

Ferroptosis Biology

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22 **ABSTRACT**

23

24 Ferroptosis is a regulated cell death modality triggered by iron-dependent lipid peroxidation.
25 Ferroptosis plays a causal role in the pathophysiology of various diseases, making it a
26 promising therapeutic target. Unlike all other cell death modalities dependent on distinct
27 signaling cues, ferroptosis occurs when cellular antioxidative defense mechanisms fail to
28 suppress the oxidative destruction of cellular membranes, eventually leading to cell
29 membrane rupture. Physiologically, only two such surveillance systems are known to
30 efficiently prevent the lipid peroxidation chain reaction by reducing (phospho)lipid
31 hydroperoxides to their corresponding alcohols or by reducing radicals in phospholipid
32 bilayers, thus maintaining the integrity of lipid membranes. Mechanistically, these two
33 systems are linked to the reducing capacity of glutathione peroxidase 4 (GPX4) by
34 consuming glutathione (GSH) on the one and ferroptosis suppressor protein 1 (FSP1,
35 formerly AIFM2) on the other hand. Notably, the importance of ferroptosis suppression in
36 physiological contexts has been linked to a particular vulnerability of renal tissue. In fact,
37 early work has shown that mice genetically lacking *Gpx4* rapidly succumb to acute renal
38 failure with pathohistological features of acute tubular necrosis. Promising research
39 attempting to implicate ferroptosis in various renal disease entities, particularly those with
40 proximal tubular involvement, has generated a wealth of knowledge with widespread
41 potential for clinical translation. Here, we provide a brief overview of the involvement of
42 ferroptosis in nephrology. Our goal is to introduce this expanding field for clinically versed
43 nephrologists in the hope of spurring future efforts to prevent ferroptosis in the
44 pathophysiological processes of the kidney.

45

46 **Keywords:** acute kidney injury, ferroptosis, GPX4, iron metabolism, lipid peroxidation

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47 Introduction

48 During the last two decades, multiple cell death modalities have extended the dichotomy of
49 programmed apoptosis and unregulated necrosis, including necroptosis, pyroptosis,
50 parthanatos, and ferroptosis (1). The term ferroptosis (ferrum from the Latin word for iron)
51 was first coined in 2012 and characterized as an iron-dependent form of non-apoptotic cell
52 death in human fibrosarcoma cells expressing oncogenic RAS accompanied by
53 overwhelming lipid peroxidation of polyunsaturated fatty acids (PUFAs) contained in
54 phospholipids (2,3). In 2014, ferroptosis was highlighted as a druggable cell death modality
55 in kidney proximal tubule cells (PTCs) *ex vivo* (4). In the same year, genetic studies
56 performed in mice provided conclusive evidence that the conditional knockout of the
57 glutathione peroxidase 4 (GPX4), the guardian of ferroptosis, causes lethal acute kidney
58 injury (AKI) with histopathological signs of extensive acute proximal tubule necrosis (ATN)
59 (5). Remarkably, the first *in vivo* active ferroptosis inhibitor, generally known as liproxstatin-1
60 (Lip-1), not only delayed lethal AKI in GPX4 knockout mice but also mitigated hepatic
61 damage inflicted by transient ischemia-reperfusion injury (IRI). Meanwhile, the significance
62 of ferroptosis has been implicated in different AKI models, including cisplatin- and oxalate
63 crystal-induced nephrotoxicity and AKI related to IRI.

64 Microvascular rarefaction, brush border alterations, tubular necrosis, the activation of
65 myofibroblasts, and the recruitment of immune cells are common histological findings in AKI.
66 Apart from its economic burden, the severity of AKI correlates with a higher overall in-
67 hospital mortality (6) and a higher incidence of developing chronic kidney disease (CKD),
68 independent of the underlying cause (7). In mice, prolonged ischemia-related AKI seems to
69 drive an oxidative stress-mediated AKI-CKD transition (8). Single-cell transcriptome
70 dynamics revealed that PTCs are primarily affected during IRI-mediated AKI and that
71 upregulation of ferroptosis-related genes navigates PTCs towards maladaptive profibrotic
72 tissue repair and CKD (9). By 2040, CKD is expected to be among the top five leading
73 causes of death worldwide (10).

74 *Kidney Disease: Improving Global Outcomes* (KDIGO) defines CKD as a functional or
75 structural decline in glomerular filtration rate (GFR) to less than 60 ml/min/1.73m² for at least
76 three months and further risk-stratified according to the amount of albuminuria. Each healthy
77 kidney contains approximately one million nephrons as the functional unit, producing up to
78 180 liters of primary urine and an average output of 1.5 liters daily. Genetically inherited
79 disorders, premature birth, ethnicity, metabolic or cardiovascular diseases, environmental
80 toxins, adverse drug events, bleeding or traumatic injuries, infections, autoimmunity, and
81 malignancies all contribute to an inhomogeneous plethora of risk factors that directly or
82 indirectly affect the individual functional nephron mass and consequently the development of
83 CKD, CKD progression or even end-stage renal disease (ESRD).

84 Hence, maintaining proper nephron function by inhibiting the cellular demise of endothelial
85 and epithelial cells as critical components is of paramount importance on the one hand. On
86 the other hand, keeping renal homeostasis by selectively inducing cell death to prevent
87 excessive myofibroblast proliferation and tissue inflammation due to maladaptive immune
88 cells is equally essential to ameliorate interstitial fibrosis and tubular atrophy that may result
89 in CKD. In this review, we summarize the most critical aspects of ferroptosis within the
90 complex interplay of redox biology and aim to highlight potential therapeutic targets in the
91 future of nephrology. Immune cell activation following regulated necrotic cell death in renal

92 disease is beyond the scope of this review, and we refer to Maremonti *et al.* (11) and Mulya
93 *et al.* (12).

94

95 **General principles of ferroptosis**

96 Superoxide anion ($O_2^{\cdot-}$) is the predominant byproduct of oxidative phosphorylation by
97 incomplete reduction of molecular oxygen. Along with its downstream products, such as
98 hydrogen peroxide (H_2O_2) and hydroxyl radical ($OH\cdot$), it is summarized under the generic
99 umbrella term “reactive oxygen species” (ROS), which, however, includes many more radical
100 and non-radical oxygen-derived species. While physiological concentrations of ROS are
101 essential for cellular homeostasis (13), excessive ROS production and/or insufficient
102 antioxidant defense mechanisms result in cellular redox imbalance, culminating in oxidative
103 stress (14). Chronic degenerative diseases are often associated with an oxidative cellular
104 environment, which can cause secondary damage to nucleotides, proteins, and lipids.
105 Ferroptosis is a recently described form of regulated cell death executed when cells fail to
106 protect against excessive phospholipid damage. The hallmark of ferroptosis is the
107 uncontrolled occurrence of phospholipid hydroperoxide (PLOOH) in lipid bilayers, which can
108 be facilitated by redox-active iron and can be induced by the disruption of the cellular
109 antioxidant defense system (15). Thus, cells have established surveillance mechanisms to
110 counteract detrimental lipid oxidation and ferroptosis (16) (**Figure 1**).

111 The cyst(e)ine/glutathione (GSH)/GPX4 axis is the prime defense against ferroptosis. GPX4,
112 meanwhile established as the guardian of ferroptosis, reduces potentially harmful
113 peroxidized phospholipids (i.e., PLOOH) to their corresponding alcohols at the expense of
114 GSH, thereby halting lipid peroxidation and ferroptosis (5,17). Cysteine is the rate-limiting
115 amino acid for the *de novo* synthesis of GSH that acts as an essential cofactor for many
116 GSH-dependent enzymes, including GPX4. At least in cell and tissue culture, the bulk
117 cellular cysteine is imported via the cystine/glutamate antiporter (system X_C^-) in the form of
118 cystine (the oxidized dimeric form of cysteine), which exchanges extracellular cystine for
119 intracellular glutamate (18). Notably, in the kidney, there is an alternate cystine transporter,
120 known as b(0,+)-type amino acid transporter 1 (also b(0,+)-AT1), which is encoded by the
121 SLC7A9 gene, and that acts in the reabsorption of cystine in the kidney tubule. The imported
122 cystine is then converted to its reduced form, cysteine, used for GSH biosynthesis.
123 Consequently, cyst(e)ine, GSH, and GPX4 constitute the essential pathway for ferroptosis
124 prevention, particularly in PTCs. In addition to the cysteine/GSH/GPX4 pathway, other GSH-
125 independent surveillance pathways function as backup systems. Ferroptosis suppressor
126 protein 1 (FSP1), encoded by the *AIFM2* (*apoptosis-inducing factor mitochondria associated*
127 *2*) gene, has been shown to fully compensate for the loss of GPX4 and protect against lipid
128 peroxidation by neutralizing phospholipid peroxy radicals in conjunction with extra-
129 mitochondrial ubiquinone (CoQ_{10}) or vitamin K (19–22). Mechanistically, the reduced
130 hydroquinone forms of CoQ_{10} and vitamin K, mediated by FSP1, act as naturally occurring
131 radical-trapping antioxidants, effectively preventing ferroptosis. Furthermore, other radical-
132 trapping antioxidants, such as vitamin E, tetrahydrobiopterin (BH4), squalene, and 7-
133 dehydrocholesterol, have also been shown to efficiently suppress excessive lipid
134 peroxidation and associated ferroptosis (23–26).

135 As the name implies, iron plays an essential role in ferroptosis. Intracellular redox-active iron
136 promotes ferroptosis by catalyzing the formation of hydroxyl and possibly lipid radicals,
137 thereby initiating the lipid peroxidation chain reaction (27). Consequently, various cellular
138 processes tightly regulate the labile iron pool to lower the cell's susceptibility to lipid
139 peroxidation and ferroptosis. Since PUFAs in cellular membranes are highly susceptible to
140 oxidation and, therefore, the targets of lipid peroxidation, the PUFA content in phospholipid
141 lipid bilayers is critical in regulating ferroptosis (28). Enzymes involved in PUFA and
142 phospholipid metabolism and enzymes responsible for plasma membrane repair can
143 modulate the vulnerability to ferroptosis by controlling the amount of (oxidized) PUFA
144 (29,30). Therefore, the cellular susceptibility to ferroptosis can be influenced by three main
145 factors: i) the efficiency of the lipid peroxidation surveillance system, ii) the extent of PUFA
146 content in the cellular membrane, and iii) the amount of the labile iron pool. Modulating these
147 factors can potentially increase or decrease the cellular vulnerability to ferroptosis, making
148 them promising targets for therapeutic interventions in conditions associated with ferroptosis
149 (31,32).

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151

152 **Ferroptosis in renal disease**

153 The relevance of ferroptosis in renal disease has to be deliberated according to the complex
154 execution of various cell death modalities and their temporal interdependencies, which
155 orchestrate AKI episodes or CKD progression. Therapeutically, dissecting the contribution of
156 ferroptosis to renal disease will also be essential (summarized in **Table 1**).

157 Cystinuria is an inherited autosomal recessive disorder that results in substantially increased
158 urinary cystine excretion, leading to obstructive kidney and bladder stones. Following
159 glomerular filtration, homodimeric cystine is taken up by PTCs across the brush border via
160 the heterodimer amino acid transporter heavy chain SLC3A1 (encoded by *SLC3A1*) and
161 b(0,+)-type amino acid transporter 1 (encoded by *SLC7A9*) in exchange for intracellular
162 neutral amino acids. Cystinuria can be further subdivided into Type A (*SLC3A1*) and Type B
163 (*SLC7A9*) with variable phenotypes depending on the mutations of the affected genes (33).
164 Since *SLC3A1*-knockout mice exhibit significantly reduced intracellular GSH levels (34) and
165 breast cancer cells overexpressing SLC3A1 accumulate GSH (35), cystinuria could
166 intuitively be a paradigm model for studying ferroptosis in the kidney but has not been linked
167 yet.

168 Conditional *Gpx4*-knockout mice develop lethal ATN approximately two weeks after
169 induction (5), underpinning the exceptional role of ferroptosis in PTCs and AKI. PTCs are
170 particularly vulnerable to ferroptotic cell death because of the high amount of free and
171 phospholipid-esterified PUFAs (36), high metabolic activity in mitochondria, and oxygen
172 consumption (37).

173 The implication of GPX4 and ferroptosis in vascular endothelial cells has been nicely
174 demonstrated in endothelium-specific *Gpx4*-knockout mice under reduced vitamin E
175 conditions (38). Multiple lethal microinfarctions and micro bleedings occurred in the kidney,
176 liver, spleen, or spinal cord after conditional deletion of *Gpx4* in nearly 80% of the
177 experimental mice. In contrast, the control group under a regular vitamin E-enriched

178 breeding diet was unaffected upon tamoxifen induction. On the other hand, the clinical
179 relevance of ferroptosis in glomerules or distal tubule cells still remains ill-defined. Under
180 physiological conditions, circulating ferric (Fe^{3+}) iron is primarily bound to transferrin (Tf),
181 which can be glomerularly filtered despite a low glomerular sieving coefficient and is
182 eventually reabsorbed by the proximal and distal tubule system (39). Non-transferrin-bound
183 iron (NTBI) is defined as circulating iron that is not bound to transferrin, ferritin, heme, or
184 hemoglobin. It encompasses the redox active labile iron pool (LIP) unspecifically bound to
185 small molecular weight plasma proteins (40). Alternatively, inside cells, the LIP is still poorly
186 defined and likely coordinated by GSH and/or cysteine. The daily urinary output of iron is
187 estimated to range between 1-3 μg , rises to 20 μg in patients with Fanconi syndrome, and
188 reaches 500 μg in patients with nephrotic syndrome (37). Independent of the underlying
189 cause, proteinuria is associated with increased iron deposition in PTCs and DTCs, resulting
190 in higher oxidative stress as indicated by elevated heme oxygenase-1 levels (41). A small
191 fraction of redox-active iron may trigger the Fenton reaction, an iron-mediated (typically
192 ferrous iron, Fe^{2+}) production of highly reactive hydroxyl radicals inciting lipid peroxidation
193 and the generation of lipid radicals leading to ferroptosis (42). Systemic iron overload due to
194 β -thalassemia major also increases Tf-excretion and correlates with urinary levels of kidney
195 injury molecule 1 (KIM-1) (43). Tf has been reported as a regulator of ferroptosis *in vitro* (41)
196 and the transferrin receptor (TfR), mediating the internalization of Tf via endocytosis, as a
197 specific marker for ferroptosis (44). Increased TfR expression alongside reduced GPX4
198 levels was observed in passive Heymann's nephritis rats, a commonly used animal model
199 for studying immune-complex mediated membranous nephropathy (45). AKI is a common
200 feature of extensive intravascular hemolysis and was first reported in 1925 (46). Apart from
201 obstructive hemoglobin cast nephropathy due to extensive intravascular hemolysis,
202 hemoglobinuria resulted in AKI in guinea pigs and beagle dogs with increased hemoglobin
203 autoxidation and lipid peroxidation as shown by increased 4-hydroxynonenal (4-HNE)
204 formation, a surrogate marker of ferroptosis (47). Myoglobin is another iron-binding protein,
205 and increased serum levels emerging from rhabdomyolysis due to exertional heatstroke
206 correlate with the incidence of AKI in humans. Treating human kidney proximal tubular cells
207 with myoglobin was associated with ferroptotic cell death in a heat stress model *in vitro* (48).
208 Deferoxamine (Desferal©) and deferiprone (Ferriprox©) are both FDA-approved iron
209 chelators for treating systemic iron overload that exhibit anti-ferroptotic activity *in vivo*
210 (49,50).

211 Excessive lipid peroxidation is one of the deteriorating events among the complex
212 pathophysiological processes mediating IRI and is highly relevant for solid organ
213 transplantation (51). Besides acute allograft rejection, IRI is one of the most critical risk
214 factors for developing delayed graft function after transplantation (52). Renal ischemia
215 substantially increases cortical concentrations of esterified cholesterol and triacylglycerides
216 (TGs), fueling ferroptosis, especially de-esterifying TGs into PUFAs (53). A decreased
217 GSH/GSSG (GSSG, the dimeric oxidized form of GSH) ratio and increased lipid
218 peroxidation, indicated by elevated thiobarbituric acid reactive substances (TBARS) levels,
219 has been demonstrated in a murine model of IRI (54). In transgenic mouse models, impaired
220 GPX4 activity and genetic deletion of FSP1 sensitize PTCs to IRI-related ferroptotic cell
221 death (55). IRI further boosts tissue inflammation, amplifying the host's innate immune
222 activation and promoting acute allograft rejection (56). Ferroptosis could, therefore, be
223 inhibited by the selective anti-ferroptotic compounds ferrostatin-1 (Fer-1) and liproxstatin-1
224 (Lip-1), as well as the iron chelator deferoxamine to mitigate renal and hepatic IRI based on

225 less lipid peroxidation, minor tissue injury and improved serum parameters (urea/creatinine
226 and ALT/AST, respectively) (57).

227 Obstructive crystal-induced AKI mainly results from tumor lysis-induced severe
228 hyperuricemia, oxalate nephropathy, or insoluble drug-related intratubular crystal
229 precipitation (58,59). Ferroptosis inhibition significantly improved the histological signs of
230 ATN accompanied by decreased tubular damage markers in a murine model of oxalate-
231 induced AKI (60). Methotrexate (MTX) is prone to tubular precipitation under physiological
232 urine pH and is a standard treatment for autoimmune diseases or cancer therapy in a dose-
233 dependent manner. The molecular mechanism of MTX involves the inhibition of
234 dihydrofolate reductase (DHFR), leading to intracellular depletion of reduced tetrahydrofolate
235 (FH4) and BH4 (61). The deficiency of BH4 may contribute to the renal toxicity of MTX since
236 BH4 is a radical-trapping antioxidant capable of halting the process of lipid peroxidation and
237 ferroptosis (62). Furthermore, MTX treatment sensitizes human cancer cell lines to
238 ferroptosis induced by GPX4 inhibition (23) and is associated with oxidative stress and GSH
239 depletion in the human hepatic cell line HepaRG (63). Folic acid (FA) is the standard
240 supplement in the first-line treatment of rheumatoid arthritis to reduce MTX-related toxicity,
241 but also a frequently used animal model for studying AKI and CKD (64). Supraphysiological
242 concentrations of FA are associated with renal lipid peroxidation, lower GSH levels, and
243 impaired enzymatic antioxidant activity (65), presumably due to increased consumption of
244 the essential redox cofactors NAD(P)H during the reduction process of FA to FH4 (64).
245 Selective inhibition of ferroptosis by Fer-1 improved lipid peroxidation and ATN in a murine
246 model of FA-induced AKI (FA-AKI) (66). But the translational aspect of FA-AKI in humans
247 remains elusive since high dose FA (40 mg/d) was shown to have no impact on overall
248 mortality, major adverse cardiovascular events, or CKD-progression in a large double-blind
249 randomized controlled trial over a median follow-up period of 3.2 years (67). Another notable
250 nephrotoxin is cisplatin, with typical signs of cellular oxidative stress, lipid peroxidation, and
251 proximal tubular damage resulting in AKI and, eventually, CKD (68). Promethazine and
252 rifampicin, as clinically used authorized drugs with anti-ferroptotic potential, improved
253 cisplatin-induced AKI in mice (69).

254 Diabetes mellitus (DM) is a global burden with an estimated worldwide prevalence of 529
255 million people, representing 6.1% of the world's population in 2021 (54). Approximately 1/3 of
256 DM patients develop diabetic nephropathy (DN) with detectable microalbuminuria. DN has
257 turned from an originally noninflammatory glomerulopathy into a multifaceted disease entity
258 originating from metabolic dysregulation, microinflammatory environment, mesangial cell
259 proliferation, and extracellular matrix expansion, leading to interstitial fibrosis and tubular
260 atrophy. Enhanced cellular glucose uptake, increased oxidative phosphorylation, and
261 elevated levels of transforming growth factor β (TGF- β) are key features of DN affecting
262 proper endothelial and beta cell function. Furthermore, high glucose and TGF- β 1 treatment
263 sensitized mesangial (70) and kidney tubular cells (71) to ferroptosis via an upregulation of
264 pro-ferroptotic and a downregulation of anti-ferroptotic genes. GPX4 primarily relies on GSH
265 as a reductant and lower GSH levels have been reported in diabetic rats (72) and patients
266 suffering from type 2 diabetes (DM2) (73). Brain homogenates of diabetic rats treated with
267 DM2 first-line metformin displayed increased GSH levels compared to untreated controls
268 (74), likely due to improved glycemic control. Metformin has recently been shown to lower
269 intracellular GSH levels and enhance lipid peroxidation, thereby sensitizing MCF-7 breast
270 cancer cells to ferroptosis (75). The metformin-related lipid peroxidation and ferroptosis

271 induction occur independent of adenosine monophosphate-activated protein kinase
272 (probably) by destabilizing xCT, which is a critical part of the heterodimeric cystine-glutamate
273 antiporter system x_C⁻, essential for GSH synthesis (76).

274 Besides metabolic control, the family of renin-angiotensin-aldosterone system inhibitors
275 (iRAAS) is the basis for treating DN with apparent microalbuminuria. The beneficial effects
276 are not only related to the reduction of systemic blood pressure and glomerular
277 hyperfiltration but also due to minor proinflammatory gene activation and extracellular matrix
278 production (77). Sodium–glucose cotransporter 2 (SGLT2) is a promising future candidate
279 for lowering renal oxidative stress regarding the glucosuric effect and improved glomerular
280 autoregulation (78). The progressive loss of functional nephrons results in advanced CKD,
281 which is a subsequent risk factor for kidney malignancies, particularly clear cell renal cell
282 carcinoma (ccRCC) (79). ccRCC is the most encountered histotype emerging from the
283 segment S1 of the proximal tubule. On the other hand, papillary renal cell carcinoma (pRCC)
284 develops from the metabolic, highly active, and ischemic-sensitive segment S3 triggered by
285 recurrent AKI episodes, each underpinning the importance of AKI and CKD prevention.
286 Metastatic ccRCC and pRCC have both poor prognoses with limited options for systemic
287 treatment approaches. The discovery of ferroptosis has opened the field for researching and
288 developing selective ferroptosis inducers addressing drug-resistant tumor entities. ccRCC is
289 particularly interesting for upcoming precision therapy strategies owing to an increased
290 susceptibility towards ferroptosis induced by GPX4 inhibition (80).

291

292 **Future challenges and endeavors: what will the next decade bring?**

293 Nephrology has witnessed significant advancements in recent years, particularly in drug
294 development. One promising avenue of investigation in this field is the inhibition of
295 ferroptosis, a pervasive form of cell death associated with oxidative tissue damage. This
296 section explores recent drug discovery developments, focusing on ferroptosis inhibition and
297 its potential implications for nephrology. Addressing the cellular labile iron pool, sustaining
298 the host antioxidant defense system, and preventing lipid peroxidation by blocking enzymatic
299 oxidation or radical chain propagation are reasonable starting points for future therapeutical
300 intervention. The manipulation of the lipid composition of cellular membranes might also be a
301 future therapeutic approach since ferroptosis induction essentially depends on the PUFA
302 content of lipid bilayers. Decreasing the relative amount of PUFAs by supplementing
303 exogenous monounsaturated oleic acid protects cells and lower organisms from iron-mediated
304 ferroptosis (81).

305 Tackling the cellular labile iron pool by repurposing FDA-approved iron chelators is a
306 relatively low barrier to entering clinical phase studies. The FAIRPARK-II trial was a 36-
307 week, randomized, double-blinded, multicenter phase II trial evaluating the safety and
308 efficacy of iron chelation in the early stages of Parkinson's Disease (82) since ferroptosis
309 substantially contributes to the loss of dopaminergic neurons and disease progression (83).
310 Unfortunately, deferiprone was associated with significantly aggravated motor and nonmotor
311 symptoms, which led to the premature discontinuation of deferiprone and the onset of
312 dopaminergic substitution for symptom control. The adverse effects of deferiprone were
313 attributed to a reduced enzymatic activity of the iron-dependent tyrosine hydroxylase

314 catalyzing the conversion of L-tyrosine to L-3,4-dihydroxyphenylalanine (L-DOPA). Although
315 there is a reasonable basis for therapeutic iron chelation in various human diseases, results
316 from completed clinical trials addressing the prevention of AKI in the context of
317 cardiopulmonary bypass surgery (CPB), myocardial infarction, or critically ill patients remain
318 elusive (84). DEFEAT-AKI is currently the only clinical trial listed that is actively recruiting
319 patients to reevaluate the efficacy of iron chelation in preventing CPB-related AKI
320 (NCT04633889).

321 One of the breakthrough discoveries that set the stage for groundbreaking research in
322 nephrology was the observation of tissue detriment resulting from conditional deletion of
323 GPX4 in adult mice. This early finding prompted researchers to explore the development of
324 molecules capable of inhibiting ferroptosis *in vitro* and *in vivo*. The potency of vitamin E to
325 detoxify lipid peroxides has already been described more than half a century ago (85).
326 Vitamin E encompasses a group of eight lipophilic compounds (α -, β -, γ -, δ -tocopherol and α -
327 , β -, γ -, δ -tocotrienol), with α -tocopherol (α -TOH) being the most biologically active form and a
328 naturally occurring RTA (42). Although α -TOH exhibits excellent reactivity in organic solution,
329 the hydroxy group limits the transferability to biological membranes where ferroptosis occurs.
330 Extensive research yielded a novel class of synthetic RTAs with aromatic amines instead of
331 methylated phenols, resulting in superior liposome anti-ferroptotic activity. The aromatic
332 amines Lip-1 and Fer-1 have since become cornerstones in studying ferroptosis,
333 demonstrating efficacy in various cellular and murine models. Optimization efforts of
334 ferroptosis-targeting therapies have led to improved generations of liproxstatin, marking a
335 significant milestone in translating ferroptosis research into therapeutic applications. These
336 efforts include enhancing blood-brain barrier permeability, minimizing off-target effects, and
337 refining anti-ferroptotic mechanisms. Carefully planned phase-I trials in dedicated Early
338 Clinical Trial Units (ECTUs) will serve as a crucial step in assessing the safety and efficacy
339 of next-generation liproxstatins and ferrostatins in human subjects, bringing us closer to
340 tangible therapeutic interventions for ferroptosis-related conditions. The vitamin K group
341 consists of the 2 natural forms phylloquinone (VK1) and menaquinone-4 (VK2), as well as
342 the synthetic product menadione (VK3), each exhibiting anti-ferroptotic activity *in vitro* (VK2
343 > VK1 > VK3) (21). The most active form of VK2 also attenuated renal and hepatic IRI-
344 related tissue damage in mice with an applied dose of 200 mg/kg. If an equal amount of VK2
345 is provided for treating IRI in humans, an extrapolated dose of 15.000 mg VK2 would be
346 necessary, considering a body weight of 75 kilograms. Currently, over-the-counter drugs
347 frequently contain either 10 mg of VK1 or 200 μ g of VK2. Clearly, all these findings put to the
348 fore an intertwined metabolic network determining renal cell death propensity and amenable
349 to therapeutic targeting.

350 **Concluding remarks**

351 This innovative research branch holds great potential for preventing tissue damage and
352 organ failure in nephrology and other medical fields. The development of novel drugs
353 focusing on ferroptosis inhibition holds immense promise for the field of nephrology. The
354 discovery of lipoxstatins and their optimization, in combination with the potential application
355 of gene therapy approaches, opens up unprecedented possibilities for therapeutic
356 interventions in kidney diseases and related disorders. With further research and clinical
357 trials on the horizon, the future of nephrology looks increasingly bright.

358

359 **DATA AVAILABILITY STATEMENT**

360 The data underlying this article will be shared on reasonable request to the corresponding
361 author.

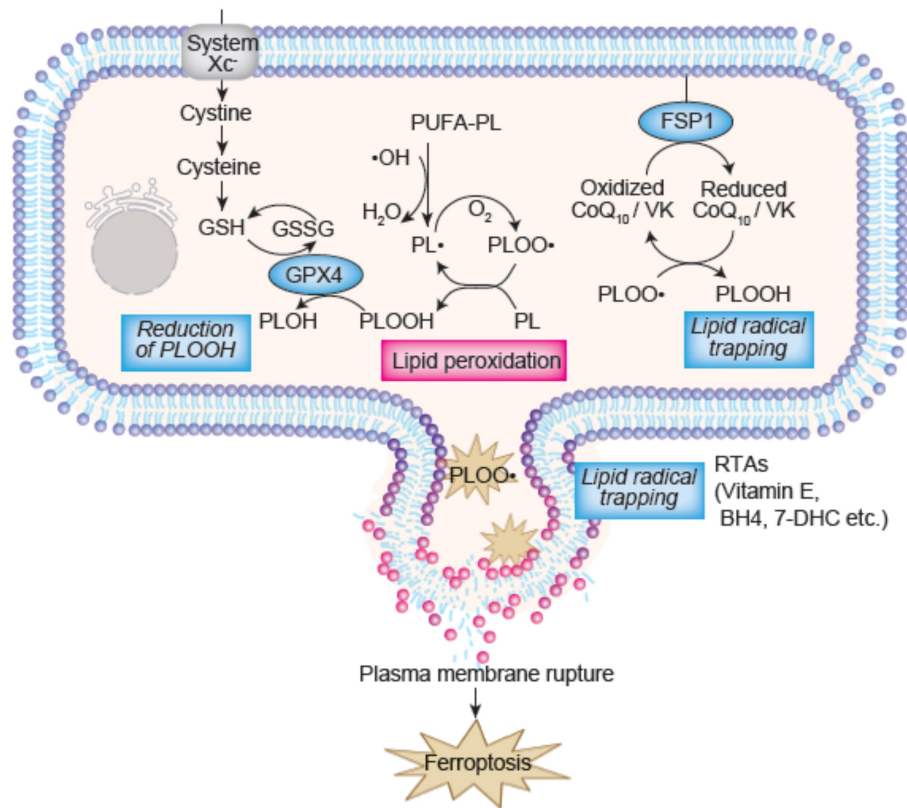
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363 **CONFLICT OF INTEREST STATEMENT**

364 None declared.

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368 **Figure 1. Principles of the most important cellular anti-ferroptotic defense**
 369 **mechanisms.** Detrimental lipid peroxidation and ferroptosis execution are mainly controlled
 370 by the cyst(e)ine/GSH/GPX4 and CoQ₁₀/FSP1 axis. PLOOH is reduced to PLOH by GPX4,
 371 which, in turn, is reduced by GSH. Cysteine is the rate-limiting amino acid for the de novo
 372 GSH synthesis and is transported into cells as homodimeric cystine by the amino acid
 373 antiporter system Xc⁻. The FSP1-mediated reduction of CoQ₁₀ and VK generates potent
 374 RTAs capable of reducing PLOO• to PLOOH. (Abbreviations: 7-DHC, 7-dehydrocholesterol;
 375 BH₄, tetrahydrobiopterin; GPX4, glutathione peroxidase 4; GSH, glutathione; GSSG,
 376 glutathione disulfide; PL•, phospholipid radical; PLOH, phospholipid alcohol; PLOO•,
 377 phospholipid peroxy radical; PLOOH, phospholipid hydroperoxide; PUFA, polyunsaturated
 378 fatty acid; PUFA-PL, PUFA-containing phospholipid; VK, vitamin K.) The figure was adopted
 379 from Mishima et al. 2024.

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Compounds	Mechanism-of-action	Kidney injury mouse models	References
Lipoxstatin-1	RTA	<i>Gpx4</i> ^{fl/fl} ; <i>Rosa26CreERT2</i> <i>Gpx4</i> ^{fl/fl} ; <i>Cdh16CreERT2</i> Kidney IRI	Refs. (1) Refs. (2) Refs. (3)
UAMC-3203	RTA	<i>Gpx4</i> ^{fl/fl} ; <i>Cdh16CreERT2</i>	Refs. (2)
Ferrostatin-1	RTA	Folic Acid-AKI <i>Pkd1</i> ^{fl/fl} ; <i>Pkhd1Cre</i>	Refs. (4) Refs. (5)
SRS16-86 (next generation ferrostatin)	RTA	Kidney IRI	Refs. (6)
Menaquinone-4 (vitamin K2)	RTA	Kidney IRI	Refs. (7)
Vitamin K1	RTA	Kidney IRI	Refs. (8)
Promethazine	RTA	Cisplatin-AKI	Refs. (9)
Curcumin	RTA	Rhabdomyolysis-AKI	Refs. (10)
Quercetin	RTA	Kidney IRI and Folic acid-AKI	Refs. (11)
Nuciferine	RTA	Folic acid-AKI	Refs. (12)
Glycyrol	RTA	Folic acid-AKI	Refs. (13)
AY9944	Inhibition of DHCR7	Kidney IRI	Refs. (14)

Abbreviations: RTA, radical trapping antioxidant; IRI, ischemia-reperfusion injury; AKI, acute kidney injury.

Table 1. Antiferroptotic compounds exhibiting renoprotective activity in animal models.

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