## Supplementary to:

Lysmeral Exposure in Children and Adolescences Participating in the German Environmental Survey (2012-2015): Integrating Sex/Gender into Analysis

#### **Authors**

Sophie Fichter, Katrin Groth, Nina Fiedler, Marike Kolossa-Gehring, Małgorzata Dębiak\* on behalf of the INGER study group

German Environment Agency (UBA), Berlin/Dessau-Roßlau, Germany

\*Corresponding author:

Małgorzata Dębiak

German Environment Agency (UBA)

Corrensplatz 1

14195 Berlin, Germany

Tel.: 0049-30-8903-1217

E-mail: malgorzata.debiak@uba.de

#### Table S1 Variables considered for extended sex/gender analysis

#### Facet Variable name

Individual s	sex/gender	self concept
--------------	------------	--------------

Sex assigned at birth	Sex assigned at birth
Phenotype at birth	NA
current sex phenotype	NA
current sex/gender identity	NA
internalised sex/gender roles	NA
externalised sex/gender expressions	s NA

#### Items contributing to explain structural sex/gender relations

Income	Monthly net income

Social Status SES-Subscore: occupational status (GerES)

SES-Subscore: education/training (GerES)

SES-Subscore: income (GerES)

SES total score (GerES)

Family situation: With whom does the child mainly live? (GerES)

Number of persons per household (GerES)

Only child (GerES)

Permanent partner: mother/father (GerES)

Cohabitation with permanent partner of mother/father (GerES)

Civil status (mother/father) (GerES)

Scale value family ties

Disability Officially recognized disability

Degree of disablement categorized (GerES/KFB)

Sexual Orientation Derived from variable Discrimination: Sexual Orientation Religion Derived from variable Discrimination: Regligion/Faith

Ethnicity Migration Status

Migrant Group (mother) (GerES; KiGGS0 + KiGGS2) Migrant Group (father) (GerES; KiGGS0 + KiGGS2)

Length of residency (parents)
Length of residency (parents) kat.

Country of Origin

Country of Origin (by Region) Immigration Generation Residential Status (parents)

Region of Birth (UN)
Region of Birth (WHO)
Region of Birth (Destatis)
Region of Origin (UN)
Region of Origin (WHO)

### Supplementary to: Lysmeral exposure in Children and Adolescences participating in German Environmental Survey (2012-2015):

Region of Origin (Destatis)

Child's Education Which school (GerES)

Operationalization of Sex/Gender

Highest degree of child (expected)

Expectations of child's education Aspired level of degree (school)

Which school performance do you expect from your child? (passing)

(GerES)

Which school performance do you expect from your child? (effort)

(GerES)

Which school performance do you expect from your child? (learning

targets) (GerES)

Education of parents Highest school degree (mother) (GerES)

Highest school degree (father) (GerES)

Occupation Current main occupation (coded)

Highest professional qualification (mother) (GerES) Highest professional qualification (father) (GerES)

Professional Position (mother) (GerES) Professional Position (father) (GerES) Employment (mother) (GerES)

Employment (father) (GerES)

Employment Degree of Employment (mother) (GerES)

Degree of Employment (father) (GerES)

Current main occupation (coded)

Care activities Housekeeping load (GerES)

#### Lifestyle and Psychological Factors

Perception of stress Financial Worries (GerES)

Strain b/c care work in the family (GerES)

Strain b/c sole responsibility parenting (GerES)

Strain b/c sick family members/ family members in need of care (GerES) Strain b/c conflicts with children/problems with raising children (GerES)

Strain b/c conflicts with (former) partners Strain b/c other family members (GerES) Strain b/c living alone/loneliness (GerES)

Strain b/c employment situation or unemployment (GerES) Strain b/c little appreciation of house/family work (GerES) Strain b/c chronically ill child/child with disability (GerES)

Strain b/c difficulties with compatibility work and family (GerES)

Overall strain in everyday life (GerES)

Parents on emotional situation SDQ emotional problems, German standardization (GerES)

SDQ behavioral problems, German standardization (GerES) SDQ inattention/hyperactivity, German standardization (GerES)

SDQ Peer problems, German standardization (GerES)  $\,$ 

SDQ pro-social behavior, German standardization (GerES)

SDQ total problem score, German standardization (GerES)

Parents on difficulties SDQ impact score (GerES)

SDQ impact score categorized (GerES) SDQ impact score – high-risk group (GerES)

SDQ internalizing problems (GerES) - Cutoff (analog Haller et al 2016) SDQ externalizing problems (GerES) - Cutoff (analog Haller et al 2016)

Emotional difficulties Scale value SDQ emotional difficulties (GerES)

SDQ emotional difficulties, German standardization (GerES) SDQ behavioural problems, German standardization (GerES) SDQ inattention/hyperactivity, German standardization (GerES)

SDQ peer-Problems, German standardization (GerES)

SDQ pro-social behavior, German standardization (GerES) SDQ total problem score, German standardization (GerES)

Quality of Life Quality of Life: feeling well

Quality of Life: energy Quality of Life: sadness Quality of Life: loneliness Quality of Life: time

Quality of Life: leisure time

Quality of Life: being treated fairly Quality of Life: fun with friends

Quality of Life: school

Quality of Life: concentration

Quality of Life: exercise
Quality of Life: running
Quality of Life: liking life

Quality of Life: being in good mood

Quality of Life: fun

Quality of Life: feeling bad

Quality of Life: being satisfied with oneself Quality of Life: time with mother/father Quality of Life: talking to mother/father Quality of Life: money to spend with friends Quality of Life: money to spend on things

Quality of Life: time with friends

Quality of Life: friends helping each other Quality of Life: being able to rely on friends

Quality of Life: happy at school

Quality of Life: teachers

Body Perception Body image (GerES)

Self-image

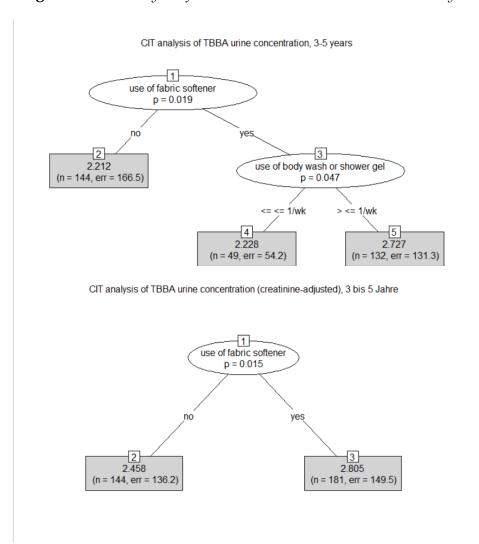
Diet Vegetarian

Operationalization of Sex/Gender	
Children/adolescences on social support	Someone who listens
Support	Someone who shows love/affection
	Someone for having fun with
	Someone who offers information
	Someone who hugs you
	Someone to relax with
	Someone to find a distraction for you
	Someone who needs/loves you
	Scale value social support
Exposition	
	Use of sanitary cleaners
	Use of fabric softeners
	Use of floor cleaners
	Use of textile protectants
	Use of air sprays
	Use of fragrances and flavourings
	Use of sunscreen
	Use of body wash/shower gel
	Use of body lotions and creams
	Use of deodorant
	Use of shampoo
	Use of hair styling products
	Use of perfumes
	Use of nail polish
	Use of eye make up
	Use of face make up
Standard variables of GerES V (if	not covered under previous dimensions, Murawski et al. 2020)
	Municipality Size
	East Germany/West Germany (Berlin divided)
Biological variables	
	Size
	Weight
	BMI (Kromeyer-Hauschild)
	Body surface (Mosteller, 1987)

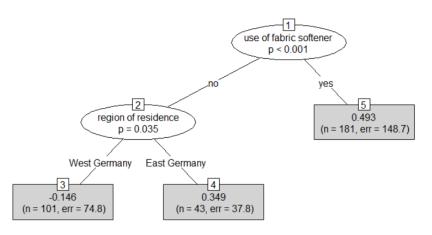
Body surface (Du Bois & Du Bois, 1989)

Creatinine

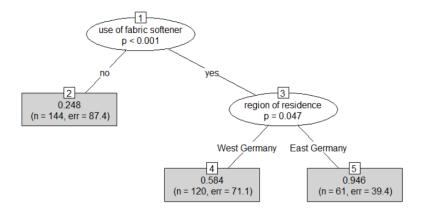
**Figure S1** CIT analysis of metabolites urine concentration in 3-5-year-olds



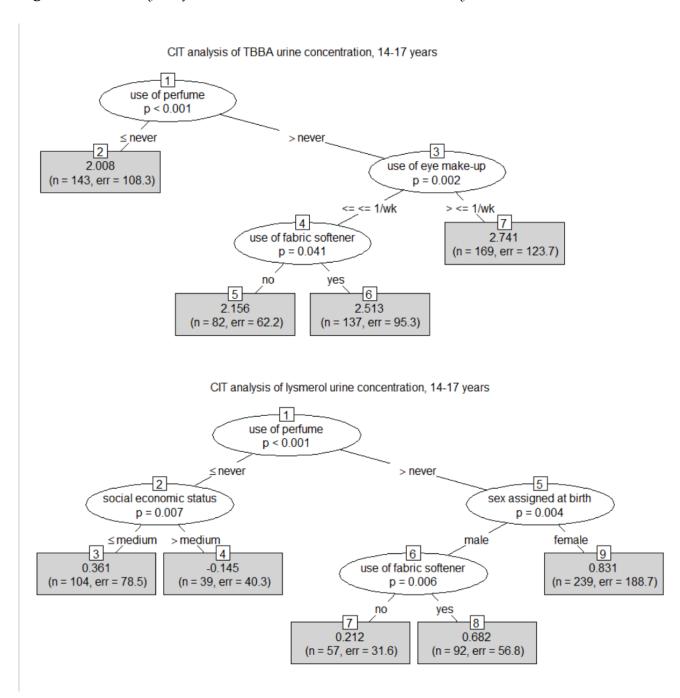
CIT analysis of lysmerol urine concentration, 3-5 years

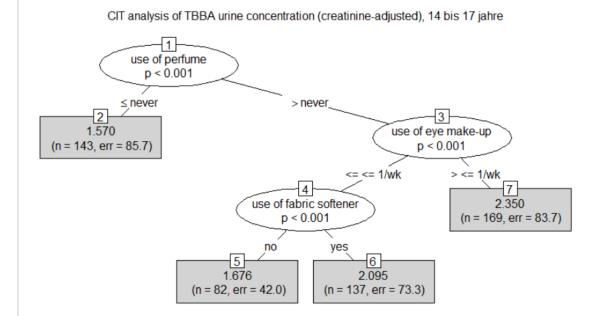


CIT analysis of lysmerol urine concentration (creatinine-adjusted), 3 bis 5 Jahre

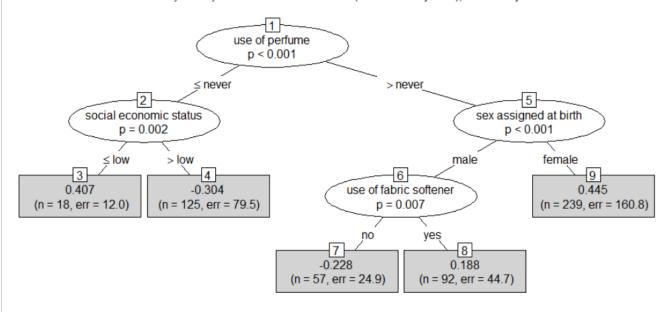


**Figure S2** CIT analysis of metabolites urine concentration in 14-17-year-olds





CIT analysis of lysmerol urine concentration (creatinine-adjusted), 14 bis 17 jahre



**Table S2** Results of the logistic regression analysis for the urinary TBBA and lysmerol concentration of GerES V participants.

			TBBA					Lysmerol		
Predictors	β	SE	CI	Statistic	р	β	SE	CI	Statisti	p
									c	
(Intercept)	0.99	0.23	0.54 - 1.44	4.33	< 0.001	-0.67	0.21	-1.07 – -0.26	-3.19	0.001
sex assigned at birth										
male <sup>a</sup>										
female	0.16	0.05	0.07 - 0.25	3.54	< 0.001	0.10	0.04	0.02 - 0.18	2.43	0.015
age group										
3-5 years <sup>a</sup>										
6-10 years	-0.40	0.06	-0.52 – -0.29	-6.91	< 0.001	-0.15	0.05	-0.26 – -0.05	-2.84	0.005
11-13 years	-0.67	0.07	-0.800.54	-10.21	< 0.001	-0.33	0.06	-0.450.21	-5.47	< 0.001
14-17 years	-0.88	0.08	-1.030.73	-11.61	< 0.001	-0.45	0.07	-0.58 – -0.31	-6.46	< 0.001
use of fabric softener										
noa										
yes	0.23	0.04	0.15 - 0.31	5.48	< 0.001	0.26	0.04	0.19 - 0.33	6.88	< 0.001
use of perfume										
nevera										
up to once per week	0.08	0.05	-0.02 - 0.19	1.55	0.121	0.07	0.05	-0.03 - 0.16	1.41	0.159
more than once per week	0.30	0.06	0.18 - 0.43	4.69	< 0.001	0.23	0.06	0.12 - 0.35	3.94	< 0.001
use of air freshener										
noa										
yes	0.04	0.04	-0.04 - 0.13	0.98	0.327	0.06	0.04	-0.02 - 0.14	1.37	0.171
use of body wash or shower										
gel										
never <sup>a</sup>										
up to once per week	0.05	0.15	-0.25 - 0.36	0.35	0.728	-0.09	0.14	-0.36 - 0.19	-0.61	0.545
more than once per week	0.28	0.15	-0.01 - 0.58	1.88	0.061	0.13	0.14	-0.14 - 0.39	0.92	0.360
use of body lotion										
nevera										

Supplementary to: Lysmeral exposure in Children and Adolescences participating in German Environmental Survey (2012-2015): Operationalization of Sex/Gender
---

once per week
region of residence         former West Germanya         former East Germany       0.02       0.04       -0.06 - 0.10       0.52       0.603       0.15       0.04       0.08 - 0.23       3.97       <0.001
former West Germanya former East Germany  use of eye make-up nevera  up to once per week  -0.09  0.02  0.04  -0.06 - 0.10  0.52  0.603  0.15  0.04  0.08 - 0.23  3.97  <-0.001  0.07  -0.15 - 0.14  -0.09  0.926
former East Germany  use of eye make-up  nevera  up to once per week  0.02  0.04  -0.06 - 0.10  0.52  0.603  0.15  0.04  0.08 - 0.23  3.97  <-0.001  0.001  0.002  0.003  0.105  0.004  0.008 - 0.23  0.001  0.007  0.007  0.007  0.009
use of eye make-up       nevera       up to once per week     -0.09     0.08     -0.25 - 0.06     -1.20     0.231     -0.01     0.07     -0.15 - 0.14     -0.09     0.926
never <sup>a</sup> up to once per week -0.09 0.08 -0.25 - 0.06 -1.20 0.231 -0.01 0.07 -0.15 - 0.14 -0.09 0.926
up to once per week -0.09 0.08 -0.25 - 0.06 -1.20 0.231 -0.01 0.07 -0.15 - 0.14 -0.09 0.926
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$
use of floor cleaners
no <sup>a</sup>
yes 0.13 0.04 0.05 – 0.20 3.33 <b>0.001</b> 0.04 0.04 -0.03 – 0.11 1.11 0.268
highest professional
qualification
foreign <sup>a</sup>
no qualification (yet) 0.35 0.16 0.03 – 0.67 2.16 <b>0.031</b> 0.33 0.15 0.04 – 0.62 2.21 <b>0.027</b>
vocational training 0.40 0.15 0.11 – 0.70 2.66 <b>0.008</b> 0.31 0.14 0.05 – 0.58 2.30 <b>0.022</b>
graduate degree 0.37 0.16 0.06 – 0.68 2.35 <b>0.019</b> 0.28 0.14 -0.00 – 0.56 1.94 0.053
community size
rural <sup>a</sup>
small town -0.05 0.05 -0.16 - 0.05 -1.00 0.317 -0.02 0.05 -0.11 - 0.08 -0.37 0.714
medium town $-0.05$ $0.05$ $-0.15 - 0.06$ $-0.86$ $0.389$ $-0.03$ $0.05$ $-0.13 - 0.06$ $-0.67$ $0.500$
metropolitan -0.11 0.06 -0.22 - 0.01 -1.78 0.075 -0.07 0.05 -0.17 - 0.04 -1.22 0.223
social economic status
low <sup>a</sup>
medium -0.07 0.07 -0.20 - 0.06 -1.09 0.276 -0.24 0.06 -0.360.13 -4.06 <b>&lt;0.001</b>
high -0.08 0.08 -0.24 - 0.08 -0.95 0.342 -0.35 0.07 -0.500.21 -4.81 <b>&lt;0.001</b>
use of fragrances
no <sup>a</sup>
yes 0.01 0.04 -0.07 - 0.09 0.18 0.860 0.02 0.04 -0.05 - 0.09 0.62 0.536
Observations 2047 2047
$R^2 / R^2$ adjusted $0.247 / 0.237$ $0.272 / 0.262$
10

a: Reference group;  $\beta$ : Unstandardized regression coefficient; SE: Standard Error; CI Confidence Intervall; SES: Socioeconomic status; p- values in bold indicate statistically significant differences on the 95% confidence limit.

**Table S2** Results of the logistic regression analysis for the creatinine-normalized urinary TBBA and lysmerol concentration of GerES V participants.

	ТВВА					lysmerol						
Predictors	β	SE	CI	Statistic	р	β	SE	CI	Statistic	p		
(Intercept)	1.83	0.22	1.39 – 2.27	8.19	<0.001	0.11	0.20	-0.29 – 0.51	0.54	0.588		
sex assigned at birth												
male <sup>a</sup>												
female	0.18	0.04	0.10 - 0.27	4.11	< 0.001	0.13	0.04	0.05 - 0.21	3.28	0.001		
age group												
3-5 years <sup>a</sup>												
6-10 years	-0.51	0.06	-0.620.40	-9.02	< 0.001	-0.28	0.05	-0.380.18	-5.50	< 0.001		
11-13 years	-0.76	0.06	-0.880.64	-12.17	< 0.001	-0.46	0.06	-0.570.35	-8.13	< 0.001		
14-17 years	-0.97	0.07	-1.110.83	-13.71	< 0.001	-0.59	0.06	-0.720.47	-9.29	< 0.001		
use of fabric softener												
no <sup>a</sup>												
yes	0.24	0.04	0.16 - 0.32	5.79	< 0.001	0.27	0.04	0.20 - 0.34	7.33	< 0.001		
use of perfume												
never <sup>a</sup>												
up to once per week	0.08	0.05	-0.03 - 0.18	1.48	0.140	0.06	0.05	-0.03 - 0.15	1.30	0.193		
more than once per week	0.28	0.06	0.16 - 0.40	4.40	< 0.001	0.21	0.06	0.09 - 0.32	3.58	< 0.001		
use of air freshener												
no <sup>a</sup>												
yes	0.05	0.04	-0.03 - 0.14	1.24	0.214	0.06	0.04	-0.01 - 0.14	1.60	0.109		
use of body wash or shower												
gel												
never <sup>a</sup>												

Supplementary to: Lysmeral exposure in Children and Adolescences participating in German Environmental Survey (2012-2015): Operationalization of Sex/Gender 0.715 up to once per week 0.06 0.15 -0.24 - 0.350.37 -0.08 0.14 -0.35 - 0.19-0.570.568 more than once per week 0.92 0.357 0.28 0.15 -0.01 - 0.571.89 0.059 0.12 0.13 -0.14 - 0.39use of body lotion nevera less than once per week 0.796 0.07 -0.04 - 0.190.01 0.05 -0.09 - 0.110.06 1.32 0.188 0.26 once per week -0.04 - 0.200.06 0.208 0.08 0.06 1.35 0.178 0.07 -0.04 - 0.181.26 more than once per week 0.05 0.03 - 0.242.59 0.07 0.05 0.128 0.14 0.010 -0.02 - 0.171.52 region of residence former West Germanya former East Germany 0.01 0.04 -0.07 - 0.090.30 0.14 0.764 0.04 0.07 - 0.213.73 < 0.001 use of eye make-up nevera up to once per week -0.09 0.08 -0.24 - 0.06-1.18 0.238 -0.01 0.07 -0.15 - 0.13-0.12 0.901 more than once per week 0.17 0.08 0.02 - 0.322.23 0.026 0.15 0.07 0.01 - 0.282.15 0.032 use of floor cleaners noa 0.03 0.12 0.04 0.03 yes 0.05 - 0.193.15 0.002 -0.03 - 0.100.95 0.342 highest professional qualification foreign a no qualification (yet) 0.30 0.16 -0.02 - 0.611.85 0.0640.26 0.15 -0.02 - 0.551.81 0.071 vocational training 2.44 0.27 2.01 0.36 0.15 0.07 - 0.650.015 0.13 0.01 - 0.530.044 graduate degree 0.34 0.15 0.04 - 0.642.19 0.028 0.24 0.14 -0.03 - 0.521.74 0.083 community size rurala 0.505 small town -0.070.05 -0.17 - 0.04-1.25 0.211 -0.03 0.05 -0.13 - 0.06-0.67 medium town 0.05 -0.16 - 0.05-0.94 0.349 -0.04 0.05 -0.81 0.419 -0.05 -0.13 - 0.06-0.10 0.06 -0.22 - 0.01-1.80 0.072 -0.07 0.05 -0.17 - 0.04-1.28 0.202 metropolitan social economic status lowa medium -0.06 0.06 -0.18 - 0.07-0.890.374 -0.230.06 -0.35 - -0.12-4.00< 0.001

-0.99

0.324

-0.36

0.07

-0.50 - -0.22

< 0.001

-5.01

-0.23 - 0.08

-0.08

0.08

high

use of fragrances

noª										
yes	0.00	0.04	-0.07 - 0.08	0.10	0.921	0.01	0.04	-0.06 - 0.09	0.42	0.677
Observations	2047					2047				
R <sup>2</sup> / R <sup>2</sup> adjusted	0.158 / 0.1	47				0.152 / 0.1	42			

a: Reference group;  $\beta$ : Unstandardized regression coefficient; SE: Standard Error; CI Confidence Intervall; SES: Socioeconomic status; p- values in bold indicate statistically significant differences on the 95% confidence limit.