

1 **Nitric oxide protects against ferroptosis by aborting the lipid peroxidation chain**  
2 **reaction**

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19 **Abstract**

20 Ferroptosis is a type of iron-dependent necrotic cell death, which is typically triggered  
21 by the depletion of intracellular glutathione (GSH), which is associated with increased  
22 lipid peroxidation. Nitric oxide (NO) is a highly reactive gaseous radical mediator with  
23 anti-oxidation properties that terminates lipid peroxidation reactions. In the current  
24 study, we report the anti-ferroptotic action of NOC18, an NO donor that spontaneously  
25 releases NO, in cells under various ferroptotic conditions in vitro. Our results  
26 indicate that, when mouse hepatoma Hepa 1-6 cells are incubated with NOC18, cell  
27 death induced by various ferroptotic stimuli such as cysteine (Cys) starvation, the  
28 inhibition of glutathione peroxidase 4 (GPX4) and treatment with tertiary-butyl  
29 hydroperoxide (TBHP) is significantly reduced. Treatment with NOC18 failed to  
30 improve the decrease in the levels of Cys or GSH and the accumulation of ferrous iron  
31 upon ferroptotic stimuli. The fluorescent intensity of C11-BODIPY<sup>581/591</sup>, a probe that  
32 is used to detect lipid peroxidation products, was increased somewhat by treatment  
33 with NOC18 under conditions of Cys starvation, the accumulation of lipid peroxidation  
34 end-products, as evidenced by the levels of 4-hydroxynonenal, were effectively

35 suppressed. The pre-incubation of TBHP with NOC7, a short-lived NO donor  
36 completely eliminated its ability to trigger ferroptosis. These collective results indicate  
37 that NO exerts a cytoprotective action against various ferroptotic stimuli by aborting  
38 the lipid peroxidation chain reaction.

39

40 **Key words**

41 ferroptosis; glutathione; lipid peroxidation; nitric oxide; ROS

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43

44 **Abbreviations**

45 Cys: cysteine

46 GSH: glutathione

47 GPX4: phospholipid hydroperoxide-glutathione peroxidase

48 LC-MS: liquid chromatography-mass spectrometry

49 LDH: lactate dehydrogenase

50 NO: nitric oxide

51 PI: propidium iodide

52 ROS: reactive oxygen species

53 TBHP: tertiary-butyl hydroperoxide

54

## 55 1. Introduction

56 Ferroptosis is a type of iron-dependent, regulated cell death that occurs as a  
57 consequence of lipid peroxidation [1,2]. The reduction of ferric iron ( $\text{Fe}^{3+}$ ) to ferrous  
58 iron ( $\text{Fe}^{2+}$ ) in the presence of peroxides triggers the production of hydroxyl radicals  
59 generally through Fenton-type reactions [3], leading to the initiation of lipid  
60 peroxidation. The resulting lipid peroxides that are generated in membrane  
61 phospholipids cause ferroptotic cell death by disrupting the integrity of the plasma  
62 membrane. Glutathione (GSH), a cysteine (Cys)-centered tripeptidyl redox molecule,  
63 plays a pivotal role in protecting against the accelerated lipid peroxidation associated  
64 with ferroptosis. The anti-ferroptotic action of GSH can be largely attributed to  
65 glutathione peroxidase 4 (GPX4), which reductively detoxifies lipid peroxides by  
66 utilizing GSH as an electron donor in the ferroptotic process [4]. xCT, the core  
67 transporter protein of system  $x_c^-$ , is responsible for the cellular uptake of cystine, an  
68 oxidized Cys dimer linked by a disulfide bridge [5]. Because the availability of free Cys  
69 is the major determinant of GSH synthesis, ferroptosis can be readily induced by either  
70 Cys starvation (e.g. the deprivation of cystine from the culture medium or the inhibition

71 of xCT by erastin) or GPX4 inhibition. Thus, the Cys–GSH–GPX4 axis appears to be  
72 the primary protective system for coping with ferroptosis [2,6].

73 Nitric oxide (NO) interacts with reactive oxygen species (ROS) and is converted into  
74 several reactive nitrogen oxide species, which can irreversibly modify DNA, proteins,  
75 lipids and other biomolecules. For example, NO interacts with superoxide at a similar or  
76 even faster rate than the dismutation reaction catalyzed by superoxide dismutase (SOD)  
77 and results in the formation of peroxynitrite ( $\text{ONOO}^-$ ) [7]. Peroxynitrite has been  
78 shown to induce cellular injury through the oxidative modification of DNA, lipids, and  
79 proteins [8,9]. The initiation of lipid peroxidation by the action of peroxynitrite appears  
80 to play major roles in variety of diseases, as has been suggested for atherosclerosis [10].  
81 For this (and other) reason, NO is often considered to be a toxic species. However, NO  
82 has also been shown to abate oxidative injury in several experimental models [11][12].  
83 Indeed, it has been reported that NO potently inhibits lipid peroxidation in low-density  
84 lipoprotein and liposome membranes [13–15]. This is primarily a consequence of NO  
85 reacting with lipid-derived peroxy radicals ( $\text{LOO}\cdot$ ) to terminate lipid peroxidation  
86 propagation reactions [16,17]. NO has also been shown to form an iron-nitrosyl

87 complex and inhibit the reaction between a peroxide and a metal ion, thereby preventing  
88 ROS production [18].

89 The issue of whether NO exerts either harmful or beneficial to cells has been a  
90 subject of considerable debate, and may also depend on the experimental conditions  
91 being used. In the current study, we examined the anti-ferroptotic properties of NOC18,  
92 a long-lasting NO donor that spontaneously releases NO under various ferroptotic  
93 conditions in cultured cells. Herein we report on the potential roles of NO in coping  
94 with ferroptotic cell death, which appears to be achieved by the suppression of ROS  
95 production and the termination of the lipid peroxidation reaction by NO.

96

97



98

99 **2. Materials and methods**100 *2.1. Cell culture and chemicals*

101 Hepa 1-6 cells, a mouse hepatoma-derived cell line, were obtained from the RIKEN  
102 Bioresource Center (Tsukuba, Japan). The human cervical carcinoma HeLa cells and  
103 mouse melanoma B16-F1 cells were obtained from the American Type Culture  
104 Collection (ATCC). Mouse embryonic fibroblasts capable of undergoing  
105 tamoxifen-inducible GPX4 disruption (Pfa1 cells) were described in a previous report  
106 [19]. In all cases, the cells were maintained in Dulbecco's Modified Eagle's Medium  
107 (DMEM; FUJIFILM Wako Pure Chemical, Osaka, Japan; 044-29765) supplemented  
108 with 10% fetal bovine serum (FBS; Biowest, Riverside, MO, USA) and a  
109 penicillin-streptomycin solution (FUJIFILM Wako Pure Chemical; 168-23191) at 37°C  
110 in a 5% CO<sub>2</sub> incubator. For Cys starvation, cystine-free medium was prepared by using  
111 DMEM/high glucose/no glutamine/ no methionine/ no cystine (Thermo Fisher  
112 Scientific, Waltham, MA, USA) supplemented back with 4 mM L-glutamine  
113 (FUJIFILM Wako Pure Chemical), 1 mM sodium pyruvate (FUJIFILM Wako Pure

114 Chemical), and 0.2 mM L-methionine (PEPTIDE INSTITUTE, Osaka, Japan). Where  
115 indicated, the cells were treated with dimethyl sulfoxide (DMSO; FUJIFILM Wako  
116 Pure Chemical) as a vehicle control, erastin (Cayman Chemical, Ann Arbor, MI, USA),  
117 (1S, 3R)-RSL3 (Cayman Chemical), tert-butyl hydroperoxide (TBHP; FUJIFILM Wako  
118 Pure Chemical), NOC7 (Dojindo, Kumamoto, Japan), or diethylenetriamine NONOate  
119 (NOC18: Cayman Chemical).

120

## 121 *2.2 Treatment with NO donors*

122 Two NO donors (NOC7 and NOC18) with different half times of NO release (~5 min  
123 and >1200 min, respectively) were dissolved in 0.1 mM NaOH to produce a stock  
124 solution of 100 mM. The NOC18 solution was diluted with culture medium and applied  
125 for the cells simultaneously with the ferroptotic stimuli. To rule out the possible  
126 involvement of NOC7 degradation products other than NO, TBHP (20  $\mu$ M) was first  
127 incubated with varying concentrations of NOC7 in the medium for 30 min at 37°C, and  
128 the cells were treated with the resulting TBHP.

129

130 *2.3. Evaluation of the viability and cytotoxicity of cells*

131 Cells were seeded at an initial density of ( $1 \times 10^5$ /ml). Cell viability was determined  
132 using a CellTiter-Blue® Cell Viability Assay (Promega, Madison, WI, USA) according  
133 to the manufacturer's instructions. Fluorescence intensities were measured using a  
134 microplate reader Varioskan Flash (Thermo Fisher Scientific) with an excitation  
135 wavelength of 560 nm and an emission wavelength of 590 nm.

136 Cytotoxicity was determined by means of a lactate dehydrogenase (LDH) assay as  
137 described previously [20]. The reaction mixture contained 20  $\mu$ l of culture medium, 0.3  
138 mM NADH, 1 mM sodium pyruvate, and 200 mM sodium phosphate buffer, at pH 7.4  
139 in a total volume of 100  $\mu$ l. Initial activities were calculated from the rate of  
140 disappearance of NADH during the starting linear phase of the reaction by monitoring  
141 the absorbance at 340 nm.

142

143 *2.4. Hoechst and propidium iodide (PI) double staining*

144 Cells were incubated with Hoechst 33342 and PI in the medium (2 µg/ml each) for 20  
145 min at 37°C in a 5% CO<sub>2</sub> incubator. The cells were then washed and images were  
146 obtained using a BZ-X700 microscope (KEYENCE, Osaka, Japan).

147

#### 148 *2.5. Liquid chromatography-mass spectrometry (LC-MS) analyses*

149 LC-MS analyses of the intracellular Cys and GSH levels were performed as described  
150 previously [20]. System control, data acquisition, and quantitative analysis were  
151 performed with the Xcalibur 2.2 software (Thermo Fisher Scientific). Standard curves  
152 for amino acids, GSH-NEM, and cysteine-NEM showed linearity in the concentration  
153 ranges examined.

154

#### 155 *2.6. Western blotting*

156 Cells were lysed in cold lysis buffer (50 mM Tris-HCl pH 7.5, 150 mM NaCl, 1%  
157 NP-40, 0.1% SDS, 0.5% sodium deoxycholate), supplemented with a protease inhibitor  
158 cocktail (Sigma-Aldrich; P8340). The lysate was centrifuged at 15,000 × g for 10 min in  
159 a microcentrifuge and protein concentrations were then determined using a Pierce BCA

160 Protein Assay Kit (Thermo Fisher Scientific). The proteins were separated on SDS–  
161 polyacrylamide gels and blotted onto polyvinylidene difluoride (PVDF) membranes  
162 (GE Healthcare, Chicago, IL, USA). The blots were then blocked with 5% skim milk in  
163 Tris-buffered saline containing 0.1% Tween-20 (TBST), and incubated overnight with  
164 the primary antibodies diluted in TBST. The antibodies used in the study were GPX4  
165 (Abcam, Cambridge, UK; ab125066, 1:1000 dilution) and  $\beta$ -actin (GeneTex;  
166 GTX629630, 1:2000 dilution). After three washings with TBST, the blots were  
167 incubated with horseradish peroxidase (HRP)-conjugated anti-rabbit (Santa Cruz  
168 Biotechnology; sc-2004) or anti-mouse (Santa Cruz Biotechnology; sc-2005) secondary  
169 antibodies. After further washing, the bands were detected using the Immobilon western  
170 chemiluminescent HRP substrate (Merck Millipore, Burlington, MA, USA) on an image  
171 analyzer (ImageQuant LAS500, GE Healthcare).

172

### 173 *2.7. Flow cytometry*

174 Cells were incubated with 10  $\mu$ M C11-BODIPY<sup>581/591</sup> (Thermo Fisher Scientific) for 30  
175 min or 5  $\mu$ M FerroFarRed (Goryochemical, Hokkaido, Japan) for 1 h following the

176 manufacturer's instructions and then washed with PBS. After trypsinization, the cells  
177 were collected and subjected to flow cytometry (FACSCanto™ II, BD Biosciences,  
178 Tokyo, Japan).

179

## 180 *2.8. Real-time PCR analyses*

181 RNA from the Hepa 1-6 cells was purified by means of the TRIzol® Reagent (Thermo  
182 Fisher Scientific). cDNA was prepared with a PrimeScript™ RT reagent Kit (TaKaRa  
183 Bio, Shiga, Japan). Real-time PCR analysis was performed by using Thunderbird SYBR  
184 qPCR mix (TOYOBO, Osaka, Japan) and previously reported primers [21] on a  
185 CFX-96 Real-time system (Bio-Rad, Hercules, CA, USA). GAPDH was used as a  
186 reference gene and was amplified using the sense primer 5'-  
187 AACTTTGGCATTGTGGAAGG-3' and antisense primer 5'-  
188 GGATGCAGGGATGATGTTCT-3'.

189

## 190 *2.9. Immunostaining*

191 Cells were washed with PBS and fixed in 4% formaldehyde for 15 min at room

192 temperature. After washing twice with PBS, the cells were permeabilized for 5 min by  
193 treatment with 0.5 % Triton X-100 in PBS, then blocked for 30 min by treatment with  
194 1% BSA in PBS at room temperature, followed by incubation overnight with 10 µg/mL  
195 FerAb [22] or anti-HNE (JaICA, Fukuroi, Japan, dilution 1:500) antibodies at 4°C.  
196 After three washes with PBS, the cells were further incubated with a goat anti-rat IgG  
197 (H+L) or goat anti-mouse IgG (H+L) Alexa Fluor® 488 conjugate antibody (Thermo  
198 Fisher Scientific, dilution 1:500) for 60 min at room temperature. All images were  
199 obtained using a BZ-X700 microscope (KEYENCE).

200

### 201 *2.10. Statistical analysis*

202 Statistical analyses were performed using the GraphPad Prism version 6.0 for Mac (San  
203 Diego, CA, USA). A *P*-value of less than 0.05 was considered to be significant.

204

### 205 3. Results

#### 206 3.1. NOC18 treatment inhibits ferroptosis induced by Cys starvation

207 To investigate the potential role of NO in protecting cells against ferroptosis, we  
208 treated mouse hepatoma-derived Hepa 1-6 cells with a long-lasting NO donor. NOC18  
209 (half-life >1200 min). A CellTiter-Blue® assay showed that depriving cystine from the  
210 culture media resulted in a decreased cell viability, while the administration of NOC18  
211 improved cell viability at concentrations higher than 25  $\mu$ M (Fig. 1A). An assay for the  
212 release of LDH confirmed that NOC18 suppressed the ferroptotic cell death caused by  
213 the cystine deprivation (Fig. 1B). Staining the cells with PI (propidium iodide) that  
214 binds to DNA in dead cells with leaky plasma membranes revealed that the NOC18  
215 caused a decrease in the numbers of PI-positive cells, the concentrations of which were  
216 elevated in the cystine-deprivation cultures (Fig. 1C).

217 We also treated the Hepa 1-6 cells with erastin, a potent inhibitor of xCT, and found  
218 that NOC18 again rescued cells from the ferroptosis caused by the erastin treatment at  
219 concentrations higher than 10  $\mu$ M (Fig. 1D). The protective action of NOC18 under the  
220 erastin treatment was further confirmed by an LDH release assay (Fig. 1E) and PI



221 staining (Fig. 1F). Similar results were obtained in human cervix carcinoma HeLa cells  
222 and mouse melanoma B16-F1 cells (Supplementary Fig. 1A–D), indicating that the  
223 action of NOC18 was not cell-type specific.

224 To exclude the possibility that NOC18 suppresses ferroptosis via stimulating the  
225 recruitment of Cys and/or GSH synthesis, we measured the intracellular levels of Cys  
226 and GSH. The results indicated that their levels were decreased to a considerable extent  
227 at 24 h after cystine deprivation, but that NOC18 failed to improve the decreased levels  
228 of Cys or GSH (Fig. 2A). Again, NOC18 had no effect on either the GSH or Cys levels  
229 when Hepa 1-6 cells were treated with erastin (Fig. 2B).

230 It has been reported by several researchers that GPX4 is down-regulated during  
231 ferroptosis [23,24]. It has also been reported that GPX4 is degraded by  
232 chaperone-mediated autophagy during ferroptosis [25]. To examine a possible  
233 association between the protective action of NOC18 and the function of GPX4, we  
234 examined the levels of the GPX4 protein by western blotting. Both cystine deprivation  
235 and the erastin treatment promoted the down-regulation of GPX4, which was slightly  
236 rescued by a NOC18 treatment (Figs. 2C and 2D). Because NOC18 alone had no effects

237 on the GPX4 protein levels, the sustained levels of the GPX4 protein appears to be a  
238 consequence of the suppressive action of NO on the ferroptotic process, which  
239 reportedly is accompanied by the autophagic degradation of GPX4 [26].

240

### 241 3.2. *NOC18 does not alter iron status during ferroptosis*

242 Since lipid peroxidation and the subsequent ferroptotic processes are associated with  
243 the accumulation of free ferrous iron and the fact that NO can, in some instances, inhibit  
244 iron-mediated ROS production by forming an iron-nitrosyl complex [18], we explored  
245 effects of NOC18 on iron mobilization in the cells by means of flow cytometry using a  
246 ferrous iron-specific fluorescent probe FerroFarRed. We found that both cystine  
247 deprivation and the erastin treatment resulted in a substantial increase in the levels of  
248 intracellular ferrous iron (Fig. 3A), consistent with the decreased cellular viability.  
249 However, the co-treatment with NOC18 had no suppressive effect on these elevations.  
250 To investigate the effect of NOC18 on the expression of four key genes that are  
251 involved in iron metabolism, Hepa 1-6 cells were treated with 100  $\mu$ M NOC18 for 8 h  
252 under Cys-deprived culture or in the presence of erastin, and the mRNA levels of

253 transferrin receptor 1 (*Tfrc*), the divalent metal transporter 1 (*Dmt1*), ferroportin (*Fpn*),  
254 and ferritin heavy chain (*Fth1*) were then determined. There were no significant  
255 changes in the expressions of these genes (Fig. 3B), suggesting that the NOC18  
256 treatment did not directly modulate the level of expression of these genes.

257

### 258 3.3. NOC18 aborts ferroptosis by terminating the lipid peroxidation chain reaction

259 To further clarify the mechanism responsible for the protective action of NOC18  
260 against ferroptosis, we examined the issue of whether NOC18 could suppress lipid  
261 peroxidation in the cells using C11-BODIPY<sup>581/591</sup>, a fluorescent probe that is typically  
262 used to detect lipid peroxidation products, by a flow cytometry. While the fluorescent  
263 intensity was elevated in the cells that were cultivated in the cystine-free medium or in  
264 the presence of erastin, NOC18 failed to suppress the fluorescent intensity in these  
265 Cys-starved cells, and instead, elevated it somewhat (Fig. 4A). NOC18 alone did not  
266 increase C11-BODIPY<sup>581/591</sup> fluorescence under control conditions, indicating that the  
267 elevated fluorescence was not due to the direct action of NO. Therefore, we next  
268 measured the intracellular levels of adducts with 4-hydroxynonenal (4-HNE), one of the

269 end products of lipid peroxidation, using a specific antibody (HNE Ab) by  
270 immunofluorescent staining. While both cystine deprivation and the erastin treatment  
271 caused significant increases in the accumulation of 4-HNE-adducts, NOC18 caused a  
272 significant suppression in these elevations (Fig. 4B). For further confirmation, we used  
273 the ferroptosis-specific antibody (FerAb) that was developed recently in our laboratory  
274 [22]. Both cystine deprivation and the erastin treatment also caused an increase in the  
275 binding of FerAb to the cells under these conditions, and NOC18 again effectively  
276 suppressed this binding (Fig. 4C). It therefore appears that NOC18 did not suppress the  
277 formation of C11-BODIPY<sup>581/591</sup>-reactive substances, which were elevated under  
278 ferroptotic stimuli, but, rather, enhanced their production. However, the reactivity to the  
279 antibodies declined, suggesting that NOC18 suppressed the progression of lipid  
280 peroxidation and the subsequent formation of the end products.

281

#### 282 *3.4. NOC18 treatment inhibits ferroptosis induced by GPX4 inhibition*

283 To investigate the possible association between the protective action of NOC18 and  
284 GPX4 function, we next examined the issue of whether NOC18 could rescue the

285 ferroptosis induced by RSL3, a pharmacological inhibitor of GPX4. The lethal effects of  
286 RSL3 were suppressed by NOC18, as evidenced by the LDH assay (Fig. 5A) and by PI  
287 staining (Fig. 5B). The protective effect against the GPX4 inhibition was also confirmed  
288 in HeLa and B16-F1 cells (Supplementary Fig. 1). We also found that FerAb binding  
289 was decreased when RSL3-induced ferroptosis was suppressed by a treatment with  
290 NOC18 (Fig. 5B), although NOC18 failed to suppress the fluorescent intensity of  
291 C11-BODIPY<sup>581/591</sup> in RSL3-treated Hepa 1-6 cells again (Fig. 5C).

292 To further assess the protective effect of NOC18 against the ferroptosis triggered by  
293 GPX4 inhibition, we utilized tamoxifen-inducible GPX4 knockout Pfa1 cells [19]. In  
294 these cells, treatment with tamoxifen caused the simultaneous depletion of GPX4 and  
295 ferroptosis (Figs. 5E and 5F), whereas treatment with NOC18 suppressed ferroptosis  
296 but had no effect on the level of the GPX4 protein, which was consistent with the results  
297 for GPX4 inhibition when using RSL3 in Hepa 1-6 cells (Fig. 5A). These collective  
298 results suggest that the NO released from NOC18 exerted an anti-ferroptotic action by  
299 aborting the ongoing lipid peroxidation reaction even under GPX4 inhibition.

300

301 3.5. *NOC18 treatment inhibits the ferroptosis induced by TBHP treatment*

302 *Tert*-butyl hydroperoxide (TBHP) non-enzymatically leads to the formation of  
303 primary alkoxy- (TBO $\cdot$ ) and secondarily peroxy radicals (TBOO $\cdot$ ), which abstract  
304 hydrogen from polyunsaturated fatty acids thereby initiating lipid peroxidation [27–29],  
305 and reportedly induces ferroptosis [30,31]. We next examined the issue of whether  
306 NOC18 could rescue the ferroptosis induced by TBHP. As a result, the protective action  
307 of NOC18 against ferroptosis under the TBHP treatment was confirmed by an LDH  
308 assay (Fig. 6A), PI staining (Fig. 6B) and immunofluorescence assay using FerAb (Fig.  
309 6B). To confirm that NO itself reacted with TBHP-derived radical species and thereby  
310 prevented the radical chain reaction, TBHP was incubated with another NO donor,  
311 NOC7, which has a very short half-life (~5 min), for 30 min at room temperature. We  
312 then treated the cells with TBHP or TBHP that had been preincubated with NOC7 and  
313 found that the pre-incubation with NOC7 significantly suppressed the release of LDH in  
314 a NOC7 dose-dependent manner (Fig. 6C). Because when TBHP was pre-incubated  
315 with a decomposition product of NOC7, ferroptosis continued to be induced, these  
316 collective results imply that NO released from the donor compound reacted with

317 TBHP-derived radical species and thereby prevented the lipid peroxidation chain

318 reaction from proceeding.

319

#### 320 4. Discussion

321 In the current study, we showed that NO produced by an NO donor NOC18 exerts  
322 protective effects against ferroptosis caused by diverse stimuli, including Cys starvation,  
323 GPX4 inhibition and a TBHP treatment (Figs. 1, 5, and 6). NO failed to prevent the  
324 decrease in cellular Cys or GSH levels but still suppressed ferroptosis under Cys  
325 starvation (Fig. 2). Although the levels of the GPX4 protein, which were decreased  
326 under Cys starvation, were partly rescued by the NOC18 treatment, it failed to reduce  
327 the levels of phospholipid hydroperoxides due to a GSH insufficiency. These collective  
328 data indicate that NO-mediated protection is based on a mechanism that is different  
329 from that for the Cys-GSH-GPX4 axis. When TBHP was pre-incubated with a  
330 short-lived NO donor, NOC7, the induction of ferroptosis by TBHP was completely  
331 abolished (Fig. 6). These results imply that interactions between NO and TBHP-derived  
332 peroxy radicals greatly inhibited the progress of the radical chain reaction. These  
333 collective results suggest that the abortion of the lipid peroxidation reaction by NO is  
334 the most likely mechanism for this protection against ferroptosis, although other  
335 mechanisms including the conversion of superoxide, which could serve as the primary



336 source of electrons for lipid peroxidation in cystine starvation-induced ferroptosis [32],  
337 to peroxynitrite may also be responsible for the NO-mediated suppression of  
338 ferroptosis.

339 NO preferentially binds iron, heme, and thiols and therefore may affect a variety  
340 of metabolic reactions. As a result, there are many potential reactions that could be  
341 targets of NO, which consequently leads to the suppression of ferroptosis. The  
342 formation of hydroxyl radicals or metal-oxo species often depends on the presence of  
343 ferrous iron. The transfer of an unpaired electron of superoxide to another molecule  
344 may result in the production of hydroxyl radicals by means of the reduction of ferric  
345 iron to ferrous iron (Haber–Weiss chemistry) [33]. Because NO affects cellular iron  
346 status in multiple manners, such as the formation of a complex with iron or the release  
347 of free iron [34], the possibility that NO suppresses ferroptosis via decreasing the  
348 content of reactive free iron cannot be excluded. It is noteworthy, however that we were  
349 unable to provide evidence that the NOC18 treatment decreased ferrous iron content or  
350 modulated the expression of genes involved in iron metabolism (Fig. 3). Thus,

351 detoxification via the removal of free iron would be unlikely mechanism for  
352 suppressing ferroptosis by NO.

353       Because hydrogen peroxide, which allows the Fenton reaction to proceed in the  
354 presence of free iron, is generally derived from superoxide, the production of excessive  
355 superoxide levels enhances the lipid peroxidation chain reaction [35]. Shunting  
356 superoxide to peroxynitrite followed by nitrate formation thus inhibits the reduction of  
357 ferric iron to ferrous iron and prevents the catalytic formation of ROS and lipid  
358 peroxidation products. This may also be an important mechanism for the abatement of  
359 Fenton-type reaction-mediated oxidative stress by NO. Although NO is a well known  
360 and effective superoxide scavenger, it has been suggested that the resulting peroxynitrite  
361 is still highly reactive and is capable of exerting oxidative damage [36]. In fact, the  
362 issue of whether the reaction between NO and superoxide becomes beneficial or  
363 harmful to cells depends on the relative rate of production of the two radicals [37,38];  
364 an excess of NO favors the inhibition of lipid peroxidation while an excess of  
365 superoxide or other reactive oxygen radicals induces lipid peroxidation [39]. We  
366 recently reported that the viability of macrophages from knockout mice for superoxide

367 dismutase 1 (SOD1) is markedly ameliorated by both an exogenous NO donor and  
368 endogenously produced NO, despite an increase in the production of peroxynitrite [40].  
369 These results indicate that, when increasing the rates of NO formation flux exceeds the  
370 superoxide flux, NO overcomes the cytotoxic effects of superoxide and eventually  
371 ferroptosis, most likely due to its superoxide-scavenging function.

372       The increase in lipid peroxidation products detected by C11-BODIPY<sup>581/591</sup> (Fig.  
373 4A and 5C) was a unique observation for the NO-mediated suppression of ferroptosis  
374 and was not seen in other anti-ferroptotic events. Chemical compounds, such as  
375 ferrostatin-1 and edaravone, and gene products, such as GPX4 and FSP1 (Doll et al.,  
376 2019), generally decrease lipid peroxidation levels directly or indirectly and result in the  
377 suppression of ferroptosis. The antioxidant effect of NO on lipid peroxidation has been  
378 explained by terminating the radical chain reaction through the reaction of NO with  
379 lipid peroxy radicals to form less reactive secondary nitrogen-containing products such  
380 as LONO and LOONO [16,17]. C11-BODIPY<sup>581/591</sup> is sensitive to a variety of  
381 oxy-radicals and peroxynitrite in a lipophilic environment, but not to superoxide, NO,  
382 transition metal ions, or peroxides per se [41]. The constant production of superoxide

383 from the mitochondrial electron transport chain [32], notably from complex III [42],  
384 reportedly promotes ferroptosis under conditions of Cys starvation. Thus, the  
385 simultaneous presence of superoxide and NO would be expected to form peroxynitrite,  
386 which may partly contribute to the elevated fluorescence of C11-BODIPY<sup>581/591</sup>  
387 reported in this study. Otherwise, the C11-BODIPY<sup>581/591</sup> would still react with some  
388 currently unknown reactive species, while the chain termination of lipid peroxidation  
389 was ceased by NO.

390 NO is endogenously synthesized by a family of NO synthases (NOS). Among the  
391 three isoforms of NOS, inducible NOS (NOS2) is closely related to inflammatory and  
392 autoimmune diseases [43]. Lipoxygenase, which mediates a variety of lipid oxidation  
393 reactions in inflammatory cells, is inhibited by NO [44]. Arachidonate-15-lipoxygenase  
394 (Alox15) is involved in lipid peroxidation during ferroptosis in response to erastin and  
395 GPX4 inhibition [45]. It has been recently reported that NO could interact with a  
396 reactive intermediate of 15-lipoxygenase or lipid radical intermediates in ferroptotic  
397 macrophages triggered by RSL3, leading to the suppression of the execution of  
398 ferroptosis in these cells [46]. In the current study, we attempted to evaluate the

399 protective effects of NOC18 against ferroptosis triggered by various ferroptotic stimuli  
400 in non-inflammatory cells. In addition to ferroptosis caused by Cys deprivation,  
401 indeed, ferroptosis induced by TBHP was also rescued by the NOC18 treatment, where  
402 the cell death mode has been reported to be Alox15-independent [30,31] but ferrous  
403 iron-dependent [47].

404 From the physiological standpoint, since NOS2 is a high-output NOS compared  
405 with the other NOS isoforms, the production of excessive levels of NO by NOS2 would  
406 be able to exert an anti-ferroptosis action, as previously reported [46]. However, a lower  
407 amount of NO produced by NOS1 or NOS3 under physiological conditions may not  
408 allow for an assessment of the protective effects of endogenous NO against ferroptosis  
409 that is induced under conditions of severe ferroptotic stimuli. While the induction of  
410 ferroptosis in malignant cells has attracted considerable interest as related to cancer  
411 treatment, in some tumors, NO reportedly protects cancer cells against photo-killing  
412 during photodynamic therapy (PDT) [48]. We previously reported that ferroptosis is the  
413 cell death pathway induced by singlet oxygen [49], which is the main form of reactive  
414 oxygen responsible for tumor-cell killing by PDT. Given the fact that NO is produced as

415 one of the anti-ferroptotic events under PDT, the inhibition of NOS may improve the  
416 treatment outcome for PDT. In contrast, ferroptosis is reportedly involved in the  
417 aggravation of pulmonary diseases such as acute lung injury [50]. In such cases, NO  
418 inhalation therapy may suppress ferroptosis and become an effective treatment.

419 In conclusion, the findings reported in this study provide information concerning the  
420 protective effects of NO against ferroptotic cell death under conditions of Cys  
421 starvation, GPX4 inhibition, and the direct stimulation of lipid peroxidation.  
422 Collectively, our results imply that NO has a novel role in coping with ferroptosis.  
423 Cellular susceptibility to ferroptosis appears to be associated to cancer outcomes and  
424 other ferroptosis-related diseases, and, hence, a more complete understanding of the  
425 anti-ferroptotic mechanism by NO could be useful for developing treatments that target  
426 such diseases.

427

428

429 **Conflict of interest**

430 The authors declare no conflicts of interest.

431

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630

631 **Figure legends**

632 **Fig. 1. Effects of NOC18 on ferroptosis induced by Cys starvation in Hepa 1-6**  
633 **cells.**

634 (A) Cell viability was assessed by CellTiter-Blue assay. Hepa 1-6 cells were incubated  
635 in conventional or cystine-free medium for 24 h in the presence or absence of  
636 NOC18 at the indicated concentrations. Data represent the mean  $\pm$  SEM (n = 4).  
637 \*\*\* $p < 0.001$  (Dunnett's test, vs. cystine-free without NOC18). *n.s.*, not significant.

638 (B) Cytotoxicity of cells assessed by measuring released LDH activity. Hepa 1-6 cells  
639 were incubated in conventional or cystine-free medium for 24 h in the presence or  
640 absence of 100  $\mu$ M NOC18. Data represent the mean  $\pm$  SEM (n = 3). \*\*\* $p < 0.001$   
641 (Tukey's test). *n.s.*, not significant.

642 (C) Plasma membrane integrity of cells that had been treated under the same  
643 conditions as (B) was assessed by PI staining. The cells were stained with PI (red)  
644 and Hoechst 33342 (blue). Bars: 100  $\mu$ m.

645 (D) Viability of cells was assessed by CellTiter-Blue assay. Hepa 1-6 cells were treated  
646 with 10  $\mu$ M erastin for 24 h in the presence or absence of NOC18 at the indicated  
647 concentrations. Data represent the mean  $\pm$  SEM (n = 4). \*\*\* $p$  < 0.001 (Dunnett's  
648 test, vs. erastin without NOC18). *n.s.*, not significant.

649 (E) Cytotoxicity of cells assessed by measuring released LDH activity. Hepa 1-6 cells  
650 were treated with 10  $\mu$ M erastin for 24 h in the presence or absence of 100  $\mu$ M  
651 NOC18. Data represent the mean  $\pm$  SEM (n = 3). \*\*\* $p$  < 0.001 (Tukey's test). *n.s.*,  
652 not significant.

653 (F) Plasma membrane integrity of cells that had been treated under the same  
654 conditions as (E) and assessed by PI staining. The cells were stained with PI (red)  
655 and Hoechst 33342 (blue). Bars: 100  $\mu$ m.

656



657 **Fig. 2. Effects of NOC18 on the intracellular status of GSH and iron during**  
658 **ferroptosis.**

659 (A) Hepa 1-6 cells were incubated in conventional or cystine-free medium for 24 h in  
660 the presence or absence of 100  $\mu$ M NOC18 and the intracellular contents of GSH  
661 and Cys were then measured. Data are presented as the mean  $\pm$  SEM (n = 3).

662 Different letters indicate statistically significant differences between groups ( $p <$   
663 0.05, Tukey's test).

664 (B) Hepa 1-6 cells were treated with 10  $\mu$ M erastin for 24 h in the presence or absence  
665 of 100  $\mu$ M NOC18 and the intracellular contents of GSH and Cys were then  
666 measured. Data are presented as the mean  $\pm$  SEM (n = 3). Different letters  
667 indicate statistically significant differences between groups ( $p <$  0.05, Tukey's  
668 test).

669 (C, D) Western blot analysis of GPX4 expression during ferroptosis. Hepa 1-6 cells  
670 were incubated in cystine-free medium (C) or treated with 10  $\mu$ M erastin (D) for 18 h in  
671 the presence or absence of 100  $\mu$ M NOC18 with  $\beta$ -actin as a loading control.  
672 Quantitative analysis of the protein levels of GPX4 standardized to  $\beta$ -actin levels

673 (Bottom). Data represent the mean  $\pm$  SEM ( $n = 3$ ). Different letters indicate statistically

674 significant differences between groups ( $p < 0.05$ , Tukey's test).

675

676 **Fig. 3. Effects of NOC18 on the intracellular status of iron metabolism during**  
677 **ferroptosis.**

678 (A) Intracellular ferrous iron assessed by flow cytometry using FerroFarRed. Hepa  
679 1-6 cells were incubated in cystine-free medium or treated with 10  $\mu$ M erastin for  
680 18 h in the presence or absence of 100  $\mu$ M NOC18. Data are presented as the  
681 mean  $\pm$  SEM (n = 3). Different letters indicate statistically significant differences  
682 between groups ( $p < 0.05$ , Tukey's test).

683 (B) Hepa 1-6 cells were treated with 100  $\mu$ M NOC18 for 8 h and the mRNA  
684 expression levels of *Tfrc*, *Dmt1*, *Fpn*, and *Fth1* were determined by qPCR  
685 analysis. Each value was normalized to the corresponding expression of the  
686 housekeeping gene *GAPDH*. The control NOC18-untreated cells were set to  
687 100%. Data represent the mean  $\pm$  SEM (n = 4). There were no significant  
688 differences, vs without NOC18 (Student's t-test). *n.s.*, not significant.

689

690 **Fig. 4. Effects of NOC18 on lipid peroxidation during ferroptosis.**

691 (A) Lipid peroxide production assessed by flow cytometry using C11-BODIPY<sup>581/591</sup>.

692 Hepa 1-6 cells were incubated in cystine-free medium or treated with 10  $\mu$ M

693 erastin for 18 h in the presence or absence of 100  $\mu$ M NOC18. Data are presented

694 as the mean  $\pm$  SEM (n = 3). Different letters indicate statistically significant

695 differences between groups ( $p < 0.05$ , Tukey's test).

696 (B) Hepa 1-6 cells were incubated in cystine-free medium or treated with 10  $\mu$ M

697 erastin for 24 h in the presence or absence of 100  $\mu$ M NOC18, and then stained

698 with anti-HNE antibodies. Bars: 100  $\mu$ m.

699 (C) Hepa 1-6 cells were incubated in cystine-free medium or treated with 10  $\mu$ M

700 erastin for 24 h in the presence or absence of 100  $\mu$ M NOC18, and then stained

701 with FerAb antibodies. Bars: 100  $\mu$ m.

702

703 **Fig. 5. Effects of NOC18 on ferroptosis induced by GPX4 inhibition in Hepa 1-6**

704 **cells.**

705 (A) Cytotoxicity of cells was assessed by measuring the activity of released LDH.

706 Hepa 1-6 cells were treated with 5  $\mu$ M RSL3 for 24 h in the presence or absence

707 of 100  $\mu$ M NOC18. Data represent the mean  $\pm$  SEM (n = 3). \*\*\* $p$  < 0.001

708 (Tukey's test). *n.s.*, not significant.

709 (B) Representative images of cells treated under the same conditions as in (A). Hepa

710 1-6 was stained with PI and Hoechst (Top). Alternatively, the cells were treated

711 with 5  $\mu$ M RSL3 for 6 h in the presence or absence of 100  $\mu$ M NOC18, and then

712 stained with FerAb antibodies (Bottom). Bars: 100  $\mu$ m.

713 (C) Lipid peroxide production assessed by flow cytometry using C11-BODIPY<sup>581/591</sup>.

714 Hepa 1-6 cells were treated with 5  $\mu$ M RSL3 for 18 h in the presence or absence

715 of 100  $\mu$ M NOC18. Data are presented as the mean  $\pm$  SEM (n = 3). Different

716 letters indicate statistically significant differences between groups ( $p$  < 0.05,

717 Tukey's test).

718 (D) Tamoxifen-inducible GPX4 knockout Pfa1 cells were treated with 1  $\mu$ M  
719 tamoxifen (Tam) for 48 h in the presence or absence of 100  $\mu$ M NOC18. Western  
720 blot analysis of the expression of GPX4 during ferroptosis were then performed.  
721  $\beta$ -actin was used as a loading control.

722 (E) Representative phase-contrast images of Pfa1 cells that had been treated under the  
723 same conditions as in (D).

724 (F) Cytotoxicity of cells assessed by measuring released LDH activity. Pfa1 cells  
725 were treated under the same conditions as in (D). Data represent the mean  $\pm$  SEM  
726 ( $n = 3$ ). \*\*\* $p < 0.001$  (Tukey's test). *n.s.*, not significant.

727

728

729 **Fig. 6. Effects of NOC18 on TBHP-induced ferroptosis in Hepa 1-6 cells.**

730 (A) Cytotoxicity of cells assessed by measuring released LDH activity. Hepa 1-6 cells  
731 were treated with 50  $\mu$ M TBHP for 24 h in the presence or absence of 100  $\mu$ M  
732 NOC18. Data represent the mean  $\pm$  SEM (n = 3). \*\*\* $p$  < 0.001 (Tukey's test). *n.s.*,  
733 not significant.

734 (B) Representative images of cells. Hepa 1-6 cells were treated under the same  
735 conditions as in (C), and assessed by PI and Hoechst staining (Top). Alternatively,  
736 cells were treated with 50  $\mu$ M TBHP for 6 h in the presence or absence of 100  $\mu$ M  
737 NOC18, and then stained with FerAb antibodies (Bottom). Bars: 100  $\mu$ m.

738 (C) Cytotoxicity of cells assessed by measuring released LDH activity. Hepa 1-6 cells  
739 were treated with 50  $\mu$ M TBHP for 24 h in the presence or absence of 100  $\mu$ M  
740 NOC18. Data represent the mean  $\pm$  SEM (n = 3). Different letters indicate  
741 statistically significant differences between groups ( $p$  < 0.05, Tukey's test).

742

Figure 1

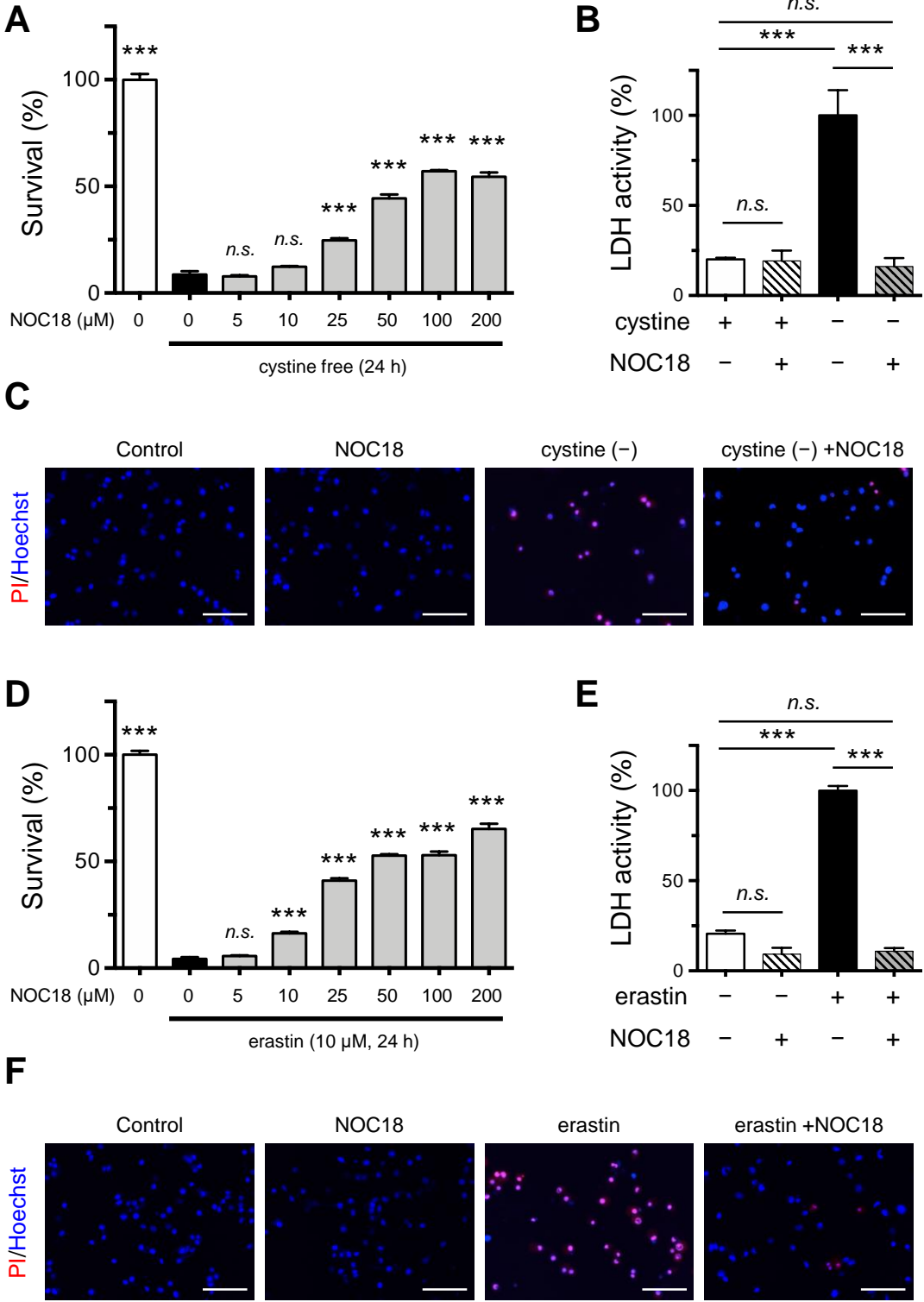
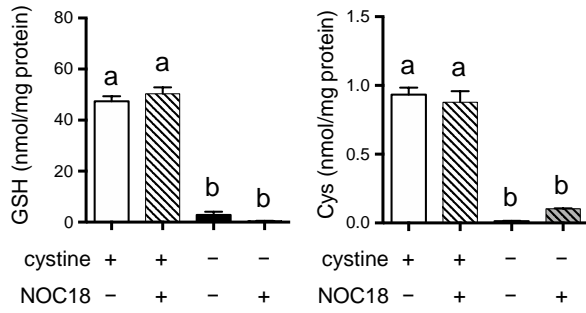


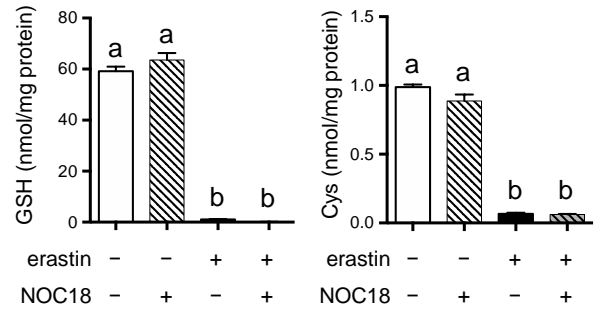


Figure 2

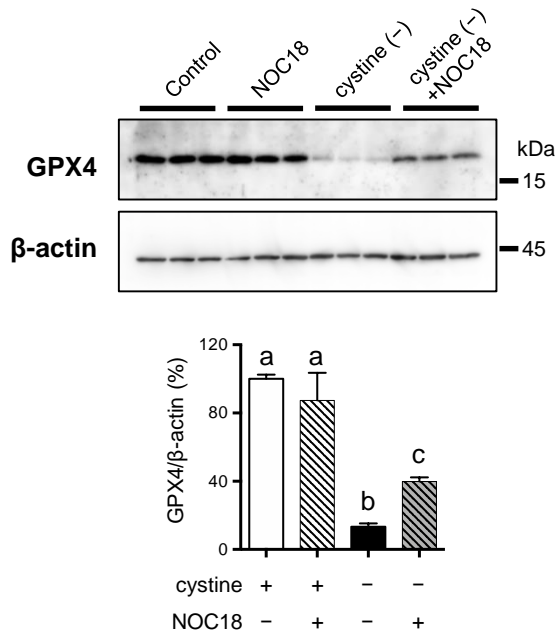
**A**



**B**



**C**



**D**

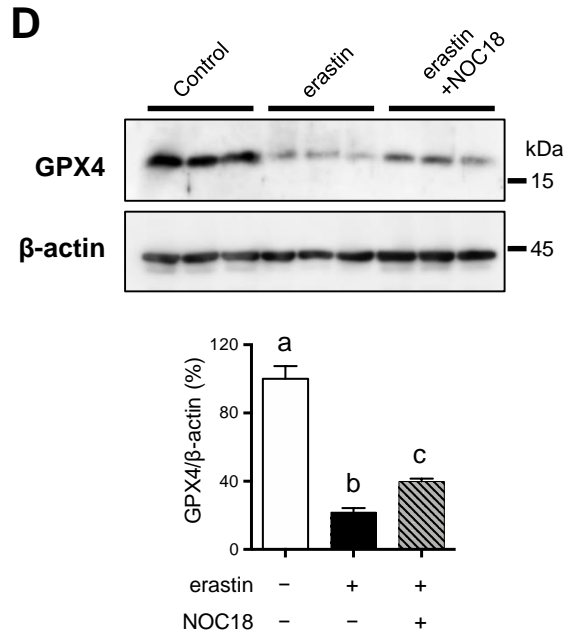


Figure 3

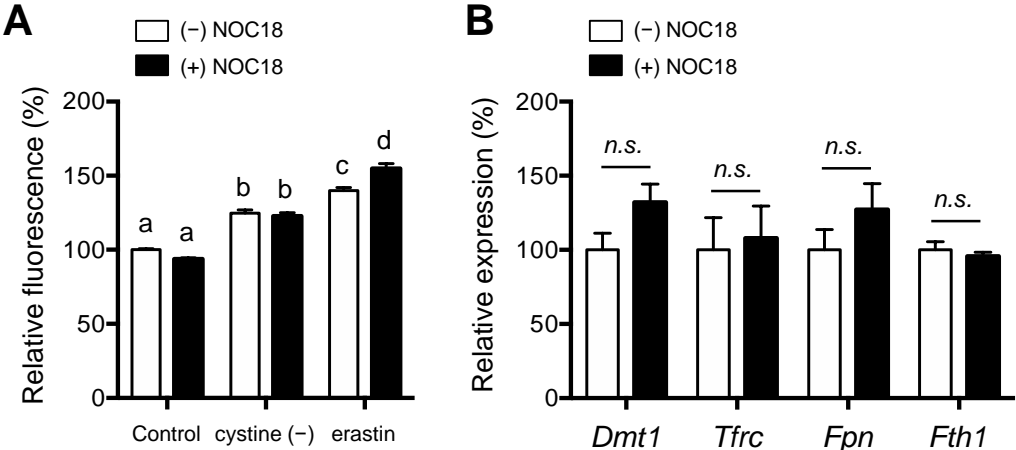
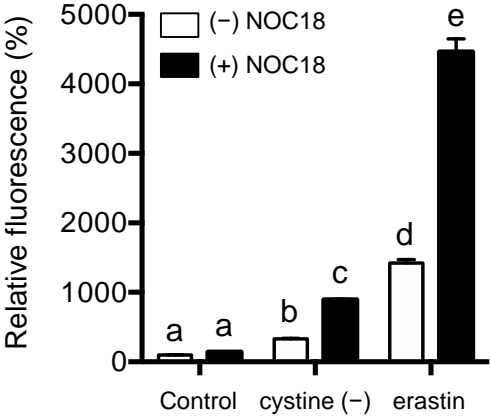
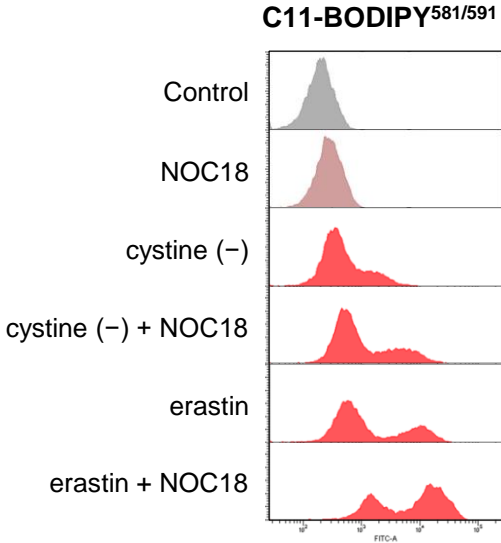
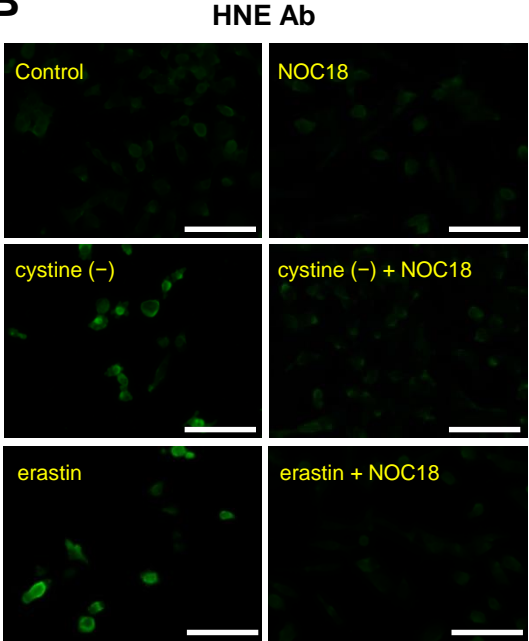


Figure 4

**A**



**B**



**C**

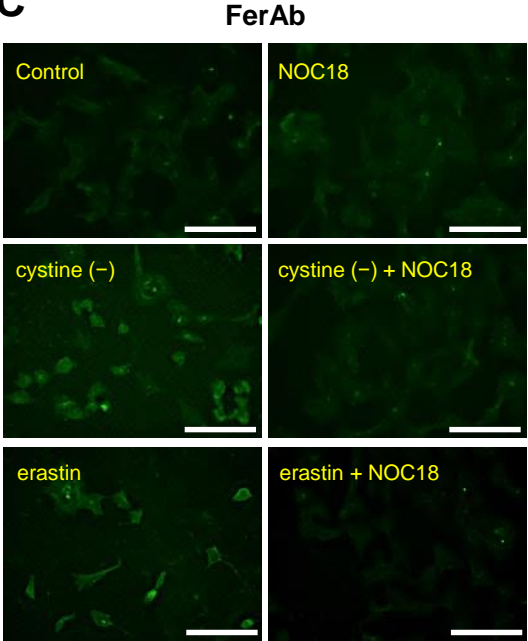


Figure 5

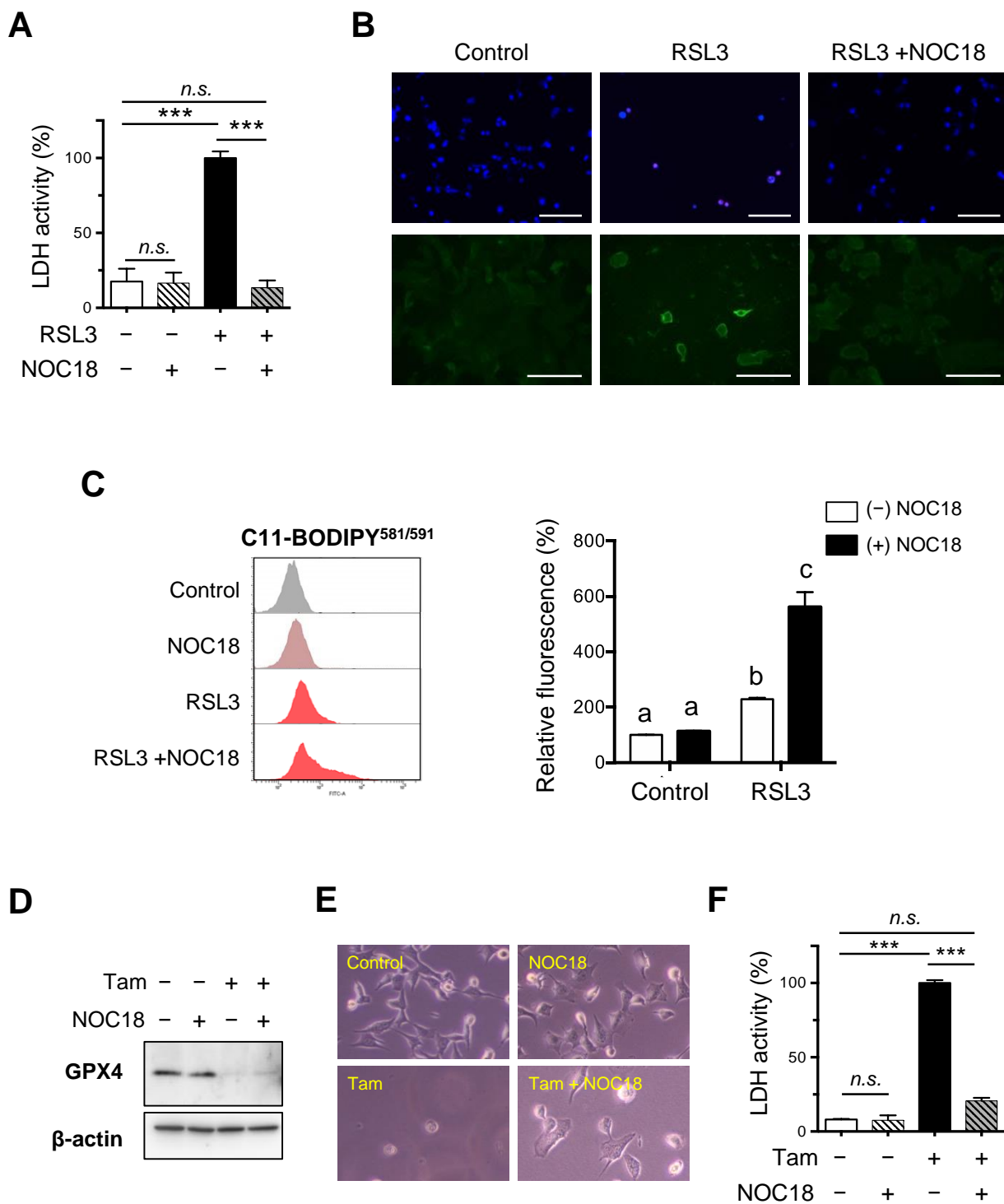


Figure 6

