

Contribution of Common Genetic Variants to Risk of Early-Onset Ischemic Stroke

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Abstract

Background and Objectives

Current genome-wide association studies of ischemic stroke have focused primarily on late-onset disease. As a complement to these studies, we sought to identify the contribution of common genetic variants to risk of early-onset ischemic stroke.

Methods

We performed a meta-analysis of genome-wide association studies of early-onset stroke (EOS), ages 18–59 years, using individual-level data or summary statistics in 16,730 cases and 599,237

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Glossary

CI = confidence interval; EOS = early-onset stroke; EOSC = Early Onset Stroke Consortium; GWAS = genome-wide association study; ICD-9 = *International Classification of Diseases-9*; LD = linkage disequilibrium; LDSC = LD Score Regression analysis; LOS = late-onset stroke; MAF = minor allele frequency; OR = odds ratio; PRS = polygenic risk score; SiGN = Stroke Genetics Network; VTE = venous thromboembolism; VWF = von Willebrand factor.

nonstroke controls obtained across 48 different studies. We further compared effect sizes at associated loci between EOS and late-onset stroke (LOS) and compared polygenic risk scores (PRS) for venous thromboembolism (VTE) between EOS and LOS.

Results

We observed genome-wide significant associations of EOS with 2 variants in *ABO*, a known stroke locus. These variants tag blood subgroups O1 and A1, and the effect sizes of both variants were significantly larger in EOS compared with LOS. The odds ratio (OR) for rs529565, tagging O1, was 0.88 (95% confidence interval [CI]: 0.85–0.91) in EOS vs 0.96 (95% CI: 0.92–1.00) in LOS, and the OR for rs635634, tagging A1, was 1.16 (1.11–1.21) for EOS vs 1.05 (0.99–1.11) in LOS; *p*-values for

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interaction = 0.001 and 0.005, respectively. Using PRSs, we observed that greater genetic risk for VTE, another prothrombotic condition, was more strongly associated with EOS compared with LOS ($p = 0.008$).

Discussion

The ABO locus, genetically predicted blood group A, and higher genetic propensity for venous thrombosis are more strongly associated with EOS than with LOS, supporting a stronger role of prothrombotic factors in EOS.

Substantial advances have been made in recent years toward identifying common genetic variation associated with risk of ischemic stroke.^{1,2} This progress has been largely based on meta-analyses of genome-wide association study (GWAS) results derived from predominantly late-onset cases. Given that a higher heritability of early-onset ischemic stroke is observed in multiple studies,³⁻⁶ there is a strong need for genetic studies focusing on early-onset stroke (EOS). A pressing question is whether the genetic contribution to EOS includes novel or specific mechanisms that may have translational importance across the whole age spectrum, as has been found from studies of early-onset cases in other complex diseases.⁷⁻⁹

Because atherosclerosis is a less common cause of stroke in young adults, we hypothesized that nonatherosclerotic, prothrombotic mechanisms may be more important and discernible in studies of EOS.^{10,11} This concept is supported by associations reported between EOS and multiple prothrombotic candidate genes.¹⁰⁻¹⁴ In this report, we present findings from the Genetics of Early Onset Ischemic Stroke Consortium, contrast the effect sizes of known stroke loci in early-onset vs late-onset stroke (LOS), and evaluate differing contributions of prothrombotic loci to EOS and LOS.

Methods

The Early Onset Stroke Consortium (EOSC) is a collaboration of 48 different studies across North America, Europe, Japan, Pakistan, and Australia for a GWAS meta-analysis of early-onset ischemic stroke in cases aged 18–59 years. Collectively, these studies contributed 16,880 cases (16,730 cases included for analysis) and 601,413 nonstroke controls (599,237 included for analysis) (eMethods and eTable 1, links.lww.com/WNL/C245). All patients had brain imaging to exclude diagnoses other than ischemic stroke. Additional screening was performed in most studies to exclude cases believed to be due to a known monogenic cause (e.g., sickle cell disease) or nongenetic cause (e.g., drug use, complications of procedures). Ischemic stroke subtyping was performed using the Trial of Org 10 172 in Acute Stroke Treatment (TOAST) criteria¹⁵ by most sites.

The EOSC includes cases from 2 different sources: EOS cases who previously participated in the Stroke Genetics Network (SiGN)¹⁶ ($n = 7,619$) and EOS cases from additional non-SiGN study sites ($n = 9,598$). eTable 1 (links.lww.com/WNL/C245) lists the 48 sites contributing EOS cases and sources of controls. With 1 exception (Group 7 including cases from

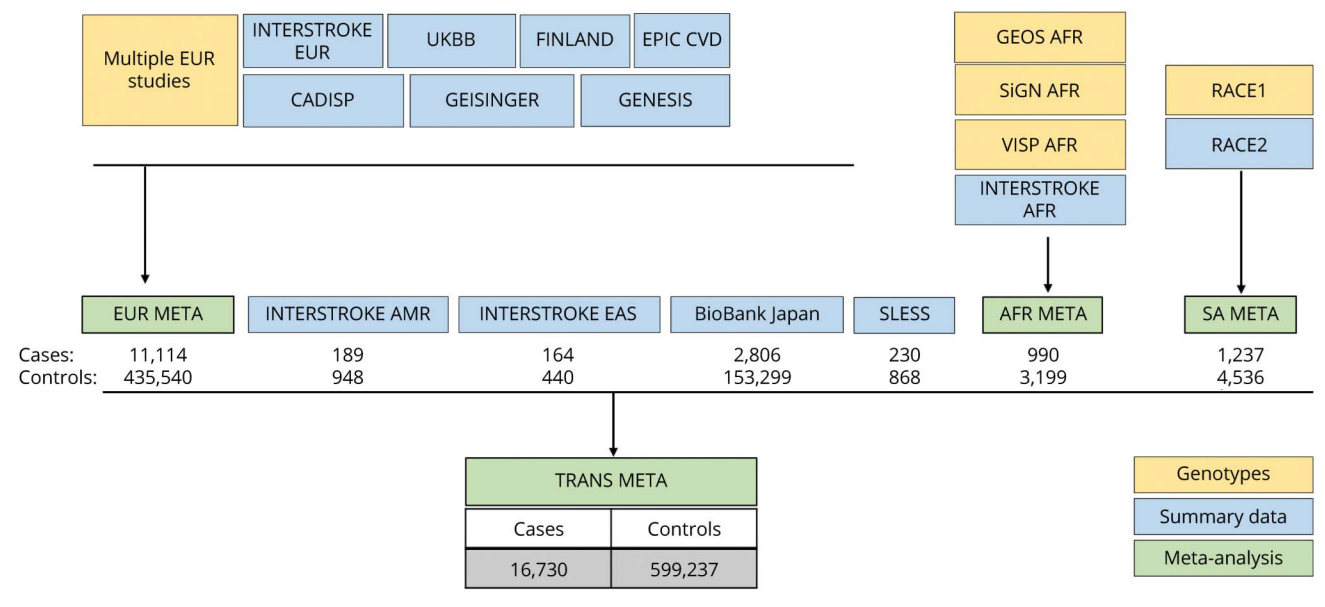
Barcelona and BASICMAR), controls from each study were of the same age or older than cases. Analysis groups were assigned as previously described to combine cases and controls of similar genetic ancestry groups and genotyped on arrays of similar density.¹⁶ Clinical characteristics of stroke cases are shown in eTable 2. Genotypes for all studies except Helsinki were imputed using the TOPMed reference panel on the University of Michigan Imputation Server.¹⁷ The Helsinki Study imputed genotypes using a Finnish population-specific reference panel and the BEAGLE software. All genotype data were based on genome build hg38. Genotyping platforms and cohort-specific quality control and analysis parameters are provided in eTable 3.

GWAS of stroke cases and controls were conducted within sites or within groupings of sites and then meta-analyzed. Before analysis, we removed cases if there were fewer than 40 in the analysis strata, if they could not be assigned to a genetic ancestry group, or if there was an inadequate number of controls. Filtering on these criteria left 16,730 (of 16,880) EOS cases for analysis. The overall analytic design is depicted in Figure 1. Our primary analysis was a transethnic meta-analysis. In parallel, we performed a European-only meta-analysis. Logistic regression was performed to test for association between stroke occurrence and single variants. Covariates included sex and up to 10 principal components to adjust for population stratification, unless otherwise specified. Power calculations indicated that our study provided 80% power to detect odds ratios (ORs) ranging from 1.09 to 1.20 for common genetic variants with minor allele frequencies (MAFs) $> 5\%$ at the genome-wide threshold for significance, that is, 5×10^{-8} . For comparison, the previously detected ORs for ischemic stroke from MEGASTROKE GWAS (67,162 cases) ranged from 1.05 to 1.09.¹ We also performed TOAST-defined stroke subtype analyses for sites providing subtype classification.

We compared effect sizes between EOS and LOS cases of European ancestry at 40 loci previously associated with stroke in MEGASTROKE,¹ MEGASTROKE and UK Biobank combined,² or in a previously published meta-analysis of small vessel stroke.¹⁸ We created an LOS case cohort (age onset ≥ 60 years) from the SiGN Consortium consisting of 9,272 LOS cases and 25,124 controls of European ancestry for this comparison. Effect sizes between EOS and LOS were compared using a Wald test.

To explore associations of serologically defined ABO blood groups (i.e., A, B, AB, and O) with stroke, we compared the distribution of blood groups among EOS, LOS, and controls. We assigned ABO blood groups using genotypes at 2 single-nucleotide polymorphisms

Figure 1 Overview of the Study Design



(SNPs; rs8176719 and rs8176746), as described by Groot et al.¹⁹ (see eMethods, links.lww.com/WNL/C245).

ABO blood groups can be further subdivided into 5 different haplotypes, or subgroups, each of which can be tagged by a single SNP²⁰ (see eMethods, links.lww.com/WNL/C245). The 5 ABO subgroups are A1 (the ancestral subgroup, tagged by rs2519093-T), O1 (tagged by a frameshift deletion, rs8176719-delG), A2 (tagged by rs1053878-A), B (tagged by rs8176743-T), and O2 (tagged by rs41302905-T).²⁰ A study²⁰ has recently shown that relative to subgroup O1, the genetically defined subgroups A1 and B are strongly associated with venous thrombosis risk, and subgroup A2 is associated with a modest increase in risk.

We hypothesized that the strong association of EOS with the ABO locus was related to the prothrombotic properties of the ABO blood group. We evaluated this hypothesis first by testing whether the 2 lead ABO variants were associated with venous thromboembolism (VTE), another prothrombotic condition, in the UKB and whether the association was more prominent in early-onset compared with later-onset VTE. Using summary-level association results (VTE results from the INVENT Consortium²¹), we estimated pairwise genetic correlations among EOS, LOS, and VTE using LD Score Regression analysis (LDSC).²² We then tested whether genetic predisposition to VTE, as measured by a polygenic risk score (PRS), was more prominently associated with EOS compared with LOS. For this purpose, we generated a VTE PRS for individuals from the EOSC and LOS subset from SiGN based on a large prior GWAS of VTE²³ using PRSice software.²⁴ The VTE PRS included 255 SNPs using a GWAS *p*-value threshold of 1×10^{-5} (see eMethods, links.lww.com/WNL/C245). We tested the association between the VTE

PRS score with stroke in the European ancestry sample using logistic regression with 10 principal components for ancestry and sex included as covariates. Effect sizes between EOS and LOS stroke were compared using a Wald test (see eMethods).

We identified several disorders and plasma biomarkers (LOS, VTE, and plasma levels of von Willebrand factor [VWF] and factor VIII) for which associations at the ABO locus have previously been reported and then used the coloc software²⁵ to assess evidence that the same causal SNPs associated with EOS also drove associations with the second trait. In brief, coloc uses a Bayesian approach and summary-level association results for 2 traits to calculate the posterior probabilities of 5 competing hypotheses (H0–H4) that assess whether the associations are due to the same (corresponding to H4) or a different (corresponding to H3) causal variant (see eMethods, links.lww.com/WNL/C245).

Standard Protocol Approvals, Registrations, and Patient Consents

All participating sites obtained IRB or Ethics Board approval, and informed consent was obtained from all participants or their legally authorized representative.

Data Availability

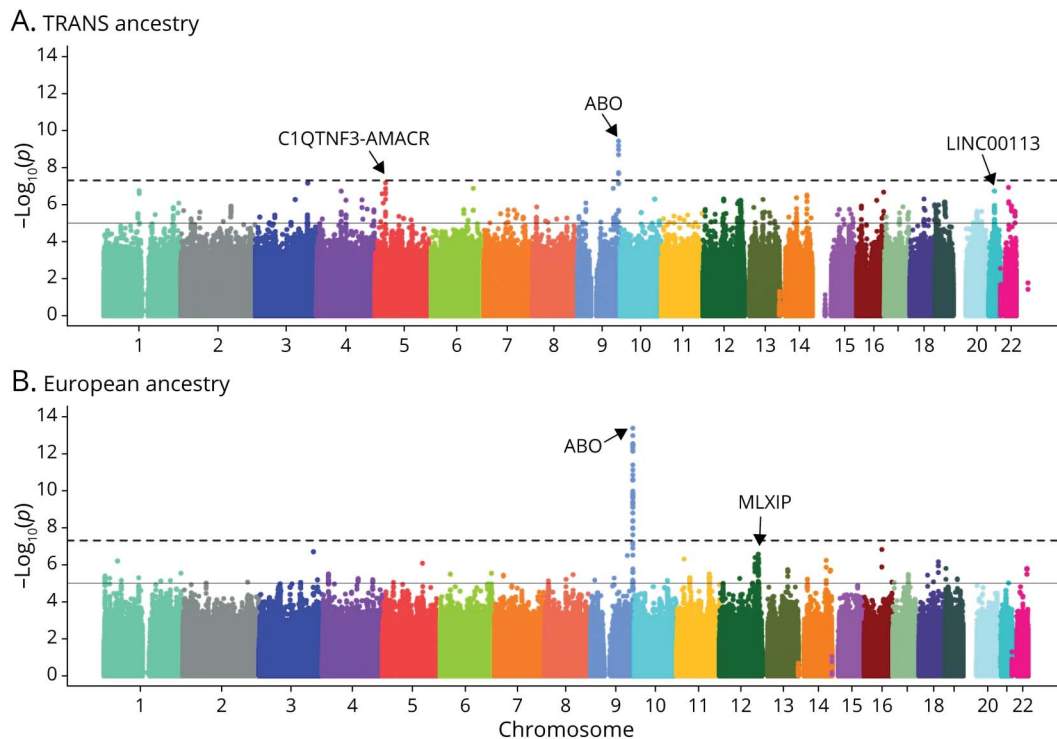
Summary results will be made available on application to the contact authors and consortium approval of the request. Individual-level data from a subset of sites will be made available on the database of Genotypes and Phenotypes (dbGaP).

Results

Genome-wide Analysis Results

The transethnic meta-analysis included a total of 16,730 EOS cases, representing 990 of African, 11,114 of European, 189 of

Figure 2 Genome-wide Association Analysis of EOS



Manhattan plot of EOS meta-analysis in the EOSC, random effects model, in TRANS ancestry (A) and European Ancestry (B). EOS = early-onset stroke; EOSC = Early Onset Stroke Consortium.

Hispanic, 230 of Afro-Caribbean, and 4,207 of pan-Asian ancestry. There was little evidence for inflation of p -values across sites, as indicated by genomic control ranging from 0.86 to 1.14 (eTable 3, links.lww.com/WNL/C245). We identified 2 separate loci associated with EOS at genome-wide significance, both mapping to the *ABO* gene (Figure 2A and eTable 4). The lead variants at these loci tag *ABO* subgroups O1 and A1, respectively (see below). The OR for rs975381715, the O1-tagging variant (MAF = 0.37 in Europeans and 0.43 in African Americans), was 0.88 (95% confidence interval [95% CI]: 0.85–0.92; $p = 3.72 \times 10^{-10}$). The A1-tagging variant, rs8176685 (MAF = 0.19 in Europeans and 0.07 in African Americans), marks a 12 base-pair insertion/deletion polymorphism and had an OR of 1.16 (95% CI: 1.10–1.21; $p = 2.06 \times 10^{-9}$). This deletion variant has previously associated with ischemic stroke^{1,26} and is in near-perfect linkage disequilibrium (LD) with rs635634, the lead *ABO* SNP associated with all ischemic stroke in MEGASTROKE.¹

The European ancestry-only meta-analysis, based on 11,114 EOS cases, also identified genome-wide associations marking the O1 and A1 blood groups the *ABO* gene, albeit with 2 different tagging SNPs (Figure 2B and eTable 5, links.lww.com/WNL/C245). In this analysis, the lead O1-tagging SNP was rs529565 (previously rs912805253) and had an OR = 0.88 (95% CI: 0.85–0.91; $p = 4.31 \times 10^{-14}$), and the lead A1-tagging SNP was rs635634 and had an OR = 1.16 (95% CI: 1.11–1.21; $p = 6.54 \times 10^{-13}$). Stratified analyses revealed no

difference in effect sizes of either *ABO* rs529565 or rs635634 between men and women.

We performed a joint analysis of *ABO* SNPs rs529565 and rs635634 to assess their independent associations with EOS. The frequencies of the rs529565 T and rs635634 T alleles in European ancestry populations are 0.63 and 0.19, respectively. There was a moderate correlation between these 2 SNPs ($r^2 = 0.39$), although the rs635634 T allele seems exclusively on the background of the rs529565 C allele, resulting in a D' of 1 (eFigure 1, links.lww.com/WNL/C245). We therefore used a stratified approach to assess the contribution of rs529565 to stroke risk in the absence of the rs635634 T allele. In this analysis, restricted to strata for whom we had individual-level data, rs529565 remained associated with all EOS and at approximately the same effect size (OR = 0.90, 95% CI: 0.85–0.96; $p = 0.003$), implying an association of this SNP that was independent of rs635634.

In addition to the 2 genome-wide significant loci, we observed 1 additional SNP meeting genome-wide significance (rs118091666 in *SHKBP1*), although this SNP was rare (MAF = 0.018 in Europeans and monomorphic in non-Europeans). We observed 19 “suggestive” loci with sub-threshold levels of significance (i.e., $p < 1 \times 10^{-6}$) in the transethnic analysis (eTable 4, links.lww.com/WNL/C245) and 14 loci in the European-only analysis (eTable 5). Among these loci were *MC4R* (melanocortin-4 receptor),

an obesity-associated gene, and *TEK* (TEK receptor tyrosine kinase, rs78411354), which plays a role in embryonic vascular development. Three of the 29 unique loci associated with EOS in either the transethnic or European-only analysis at subgenome thresholds (i.e., $p < 1 \times 10^{-6}$) were nominally associated with LOS at $p < 0.05$ (eTables 4 and 5), and one of these, rs115133729 in *MAPKAPK5*, was strongly associated with LOS ($p = 1.30 \times 10^{-7}$) and has previously been associated with all ischemic stroke in MEGASTROKE Europeans (Cerebrovascular Disease Knowledge Portal, accessed April 16, 2022).

Analysis of stroke subtypes, available in 69.5% of all stroke cases, revealed 11 SNPs associated with various stroke subtypes at genome-wide thresholds of significance (eTable 6, links.lww.com/WNL/C245), although the sample sizes were relatively small for each subtype (ranging from 886 to 5,149 for transethnic analysis and 376 to 1,502 for European-only analysis) and the frequencies of the associated SNPs were low (8 SNPs with European ancestry (EUR) MAF <0.02 and MAF of the 3 SNPs <0.09).

There was no evidence for replication of the *HABP2* rs11196288 variant, which was previously associated with EOS in our earlier phase 1 transethnic meta-analysis from the EOSC,¹² although its MAF is low (~3% in gnomAD European ancestry populations). In the expanded meta-analysis presented in this report (16,927 currently vs 4,505 cases previously), there was no evidence for association of this SNP with EOS in any of the new sites, including those of non-European ancestry (eFigure 2, links.lww.com/WNL/C245).

Associations of Index ABO Variants With All Stroke and Stroke Subtypes in EOS and LOS

As indicated above, the rs529565 T and rs635634 T alleles at the *ABO* locus tag blood subgroups O1 and AO1, respectively. The associations we observed for these SNPs with EOS are substantially higher than the peak associations previously reported at the *ABO* locus in predominantly older stroke populations (e.g., OR = 1.08; 95% CI: 1.05–1.11 in MEGASTROKE¹). Both SNPs also had significantly larger effect sizes for all stroke in EOS compared with LOS (*ABO* rs529565: OR = 0.88 [95% CI: 0.85–0.91] vs 0.96 [95% CI: 0.91–1.00] and *ABO* rs635634: OR = 1.16 [95% CI: 1.11–1.21] vs 1.05 [95% CI: 1.00–1.10], p -values for interaction = 0.0004 and 0.001, respectively) (eFigure 3, links.lww.com/WNL/C245).

In stroke subtype-specific analyses, the O1-defining allele at rs529565 had higher effect sizes (i.e., was more protective) in EOS than in LOS for large artery stroke, cardioembolic stroke, and undetermined stroke (p -values for homogeneity = 0.026, 0.007 and 0.0004, respectively). Similarly, the effect sizes of the A1-defining SNP rs635634 were significantly higher in EOS than in LOS for cardioembolic stroke ($p = 0.018$) and for undetermined stroke $p = 0.001$) (eFigure 3, links.lww.com/WNL/C245).

We assessed the associations of *ABO* SNPs rs529565 (encoding blood subgroup O1) and rs2519093 (the defining

SNP encoding blood subgroup A1 and in near-perfect LD with rs635634 [$r^2 = 0.99$]) in the UKB as a quasireplication, “quasi” because EOS UKB cases were included as part of the primary EOSC analyses, but LOS cases were not. The analysis was limited to ischemic stroke cases and based on ICD codes, as described in the eMethods (links.lww.com/WNL/C245). Similar to our analysis in EOSC and SiGN, we observed stronger associations of both SNPs in EOS than in LOS. The ORs for *ABO* rs529565 (O1-defining) were 0.93 (95% CI: 0.86–0.99; $p = 0.02$) for EOS and 0.95 (95% CI: 0.90–0.99; $p = 0.02$) for LOS and for *ABO* rs2519093 (A1-defining) were 1.10 (95% CI: 1.01–1.19; $p = 0.03$) for EOS and 1.05 (95% CI: 1.00–1.02; $p = 0.07$) for LOS.

Association of ABO Serologic Blood Group With EOS and LOS

We initially compared the distribution of A, B, AB, and O blood groups between EOS cases, LOS cases, and nonstroke controls. As indicated in Table 1, EOS cases were more likely to have blood group A and less likely to have blood group O compared with LOS cases and controls ($p < 0.001$ for each comparison). EOS and LOS cases were also more likely to have blood group B compared with controls ($p = 0.004$ and $p = 0.012$, respectively).

Associations of Genetically Defined ABO Blood Subgroup With EOS and LOS

We further compared associations of all 5 *ABO* blood subgroups between EOS and LOS cases of European ancestry. The top *ABO* SNPs identified in our GWAS, rs529565 and rs635634, are in high LD with the tagging SNPs for blood subgroups O1 and A1, which were not included in our data set (Table 2). We also used rs1137827 as a high LD tag for rs8176743 (blood subgroup B). As previously described and consistent with the VTE analysis of another study,²⁰ we found blood subgroup O1 (rs529565) to be protective against EOS (OR = 0.88, 95% CI: 0.85–0.91; $p = 4.31 \times 10^{-14}$) and blood subgroup A1 (rs635634) to be strongly associated with EOS (OR = 1.16, 95% CI: 1.11–1.21; $p = 6.54 \times 10^{-13}$) (Table 2). Unlike for VTE, blood subgroup B (rs1137827) showed little evidence for association with EOS (OR = 1.05, 95% CI: 0.93–1.16; $p = 0.324$). These trends were also evident for LOS, although the strengths of association were markedly reduced, that is, blood subgroup A1 (OR = 1.05, 95% CI: 1.00–1.10, $p = 0.044$), and blood subgroup O1 (OR = 0.96, 95% CI: 0.92–1.00, $p = 0.036$).

Based on an allele frequency of 0.20 and OR of 1.16, we estimated that 6% of all EOS cases in Europeans can be attributed to rs635634, compared with ~2% of LOS cases (see Supplement, eMethods, links.lww.com/WNL/C245).

To evaluate whether rs529565 and rs635634 accounted for all of the genetic effects at the *ABO* locus, we performed a conditional analysis in Europeans to test for association of all SNPs at this locus (± 50 kb from *ABO*) with EOS after including rs529565 and rs635634 in the model as covariates.

Table 1 Distribution of ABO Blood Types in EOS Cases, LOS Cases, and in Nonstroke Controls^a

Blood group	EOS cases		LOS cases		Controls		p Values for omnibus test for difference in distribution of blood groups (3 df)			p Values for pairwise test for difference in distribution of blood groups (1 df)		
	n	Proportion	n	Proportion	n	Proportion	Early vs late	Early vs controls	Late vs controls	Early vs late	Early vs controls	Late vs controls
A	2,817	0.484	4,187	0.452	13,023	0.444	0.0001	<0.00001	0.0009	0.0001	<0.00001	0.20
AB	282	0.048	439	0.047	1,270	0.043				0.77	0.10	0.08
B	661	0.113	1,021	0.110	2,964	0.101				0.53	0.004	0.012
O	2,065	0.355	3,622	0.391	12,063	0.411				<0.00001	<0.00001	0.0004
Total	5,825		9,269		29,320							

^aEuropean ancestry subjects only.

These analyses revealed 7 SNPs, falling within 4 LD groups, to be associated with all stroke at a p -value < 0.01 . Of these, rs5598407 (MAF = 0.045) was the most strongly associated with stroke (OR = 1.21, $p = 3.13 \times 10^{-4}$). This SNP was in LD with all of the blood group-defining SNPs ($r^2 < 0.03$ but $D' = 1$ for all) and with rs176694 ($r^2 = 0.347$), which is strongly associated with E-selectin levels ($p < 10^{-406}$) in the GWAS catalog.²⁷ None of the tag SNPs for the 3 other blood subgroups (rs1053878-A2, rs1137827-B, and rs41302905-O2) showed evidence for association after conditioning on rs529565 (O1) and rs635634 (A1); $p > 0.40$ for all.

Associations of Other Established Stroke Loci With EOS

We compared the effect sizes of 40 loci previously found to associate with ischemic stroke^{1,2,16} between EOS (age at first stroke: younger than 60 years) and LOS (60 years or older). As indicated in eTable 7 (links.lww.com/WNL/C245), the ORs associated with EOS were generally consistent with those estimated for LOS with 2 exceptions, RGS7

rs146390073 and *TM4SF4* rs7610618, although the MAFs were relatively rare for both SNPs and there were no statistically significant differences between EOS and LOS.

Genetically Defined ABO and Risk of Early-Onset and Late-Onset VTE

Because the *ABO* locus has been previously associated with VTE and other prothrombotic states,²⁸ we assessed whether there was a similar graded age-at-onset association between *ABO* SNPs rs529565 (O1-defining) and rs2519093 (A1-defining) and VTE in the UKB. The *ABO* rs529565-O1 allele was more strongly associated with early-onset VTE (OR = 0.66, 95% CI: 0.62–0.69; $p = 2.95 \times 10^{-58}$) than with late-onset VTE (OR = 0.77, 95% CI: 0.74–0.81; $p = 6.63 \times 10^{-28}$); p -value for homogeneity of OR = 2.15×10^{-6}). Similarly, the *ABO* rs2519093-A1 allele was more strongly associated with early-onset VTE (younger than 60 years; $n = 3,514$ cases) (OR = 1.64, 95% CI: 1.54–1.74; $p = 1.42 \times 10^{-54}$) than with late-onset VTE (60 years or older; $n = 5,043$ cases) (OR = 1.34, 95% CI: 1.27–1.41; $p = 2.89 \times 10^{-29}$); p -value for

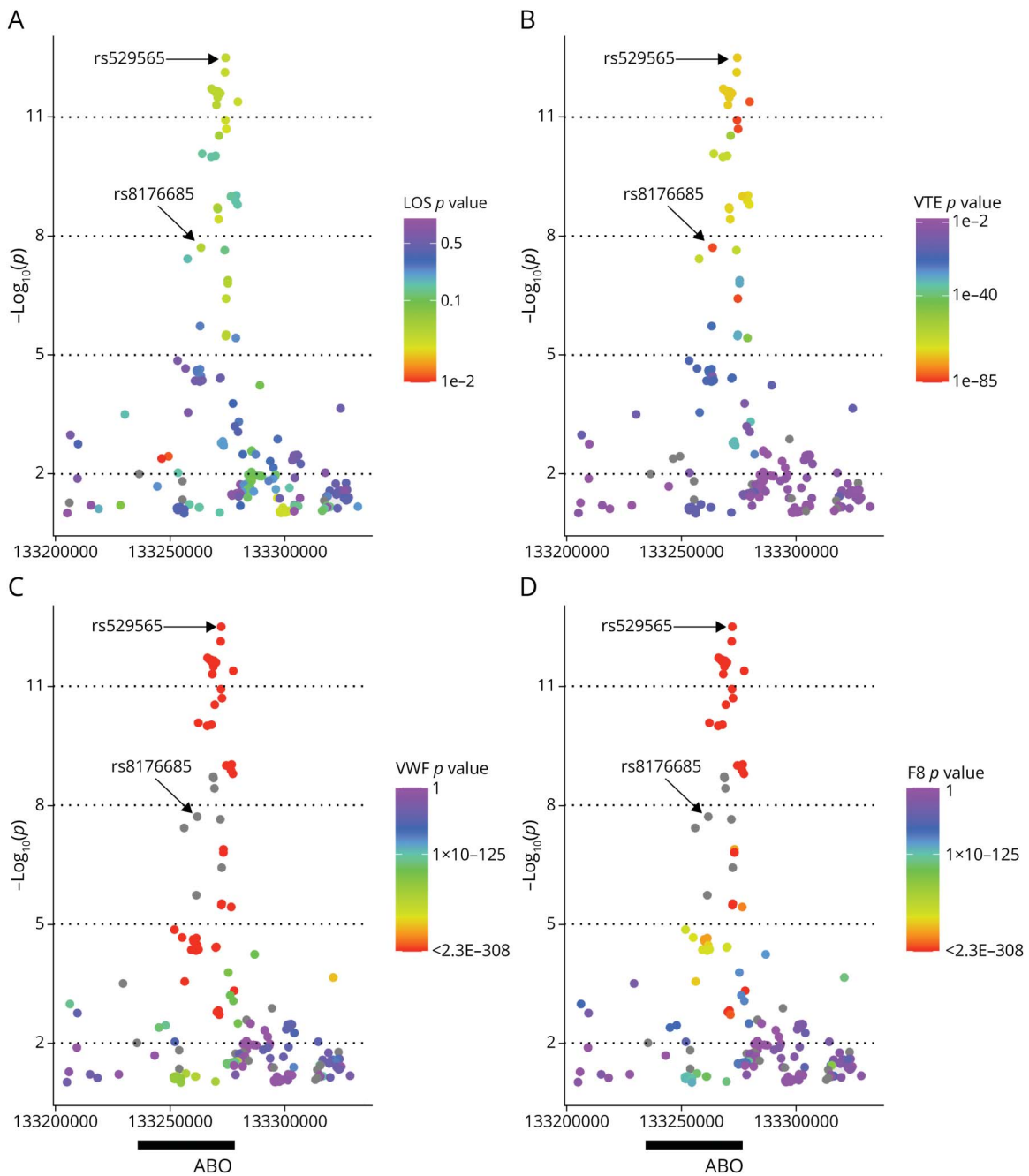
Table 2 Association of the ABO Blood Group-Defining SNPs With EOS and LOS, EUR Only

SNP	Blood group	Alleles	Blood group-determining allele	Frequency of blood group-determining allele ^a	EOS		LOS		p Value for interaction (early vs late)	
					OR	p Value	OR	p Value		
rs635634	High LD proxy for rs2519093 ($r^2 = 0.99$, $D' = 0.99^b$)	A1 ^c	T/C	T	0.19	1.16	6.54E-13	1.05	0.032	0.005
rs529565	High LD proxy for rs8176719 ($r^2 = 0.94$, $D' = 0.98^b$)	O1	T/C	T	0.64	0.88	4.31E-14	0.96	0.036	0.001
rs1053878		A2 ^d	G/A	A	0.08	1.00	0.908	1.00	0.977	0.96
rs1137827	High LD proxy for rs8176743 ($r^2 = 1.00$, $D' = 1.00^b$)	B ^c	C/T	T	0.09	1.05	0.324	1.02	0.591	0.76
rs41302905		O2	C/T	T	0.02	0.94	0.346	0.90	0.111	0.58

Abbreviations: EOS = early-onset stroke; EUR = European ancestry; LD = linkage disequilibrium; LOS = late-onset stroke; SNP = single-nucleotide polymorphism; VTE = venous thromboembolism.

^aFrequency values obtained from gnomAD genomes European samples.^bLD values based on 1,000 genome CEU population (i.e., Northern Europeans from Utah).^cBlood group-associated allele associated with high VTE risk.^dBlood group-associated allele associated with moderate VTE risk.

Figure 3 Associations of SNPs at the *ABO* Locus With Multiple Traits



Association plots showing SNPs associated with EOS at the *ABO* locus (± 50 kb) and the corresponding associations of these SNPs with LOS (A), VTE (B), plasma levels of VWF (C), and plasma levels of factor VIII (D). EOS = early-onset stroke; LOS = late-onset stroke; SNP = single-nucleotide polymorphism; VWF = von Willebrand factor.

homogeneity of ORs = 4.01×10^{-7} (details in eMethods, links.lww.com/WNL/C245).

Genetic Risk of VTE on Risk of EOS and LOS

We used 2 approaches to evaluate whether genetic risk of VTE confers risk for stroke and especially for earlier-onset stroke. First, using LDSC analysis on our current GWAS and the GWAS of VTE from INVENT, we estimated genetic correlations of 0.376 ± 0.153 , $p = 0.014$, between VTE and

EOS and 0.032 ± 0.198 , $p = 0.87$, between VTE and LOS. The genetic correlation between EOS and LOS was 0.455 ± 0.128 ($p = 0.0004$).

Second, we measured genetic risk of VTE using a 255-SNP-based PRS,²³ as described in the eMethods (links.lww.com/WNL/C245). A 1-SD unit increase in VTE PRS was associated with a 1.13-fold increase in risk of EOS (95% CI: 1.10–1.16, $p < 5.21 \times 10^{-16}$) and a 1.04-fold increase in risk of

LOS (95% CI: 1.01–1.08, $p = 0.010$; p -value for homogeneity of OR = 0.0002). These results were essentially unchanged when the analysis was repeated after removing 7 SNPs at the *ABO* locus from the PRS.

Colocation of Associations at the *ABO* Locus Between EOS and Other Thrombotic-Related Disorders and Biomarkers

Figure 3 provides a visualization of the SNPs most strongly associated with EOS and their corresponding associations with VTE and 2 prothrombotic biomarkers. Each panel shows the zoom plot depicting the association of SNPs at the *ABO* locus (± 50 kb) with EOS. The heat map in each panel and the color coding of the variants depict the association with LOS (panel 3A), VTE (panel 3B), plasma levels of VWF (panel 3C), and plasma levels of factor VIII (F8, panel 3D). The SNPs most strongly associated with EOS tended also to be the ones most strongly associated with VTE, VWF, and F8. This trend was less apparent for LOS. Consistent with these observations, there was strong evidence to support the hypothesis of colocalization of at least 1 shared causal SNP between EOS and VTE, EOS and VWF, and EOS and FVIII (posterior probability supporting $H_4 > 99\%$ for all pairs). Consistent with the weak and dispersed set of associations with LOS at this locus, there was insufficient evidence to strongly support either colocalization or absence of colocalization of shared causal SNPs between EOS and LOS (posterior probability supporting $H_4 = 39\%$; posterior probability supporting $H_3 = 61\%$).

Discussion

Our analyses revealed 2 variants at the *ABO* locus that were highly associated with EOS. These variants tag 2 of the *ABO* blood subgroups, O1 and A1, showing a strong deleterious and protective association with ischemic stroke, respectively. Non-O blood groups have been associated previously with risk of ischemic stroke,^{29–31} but the novel contributions of our analysis are in showing a significantly stronger association of these blood groups with EOS compared with LOS and in linking risk predominantly to the blood subgroup A1. In particular, our analyses suggest that the *ABO* blood subgroups A1-tagging and O1-tagging variants (rs529565 and rs635634) are sufficient for capturing nearly all of the *ABO*-mediated genetic association with early-onset (and perhaps late) stroke. Stratified analyses indicate that both SNPs are independently associated with stroke, and further association analyses at the *ABO* locus that condition on the effects of these 2 SNPs reveal only modest additional signal at this locus.

Non-O blood groups have been associated with a variety of diseases and phenotypes, including arterial and venous thrombosis.^{1,20,23,30,32,33} The *ABO* blood groups are determined by the *ABO* gene, and the A and B allele encodes glycosyltransferase A and B, respectively, whereas the O allele encodes a nonactive enzyme. The glycosyltransferases add specific monosaccharides to the precursor H antigen,

producing A and B antigens. These carbohydrate structures are expressed on red blood cells and on other cell types of importance for hemostasis, such as platelets and endothelial cells.³⁴ These carbohydrates are also present on circulating solubilized glycoproteins, including VWF.³⁴ It is well known that non-O blood groups have increased plasma levels of VWF and coagulation factor VIII,^{20,34–36} with the A1 subtype having the highest levels of both.³⁷ The *ABO* locus has also been shown to associate with circulating levels of other glycoproteins such as tumor necrosis factor, soluble E-selectin, P-selectin, intracellular adhesion molecule 1, and thrombomodulin.^{38,39}

Because the *ABO* locus is so pleiotropic, several mechanisms may contribute to our finding of an association to EOS. However, taken together, our results clearly support an increased role of prothrombotic mechanisms in EOS compared with LOS. First, we have shown that the *ABO* rs529565-O1 SNP is not only associated with EOS but also more strongly associated with early-onset compared with late-onset VTE. Second, our results show that genetic risk of VTE, a well-recognized prothrombotic-related disorder, is also more strongly associated with EOS compared with LOS. Consistent with these observations, we further found that the EOS-associated haplotype colocalizes with deep venous thrombosis and with increased levels of VWF and FVIII, which are well-recognized prothrombotic factors.

Although our study had limited power to examine stroke subtypes, it is notable that the *ABO* O1 and A1-defining SNPs were also significantly associated with large artery atherosclerosis, cardioembolic, and undetermined stroke subtypes. This leads to the question, what are the clinical implications of an enrichment of prothrombotic mechanisms in EOS? Clinical translation will require a better understanding of the prothrombotic mechanisms in EOS and, likely, a personalized secondary prevention strategy. The effect sizes of the stroke-associated common variants at the *ABO* locus are too small per se to have immediate clinical implications, but gene-gene and gene-environment interaction deserve future study.⁴⁰ One path to translation would be to identify gene-drug interactions (e.g., oral contraceptives and genetic risk for thrombosis) and determine whether the joint effect has implications for primary prevention. Additional research implications are that rare variant studies should target prothrombotic and related pathways, which could identify variants of larger effect size.

In addition to *ABO*, we detected genome-wide evidence for association of EOS with *SHKBP1* rs118091666. Given that the MAF of this SNP is very low and this locus has not previously been associated with stroke to our knowledge, further follow-up is warranted of this observation.

Our study is not without limitations. First, further fine-mapping and detailed functional experiments will be needed to identify the causal variants and detailed biological pathways that link *ABO* to increased risk of EOS. Second, although 35%

of participants in the EOSC are of non-European ancestry, the diversity of the current EOSC cohort is still somewhat limited, reducing power to detect variants whose frequencies might be high in non-European populations yet low in Europeans. A third limitation is that the sample size even for all stroke is still small by GWAS standards; power to detect subtype-specific variants is even more limited.

In summary, our genome-wide analysis indicates a stronger association of *ABO* risk variants tagging blood groups O1 and A1 with EOS compared with LOS and stronger associations of the same *ABO* variants with early-onset compared with late-onset VTE, another prothrombotic condition. Similarly, we observed genetic risk for VTE to be more strongly correlated with EOS compared with LOS. Our findings are consistent with an increased role for prothrombotic mechanisms in EOS compared with LOS.

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Please see eAppendix 1 (links.lww.com/WNL/C245) for the funding and acknowledgements for each contributing study.

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Continued

Appendix 1 (continued)

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Appendix 1 (continued)

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Appendix 1 (continued)

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Name	Location	Contribution
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Marguerite R. Irvin, PhD	Department of Epidemiology, University of Alabama at Birmingham	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Rebecca D. Jackson, MD	Division of Endocrinology, Diabetes and Metabolism, Department of Internal Medicine and the Center for Clinical and Translational Science, The Ohio State University, Columbus	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Mina A. Jacob, MD	Department of Neurology, Radboud University Medical Center, Donders Medical Center for Neuroscience, Nijmegen, the Netherlands	Drafting/revision of the manuscript for content, including medical writing for content
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Continued

Appendix 1 (continued)

Name	Location	Contribution
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Christopher R. Levi, MD, PhD	John Hunter Hospital, Hunter Medical Research Institute and University of Newcastle and Priority Research Centre for Stroke & Brain Injury, University of Newcastle, Australia	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
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Name	Location	Contribution
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Jonathan Rosand, MD, MSc	McCance Center for Brain Health, Massachusetts General Hospital, Boston, MA; Center for Genomic Medicine, MGH; Department of Neurology, MGH, Boston; Program in Medical and Population Genetics, Broad Institute, Cambridge, MA	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
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Name	Location	Contribution
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Jennifer A. Smith, PhD, MPH	Department of Clinical Sciences, Malmö, Lund University, Sweden	Drafting/revision of the manuscript for content, including medical writing for content
Nicholas L. Smith, PhD, MPH	Group Health Research Institute, Group Health Cooperative; Department of Epidemiology, University of Washington; Seattle Epidemiologic Research and Information Center, VA Office of Research and Development, WA	Drafting/revision of the manuscript for content, including medical writing for content
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Name	Location	Contribution
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Name	Location	Contribution
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Appendix 1 (continued)

Name	Location	Contribution
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Appendix 2 Coinvestigators

Coinvestigators are listed at links.lww.com/WNL/C316

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Contribution of Common Genetic Variants to Risk of Early-Onset Ischemic Stroke

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