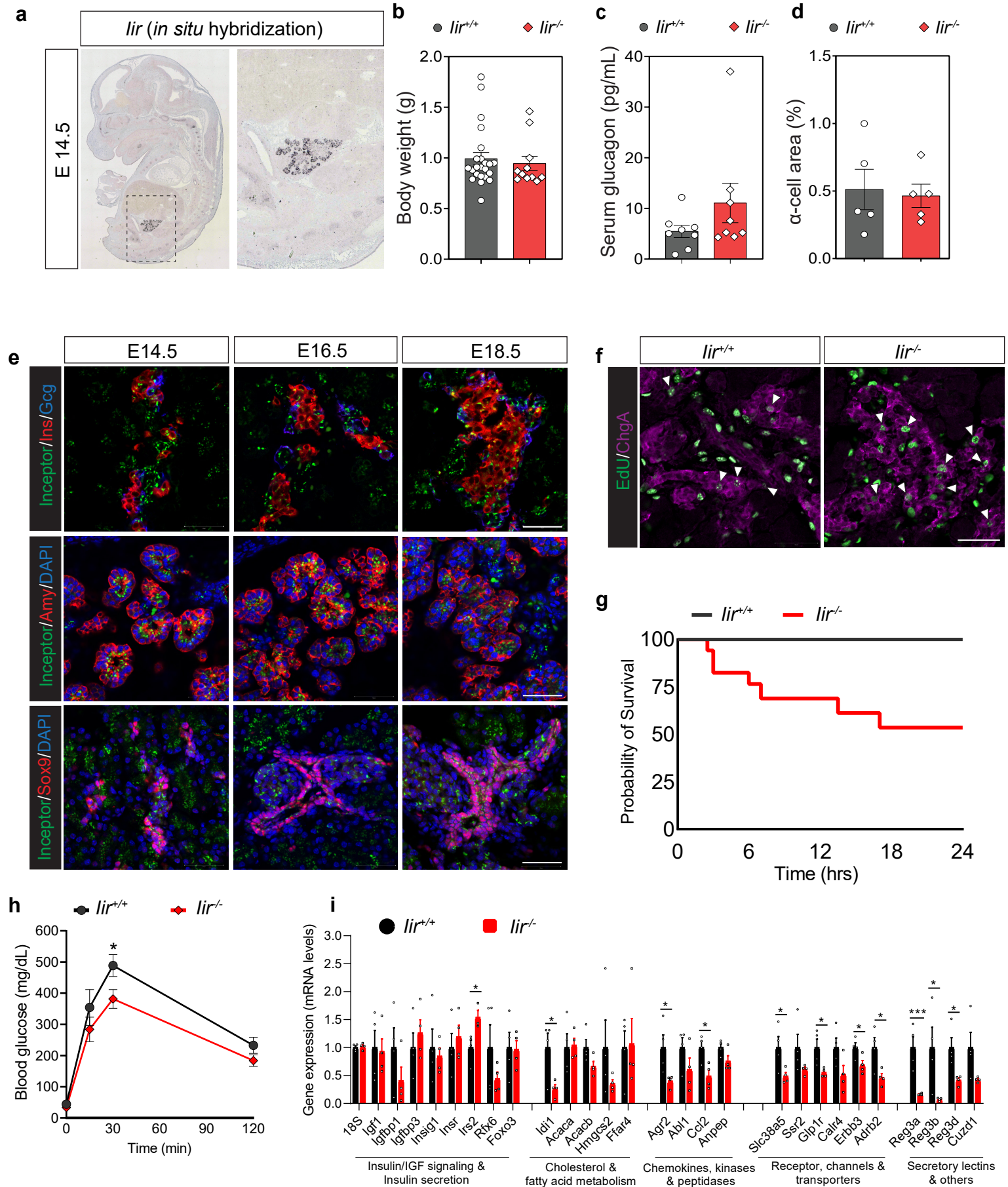


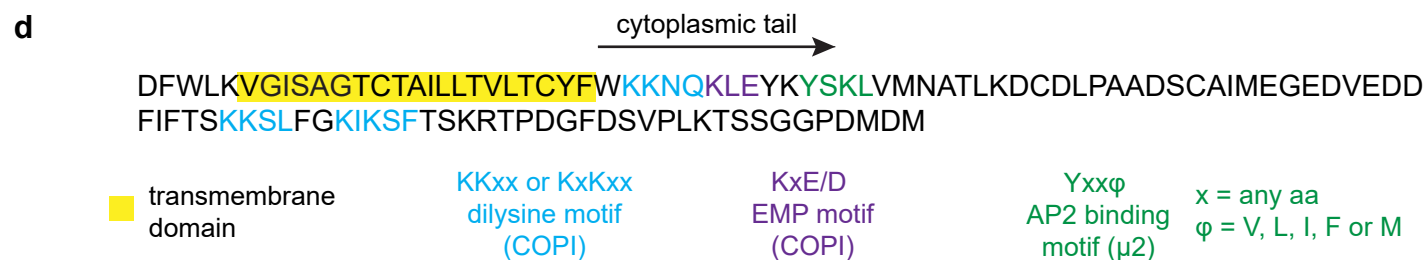
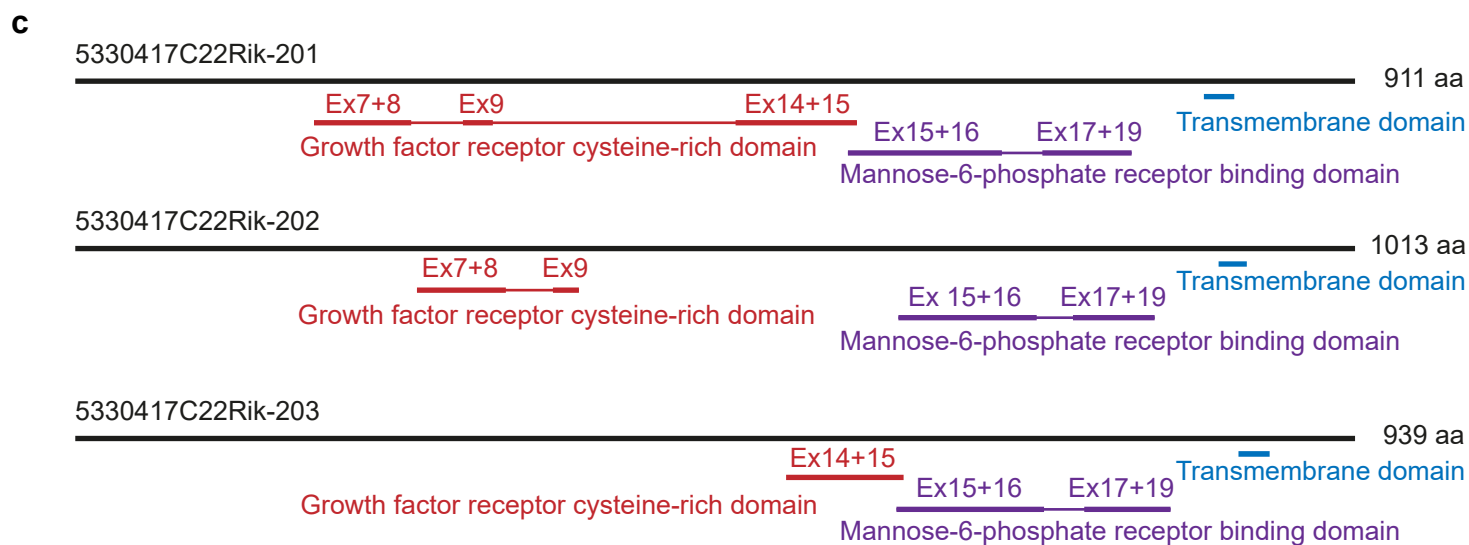
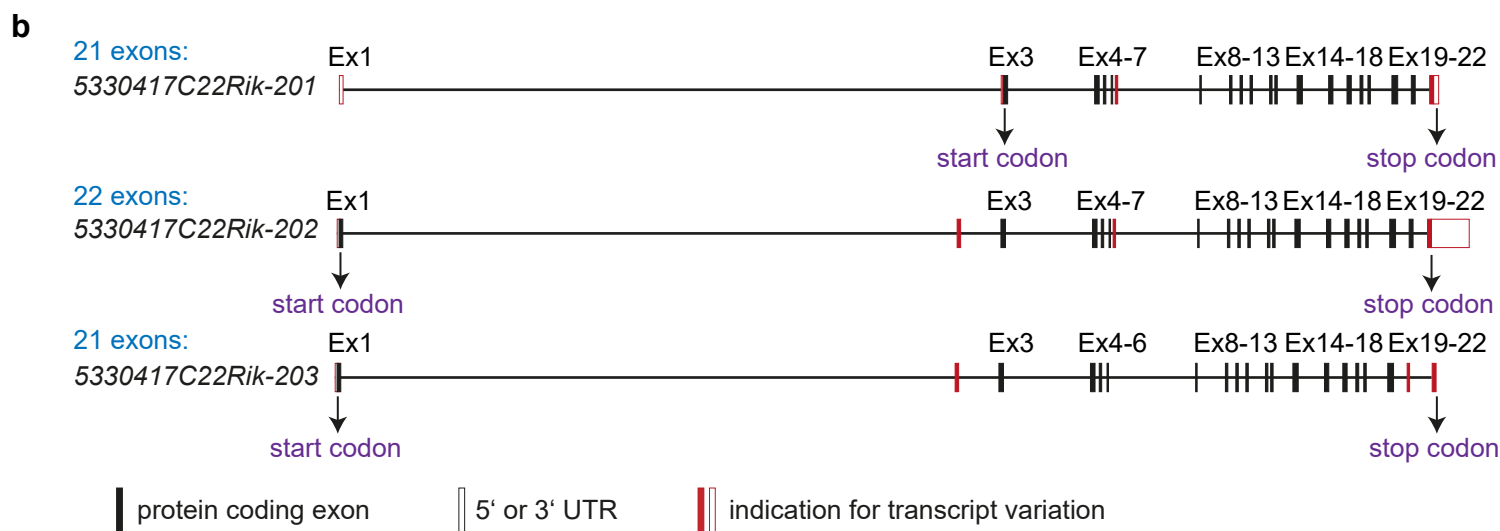
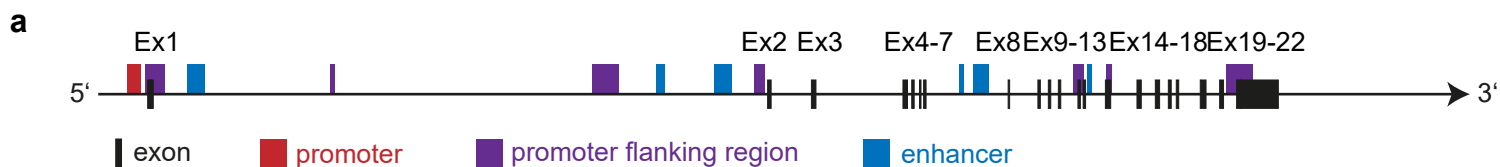
Fig.4 | Inceptor physically interacts with Insr and Igf1r to enhance receptor internalization and desensitization



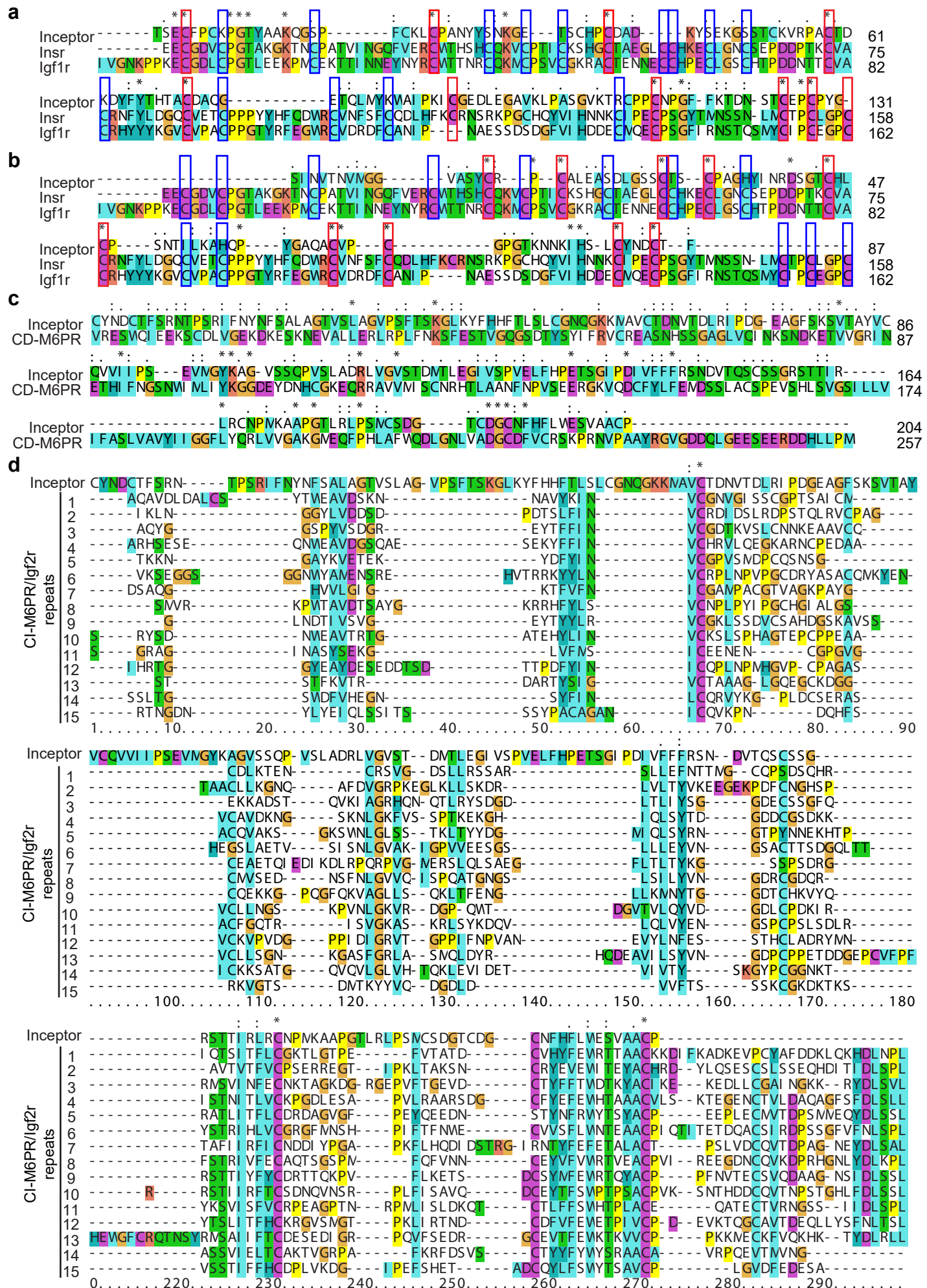
Extended Data Fig. 1 | Inceptor is expressed in all pancreatic lineages and *lir* KO embryos showed an increase in endocrine proliferation



Extended Data Fig. 2 | Domain structure similarities of Iir with Insr, Igf1r, CD-M6PR and CI-M6PR/Igf2r

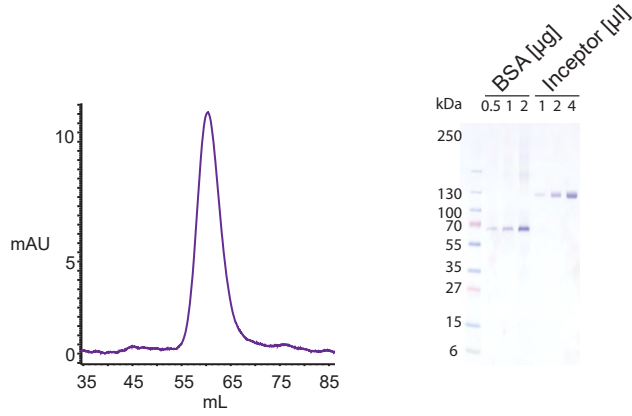


Extended Data Fig. 3 | Domain structure similarities of Inceptor with Insr, Igf1r, CD-M6PR and CI-M6PR/Igf2r



Extended Data Fig. 4 | Generation of *lir* knock out in Min6 cell line, production and validation of INCEPTOR specific mono/polyclonal antibodies

a



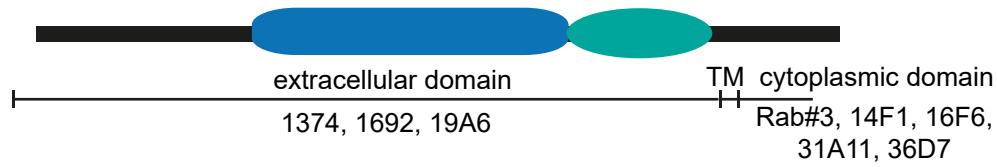
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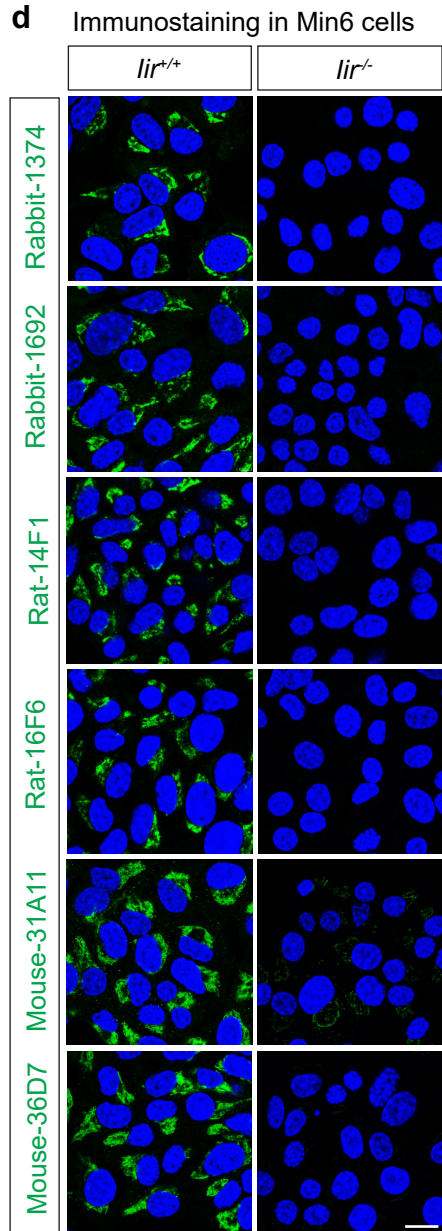
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 CAGAGACGGAGGAAAACTGAAAGGCGCACACCCCGGCTTCTGTGGCTGTTGCTTTGGGCTGG
 GACCACCTCCAGGTGACCTGGGAACCGGACCCGAGCTTCACGCCTGCAAAGAG-3'

■ start codon
■ sgRNA1
■ sgRNA2

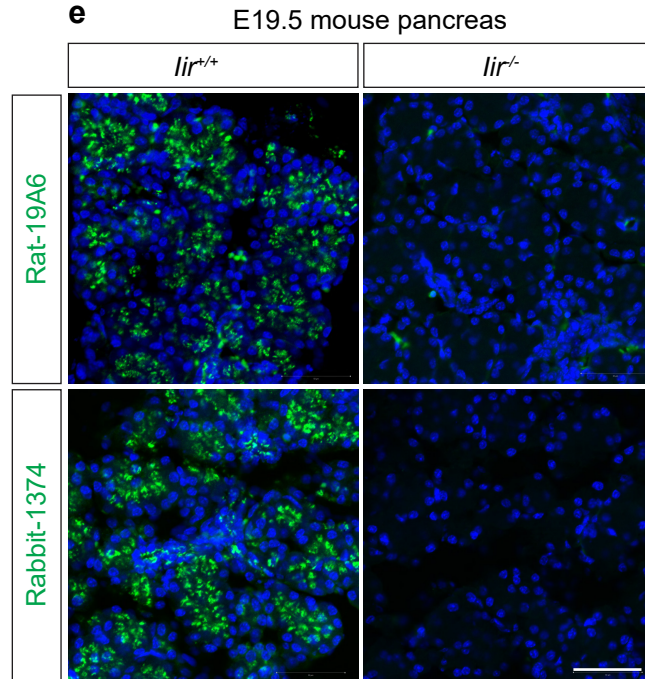
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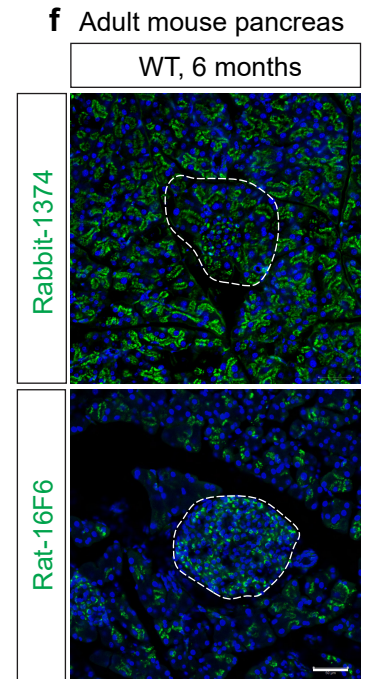
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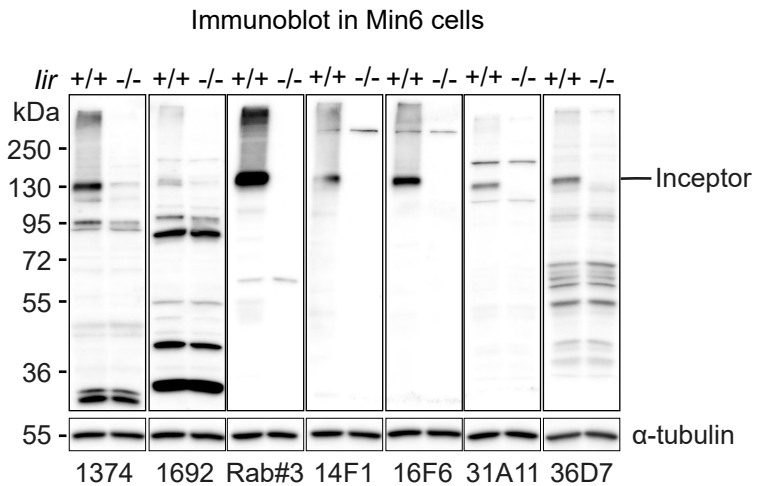
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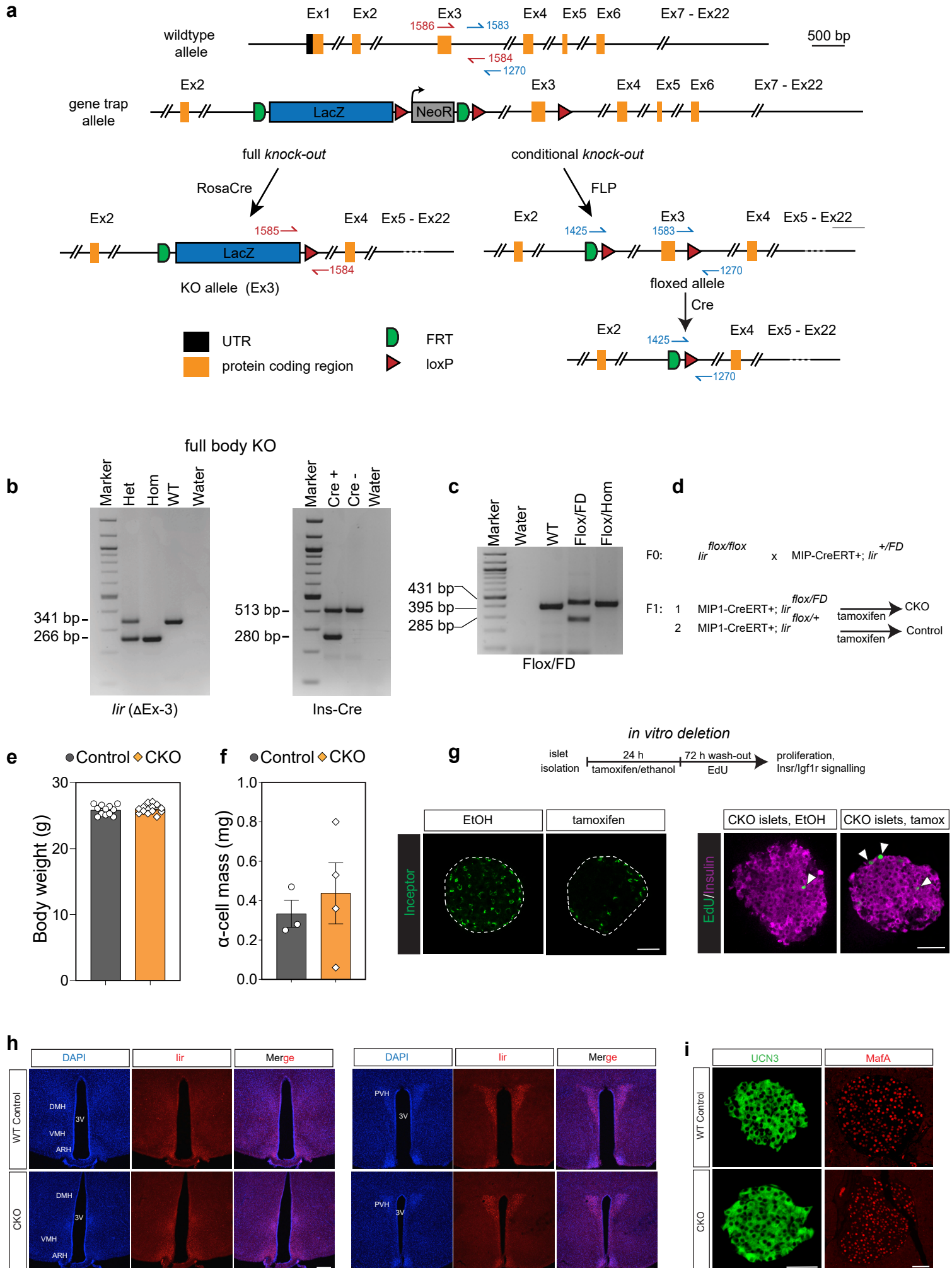
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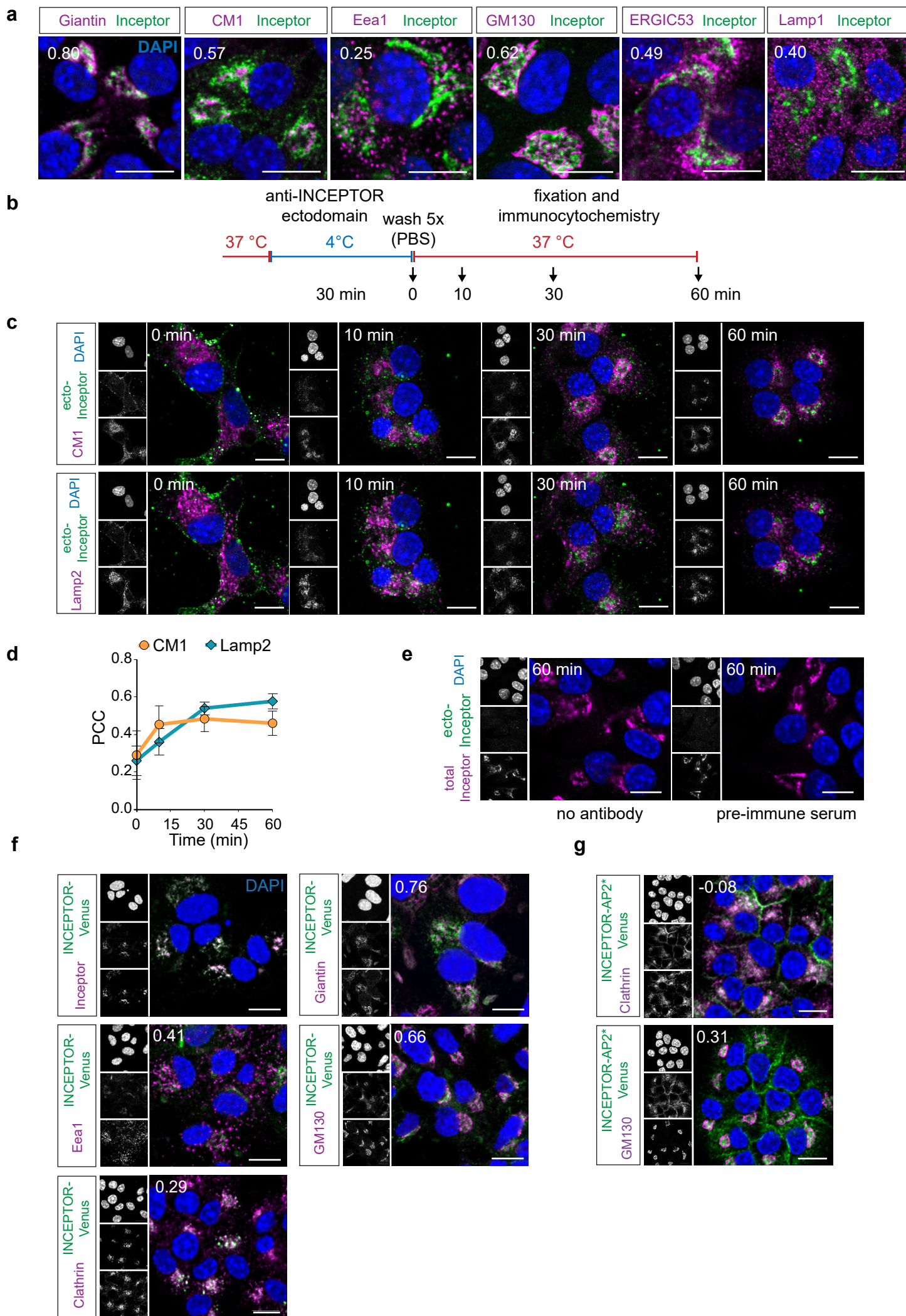
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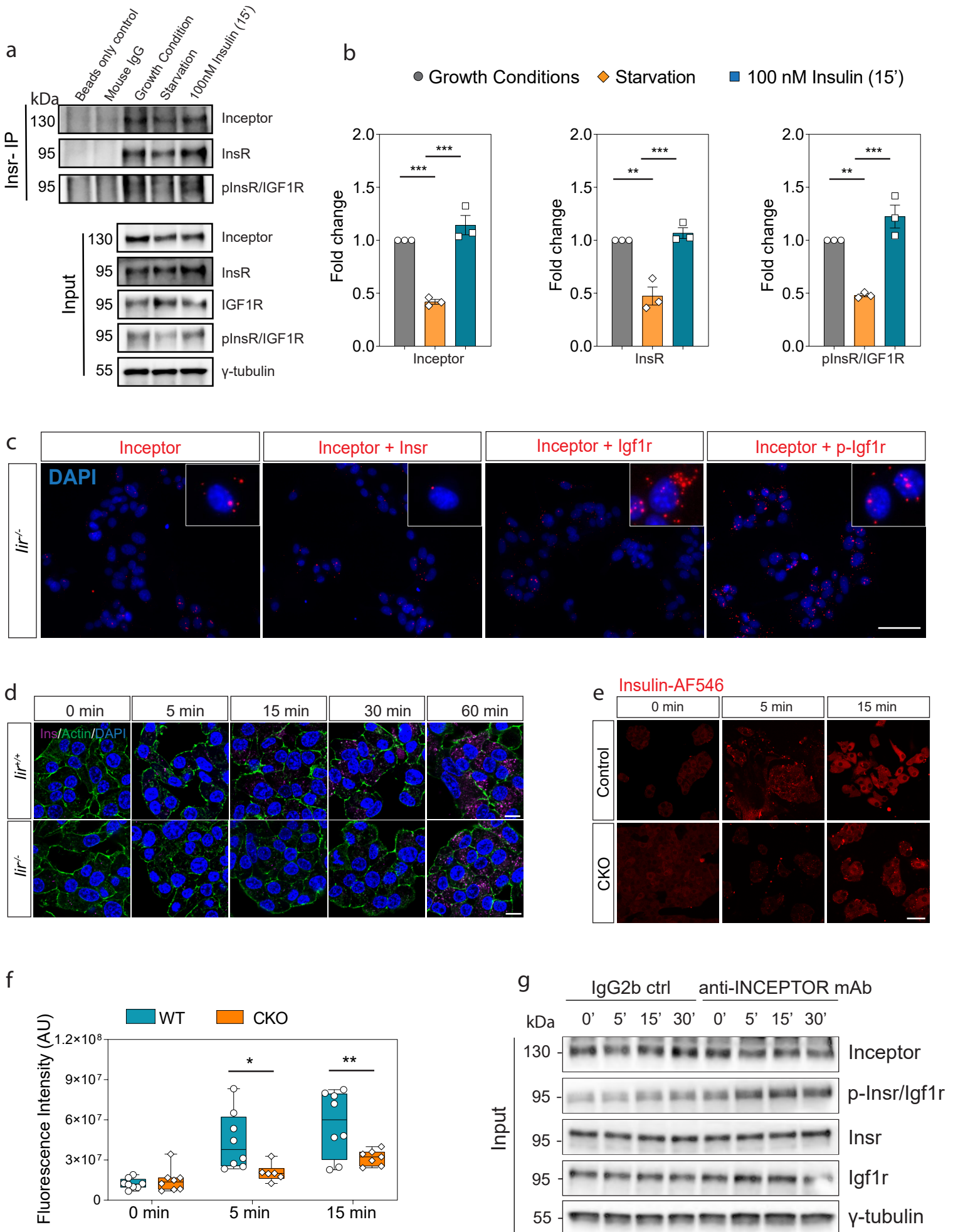
Extended Data Fig. 5 | Generation of full body *lir*^{-/-} and β -cell specific conditional knock out mice



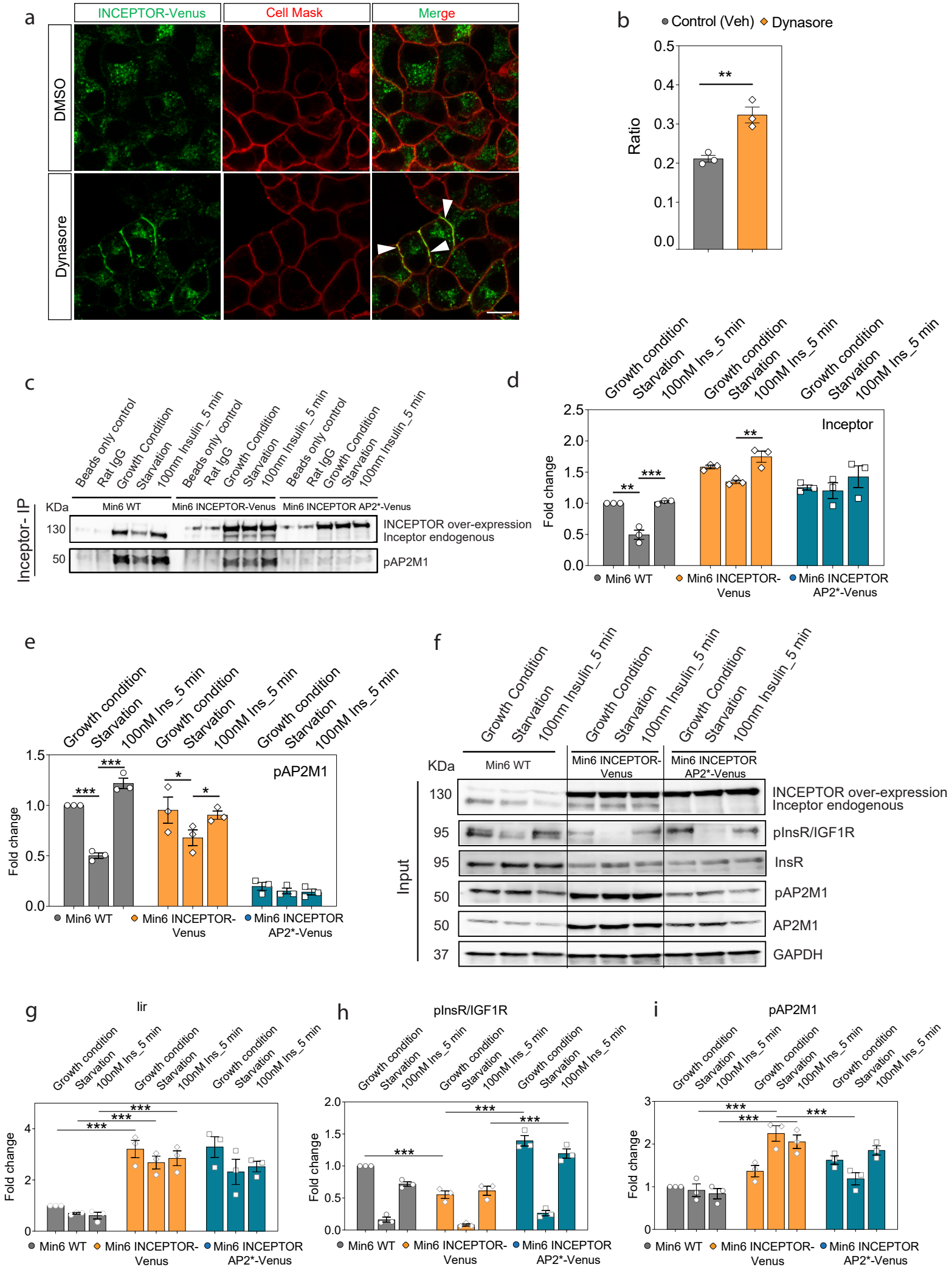
Extended Data Fig.6 | Inceptor routes in the secretory pathway and is quickly internalized to the Golgi-ER-lysosome compartment



Extended Data Fig. 7 | Interaction of Inceptor with Insr /Igf1r and reduced uptake of labelled insulin in *Iir*-Min6 knock out cells



Extended Data Fig. 8 | Inceptor directly interacts with pAP2M1 and regulates AP2 mediated endocytosis of Insr/Igf1r



Extended Data Fig. 9 | Effect of INCEPTOR monoclonal antibody on human EndoC-βh1 cell line

