

Cytokine signaling converging on IL11 in ILD fibroblasts provokes aberrant epithelial differentiation signatures

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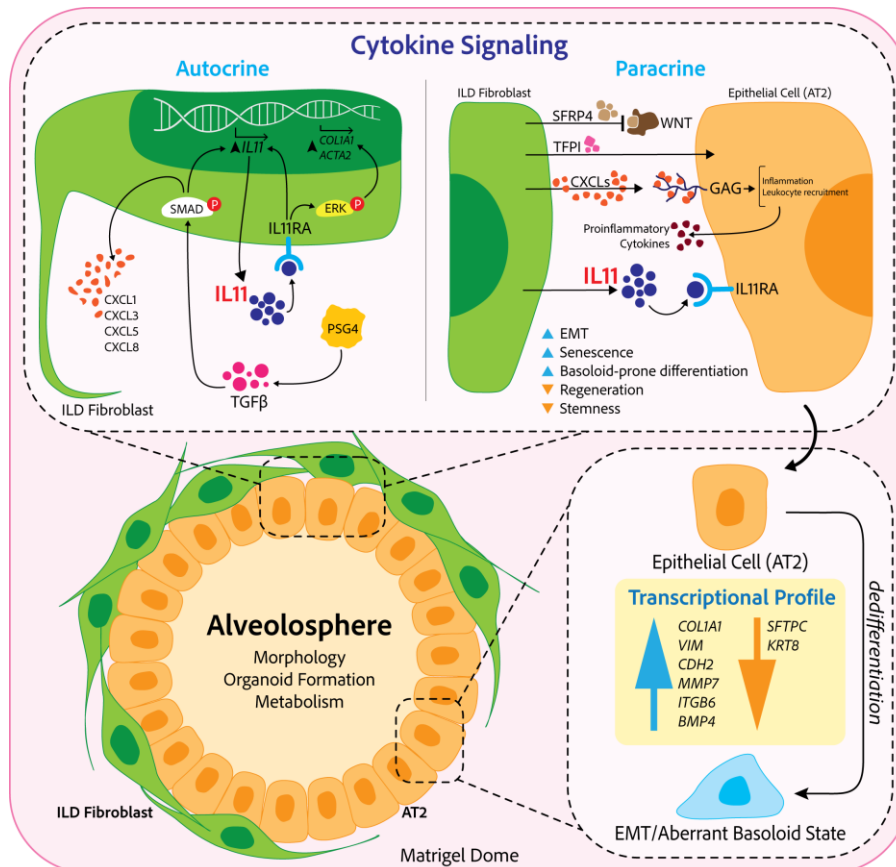
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 18



20 **Abstract**

21 Fibrotic interstitial lung disease (ILD) are lung disorders characterized by the accumulation of
22 extracellular matrix, ultimately resulting in the destruction of the pulmonary scaffold. Continuous pro-
23 fibrotic signaling perpetuates the remodeling process, specifically targeting the epithelial cell
24 compartment, thereby destroying the gas exchange area. Studies that address this detrimental crosstalk
25 between lung epithelial cells and fibroblasts are key to understanding ILD.

26 With the aim of identifying functionally relevant targets that drive mesenchymal-epithelial crosstalk
27 and their potential as new avenues to therapeutic strategies, we developed an organoid co-culture
28 system based on human induced pluripotent stem cell-derived alveolar epithelial type 2 cells and lung
29 fibroblasts from ILD patients as well as IMR-90 controls. While organoid formation capacity and
30 organoid size was comparable in the presence of ILD or control lung fibroblasts, metabolic activity
31 was significantly increased in ILD co-cultures. Alveolar organoids cultured with ILD fibroblasts
32 further demonstrated reduced stem cell function supported by reduced *Surfactant Protein C* gene
33 expression together with an aberrant basaloid-prone differentiation program indicated by elevated
34 *Cadherin 2*, *Bone Morphogenic Protein 4* and *Vimentin* transcription.

35 In order to identify key mediators of the misguided mesenchymal-to-epithelial crosstalk with a focus
36 on disease-relevant inflammatory processes, we used secretome mass spectrometry to identify key
37 signals secreted by end stage ILD lung fibroblasts. Over 2000 proteins were detected in a single-shot
38 experiment with 47 differentially upregulated proteins when comparing ILD and non-chronic lung
39 disease control fibroblasts.

40 The secretome profile was dominated by chemokines of the C-X-C motif family, including CXCL1,
41 -3, and -8, all interfering with (epithelial) growth factor signaling orchestrated by Interleukin 11 (IL11),
42 steering fibrogenic cell-cell communication, and proteins regulating extracellular matrix remodeling
43 including epithelial-to-mesenchymal transition. When in turn treating 3D monocultures of iAT2s with
44 IL11 we recapitulated the co-culture results obtained with primary ILD fibroblasts including changes
45 in metabolic activity as well as organoid formation capacity and size.

46 In summary, our analysis identified mesenchyme-derived mediators likely contributing to the disease-
47 perpetuating mesenchymal-to-epithelial crosstalk in ILD by using sophisticated alveolar organoid co-
48 cultures indicating the importance of cytokine-driven aberrant epithelial differentiation and confirmed
49 IL11 as a key player in ILD using an unbiased approach.

50 **1 Introduction**

51 Interstitial lung diseases (ILDs) comprise a variety of chronic pulmonary conditions that are
52 characterized by structural remodeling of the gas exchange area (Glasser et al., 2010). ILD
53 pathophysiology is centered on sustained inflammation and progressive scarring, ultimately resulting
54 in organ failure. Despite the exact pathogenesis of ILD still being unclear, genetic predisposition, age,
55 sex and environmental exposure are known drivers of the disease (Lederer & Martinez, 2018;
56 Strikoudis et al., 2019).

57 Fibroblast activation occurs directly by exogenous stimuli and indirectly through the activation of
58 innate immune cells, especially monocytes and neutrophils through transforming growth factor β
59 (TGF- β) and Interleukin 17 (IL17) secretion. Matrix metalloproteinases (MMPs), fibroblast growth
60 factors and metabolic changes leading to lactic acid release from both, fibroblasts and epithelial cells
61 furthermore drive fibroblast activation and accumulation (O'Dwyer et al., 2016). As a result, fibroblasts
62 merge to fibroblastic foci, becoming the main loci of extracellular matrix (ECM) production and
63 deposition. Further enhancing the pro-fibrotic circle of events, activated fibroblasts induce epithelial-
64 to-mesenchymal transition (EMT) in alveolar epithelial cells (Kim et al., 2018) *via* SMAD and MAPK
65 signaling through repeated inflammatory epithelial injury leading to further leucocyte attraction and
66 infiltration of the airspace and ultimately loss of the alveolar epithelium (O'Dwyer et al., 2016).

67 Disease progression is continuously upheld by the bidirectional cellular crosstalk between the activated
68 fibroblast differentiation and the damaged epithelium (Ng et al., 2020; Ng et al., 2019; Yao et al.,
69 2021). Amongst other players identified, TGF- β signaling holds a central role in the initiation and
70 progression of pulmonary fibrosis. As a driver of the sustained pathological tissue remodeling
71 processes that results in ECM expansion in ILD end stage pulmonary fibrosis, a tightly knit
72 mesenchymal-to-epithelial crosstalk has been proposed highlighting the role of pathologic growth
73 factor signaling and secreted cytokines. Next to inducing EMT, activated fibroblasts have been shown
74 to alter AT2 stem cell potential (Mou, 2021).

75 To address knowledge gaps focusing on cytokine driven disease initiating mesenchymal-to-epithelial
76 crosstalk, we used lung organoids derived from human induced pluripotent stem cells (hiPSCs) through
77 chemical directed differentiation. hiPSC-derived alveolar type 2 cells (iAT2s, alveolospheres) are a
78 useful tool to study lung diseases and regeneration, and are recently emerging as New Approach
79 Methodology (NAM) in environmental and occupational hazard assessment (Kastlmeier et al., 2022;
80 Kong et al., 2021). Additionally, alveolospheres recapitulate the characteristic three-dimensional
81 structure of alveoli, holding important functions of the gas exchange area *in vitro*, wherefore they are
82 a reliable source to study pulmonary disease (Hogan, 2021; Nikolić et al., 2018). Organoids are
83 particularly versatile in studying underlying molecular mechanisms of disease *in vitro* (Strikoudis et
84 al., 2019).

85 In this study we investigated the impact of primary ILD patient-derived lung fibroblast signaling on
86 critical functions of hiPSC-derived alveolospheres by the use of a novel co-culture model in
87 combination with unbiased secretome analysis to delineate key signals of the pathophysiological
88 crosstalk from mesenchyme towards the alveolar epithelium with functional relevance for disease
89 progression.

90

91 **2 Material and Methods**

92 **2.1 Human induced pluripotent stem cells (hiPSCs) and directed differentiation into lung** 93 **progenitors**

94 The hiPSC line BU3NGST was kindly provided by Prof. Darrell Kotton, Boston University, Center
95 for Regenerative Medicine. This cell line is a dual-reporter construct composed of fluorochrome-
96 encoding cassettes targeted to the endogenous NKX2.1 and SFTPC loci (BU3 NKX2.1^{GFP};
97 SFTPC^{tdTomato}) (Hawkins et al., 2017). hiPSCs were maintained in mTeSR1 (StemCell Technologies),
98 on Matrigel (Corning) coated cell culture plates at 37 °C/5 % CO₂ in a cell culture CO₂ incubator. Cells
99 were passaged by using ReLeSR (StemCell Technologies) or Gentle Cell Dissociation Reagent
100 (StemCell Technologies) (Jacob et al., 2017; Jacob et al., 2019).

101 BU3NGSTs were differentiated into NKX2.1⁺ lung progenitor cells and iAT2s as described previously
102 by Jacob et al. (Jacob et al., 2019). hiPSCs were checked for their pluripotency *via* Alkaline
103 Phosphatase staining (ES Cell Characterization Kit, CHEMICON International) or
104 immunofluorescence staining of TRA 181 and SSEA 4 (ES cell characterization Kit, CHEMICON
105 International). Induction of definitive endoderm was conducted *via* STEMdiff Definitive Endoderm
106 Kit, (StemCell Technologies). On day 14 of differentiation, lung progenitor specification was evaluated
107 by immunofluorescence staining of NKX2.1 (Invitrogen) and Albumin (ALB, R&D Systems).
108 NKX2.1^{GFP+} lung progenitor cells were enriched by GFP signal for NKX2.1 based on a previously
109 described protocol. The sorting was performed by FACS cell sorting at MACSQuant Tyto Cell Sorter
110 (Miltenyi Biotec). For data evaluation FlowJo Version 7.2.1 and v10 was used. Purified lung
111 progenitors were seeded in Matrigel (Corning) domes at a cell density of 50 cells/ μ L and passaged
112 every second week according to published protocols. To increase SFTPC^{tdTomato+} cells CHIR

113 withdrawal and addback was performed according to published protocols. At day 45 of differentiation,
 114 iAT2s were enriched by flow cytometry (MACSQuant Tyto Cell Sorter, Miltenyi Biotec) using
 115 tdTomato signal for SFTPC expression and subsequently cultured as 3D alveolospheres. Differentiated
 116 SFTPC^{tdTomato+} iAT2 cells in 3D Matrigel were grown in CK+DCI medium, with media changes every
 117 48 - 72 h. Alveolospheres were passaged every 14 days.

118 2.2 Primary human fibroblast culture

119 Human fetal lung fibroblasts (IMR-90, P8) for control co-cultures were obtained from ATCC (Catalog
 120 # CCL-186TM) and grown in Dulbecco's Modified Eagle Medium: Nutrient F-12 (DMEM/F12; Gibco)
 121 with 20 % fetal bovine serum (FBS SUPERIOR, Sigma) and 1 % penicillin-streptomycin (Pen Strep,
 122 Gibco). Cultured primary human lung fibroblasts from ILD patients and non-CLD controls (P4) for
 123 secretome analysis, were seeded in 6-well plates. Cells were seeded at a density of 1×10^5 cells in 2 mL
 124 media (DMEM/F12, 20 % FBS, 1 % penicillin/streptomycin) per well of a 6-well plate until reaching
 125 80 % confluency. Once confluent, each well was washed three times with a 15-minute incubation per
 126 wash with 1 mL of FBS-free culturing medium (DMEM/F12, 1 % penicillin/streptomycin) to eliminate
 127 remaining FBS. Fibroblasts were cultured for 48 h in FBS-free medium, supernatants were collected
 128 and stored at -80 °C for further analysis.

129
 130 Primary human fibroblasts were isolated according to published protocol (Heinzelmann et al., 2018)
 131 and obtained through the CPC-M bioArchive at the Comprehensive Pneumology Center in Munich,
 132 Germany. The study was approved by the local ethics committee of the Ludwig-Maximilians
 133 University of Munich, Germany (Ethic vote #333-10). Written informed consent was obtained for all
 134 study participants.

135 Patient characteristics

136 Primary cultures were derived from patients with and without chronic lung disease (non-CLD controls)
 137 that underwent surgery at the Thoracic Surgery, LMU Hospital and the Asklepios Pulmonary Hospital
 138 Munich-Gauting.

140

Patient No.	DOB	Sex	ILD	Surgery	smoking
1	1969	female	Yes		no
2	1952	male	Yes	sLTX left	no
3	1962	female	Yes	LTX	no
4	1953	female	No	LTX	unknown
5	1949	male	No, Lung cancer		Yes
6	1953	female	No, Lung cancer		Yes

141 2.3 Secretome analysis by mass spectrometry

142 Sample preparation for proteomics

143 Each 500µL supernatant was subjected to tryptic digest applying a modified filter aided sample
 144 preparation (FASP) procedure (Grosche et al. 2015; Wiśniewski et al. 2009). After protein reduction
 145 and alkylation using DTT and iodoacetamide, samples were denatured in UA buffer (8 M urea in 0.1 M
 146 Tris/HCl pH 8.5) and centrifuged on a 30 kDa cut-off filter device (PALL or Sartorius) and washed

147 thrice with UA buffer and twice with 50 mM ammoniumbicarbonate (ABC). Proteins were proteolysed
148 for 2 h at room temperature using 0.5 µg Lys-C (Wako) and subsequently for 16 h at 37 °C using 1 µg
149 trypsin (Promega). Peptides were collected by centrifugation and acidified with 0.5 % trifluoroacetic
150 acid (TFA).

151

152 Mass spectrometric measurements

153 LC-MSMS analysis was performed on a Q-Exactive HF mass spectrometer (Thermo Scientific) each
154 online coupled to a nano-RSLC (Ultimate 3000 RSLC; Dionex). For subsequent analysis on the Q-
155 Exactive HF, tryptic peptides were accumulated on a nano trap column (300 µm inner diameter ×
156 5 mm, packed with Acclaim PepMap100 C18, 5 µm, 100 Å; LC Packings) and then separated by
157 reversed phase chromatography (nanoEase MZ HSS T3 Column, 100Å, 1.8 µm, 75 µm X 250 mm;
158 Waters) in a 80 minutes non-linear gradient from 3 to 40 % acetonitrile (ACN) in 0.1 % formic acid
159 (FA) at a flow rate of 250 nL/min. Eluted peptides were analyzed by the Q-Exactive HF mass
160 spectrometer equipped with a PepSep PSS1 source. Full scan MS spectra (from m/z 300 to 1500) and
161 MSMS fragment spectra were acquired in the Orbitrap with a resolution of 60,000 or 15000
162 respectively, with maximum injection times of 50 ms each. The up to ten most intense ions were
163 selected for HCD fragmentation depending on signal intensity (TOP10 method). Target peptides
164 already selected for MS/MS were dynamically excluded for 30 seconds.

165

166 Protein Identification and label-free quantification

167 Proteome Discoverer 2.5 software (Thermo Fisher Scientific; version 2.5.0.400) was used for peptide
168 and protein identification via a database search (Sequest HT search engine, SequestHT score:1) against
169 Swissprot human data base (Release 2020_02, 20432 sequences), considering full tryptic specificity,
170 allowing for up to two missed tryptic cleavage sites, precursor mass tolerance 10 ppm, fragment mass
171 tolerance 0.02 Da. Carbamidomethylation of Cys was set as a static modification. Dynamic
172 modifications included deamidation of Asn, Gln and Arg, oxidation of Pro and Met; and a combination
173 of Met loss with acetylation on protein N-terminus. Percolator was used for validating peptide spectrum
174 matches and peptides, accepting only the top-scoring hit for each spectrum, and satisfying the cutoff
175 values for FDR <5%, and posterior error probability <0.01.

176 The quantification of proteins was based on abundance values for unique peptides. Abundance values
177 were normalized on total peptide amount and protein abundances were calculated summing up the
178 abundance values for admissible peptides. The final protein ratio was calculated using median
179 abundance values. The statistical significance of the ratio change was ascertained employing the T-test
180 approach described in Navarro et al., 2014 (Navarro et al., 2014), which is based on the presumption
181 that we look for expression changes for proteins that are just a few in comparison to the number of
182 total proteins being quantified. The quantification variability of the non-changing "background"
183 proteins can be used to infer which proteins change their expression in a statistically significant manner.
184 Proteins considered to be up- or downregulated were filtered with the following criteria: proteins were
185 considered to be downregulated below an abundance of ratio of 0.5 and upregulated above 2, proteins
186 identified with a single peptide were excluded and just significant proteins were considered (P value
187 < 0.05, P values were adjusted for multiple testing by Benjamini-Hochberg correction). Additionally,
188 at least two MSMS identifications had to be identified to include the protein ratio.

189

190 Enrichment analysis

191 Pathway enrichment analysis were performed in Cytoscape (3.9.0) with the ClueGo plugin (v2.5.8) for
192 significant up- and downregulated proteins. The following ontologies were used: KEGG (8093),
193 GO_MolecularFunction-EBI-UniProt (18336), GO_BiologicalProcess-EBI-UniProt (18058).
194 Accession IDs were used as identifiers and the analysis was performed with the standard software
195 settings provided in the ClueGo app (Bindea et al., 2009).

196 **2.4 Mesenchymal-epithelial co-culture**

197 Primary lung ILD fibroblasts and IMR-90 (control fibroblast cell line) were grown in cell culture flasks
198 until 70 % confluent. A single cell suspension was prepared using 0.25 % EDTA-Trypsin (Gibco).
199 iAT2s were grown for up to two weeks in Matrigel domes. Single cell suspension was obtained with
200 Dispase (Corning) and 0.25 % EDTA-Trypsin as described by Jacob et al. (Jacob et al., 2019). Human
201 ILD/IMR-90 control fibroblasts and iAT2s were counted and directly seeded either in equal seeding
202 densities 1:1 (F_{low}) or 1:5 (F_{high}) (iAT2s to fibroblasts) in undiluted Matrigel domes in 8-chamber wells
203 (20 μ L Drops, Falcon), 96-well plates (50 μ L Drops, Greiner) or 12-Well plates (50 μ L Drops,
204 Greiner). Co-cultures were cultured in CK+DCI media and media was changed every 48 h to 72 h, for
205 up to 12 days of cultivation.

206 **2.5 Immunofluorescence microscopy**

207 3D alveolospheres and co-cultures cultured in 8-chamber wells (Nunc Lab-Tek Chamber Slide System,
208 8 wells, Permanox slide, 0.8 cm²/well) were fixed with ice cold methanol and acetone (1:1v/v) for
209 5 minutes at -20 °C. Cells were washed with PBS and stained with the respective primary antibody in
210 buffer containing 0.1 % BSA and 0.1 % Triton X-100 overnight at 4 °C. The next day, cells were
211 washed 3 times with PBS and incubated in buffer with the respective fluorescent conjugated secondary
212 antibody at a dilution of 1:500 and DAPI diluted 1:1.000 overnight at 4 °C. The following day, cells
213 were washed gently, growth chamber removed and remaining microscope slide mounted with
214 fluorescent mounting media (Dako) and covered with a coverslip. Slides were stored at 4 °C until
215 imaging. Imaging was performed using a confocal laser scanning microscope (CLSM) Zeiss LSM 880
216 with Airyscan and edited afterwards using ZEN 2.5 software (Zeiss). Detailed information on the
217 primary and secondary antibodies are given in Supplementary Table 1.
218

219 **2.6 Operetta high content imaging**

220 Live imaging of all hiPSC co-cultures was performed using the Operetta CLS high-content analysis
221 system (Operetta CLS, PerkinElmer) at time points 5, 8 and 12 days during the co-culture experimental
222 set-up. Pictures were analyzed by the Harmony 3.5.2 high-content imaging and analysis software with
223 PhenoLOGIC. Through the Napari image viewer (Python) maximum intensity projections of
224 3D images were appointed and growing pattern and organoid formation capacity between iAT2 cells
225 and human fibroblasts (control or ILD) could be determined.

226 **2.7 Quantitative real-time PCR**

227 Co-cultures were lysed in RLT Plus Lysis Buffer (Qiagen) and RNA isolation was performed with the
228 RNeasy Mini Kit (Qiagen) according to the manufacturer's instructions. Cell lysis from organoids and
229 co-culture assays was performed with peqGOLD TriFast (VWR Life Science) as recommended by the
230 manufactures followed by RNA isolation with the RNeasy Mini Kit (Qiagen). RNA was transcribed
231 into cDNA by reverse transcriptase using the High-Capacity cDNA Reverse Transcription Kit (Thermo
232 Fisher Scientific) according to the manufacturer's instructions. 5 ng of cDNA was added to a final
233 concentration volume of 10 μ L, Random Nonamers (Metabion) and master mix (Invitrogen, Thermo
234 Fisher Scientific) was added to each RNA sample. cDNA was diluted with ultrapure H₂O. qPCR was
235 performed in 96-well format using the quantitative real-time PCR System (Roche 480 LightCycler).
236 2 μ L cDNA were added to a final reaction volume of 10 μ L containing H₂O, 480 SYBR Green
237 (LightCycler, Roche Diagnostics) and the primer mix (100 μ M). Gene expression was normalized to
238 β -Actin control for genes *Vimentin* (*VIM*), *Integrin Subunit Beta 6* (*ITGB6*) and *Cadherin 2* (*CDH2*),

239 and normalized to an average of β -Actin and HRPT control for genes *Surfactant Protein C (SFTPC)*,
 240 *Keratin 8 (KRT8)*, *Collagen 1A1 (Col1A1)*, *Matrix Metalloproteinase (MMP7)* and *Bone Morphogenic*
 241 *Protein 4 (BMP4)*, the fold change was calculated using the 2^{-ddC} method. Sequence information
 242 of used primers are given in Supplementary Table 2. Data obtained from qPCR are presented relative
 243 to respective control co-cultures, to demonstrate influence of disease background. Original data with
 244 relative expression to housekeeping genes are shown in Supplementary Figure 2.

245 **2.8 Metabolic activity estimated by WST-1 assay**

246 The WST-1 assay for cell proliferation and viability was performed at day 2, 3, 5 and 7 of the co-
 247 cultures containing iAT2s and human ILD and IMR-90 control fibroblasts. Cell proliferation reagent
 248 WST-1 (Roche Diagnostics) was added to the culture medium in a 1:10 dilution. The culture medium
 249 was used as background control. After 2 h of incubation at 37 °C and 5 % CO₂, 100 μ L of media from
 250 every sample was transferred to a microplate (Thermo Scientific; Fisher Scientific) and the absorbance
 251 of the sample against the background was measured with a TECAN reader (TECAN; infinite M200
 252 PRO).

253 **3 Results**

254 **3.1 ILD fibroblasts induce changes in morphology and metabolic activity of iAT2s**

255 Successful co-culture of iAT2 with both ILD or IMR-90 control fibroblasts (experimental workflow in
 256 Figure 1A) resulted in the robust formation of proliferative organoids. Cell-cell contact of iAT2s with
 257 ILD fibroblast in co-culture was shown by partial encapsulation of epithelial organoids by a α -SMA
 258 expressing fibroblast (Figure 1B, white arrows).

259 High-resolution images of the 3D co-cultures revealed changes to organoid formation capacity and
 260 morphology induced by the seeding ratios, i.e. iAT2 to fibroblast number, independent of disease
 261 (Figure 1C). Here, quantitative assessment of organoid area and number of high content images
 262 obtained from all four co-culture conditions (Figure 1C, D, E) demonstrated a reduced capacity for
 263 iAT2s to form organoids with increasing fibroblast seeding numbers (ILD and IMR-90). At the same
 264 time, alveolospheres formed bigger organoids when grown in presence of those fibroblasts and lose
 265 their circular appearance compared with alveolosphere monocultures (Figure 1C, D).

266 In contrast to the seeding ratio dependent findings, ILD fibroblasts provoked reduction in organoid size
 267 when seeded in high density as compared to control IMR-90 fibroblasts (Figure 1E). Further, ILD
 268 fibroblasts led to increased metabolic activity as assessed by WST-1 assay in iAT2 organoids in
 269 comparison to IMR-90 control cells (Figure 1F).

270 **3.2 ILD signaling leads to aberrant epithelial gene expression changes**

271 In order to relate the observed changes in morphology, organoid formation capacity and metabolic
 272 activity (Figure 1) to changes in gene expression levels, we measured critical markers of stem cell
 273 function and epithelial differentiation in co-cultured organoids.

274 Indicating changes in (stem) cell function and epithelial injury, we showed decreased expression of the
 275 alveolar stem cell marker *SFTPC* in the presence of ILD lung fibroblasts in both seeding conditions
 276 (Figure 2A and Supplementary Figure 2). In line with this, *Keratin 8 (KRT8)* expression levels were
 277 downregulated under the impact of ILD primary fibroblasts, additionally indicating the limited capacity
 278 for alveolar regeneration (Figure 2A and Supplementary Figure 2). The distal epithelial marker
 279 *Integrin Subunit Beta 6 (ITGB6)* as well as *Bone Morphogenic Protein 4 (BMP4)* showed increased
 280 transcription in the disease context with F_{ILD high} only (Figure 2B and Supplementary Figure 2). Genes
 281 associated with regulation of extracellular matrix formation and remodeling including *Collagen 1A1*

282 (*Col1A1*), *N-Cadherin (CDH2)* and *Vimentin (VIM)* showed increased expression in co-culture models
 283 of iAT2s with high seeding ratio of ILD fibroblasts, indicating EMT and not in F_{ILD low} (Figure 2B and
 284 Supplementary Figure 2).

285 Expression levels for *Matrix Metalloproteinase 7 (MMP7)*, one of the best studied peripheral blood
 286 biomarkers for matrix remodeling in IPF, showed an increase in mRNA expression when comparing
 287 F_{ILD high} with the respective IMR-90 control (Figure 2B and Supplementary Figure 2). Relative
 288 expression of these genes in ILD and control fibroblast monocultures, is predominantly lower than in
 289 co-cultures with iAT2s, pointing towards their expression from stimulated epithelium (Supplementary
 290 Figure 3).

291 **3.3 ILD fibroblast secretome reveals proinflammatory signaling converging on IL11** 292 **stimulating epithelial remodeling**

293 To characterize fibroblast driven communication resulting in gene expression and phenotypical
 294 changes in the alveolar epithelium in ILD, supernatants of ILD and non-CLD fibroblast were subjected
 295 to mass spectrometry (MS).

296 MS analysis detected 2625 expressed proteins resulting in 47 significantly upregulated and 55
 297 significantly downregulated proteins compared to non-CLD controls (Supplementary Table 3 and 4)
 298 (Figure 3A). The top 15 differentially regulated proteins are listed in Supplementary Table 1 and 2.
 299 Upregulated proteins widely belong to the C-X-C motif chemokine family (CXCL1, CXCL3, and
 300 CXCL8) indicating pro-inflammatory signaling, leucocyte attraction and tissue remodeling (Kortekaas
 301 et al., 2022; Mukaida, 2003; Ng et al., 2020; Strikoudis et al., 2019). Furthermore, significantly
 302 regulated proteins support a pro-inflammation response indicating pro-fibrotic signaling, IL13-related
 303 responses (IL13RA) and IL11 at the center of the signaling circuit. We found upregulated proteins
 304 involved in cell differentiation and growth included Gap Junction protein connexin 43 (GJA1), and
 305 Pregnancy Specific Beta-1-Glycoprotein 4 (PSG4), involved in ECM and tissue remodeling as well as
 306 modulators of WNT signaling (SFRP4).

307 Pathway enrichment analysis of significantly upregulated proteins classified the responses as cytokine
 308 activity, chemokine-mediated signaling pathway as well as TNF-signaling pathway. Furthermore,
 309 cellular/response to chemokines, IL17 signaling pathways and neutrophil chemotaxis were found,
 310 indicative of a strong inflammatory response. The prominent center identified by ClueGo analysis are
 311 proteins associated with rheumatoid arthritis, a disease often associated with development of lung
 312 fibrosis surrounded by the abundant presence of inflammatory chemokines (Figure 3B).

313 Most downregulated proteins are involved in ECM production, assembly or reorganization as well as
 314 coordination of myofibroblast differentiation (PDGFRL). Furthermore, the complement and
 315 coagulation cascade pathways are significantly down-regulated in ILD secretome (Figure 3C).

316 **3.4 IL11 acts as a driver for aberrant signatures in hiPSC-derived alveolospheres**

317 Pathway enrichment analysis indicated rheumatoid arthritis as central hallmark according to identified
 318 secreted protein profiles. IL11 acts as master regulator in RA, orchestrating the CXCL dominated
 319 inflammatory response. IL11 with its bi-inflammatory signaling capacity has been described to be
 320 involved in a range of chronic inflammatory lung diseases, including asthma, COPD and IPF (Cui et
 321 al., 2022). Furthermore, it has gathered attention as potential therapeutic targeting (Ng et al., 2019).
 322 Therefore, we chose IL11 for modified organoid experiments to validate its functional relevance as
 323 critical player in the ILD fibroblast secretome. After stimulation of the alveolospheres with IL11 in
 324 dose-response experiments (Dose_{low} = 0.5 ng/mL), Dose_{high} = 5 ng/mL), (Figure 4B - D) recapitulated
 325 the results observed epithelial-fibroblasts co-cultures. We demonstrated that mature alveolospheres in
 326 a 3D matrix under the impact of IL11 from day 7 - 14 of culture show morphologic changes with

327 increased organoid size (Figure 4C (ii) and (iii)) and reduced organoid formation capacity
328 (Figure 4C (iii) and 4D) when compared to untreated non-CLD fibroblasts. Furthermore, metabolic
329 activity (WST-1) of IL11 treated iAT2s increased strongly over the treatment period (Figure 4D), again
330 in line with the results obtained in co-culture experiments (section 3.1). Treatment of growing
331 alveolosphere monocultures with a dose of 20 ng/mL IL11 led to the formation of large organoids
332 followed by apoptosis within 5 days of culture.

333 4 Discussion

334 In ILD, sustained inflammation and scarring of the gas exchange area ultimately results in organ
335 failure. Excessive deposition of ECM and remodeling of the lung scaffold along with inflammation-
336 driven epithelial damage and dedifferentiation is widely transmitted by the misguided interaction of
337 fibroblasts and epithelial cells (Lewis et al., 2018). Therefore, improved understanding of the
338 mesenchymal-to-epithelial crosstalk remains a centerpiece in finding new avenues to monitor and treat
339 ILD. However, the signaling factors and their involvement to ILD pathogenesis is still unclear.

340 This study aimed at deciphering functionally relevant candidates with a key role in mesenchymal-to-
341 epithelial crosstalk to identify potential targets for future therapeutic strategies. By using a sensitive
342 human iPSC-derived alveolar organoid co-culture model and secretome analysis of ILD fibroblasts,
343 we highlighted the functional importance of cytokine-driven aberrant epithelial differentiation upon
344 fibroblast signaling. In our unbiased proteomic approach, we identified IL11 in the top 15 regulated
345 proteins as key regulator of the observed, fibroblast-driven immune signaling. Its central role in
346 chronic inflammatory lung diseases and its function as key mediator of pro-fibrotic mesenchymal-
347 epithelial crosstalk supported our observations together with demonstrating its functional relevance our
348 human alveolosphere model (Cook & Schafer, 2020; Ng et al., 2020; Ng et al., 2019).

349 In our *in vitro* co-culture approach, primary human pulmonary fibroblasts and iAT2s formed lung
350 organoids. The 3D matrix recapitulates tissue characteristics of the distal lung in contrast to 2D plastic
351 culture conditions (Figure 1). Primary human fibroblasts, both ILD and IMR-90 control cells,
352 correlating with seeding numbers but in a disease-independent manner, reduced organoid number and
353 led to an increase in organoid size after 12 days of co-culture. These findings indicate that the presence
354 of either, ILD or control (IMR-90) fibroblasts changes the microenvironment of iAT2s, thereby
355 impacting on organoid growth. As studies indicated the easily-induced activation of primary lung
356 fibroblasts resembling disease characteristics (Kathiriya et al., 2022), these findings might explain the
357 uniform response of iAT2 organoids to fibroblasts independent of disease status but likely related to
358 fibroblast activation per se.

359 The ILD-induced, significant increase in metabolic activity, however, was provoked by high-seeding
360 ratios of diseased fibroblasts (Figure 1F), indicating a potential role of ILD lung fibroblasts on
361 epithelial cell metabolic reprogramming potentially indicative of epithelial dedifferentiation, and
362 possibly EMT (Kalluri, 2009; Kalluri & Weinberg, 2009; Wang et al., 2020). The loss of epithelial
363 stem cell characteristics is also supported by the decrease in SFTPC expression in ILD co-cultures
364 (Adams et al., 2020; Katzen & Beers, 2020; Kortekaas et al., 2021). *SFTPC* expression is sensitive to
365 epithelial inflammation and injury and can be restored after regeneration as has been observed by e.g.,
366 negative regulation of SFTPC in Sars-CoV-2 infected alveolar organoids (Mou, 2021). Differentiation
367 of AT2s is necessary for regeneration of injured alveoli and drive them into expressing transient
368 basaloid features marked by *Keratin 5* (*KRT5*) expression. The elucidation of this identity change is
369 critical as the amount of alveolar *KRT5*⁺ aberrant basaloid cells directly correlates with mortality in
370 pulmonary fibrosis (Kathiriya et al., 2022; Khan et al., 2022; Ng et al., 2022).

371 An important marker in the transdifferentiation of AT2 to AT1 phenotype during epithelial
372 regeneration is *KRT8* (Ng et al., 2022; Strunz et al., 2020). Downregulation of *KRT8* marks the stage
373 of pre-AT1 like cells in a murine bleomycin lung injury model, also associated with the expression of
374 EMT markers. Furthermore, this particular state also shows the expression of pro-fibrogenic proteins

375 including *ITGB6* (Strunz et al., 2020). In our study, *ITGB6* expression is upregulated specifically in
376 the ILD co-cultures and potentially reflects on EMT processes in lung organoids together with the
377 downregulation of *KRT8*. Supportive of these findings are the elevated relative expression of *BMP4*
378 and *MMP7* in the lung organoids cultured with ILD fibroblasts which have been shown to be master
379 regulators of EMT in pulmonary fibrosis (Molloy et al., 2008). *MMP7* is involved in regulating lung
380 injury and one of the most important biomarkers in peripheral blood in the diagnosis of idiopathic
381 pulmonary fibrosis (Adams et al., 2020; Bauer et al., 2017). Co-culture of alveolospheres with ILD
382 fibroblasts also specifically changed the expression of genes involved in ECM biosynthesis. The
383 increased transcription of *Col1A1*, *VIM* and *CDH2* implies partly that fibroblasts increase matrix
384 production or deposition when cultured with diseased fibroblasts (Adams et al., 2020; Katzen & Beers,
385 2020). These genes show elevated expression in fibrotic lungs, it supports the disease crosstalk in the
386 ILD co-culture model and the resulted. (Ng et al., 2022) In contrast, it has been shown recently that
387 primary alveolar epithelial cells undergo aberrant basal transdifferentiation stimulated by IPF
388 fibroblasts co-culture (Kathiriya et al., 2022). The basaloid cells show increased ECM protein as well
389 as *BMP4* and *ITGB6* expression as detected in our model. The overlap in transcriptional profiles could
390 therefore indicate an aberrant basaloid state of the hiPSC-derived lung organoids after ILD fibroblast
391 co-culture, detrimental in the initiation of pulmonary fibrosis.

392 To understand mesenchymal-to-epithelial crosstalk leading to the changes in organoid phenotype and
393 gene expression, we analyzed the supernatant of ILD or control fibroblasts in an unbiased approach by
394 mass spectrometry (Strieter et al., 2007). Cytokines that belong to the C-X-C motif family dominate
395 the upregulated proteins in the secretome. These signaling molecules act on the CXCR1 and CXCR2
396 receptor, as well as regulate the expression of cytokines from the interleukin family, central to the
397 pathogenesis of fibrotic and inflammatory lung diseases such as IPF and acute respiratory distress
398 syndrome (ARDS) (Kortekaas et al., 2022; Mukaida, 2003; Ng et al., 2020; Strikoudis et al., 2019).
399 The majority of the differentially regulated proteins are proinflammatory cytokines that primarily act
400 on neutrophil and monocyte or lymphocyte recruitment (CXCL 1, 3, 5, 8). The proinflammatory
401 response is complemented by the regulation of proteins that induce cellular senescence and activate
402 soluble or matrix bound TGF- β such as the Pregnancy-Specific Glycoprotein (PSG) family,
403 PSG 4, 5, 6 or induce a hypercoagulable environment (TFPI2). SFRP4 directly inhibits WNT signaling
404 modulating cell growth and differentiation particularly involved in the transdifferentiation of AT2
405 towards AT1 (Abdelwahab et al., 2019). At the same time, WNT serum levels are discussed as a
406 potential biomarker for EMT and severity of lung fibrosis. These factors, particularly WNT modulation
407 and TGF- β solubilization, might explain the phenotypical change in organoid number and size and
408 support gene expression levels that indicate epithelial transdifferentiation into aberrant basaloid cells
409 or a fibroblast-like phenotype when co-cultured with ILD fibroblasts.

410 We detected IL11, centrally orchestrating the ILD protein profile as observed by pathway enrichment,
411 among the top 15 regulated candidates in the secretome of ILD primary fibroblasts. IL11 is highly
412 upregulated in pro-inflammatory fibroblasts as extracted from IPF lungs. The cytokine belongs to the
413 IL6 family and is induced by TGF- β stimulation and other proinflammatory mediators (IL1 β , IL17,
414 IL22, reactive oxygen species (ROS)). It can either activate fibroblasts to differentiate into
415 myofibroblasts in an autocrine fashion through ERK/SMAD canonical signaling for pro-fibrotic
416 protein expression (COL1A1, ACTA2). Furthermore, it stimulates epithelial cells (paracrine loop)
417 through activating ERK signaling cascades inducing cellular senescence, EMT and chronic
418 dysfunction as well as impaired regeneration (Ng et al., 2020). In our co-culture models we observed
419 gene expression patterns and phenotypical changes that indicate both the autocrine and paracrine
420 features of IL11 signaling including EMT, stem cell dysfunction (phenotypical changes Figure 1,
421 epithelial gene expression Figure 2) as well as collagen upregulation (mesenchyme associated genes
422 Figure 2), also shown by (Ng et al., 2020). Similar as observed for iAT2 co-cultures with different
423 seeding densities of ILD fibroblasts (Figure 1), direct treatment of alveolosphere monocultures with

424 IL11 caused a dose dependent increase in their metabolic activity (Figure 4) associated with elevated
425 mesenchymal markers and decreases in AT2 stemness and identity (Figure 2). High levels of IL11
426 (20 ng/mL) even induced apoptotic cell death (data not shown) supporting the strong induction of
427 senescence and disturbance of stem cell function in alveolar organoids (Kortekaas et al., 2022). These
428 results are in line with modeling Hermansky-Pudlak syndrome-associated interstitial pneumonia
429 (HPSIP), a disease with high similarity to IPF, in iPSC-derived lung organoids shown by Strikoudis et
430 al. 2019. IL11 alone induced fibrotic changes in healthy alveolar organoids and knock-out of IL11
431 expression in diseases organoids reversed organoid fibrosis (Strikoudis et al., 2019). Moreover, IL11
432 exposure impacts on the progenitor function that characterizes AT2s, thereby likely suppressing the
433 formation of mature AT2s as described by Kortekaas and colleagues (Kortekaas et al., 2022; Kortekaas
434 et al., 2021).

435
436 Our results strongly support the central role of IL11 signaling, amongst the top regulated cytokines in
437 the ILD fibroblast secretome, in early events of ILD initiation. IL11 strongly influences the intricate
438 crosstalk between activated (myo)fibroblasts and damaged epithelial cells which is decisive in the
439 progression of pulmonary fibrosis in ILD. Furthermore, we demonstrate the functional potential of
440 lung organoid co-culture models derived from hiPSCs displaying aberrant dedifferentiation and
441 basaloid-prone signatures resulting from mesenchyme-to-epithelial driven failure (Adams et al., 2020;
442 Habermann et al., 2020). IL11 induced alveolar differentiation may mislead regeneration by destroying
443 the homeostasis in the alveolar space and result in AT2 dysfunction and offers a valuable and promising
444 therapeutic target (Lin et al., 2022).

445 **Conflict of Interest**

446 The authors declare that the research was conducted in the absence of any commercial or financial
447 relationships that could be construed as a potential conflict of interest.

448 **Author Contributions**

449 M.T. Kastlmeier, A. Hilgendorff and C. Voss conceived and planned the experiments. M.T. Kastlmeier
450 and E. Gonzalez Rodriguez carried out the experiments. M.T. Kastlmeier, E. Gonzalez Rodriguez,
451 P. Cabanis, E. M. Guenther contributed to sample preparation. A-C. König and S. Hauck performed
452 the mass spectrometry analysis. M.T. Kastlmeier, C. Voss, T. Stoeger, A-C. König, S. Hauck and
453 A. Hilgendorff contributed to the interpretation of the results. M.T. Kastlmeier and C. Voss. took the
454 lead in writing the manuscript. All authors provided critical feedback and helped shape the research,
455 analysis and manuscript.

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471 5 References

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 614

615 **Figure Legends**

616 **Figure 1. 3D co-culture of iAT2 and primary fibroblasts**

617 (A) Schematic workflow of the 3D co-culture model of iAT2s with IMR-90 control or ILD fibroblasts
 618 at different seeding densities in a matrix dome analyzed for size, organoid morphology and metabolic
 619 activity. (B) Immunofluorescence of 3D co-culture of iAT2s and ILD fibroblasts at day 12 (α -
 620 SMA: red, DAPI: cyan). (C) Representative maximum intensity projections from high-content images
 621 of different co-culture conditions showing iAT2s growing with human fibroblasts for 12 days.
 622 Scale bar, 500 μ m. (D) Box plots indicate size (μ m²) of organoids in co-culture at day 12. N = 3.
 623 (E) Number of formed organoids in co-cultures at day 12, N = 3. (F) Metabolic activity of co-cultured
 624 organoids estimated by WST-1 assay at 5, 8 and 12 days. Results are represented relative to co-cultures
 625 with IMR-90 control fibroblasts at each time point. N = 2. Statistics: unpaired t-Test.

626

627 **Figure 2. Gene expression in ILD and IMR-90 control organoid co-cultures**

628 (A) Fold change of gene expression relative to control conditions for epithelial and stem cell markers
 629 in co-culture conditions of iAT2s with ILD fibroblasts in two seeding densities ($F_{ILD\ high}$ and $F_{ILD\ low}$).
 630 N = 3, unpaired t-Test, ### highly significant compared to HK (Supplementary Figure 2). (B) Fold
 631 change of gene expression relative to control conditions for markers associated with aberrant
 632 differentiation in co-culture conditions of iAT2s with ILD fibroblasts in two seeding densities ($F_{ILD\ high}$
 633 and $F_{ILD\ low}$). N = 3, unpaired t-Test, ## highly significant compared to HK (Supplementary Figure 2).

634

635 **Figure 3. Secreted ligands of MS secretom analysis**

636 (A) Volcano plot visualizing significantly regulated proteins (47 up, 55 down) found in secretome
 637 analysis of ILD or non-ILD control fibroblasts by MS. Data showing the log₂ fold change against the
 638 adjusted P value [log₁₀]. Significant upregulated proteins are depicted in red and significant
 639 downregulated proteins in blue. (total: 102 significantly changing proteins with FDR < 0.05). Pathway
 640 enrichment and protein interaction network of (B) upregulated proteins and (C) downregulated proteins
 641 using the Cytoscape plugin ClueGo. The following ontologies were used: KEGG, molecular functions
 642 and biological processes. The connectivity of the pathways is described by functional nodes and edges
 643 that are shared between proteins with a kappa score of 0.4. Only enriched pathways are visualized and
 644 the node size indicates the p-value ($p\text{-value} \leq 0.05$). Proteins from the same pathway share the same
 645 node color and the bold fonts indicate the most important functional pathways that define the names of
 646 each group.

647 Enriched Pathways: 1. rheumatoid arthritis, 2. chemokine-mediated signaling pathway, 3. neutrophil
 648 chemotaxis, 4. chemokine activity, 5. TNF signaling pathway, 6. IL17 signaling pathway, 7. cellular
 649 response to chemokine, 8. response to chemokine

650

651 **Figure 4. Cytokine treatment of iAT2s in a 3D culture**

652 (A) Immunofluorescence of alveolosphere monoculture at day 14 (SFTPC: red, NKX2.1: green,
 653 DAPI: cyan). (B) Schematic workflow of organoid treatment starting at day 7 of culture. Treatment
 654 with IL11 (0.5 ng/mL or 5 ng/mL) occurred every 48 h for additional 7 days before analyzing
 655 alveolospheres. (C) Representative maximum intensity projections from high-content images of
 656 (i) untreated monocultured alveolospheres, (ii) 0.5 ng/mL or (iii) 5 ng/mL. Scale bar, 500 μ m.
 657 (D) Data represent organoid formation capacity and metabolic activity estimated by WST-1 assay in
 658 IL11 treated alveolospheres.