The pleural effusion microbiome in lung transplant and non-transplant

patients

Key Findings:

- Early- and late-stage pleural effusions in lung transplant recipients differ in cellular and microbiome composition.
- 32 Previous thoracocentesis influences the pleural microbiome.
- 33 The pleural effusion microbiome correlates to the pulmonary microbiome in lung
- transplant recipients, suggesting a pulmonary origin of the pleural microbiome.

ABSTRACT

 BACKGROUND: Pleural effusions are common complications of various disorders, ranging from congestive heart failure to pneumonia to a wide range of malignancies. While these have been extensively described, pleural effusions of unknown etiology occur in a substantial number of lung transplant recipients and are associated with shorter survival. Increasing evidence implicates the pulmonary microbiome in several diseases while recent studies focused on the pleural microbiome in infectious and malignant effusions. The pleural microbiome in lung transplant recipients, however, has not yet been investigated and the effects of long-term immunosuppressive and antibiotic treatment on the pleural microbiome are unclear to date.

 METHODS: We performed a retrospective analysis of 52 pleural effusions of 47 patients with and without lung transplant. Additionally, 14 associated bronchoalveolar lavage samples of lung transplant recipients acquired within 4 weeks around the thoracocentesis procedure were included in the study. Microbiome of pleural effusion and bronchoalveolar lavage samples were analyzed by 16S rRNA sequencing. Results were correlated with clinical and microbiological data.

 RESULTS: Early-stage pleural effusions occurring up to two months after lung transplantation differed substantially from late-stage pleural effusions regarding their cellular content and microbiome composition. Comparing late-stage pleural effusions to non-transplant patients we found a trend towards a higher α and β diversity in lung transplant pleural effusions. Long-term macrolide therapy in a subgroup of lung transplant recipients did not affect the pleural effusion microbiome. Significant differences in the pleural microbiome were found in patients with previous thoracocentesis procedures compared to pleural effusion at first thoracocentesis. With

 corresponding bronchoalveolar lavage samples of lung transplant recipients with pleural effusions available, we describe for the first time a direct correlation between the pulmonary microbiome and the pleural microbiome, which was further associated with an increasing exudative composition of the effusion.

 CONCLUSION: Lung transplantation and time after lung transplantation seem to affect the microbiome of pleural effusions. Furthermore, thoracocentesis procedures influence the pleural microbiome. The composition of the pleural microbiome correlates with the pulmonary microbiome, suggesting a communication of both compartments.

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 Key words (9)**:** lung transplantation; lung allograft; pleura; pleural effusion; pleural microbiome; pulmonary microbiome; bronchoalveolar lavage; thoracocentesis; 16S rRNA sequencing;

INTRODUCTION

 Pleural effusions are fluid accumulations in the pleural cavity that can lead to dyspnea and cough. Either of transudative or exudative origin [1], etiologies range from heart, renal and liver failure to (para-)infectious and (para-)malignant pulmonary causes [2]. Pleural effusions represent a common complication of these disorders and are associated with worse prognosis [3] in virtually every of these diseases. Due to the low yield of current microbiological and cytopathological routine diagnostics, some pleural effusions remain without clear etiology, representing a major challenge in patient treatment and management [4–6]. Pleural effusions of unclear etiology also pose a frequent problem in the care of lung transplant (LTX) recipients and are associated with worse survival [7, 8].

 Pleural effusion biology and in particular host-microbe interactions in the pleural space are poorly understood - in immunocompetent as well as in immunocompromised patients. While historically the pleural compartment was considered a sterile space due to the unavailability of culture-independent techniques, a few studies recently investigated the pleural microbiome in empyema and malignant pleural effusions [9– 11]. Despite several factors possibly having a profound impact on the (pleural) microbiome e. g. severe immunosuppression, broad antibiotic prophylactic therapy and open chest surgery and despite being frequently affected by pleural effusions, the pleural microbiome in LTX recipients has never been studied so far.

 In this study we aimed to investigate differences in the pleural microbiome in patients with and without lung transplantation, differences in patients with and without repeated thoracentesis procedures and the correlation between the pleural and pulmonary microbiome in patients with available corresponding bronchoalveolar lavage samples.

MATERIALS AND METHODS

Ethics

 This retrospective study was approved by the local ethics committee of the Ludwig- Maximilians-University (LMU) Munich. Written informed consent to participate in this study was obtained from all patients, in accordance with approval by the local ethics committee of LMU, Munich, Germany (Project 333-10, 454-12).

Sample selection and patient cohort

 This retrospective study included 52 pleural effusion samples from 47 LTX recipients and patients with other underlying disorders obtained between March 2021 and March 2022 from the CPC-M bioArchive at the Comprehensive Pneumology Center (CPC Munich, Germany). Pleural effusions of LTX recipients were classified as early-stage if diagnosed until 60 days after transplant. Pleural effusions of LTX recipients occurring later than 60 days after transplant were classified as late-stage. 7 early-stage pleural effusion samples of LTX recipients,19 late-stage pleural effusion of LTX recipients and 21 pleural effusions of non-transplant patients were available. 5 LTX recipients had a second pleural effusion available in the biobank. Here, the first pleural effusion was included into the according early- or late-stage analysis, while the second effusion was only included in the previous thoracocentesis analysis. Clinical data were collected from patient charts and included basic characteristics such as age and gender, as well as diagnoses and medication. Laboratory data included serum and pleural laboratory chemistry (including total protein, albumin, LDH, cholesterol and triglycerides), pleural differential cell count as well as pleural pH, glucose, hemoglobin, and lactate levels. Microbiological data included bacterial cultures as well as acid fast bacteria (AFB) staining, tuberculosis polymerase chain reaction (TB PCR) and tuberculosis cultures.

 Classification into trans- and exudates was performed according to Light's criteria [1]. For borderline exudates we further used the protein gradient as described by Romero et al. [12].

Thoracocentesis

 Thoracenteses were performed in the pulmonary and thoracic surgery department of the university hospital of LMU Munich according to internal standards. Briefly, a puncture side was identified using a portable ultrasound. The puncture site was disinfected using 80% isopropyl alcohol at least thrice. Following sterile preparation, a sterile drape covered the patient's torso but the puncture side. Following another disinfectant application, local anesthesia of the puncture side and the chest wall was achieved using 1% lidocaine solution. A soft thoracocentesis pleural catheter was inserted and pleural fluid was removed by manual aspiration.

Bronchoscopy

 Bronchoscopies were performed in LTX recipients in the pulmonary department of the university hospital Munich according to internal standards. After oral bronchoscope insertion, bronchoalveolar lavage was obtained with a fiberoptic bronchoscope in wedge position within the selected bronchopulmonary segment of the transplanted lung. The total instilled volume of normal saline (0.9 % of sodium chloride) was at least 100 mL, with at least 20% recovery.

Nucleic acid extraction

 1.5 mL of pleural effusion and 5 mL of BAL was centrifuged for 10 min at 10000 x g. DNA was extracted from the obtained pellet using Nucleospin Soil kit (Macherey-

 Nagel) following manufacturer's instructions. Additionally, two blank extractions were performed.

Quantitative real-time PCR

 Quantitative real-time PCR of the 16S rRNA gene as proxy for bacterial load was performed for samples, two blank extraction and 10 PCR no template controls on the ABI 7300 Cycler (Applied Biosystems, Germany) using the following reaction mixture: 148 12.5 µl 2x Power SYBR Green master mix (Thermofisher Scientific, Germany), 5 pmol primers (FP 16S / RP 16S), 0.5 µl 3% BSA and 2 µl DNA template in a total volume of 25 µl [13]. PCR conditions were 10 min at 95 ˚C; 40 cycles of 45 s at 95 ˚C, 45 s at 58 ˚C, 45 s at 72 ˚C; 10 min 72 ˚C; 1 cycle of 15 s at 95 ˚C, 30 s at 60 ˚C, 15 s at 95 ˚C. All PCR products were checked on agarose gel. Amplification efficiency (calculated by Eff=[10^(−1/slope) − 1]) was 90% with R2 of 0.993. The quantified gene copy numbers were normalized to 1 mL of pleural effusion and BAL sample, respectively.

16S rRNA gene sequencing

 Amplicon sequencing of the V3–V4 hypervariable region of the 16S rRNA gene was performed on a MiSeq Illumina instrument (MiSeq Reagent Kit v3 (600 Cycle); Illumina, San Diego, CA, USA) using the universal eubacterial primers 347F and 803R, extended with sequencing adapters to match Illumina indexing primers [14]. To identify potential contamination during DNA extraction and amplification, two blank extraction 161 and 10 PCR no template controls were performed. PCR was done using NEBNext high fidelity polymerase (New England Biolabs, Ipswich, USA) in a total volume of 25 µl (10 ng DNA template, 12.5 µl polymerase, 5 pmol of each primer). PCR conditions were 5 min at 98 ˚C; 32 cycles of 10 s at 98 ˚C, 30 s at 56 ˚C, 30 s at 72 ˚C; 10 min 72 ˚C. PCR products were purified using AMPure XP beads (Beckman Coulter Life Sciences,

 Indianapolis, USA) and quantified via PicoGreen assay. Subsequently, indexing PCR was performed using the Nextera XT Index Kit v2 (Illumina, Inc. San Diego, CA, US) in a total volume of 25 µl (10 ng DNA template, 12.5 µl NEBNext high fidelity polymerase, 2.5 µl of each indexing primer) and the following PCR conditions: 30s at 98 ˚C; 8 cycles of 10 s at 98 ˚C, 30s at 55 ˚C, 30s at 72 ˚C; 5min 72 ˚C. Indexing PCR products were purified using AMPure XP beads, qualified and quantified via a Fragment Analyzer™ instrument (Advanced Analytical Technologies, Inc., Ankeny, USA) and pooled in an equimolar ratio of 4nM.

Sequence data processing

 Sequences were analyzed on the Galaxy web platform [15]. FASTQ files were trimmed with a minimum read length of 50 using Cutadapt [16]. Quality control was performed via FastQC [17]. For subsequent data analysis DADA2 pipeline (Galaxy Version 1.20) [18] was used with the following trimming and filtering parameters: 20 bp were removed n-terminally and reads were truncated at position 280 (forward) and 200 (reverse), respectively, with expected error of 6 (forward) and 8 (reverse). Subsequently, amplicon sequence variants (ASV) were clustered into operational taxonomic units (OTU) at 97% similarity using DECIPHER v 2.18.1 [19]. For both ASV and OTU, taxonomic analysis was performed using SILVA v138.1. Reads were excluded if classified as mitochondria or chloroplast or if the phylum was missing. Furthermore, ASV and OTU occurring in blank extractions and PCR no template controls were removed from sample data if their abundance was lower than 10% in the samples, resulting in 5107 ASV and 3114 OTU remaining for final analysis. The sequence data 188 obtained in this study are deposited in the short read archive of NCBI under **accession number xxx.**

 For statistical analysis the R package edgeR version 3.38.4, and the Python packages pandas version 1.5.0, seaborn version 0.12.0, scikit-learn version 1.1.2, scikit-bio version 0.5.6 and scikit-posthocs 0.7.0 were used. Normalization on OTU level was performed using the Trimmed Mean of M-values method [20]. Differences in α diversity by observed OTUs, Shannon's and Chao1 non-phylogenetic α diversity indexes were analyzed using Mann-Whitney-U test. To identify bacterial genera of differential abundancy OTUs were pooled on genus level. Differential abundancy was tested using repeated Mann-Whitney-U-test with multiple testing adjustment using the Benjamini- Hochberg procedure. Patient characteristics are presented as median (IQR) and Mann-Whitney test was used for nonparametric testing. Statistical analysis was performed by GraphPad Prism 8 (GraphPad Software, San Diego, CA) and SPSS Statistics 25 (IBM SPSS, Armonk, NY).

RESULTS

 Comparison of early and late-stage pleural effusions in lung transplant recipients First, we compared 7 pleural effusions occurring early after transplant (median 21 days post-LTX) to 19 pleural effusions occurring late after transplantation (median 188 days post-LTX) (**Table 1, Figure 1A**). All the early-stage pleural effusions were exudates while 4 (21%) of the late-stage pleural effusions were transudates. Microbiologic work- up including culture of native pleural effusion as well as pleural effusion in blood culture bottles yielded *staphylococcus epidermidis* in one late-stage pleural effusion sample, all other bacterial cultures remained negative. Microscopy, PCR and culture for mycobacteria yielded negative results (**Table S1**). Transbronchial biopsies at time of pleural effusions were available for 7 (100%) of early-stage effusions and 17 (89%) of late-stage effusions. Here, no evidence of acute rejection was seen in any of the 216 patients (all A0 according to ISHLT grading [21]). All early-stage pleural effusions were considered a postoperative complication, 16 (84%) of the late-stage pleural effusions were considered of unclear etiology, 2 (11%) were chylothoraces and one (5%) was due to volume-overload in the setting of renal failure (**Table 1**). Early effusions demonstrated significantly higher pleural LDH (473 vs. 152 U/l, p<0.01) and a higher proportion of polymorphonuclear cells (63 vs. 4%, p<0.01), while late-onset effusions displayed higher number of macrophages (0 vs. 9%, p<0.05) as well as a pronounced lymphocytic predominance (21 vs. 81%, p<0.05) (**Table S1**).

225 The α diversity of the microbiome of early-stage pleural effusions was significantly 226 lower compared to late-stage pleural effusions in three different α diversity indices (p<0.001, **Figure 1B**). The β diversity was significantly different between early-stage and late-stage pleural effusions (p=0.001, **Figure 1C**). The most abundant bacterial genera in LTX recipients were *streptococcus, veilonella, prevotella, rothia* and *leptotrichia* (**Table S3**). 23 bacterial genera were more prevalent in late-stage effusions than in early-stage effusions (FDR<0.05, **Figure 1D, Table S4**).

 Comparison of late-stage effusions of lung transplant recipients and non-transplant patients

 Next, we compared the previous group of 19 late-stage effusions of lung transplant recipients with pleural effusions of 21 non-transplant patients (**Figure 2A**). The etiology of pleural effusions in non-transplant patients were heart failure in 8 (38%) patients, (para-)malignant in 8 (38%) patients, renal failure in 2 (10%) patients and unclear, rheumatoid and (para-)infectious in 1 patient each (5%). The non-transplant group consisted of 11 exudates (52%) and 10 transudates (48%). Compared to non transplant patients, LTX recipients received extensive antimicrobial chemoprophylaxis. Several LTX recipients also received long-term azithromycin therapy as an immunomodulatory treatment to reverse or slow down chronic lung allograft dysfunction (CLAD) [22]. A number of patients in both groups received further antibiotic therapy (**Table 2**). Pleural differential cell counts revealed a predominance of lymphocytes in LTX recipients compared to non-transplant effusions (81 vs 52%, p<0.05) (**Table S2**). We found a trend towards a higher α diversity in patients after lung transplantation compared to non-transplanted control, which was consistent throughout different α diversity indices (p=0.05-0.06, **Figure 2B**). Pleural effusion β diversity was not significantly different between lung transplant and non-transplant patients, however, a trend towards a difference was seen (p=0.078, **Figure 2C**). Most abundant bacterial genera in pleural effusions of non-transplant patients were *veilonella, streptococcus, prevotella, haemophilus, neisseria* (**Table S5**). Again, there was a trend towards higher pleural abundancies of a number of bacterial genera in pleural effusions in lung transplant recipients (**Figure 2D, Table S6**). We further compared late-stage pleural effusions of LTX recipients with and without long-term azithromycin therapy. Here, no differences were seen on α and β diversity (**Figure S1**).

 Comparison of pleural microbiome in patients with and without previous thoracentesis With previous thoracentesis procedures possibly influencing the pleural microbiome, we investigated the differences of the pleural microbiome in patients with (n=24, hereof 13 LTX) and without (n=28, hereof 18 LTX) previous thoracentesis. α diversity was significantly higher in patients with previous thoracentesis (p<0.01, **Figure 3A**). Also, significant differences in β diversity were seen (p<0.01, **Figure 3B**). Differential abundancy analysis identified a number of bacterial genera as more prevalent in the

pleural microbiome of patients with previous thoracentesis, including *prevotella, rothia,*

gemella, neisseria and *streptococcus* (**Figure 3C, Table S7**).

Correlation of the pulmonary and pleural microbiome in lung transplant recipients

 For 14 (74%) late-stage pleural effusions of LTX recipients, corresponding bronchoalveolar lavage (BAL) samples, acquired around the time of pleural effusion drainage, were available. To further delineate a possible origin for the pleural microbiome, we investigated the associations of pleural and pulmonary bacterial abundancies on genus level. A significant correlation of bacterial abundancies between pleural and BAL microbiome was found in 11 out of 14 patients (**Figure 4A-B**). Spearman's rank correlation coefficient was positively correlated with pleural protein content and ratio as well as albumine ratio (**Figure 4C**). There was a trend towards a negative correlation of the Spearman's R rank correlation coefficient with the albumine gradient – altogether indicating an association of pleural and pulmonary microbiome communication with exudative pleural effusion etiology (**Figure 4C**).

DISCUSSION

 While the role of the respiratory microbiome has been increasingly recognized in pulmonary diseases from COPD to cystic fibrosis and lung transplantation, the microbiome of the pleural space and pleural effusions remains widely uncharacterized [23]. Pleural effusions of unclear etiology pose a frequent clinical problem in lung transplant recipients and are associated with reduced survival [8, 24]. For the first time, we characterized the pleural microbiome in lung transplant recipients and showed differential characteristics of early- and late-stage effusions. Also, pleural effusions of non-transplant patients showed a distinct pleural microbiome and an influence of thoracentesis procedures on the pleural microbiome was seen. We were able to demonstrate a strong correlation of the pulmonary and the pleural microbiome, which was more pronounced the more exudative the effusions were.

 Early-stage and late-stage pleural effusions showed pronounced differences: early- stage pleural effusions were neutrophil-rich, while late-stage pleural effusions were found to be predominantly lymphocytic and had a higher share of macrophages. A high percentage of lymphocytes in late-stage effusions was also noted in a study by Joean et al. [24]. Acute cellular rejection as cause for lymphocytic effusions was not seen in our data, which is in further agreement with Tang et al [8]. However, lymphocytic effusions might also represent a localized graft vs. host interaction in the pleural compartment even without recognizable pulmonary rejection. Profound changes in differential cell count may reflect acute, postoperative, wound healing pleural responses in the early-stage pleural effusions compared to the more chronic inflammatory process in late-stage pleural effusions. Corresponding to the differences in differential cell count profiles, the microbiome of the pleural effusions showed reduced α and β diversity of early- compared to late-stage effusions – hinting at an association between pleural immune cell characterization and the microbiome. Further, extensive antibiotic coverage during the transplant procedure might have led to a significant reduction in the diversity of the pleural microbiome of early-stage effusions.

 While early-stage and late-stage pleural effusions in LTX recipients vary widely in terms of α and β diversity, the differences between late-stage pleural effusions of LTX recipients with those of non-transplant patients were only at the border of significance. However, a trend was noted throughout different measures of α diversity as well as for a range of bacterial genera. It is possible that the small number of patients together with the diversity of diagnosis in the non-transplant group mitigated specific differences e. g. of heart failure transudates or (para-)malign exudates compared to LTX effusions.

 Long-term immunomodulatory treatment with azithromycin has been demonstrated to be effective in the prevention and treatment of chronic lung allograft dysfunction [25– 27]. Azithromycin achieved high pleural concentrations in an animal model of empyema [28]. Interestingly, a subgroup-analysis of late-stage effusions of LTX recipients with long-term azithromycin therapy compared to effusions of LTX recipients without long-term azithromycin showed no differences in the composition of the pleural microbiome. This is in line with data by Spence et al. demonstrating that there were no differences in the pulmonary microbiome in LTX recipients with and without azithromycin therapy and that thus the beneficial effects of azithromycin might rather be of an immunomodulatory nature [29].

 Interestingly, we found a significant influence of previous thoracentesis in transplant and non-transplant patients on the pleural microbiome. The microbiome in patients with previous thoracentesis showed amongst others a higher abundancy of some genera of the cutaneous microbiome. This implies that thoracentesis procedures might effect changes in the microbiome, potentially through the introduction of skin commensals and consecutive changes of the pleural microbiome.

 Several studies elucidated the microbiology of empyema and established a multimicrobial composition with a prominent role for bacteria originating from the oropharynx, e.g. from the *streptococcus anginosus group*, and anaerobes, e.g. *fusobacteria* [10, 30, 31]. In the recently published TORPIDS study, around 80% of 243 empyema samples had a polymicrobial and only around 20% of the empyema samples had a monomicrobial infection [10]. Around half of the samples with monomicrobial infection revealed *streptococcus pneumoniae* as the causative pathogen [10]. Animal models with *streptococcus pneumoniae* demonstrated that a transpleural spread of infection is possible by an intracellular translocation through

 visceral mesothelial cells into the pleural space [32]. However, in empyema originating from a parapneumonic etiology bacterial composition of pneumonia and the subsequent empyema does not always overlap [31]. Further, around 30% of empyema in the MIST2 study developed without pneumonia, which raises the question for other forms of transmission or another local origin of the pathogen [31]. While empyema is reported to be frequent in lung transplant recipients [8], we did not find any empyema in our cohort neither in the lung transplant nor in the non-transplant group. Nevertheless, in our study even non-transplant patients with transudates in the setting of heart or renal failure displayed a diverse pleural microbiome, incorporating bacteria that have been implicated in polymicrobial pleural infection, e. g. of the *streptococcus anginosus group* etc. Thus, it is conceivable that some pleural empyema may originate from the resident pleural microbiome itself, especially in the context of older age or immunosuppression. These data further raise the question if a communication between the pulmonary and the pleural compartment results in the formation of a pleural microbiome. With corresponding bronchoalveolar lavage samples available in the majority of the patients with lung transplantation, we were able to demonstrate a robust correlation of the pleural and pulmonary microbiome in these patients. Exudative markers were further correlated with a positive association between pleural and pulmonary microbiome, suggesting an increased communication between these two compartments especially in the setting of inflammation. Mechanisms of the pleuro- pulmonary microbiome communication might play a pivotal role in the understanding of empyema development. While these findings might not be simply extrapolated from lung transplant recipients under antibiotic long-term therapy to non-transplant individuals, this is regardless the first evidence for a quantitative correlation between pleural and lower respiratory tract microbiome.

 There are several limitations to this study: Due to the retrospective nature of the study, the number of available samples was limited and no negative controls at sampling timepoint were available. Negative controls were carried throughout the DNA extraction and analysis course. Although contamination of the BAL by the oropharyngeal bronchoscope passage is thought to be relatively small [33], we cannot fully exclude contamination as bronchoscopies were not protected and performed in the setting of clinical routine. The indication for pleural drainage was set solely for clinical reasons by the responsible physician, thus introducing a selection bias towards bigger, more symptomatic effusions.

 Nevertheless, we believe that this study provides novel insights into the pleural microbiome pointing out changes in pleural effusion microbiome due to thoracentesis, correlation of the lower respiratory tract microbiome and the microbiome in pleural effusions as well as differences between neutrophilic early-stage and lymphocytic late-stage pleural effusions in LTX recipients.

 Further prospective studies are needed to provide information about longitudinal changes of the pleural microbiome in immunocompetent and immunocompromised patients, as well as diagnostic and prognostic dues in the pleural microbiome. Further, it will be of great interest to characterize the pleural microbiome in patients without pleural effusions.

CONCLUSIONS

 This study provides insights into the pleural effusion microbiome in patients with and without lung transplantation. The microbiome composition in pleural effusion varies between early-stage and late-stage pleural effusions. Differences in the pleural microbiome between patients with and without previous thoracentesis might imply the

 influence of pleural drainage on the pleural microbiome. Similarities between the pleural effusion and pulmonary microbiome, particularly in patients with exudative pleural effusion characteristics imply a communication between the pleural space and the lower respiratory tract.

Author contributions:

- Conceptualization of the study: CM, MG, SG, NK
- Data collection: CM, MG, GS, IB, LE, PP, DKG, KM, CS, SM, MI, JB, NK
- Data analysis: CM, MG, SG, GS, NK
- Writing of the original draft: CM, MG, SG, NK
- Editing of the original and final draft: CM, MG, SG, GS, IB, LE, PP, DKG, GB, AÖY, MS, KM,
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Declarations of interest:

- **CM, MG have no conflict of interest to disclose.**
- **SG:**
- **GS:**
- **IB:**
- **LE:**
- **PP:**
- **DKG:**
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- **AÖY:**

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