

	Women	Men
Age (years)	25 ±6	27 ±6
BMI (kg/m²)	22 ±2	24 ±1
Weight (kg)	65 ±5	78 ±8
Height (cm)	170 ±3	182 ±6

Supplementary material 2 Participant characteristics of women and men. Age, BMI, body weight and height comparison of women (n = 6) and men (n = 6).